

Day 9: 11/07/2020

Great Morning to All!

Today let's focus on **“Graceful Grit”**

- **Grit means developing perseverance with intense passion towards a significant long term goal.**
- **Grit requires sustained interest, continuous effort and not giving up. It requires will and determination.**
- **Developing Grit towards your goal and doing it pleasantly is a true skill. Grit makes you **work relentlessly** towards your objective, **not affected by failure or obstacles.****
- **Grit makes you successful. Research shows that a high level of Grit is a better predictor of success than high intelligence.**
- **We CARE for You. WITH CARE from C. A. R. E. (Center for Ambitious and Resourceful Endeavours) – Your Counselling Center**