

**Avinashilingam Institute for Home Science and Higher Education for Women,
Coimbatore-43
Department Of Resource Management
NSS Activities UNIT-I
2013-2014**

S.No	Date	Name of the Activity	Details of the Activity	No. of Beneficiaries
1	25.9.2013	Dental Camp	Dr.Loganayaki and Dr.Sumathi organized Special Camp and conducted dental camp	143 (Palayapudhur Village People)
2	26.9.2013	Plantation of Saplings	Plantation of Saplings by NSS Volunteers sponsored by Lions Club	65 (NSS Volunteers)
3	29.9.2013	Yoga	Mrs.Lakshmi, Yoga Instructress organized yoga demonstration for the school children	56 (school children)
4	1.10.13	Organic Manure preparation	Mrs.Chitra, Entrepreneur gave demonstration and awareness on organic manure preparation for the homemakers in Palayapudhur Village	78 (Homemakers in Palayapudhur Village)
2014-2015				
5	26.08.2014	Awareness Rally - Eradication of Drug Abuse	The Coimbatore District Administration, Tamil Nadu Police Narcotics Intelligence Bureau and Friends of Police organized and NSS volunteers participated in the Awareness rally on International Day Against Drug Abuse. The rally was flagged off by District Collector Ms. Archana Patnaik.	545 (NSS Volunteers and Public)
6	10.10.2015	Village visit, socio-economic survey, voter awareness, cleaning activity	Survey to collect details in the adopted village, voter awareness given by NSS Volunteers. Cleaning campaign also done with the help of Village officials	295 (NSS Volunteers and Thekkupalayam Village People)
7	12.02.2016	Avinashilingam University-NSS Volunteers at Perur	N.S.S.Unit No.1 (B.Sc- ID& RM) actively participated in sarvodaya mela function organized by Gandhi institution at Perur. The purpose of sarvodaya mela was to observe the Gandhi memorial day. The	455 (NSS Volunteers, Village People and Gandhi institution)

			<p>National flag has been hoisted by Thiru.K.N.Govindharaju, retired head master, strict follower of gandhi's principles. In the meeting, the welcome address was given by G.Jeyagandhan, Secretary, Sarvodaya Sangam, GandhiPuram, Coimbatore. The presidential address was given by Thiru S. Sivakumar, President, North Coimbatore Sarvodaya Sangam. He spoke about the importance of Gandhian views for the present generation.</p>	
2015-2016				
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9	12.02.2016	Sarvodaya programme by Avinashilingam University-NSS Volunteers at Perur	<p>N.S.S.Unit No.1 (B.Sc-ID&RM) actively participated in sarvodaya mela function organized by Gandhi institution at Perur. The purpose of sarvodaya mela was to observe the Gandhi memorial day. The National flag has been hoisted by Thiru.K.N.Govindharaju, retired head master, strict follower of gandhi's principles . In the meeting, the welcome address was given by G.Jeyagandhan, Secretary, Sarvodaya Sangam, GandhiPuram, Coimbatore. The presidential address was given by Thiru S. Sivakumar, President, North Coimbatore Sarvodaya Sangam. He spoke about the importance of Gandhian views for the present generation.</p>	455 (NSS Volunteers and Gandhi institution)

2016-2017

10	21.6.2016	International yoga day celebration.	Dr.M.Sylvia Subapriya, NSS Program Coordinator welcomed the gathering and introduced the Chief Guest, Dr.N.A.Perumal, Director - General, Vision for Wisdom, Aaliyar. The students of the University comprising of NSS volunteers, NCC cadets and sports students demonstrated various Asanas and it was coordinated by Mrs. Lakshmi, the University Yoga trainer.	256 (NSS volunteers, NCC cadets and sports students)
11	10.08.2016	Road safety awareness programme	The Welcome address was given by Dr. D.Sumathi, NSS programme officer. Dr. (Mrs.) M. Sylvia Subapriya, NSS Programme Coordinator has given Presidential address, in her speech she mentioned about how to prevent road accidents. The Special address was given by Mr.Sadhasivam, Inspector of Police (Traffic), Coimbatore-West. He talked about the importance of helmet and traffic rules.	515 (All I UG NSS Volunteers)
12	7.9.2016	Camp on development through culture, by Vivekananda Kendra organization	Camp on development through culture, by Vivekananda Kendra organization at Kanyakumari	15 (NSS Volunteers)
13	7.9.2016	Session about Vivekanandar and Kanyakumari	In session of the camp at Kanyakumari, chief guest preached about Vivekananda and about also kanyakumari. It ends up by worshipping Bharth Matha which also includes the videos of patriotic leader how they sacrificed their life for our nation and it inspired a lot.	15 (NSS Volunteers)
14	26.7.2016	Dr.Kalam library awareness programme.	It is a project that is Dr.kalam's library. This project initiated as a tribute to DR.APJ Abdulkalam.	560 (NSS Volunteers)

			The initiative aims at setting up new libraries and revamping the existing libraries into a better place. Dr.Vijaya Karthikeyan,Corporation Commissioner inaugurated the project	
15	11.8.2016	Seminar on reproductive health and importance of breast feeding	In connection with the Breast feeding week celebration, NSS Units 19 and 1 (Food Service Management and Dietetics ,Tourism Management and Interior Design and Resource Management) had organised a seminar on “Reproductive Health and Breast Feeding” at Thiruchitrambalam Auditorium of Avinashilingam Institute for Home Science and Higher Education for Women.Guest address was given by Dr.A.Janani.She gave us an orientation regarding: Menstrual Irregularities, Menstrual Hygiene, Pre-Conceptional Period, Lactation & Contraception, Menopause which are important aspects for every women.	788 (NSS Volunteers)
16	14.8.2016	Participated in azaadi-70 (candle light march)	As per the Directives of the Minister, Human Resource Development AZADI – 70 was celebrated in the Avinashilingam University for Women on	788 (NSS Volunteers)
2017-18				
17	18.1.18	Training on Yoga	Dr.V.Sarasvathy and Ms.P.Sakthidevi conducted NSS Special Camp at Thekkupalayam village and conducted the activities	45
18	19.1.18	Lecture on “Healthy Life for the Future”	Dr.V.Sarasvathy and Ms.P.Sakthidevi conducted NSS Special Camp at	47

			Thekkupalayam village and conducted the activities	
19	191.18	Session on Yoga	NSS Special Camp at Thekkupalayam village and conducted the activities	29
20	191.18	Guest Lecture on “Organic Farming”	Dr.V.Sarasvathy and Ms.P.Sakthidevi conducted NSS Special Camp at Thekkupalayam village and conducted yoga in collaboration with Isha yoga, Coimbatore	29
21	20.1.18	Eye Camp	Eye camp during special camp. 154 villagers benefitted	154
22	21.1.18	Dental Camp	Special Camp Activities	234
23	21.1.18	Ayurvedha Camp	Special Camp Activities	98
24	21.1.18	Session on Net Banking	Special Camp Activities	42
25	21.1.18	Lecture on Importance of Healthy Food	Special Camp Activities	29
26	21.1.18	Session on Dermatology	Special Camp Activities	29
27	22.1.18	Session on Safety of Women	Special Camp Activities	29
28	22.1.18	Session on Dental Care	Special Camp Activities	29
29	22.1.18	Lecture on Herbal Products	Special Camp Activities	29
30	23.1.18	Competitions for village Children	Special Camp Activities	55
31	23.1.18	Competitions conducted for village people	Special Camp Activities	58