

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)

Re-accredited with 'A' Grade by NAAC. Recognized by UGC under Section 12 B

Coimbatore - 641 043, Tamil Nadu, India

Institutional Distinctiveness

Preamble: A major goal defined by NPHE (1986) is **value education**. Values are empowering tools. They should permeate the formal as well as hidden curriculum and the pedagogical approach. **Our Institution upholds inculcation of values as the essential tenet of education and has formed the ethos of our culture.** Delivery mechanism encompasses all alike - the student(s), teachers and the Management. **Value education in our Institution** focuses on promoting broader student capabilities, attitudes and skills that reflect not only in academics but also life beyond and is framed for a holistic education encompassing student's emotional and relational skills conducive to healthy wholesome development of women. A **paradigm shift in outlook** enabling assimilation, synthesis, retention and to judge what is valuable in Indian culture is envisaged. Spreading aura of inclusiveness in multiple ways through 'Inclusive education' is practiced.

The milieu for education for values has been laid on strong foundation considering relevant key areas. They evidently gratify the goals of higher education (access, equity, quality & excellence and relevance) on a value education mode. They get transformed into action through **effective leadership and stakeholder participation.**

- Clarity of purpose in incorporating the desired values
- Adoption of consensus building strategies while making critical decisions
- Creating environments of care and trust
- Treating students and colleagues with respect
- Collaborating and promoting team work, networking and stakeholders participation
- Reviewing policies and practices periodically

The institute's vision, priorities and thrust reflect all these aspect

Curriculum

Values highlighted in the **syllabi** prepare students for the world of work. Attitudes and values of hard work, discipline, cooperation, communication skills etc. are inculcated enabling development of healthy interpersonal relationships. While educational qualification helps in employment, efficiency to deliver in a job is best dependent on qualities of perseverance, endurance, positive attitude to work, genuineness and relationship skills. Unlike teaching academics, **value education considers teaching learners** how to think, reflect, critically evaluate, appreciate one's own /others values and develop better decision-making, thereby encompassing cognitive, affective and behavioural levels which elevates teaching to an **experiential or participatory** model. Fostering values in women students is **seen as an investment in building the foundation for lifelong learning and promoting human excellence.**

Teaching: The **curriculum** - both explicit and implicit, serves all as an important source of value education. Successful implementation is ensured adopting the **Five C's principles.** Effective mechanisms delivering the principles namely, **Connection, Caring, Critical thinking, Communication & collaboration** and **Conviction, commitment & courage** have been designed to reinforce values in academic and administrative gears.

Extra Curricular & Co-Curricular: Three Extracurricular & 23 Co-curricular Courses are offered as a complementing medium to inculcate values. Supplementary modes include:

- Value oriented scholastic/ non scholastic Courses
- Live Life Education Programme for freshers
- Value based tinge to all Institutional activities
- Morning assembly
- Dress Code : Salwar & Kurta with dupatta, Saree/half-saree
- Training in meditation skills, Yoga, adventure activities and martial arts
- Mandatory Games hour for freshers.

Extension

Extension the third tenet of education is an inbuilt component in our education system, intricately woven to inculcate in stakeholders a sense of belongingness. Aspects of concern include:

- Community service
- Compassion for the underprivileged
- Interactive sessions with less fortunate children society
- Conversing with elderly
- Promoting consumption of traditional foods and green practices
- Noble and Philanthropic endeavors
- Parents as Chief guests for hostel day celebrations
- Campaigning against social evils.
- Augmenting accessibility and networking
- Dissemination of information on terrace garden
- International Day of elderly
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Culture: India is a land of multiple cultures. Exposure to different cultures as **learning situations** through multiple modes is attempted. The modes successfully executed include:

- International Conference on 'Native living styles' (Nattar vazhviyal)
- Annual celebrations like: Nativity scene during Christmas
- Onam /Pongal festivals
- 'Kolu' - display of dolls (from 70 countries) during Kalaivizha.
- Christmas carols
- Margazhi Bhajans
- Avant garde/ Quintessence
- Observing days of national significance.

Research

Research 'the second dimension' in education hitherto has also been value based in our Institution. Researchers are guided on set guidelines by the Committees- Research and Advisory Cell and Ethical Committee- constituted for the purpose. Members constituting the Committee are proactive stakeholders whose good intentions lead researchers take up topics of social relevance. To prune the research scholars to do researches of higher order (M.Phil/Ph.D), attending and presenting in two Research Conventions organized by the Institute is mandatory.

Approximately **70** research works oblige to the 5 C's principles. Positive reinforcers for appreciation like seed money for project, incubation centre and centralized lab further add to the endeavours.

Staff exchange programmes signed wherein we had staff on exchange programme stand testimony to the value based research work that had sought attention of the Institution at the global level.

Outcomes

The values which are promoted through the modes stated above permeate the daily cycle of the Institution and are manifested in our rules, codes, curricular activities, in the classroom, policies and procedures, symbols and relationships. Working conditions are comfortable and safe and greatly contribute to achievement and motivation of staff and students.

- Institutional values are transparent in Name, Vision, Mission, Philosophy and Governance
- Discipline and value oriented behaviour expected of Teaching/ Non teaching staff and students are aligned to the Institute's values and policies.
- Codes, rules & regulations for discipline expanding on consequences for types of misbehaviour are disseminated both in printed form and in the website as they are documented and published in format approved by the Board of Management.
- Abiding by the set codes is ensured by obtaining signed agreements from parents and students during admission.

Value based education imparted enhances students' social and interpersonal skills, besides crafting them as bearers of the good human values.

Till date we live up to the value laden expectations of the founder architect of the Institution **Dr. T.S. Avinashilingam Ayya Avl. and the Mastermind behind the Institution Dr.Rajammal P Devadas, Amma Avl.** whose words of wisdom have been a beacon light.