

**Avinashilingam Institute for Home Science and Higher Education for Women,  
Coimbatore**

**NATIONAL SERVICE SCHEME**

**NSS Unit : 19 (Food Service Management & Dietetics)**

**List of NSS Activities**

**2013-2014**

<b>S.NO</b>	<b>DATE</b>	<b>NAME OF THE ACTIVITY</b>	<b>DETAILS OF THE ACTIVITY</b>	<b>BENEFICIARIES</b>
1.	27.2.2013 to 28.2.2013	Dental Camp	Dr. K. Arun Kumar with his team of doctors did the screening	800
2.	7.09.2013	Observance of International Literacy day – Village visit “ “Each One Teach One”	Special Activity – In adopted village	60
3.	1-10. 2013	International Day of the Elderly,	Chief Guest - Honourable speaker Ms. Meira Kumar- Special Address on The importance of elders and their role in nation building	500
4.	3.03.2014 to 7.03.2014	Coimbatore City Championship for Guinness. (Segregation of Waste)	Solid waste Management - Segregation of waste	750

**2014-2015**

<b>S.NO</b>	<b>DATE</b>	<b>NAME OF THE ACTIVITY</b>	<b>DETAILS OF THE ACTIVITY</b>	<b>BENEFICIARIES</b>
1.	2.10. 2014	Clean India Campaign – Swachh Bharat- Swasth Bharat	Observance of on 150 <sup>th</sup> Birth Anniversary of Father of the Nation Mahatma Gandhi	800
2.	19.07.2014	Regular village visit	Collection of demographic details and providing Saplings to the villagers	100

**2015-2016**

<b>S.NO</b>	<b>DATE</b>	<b>NAME OF THE ACTIVITY</b>	<b>DETAILS OF THE ACTIVITY</b>	<b>BENEFICIARIES</b>
1.	22.06.2015	Yoga Day	Celebration of International Yoga Day	300 NSS volunteers
2.	15.2.2016-20.2.2016	Awareness programme	(Detection of Early Deafness and Prevention of Future Dumbness)	50, Three children Identified
3.	21.2.2016	Awareness camp	Polio Awareness Camp	70

**2015-2016**

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1	21.06.2016	International Yoga day	Brahmakumari Rajeshwari,Raja Yoga Meditation Center, Coimbatore	450
2	15.07.2016	NSS camp for Youth day	KCT and Vivekandanda Kendra	120
3	26.07.2016	Conduct drawing competition in Corporation schools	Corporation schools	1200
4	27.07.2016	Inauguration of Dr.Kalam Library	Fun Mall, peelamedu	360
5	1-7 aug 2016	Awareness drive on Breast feeding	In adopted village, Thekkupalayam	420
6	10.08.2016	Road Safety awareness programme	Mr.Sadasivam, Inspector of Police, CoimbatoreWest	480
7	11.08.2016	Seminar on Reproductive health and Breast feeding	Dr.A.Janani, obstetrician and Gynacologist, Ganesh Fertility Center, peelamedu	370
8	14.08.2016	Yaadhkara Qurbani of AAZADI-70	Avinashilinagm Campus	850
9	26.08.2016	Village visit - Nutritional Assessment	Gandhi Nagar, Thekkupalyam	120

10	09.09.2016	Anti Ragging rally	Rally was inaugurated by Dr.Ambigadevi, Dean of Humanities	900
11	10.09.2016	Awareness program on Anti-corruption	TNAU	400
12	10-12Sept 2016	Youth camp	K.K.Muthusamy, Vice President, Anti corruption movement	570
13	21.09.2016	Awareness rally on Ill effects of Plastics and No food wastage	Avinashilingam Institute	85
14	02.10.2016	Gandhi Jayanthi-Cleanliness drive	Avinashilingam Institute	46
15	15.10.2016	Youth Awakening day	K.K.Pudur Corporation School	120
16	22.10.2016	Unity day	Universal Peace Foundation, Paduvampalli	150
17	26.10.2016	Youth awakening day celebration	K.Kalidasan, President, OSAI Organization	170
18	03.11.2016	Observance of Vigilance Awareness week	Deputy SP R.Mutharasu, Coimbatore	890
19	07.11.2016	National Integration day celebration	Sri.Samuel Chelliah, Regional Director	850
20	01.12.2016	AIDS Awareness rally	Coimbatore Collectorate	50
21	01.12.2016	AIDS Awareness campaign	Gandhi Nagar , Thekkupalayam	20
22	09.12.2016	Awareness on Cashless economy	Indian Bank, ADU Campus	65

23	16.12.2016	Village visit- to create awareness on Nutrition and Healthy living	Gandhi Nagar , Thekkupalayam	46
24	14.12.2016	Orientation on Demonitization and Cashless economy	Gandhi Nagar , Thekkupalayam	90
25	18.12.2016	Awareness on Small scale Entrepreneur	Gandhi Nagar , Thekkupalayam	120
26	25.01.2017	Orientation on Advocacy on Child rights and Child protection	Amritha Institutions, Ettimadai, Coimbatore	60
27	08.01.2017	Visit to Universal Peace Foundation	Universal Peace Foundation, Paduvampalli	12
28	26.01.2017	Republic day celebration	Universal Peace Foundation, Paduvampalli	15
29	08.03.2017	Blood Donation camp	ESI Hospital	120
30	16.03.2017	Orientation programme on Cashless transaction-Central Bank	Central Bank of India	500
31	17.03.2017	One day workshop on First Aid	Mr.Thangappan, Productivity Council of Coimbatore	150
32	19.03.2017	Cleaning of Noyyal river	Noyyal River, Vellalur	20

**2017-2018**

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1	21.06.2017	International Yoga day 2017	Dr.N.A.Perumal, Director General, Vision of Wisdom,Aaliyar	250
2	30.06.2017	Seminar on Women empowerment	Dr.Sylvia Subapriya , Professor Dept of FSN	75
3	05.07.2017	One day workshop on Personal empowerment	Dr.Radha Sabapathy, Retd principal Vasavi Vidyalaya, Cbe	900
4	01.07.2017- 02.07.2017	Seed ball making Guiness record	Hindustan Arts and Science College	54
5	22.07.2017	Village visit, Dengue awareness rally,awareness on kitchen garden and Rain water harvesting	Gandhi Nagar , Thekkupalayam	46
6	30.07.2017	Felicitatation to the participants who took part in the Guinness record program of seed ball making and seed ball throwing function	Mr.S.P.Anuprasad Raja, State Executive Counsil memembr	20
7	01.08.2017	Observance of Swachhta Pakhwara	Avinashilingam University- PM Talk	70
8	10.08.2017	Swachhta - cleanliness campaign	All India Radio, Ramanathapuram	15

		of All India Radio		
9	01.08.2017	Seminar on Swachhta	Mr.Suresh Kumar, Rotarian , Rotary Green city	80
10	09.08.2017	Quit India Movement-Pledge	Avinashilingam Institute	450
11	12.08.2017	International Youth day-Youth building peace	Avinashilingam Institute	60
12	12.08.2017	Rally-in commemoration of Quit India movement	Avinashilingam Institute	800
13	11.08.2017-13.08.2017	Personality development Training camp	Vevekananda kendra and Kongu Arts and Science College, Perunthurai	60
14	01.08.2017-07.08.2017	Awareness program on Breast feeding	Meenakshi Meternity Center, Ramalingam Colony	25