

**AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND  
HIGHER EDUCATION FOR WOMEN, COIMBATORE**

**DEPARTMENT OF COMMERCE**

**LIST OF NSS ACTIVITIES UNITS 16, 17 & 18**

**2013-2014**

<b>S.No</b>	<b>Date</b>	<b>Name of the activity</b>	<b>Organising unit/ agency/ collaborating agency</b>	<b>Number of students participated in such activities</b>
1	1.8.2013	World Breast Feeding Week Celebration	All NSS Units	580
2	3.12.2013	Dengue Awareness Rally	Community	528
3	7.12.2013	Cancer and its causes	community	523
4	17.2.2014	Awareness about the Environmental Protection	community	482
5	17.2.2014	Helped in Construction of Temple	Community	575
6	18.2.2014	Vanamotsava - Tree Plantations Importance	community	285
7	18.2.2014	Avoiding Plastic Usages	community	328
8	18.2.2014	A Special Talk on Energy Conservation (Crude Oil, Power, Petroleum Products, Diesel, Thermal, Wind, etc.,) and also Importance of Solar Plants	Mr. Vaitheswaran, trainee, PCRA, Coimbatore	192
9	19.2.2014	Sanitation and Hygiene Among the Public	Dr. Bala, Ganga Hospital, Coimbatore	274
10	20.2.2014	Awareness about the First Aid and its Importance	Primary Health Center of Thudiyalur.	238
11	20.2.2014	A workshop on YOGA and Meditation, Exercise	Mrs. Poornima Sivakumar, Valzha vazhamudan, Coimbatore	138
12	21.2.2014	Organic Foods, Nutrient Food and its Importance	Dr. Sylvija Subhapiya, Department of Food and Nutrition, Avinashilingam	138

			Institute for Home Science and Higher, Coimbatore Education for Women,	
13	22.2.2014	Awareness about the Human Rights and Right to Information Act (RTI Act),	MRs.Kalaiselvi, Advocate, Saibaba Colony, Coimbatore	138
14	22.2.2014	Anti Tobacco/Alcohol	Tamil Nadu Narcotics Intelligence Bureau and Friends of Police, Coimbatore	498
<b>2014-2015</b>				
1	22.6.14	International Yoga Day	Aliyar Yoga Centre and NSS Volunteers of Unit 16,17,18	362
2	26.6.14	International Drug Abuse Day	Coimbatore corporation	352
3	2.10.14	Gandhi Jayanthi celebration	NSS Volunteers of Unit 16,17,18	298
4	15.12.14	Meditation and Yoga	Mrs. Poornima, Valzha Valamudan, Coimbatore	142
5	15.12.14	Environmental Preservation	Mrs. Uma, Head Misters, Primary School, Ku. Kovundampalaya m	142
6	18.12.14	Clean India	Mr. Nagaraj, Counsellor, Ku. Kovundampalaya m	142
7	19.12.14	Eye Camp	Dr. Harshini and Team, Aravind Eye Hosptial Coimbatore	182
8	19.12.14	Dental Camp	Dr. Manivasagan, Maruthi Dental Clinic, Sai Baba Colony,	154

			Coimbatore	
	20.12.14	Population Survey	NSS Volunteers of Unit 16,17,18	175
9	20.12.14	Seminar on Enviromental Protection	Mrs. Uma, Associate Professor, Dept of Physics, Govt. Arts College, Coimbatore	142
10	21.12.14	Seminar on Health is Wealth	Dr. N. Mahadevan, Skin Specialist, Govt. Hospital – Coimbatore	142
11	21.12.14	Visit to Bio Gas Composition Form	NSS Volunteers of Unit 16,17,18	142
12	18.2.15	Cultural and Competition to Program to School Children	NSS Volunteers of Unit 16,17,18	74
13	9.3.15	Dengu awarness Campign	Coimbatore Corporation AEDED LARAVAL survey	382
14	2.10.15	Uyrin Nanban	All NSS Units	568
<b>2015-2016</b>				
1	21.2.2016	Swachh Bharat Abhiyan	NSS Volunteers of Unit 16,17,18	296
2	26,27.2.16	Pulse Polio Camp	Primar Health Centre, Kalveerampalaya m and KK Pudur, Coimbatore	158
	7.2.16	Eye Camp	Sangara Eye hospital, R.S.puram and NSS Units of 16,17 and 18	425
3	7.2.16	Bio - Wastage Management and Recycling the wastages	D. Ravi, B.Sc., Ex President, Vadamdaurai, Kurundampalaya mPanchayat	146

4	9.3.16	Awareness about the Cancer,Dengu, Voters Rights, Road Safety .	Community	352
5	10.3.16	sapling Plantations (No. plants 100)	community	378
<b>2016-2017</b>				
1	27.8.16	Dengue Awareness Rally	Community	389
2	10.8.16	Awareness programme for “Road Safety”	Mr.K.V.Vinayaga moorthy, Road Safety Training Officer, Tamilnadu Police, TW Department,	852
3	9.9.16	Rally on Anti ragging	NSS, NCC, Games and Anti Ragging cell of the University	752
4	3.11.16	Vigilance Awareness -Rally	Canara Bank, Coimbatore and NSS Volunteers of Unit 16,17 and 18	458
5	3.11.16	Vigilance Awareness Meet	Canara Bank, Coimbatore and NSS Volunteers of Unit 16,17 and 18	458
6	17.2.17	Clearing of Parthenium plants	Community	128
7	18.2.17	Seminar on Women Rights	Dr.U.Jerinabi, Dean Faculty of Business Administration, Avinashilingam Institute, Coimbatore	158
8	18.2.17	Environmental health and air pollution - cons and prevention	Mr. Karthik former Vice President of Kurudampalayam Panchayat	138
9	19.2.17	Water Conservation and Recycling	Mr Dhanakumar, Professor, PSG College of Arts and Science, Coimbatore	172

10	19.2.17	Preservation of Forest	Mr. M.Umesh, Environmental Coimbatore	138
11	20.2.17	Physical Health and Fitness	Dr.Nanadini, Dept of Physical Education Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore	138
12	21.2.17	Anti corruption	NSS Volunteers of Unit 16,17 and 18	231
13	21.2.17	Pranic Healing	Dr. V. Vimala, Assistant Professor, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore	138
14	22.2.17	Eye Camp	The Eye Foundation, RS Puram Coimbatore	152
15	23.3.17	Cultural and Competition	Community and School children	211
16	4.3.17	150 <sup>th</sup> Birth Anniversary Celebrations of Sister Nivedita	NSS Volunteers of Unit 16,17,18 and Community	231
17	16.3.17	Rubella Vaccination camp	The Primary Health Centre Thudiyalur and NSS Volunteers of Unit 16,17 and 18	52
18	14.3.17	Eye Camp	The Eye Foundation, RS Puram Coimbatore	132
<b>2017-2018</b>				
1	9.8.17	Skill Training to the Students	Andanvadi School, Thoppampatti	

2	12.8.17	Seminar on "Urban Bio Diversity"	Mr. M.Umesh, Wildlife environmentalist, Coimbatore	128
3	7.1.18	Rally held in Commemoration of Quit India Movement	Community	252
4	8.1.18	A Seminar on Legal Awareness	Mr.Ravi Advocate , Coimbatore	132
5	8.1.18	workshop on health and fitness	Dr.Nanadini, Dept of Physical EducationAvinash ilingam Institute for Home Science and Higher Education for Women, Coimbatore	148
6	8.1.18	Visit to Bio Gas Composition Form	NSS Volunteers of Unit 16, 17 and 18	148
7	9.1.18	Dengue awarness Rally	Welfare workers of Kurdampalayam Panchyat, Government Hospital of Thudiyalur and NSS Volunteers of Unit 16,17 and 18	148
8	10.1.18	Awareness campaign on Skin donation	Dr. Nalini, Ganga Hospital, Coimbatore	128
9	11.1.18	Eye Camp	Lotus Eye care Hospital, Coimbatore	142
10	11.1.18	General Medical camp	Thulasi Pharmacy Pvt. Ltd., Coimbatore and Nss Volunteers of Unit 16,17,18	98