

**Day 29: 31/07/2020**

**Gracious Morning to All!**

Today let's focus on **“Grabbing the Rudder of your life”**

- **Your life moves forward in the direction that you want it to.** You can decide and dictate your future by making strong decisions.
- **A life void of bitterness is a good life. Being kind, tenderhearted and forgiving** comes easily when we see God's blessing in our lives. Such a life full of goodness steers your life in the right direction.
- **Faith in our abilities can reduce the stress and anxiety and can help give a clearer direction to life.**
- **A ship without a rudder would simply sail recklessly and haplessly without direction or purpose. A sense of purpose and direction will give a clear objective to your life.**
- **We CARE for You. WITH CARE from C. A. R. E. (Center for Ambitious and Resourceful Endeavours) – Your Counselling Center**