

**Avinashilingam Institute for Home Science and Higher Education for Women,
Coimbatore-43**

Unit 1 - Department Of Resource Management

List of NSS Activities 2015-2020

2015-2016				
8	10.10.2015	Village visit, socio-economic survey, voter awareness, cleaning activity	Survey to collect details in the adopted village, voter awareness given by NSS Volunteers. Cleaning campaign also done with the help of Village officials	295 (NSS Volunteers and Thekkupalayam Village People)
9	12.02.2016	Sarvodaya programme by Avinashilingam University-NSS Volunteers at Perur	N.S.S.Unit No.1 (B.Sc-ID&RM) actively participated in sarvodaya mela function organized by Gandhi institution at Perur. The purpose of sarvodaya mela was to observe the Gandhi memorial day. The National flag has been hoisted by Thiru.K.N.Govindharaju, retired head master, strict follower of gandhi's principles . In the meeting, the welcome address was given by G.Jeyagandhan, Secretary, Sarvodaya Sangam, GandhiPuram, Coimbatore. The presidential address was given by Thiru S. Sivakumar, President, North Coimbatore Sarvodaya Sangam. He spoke about the importance of Gandhian views for the present generation.	455 (NSS Volunteers and Gandhi institution)
2016-2017				
10	21.6.2016	International yoga day celebration.	Dr.M.Sylvia Subapriya, NSS Program Coordinator welcomed the gathering and introduced the Chief Guest, Dr.N.A.Perumal, Director - General, Vision for Wisdom, Aaliyar. The students of the University comprising of NSS volunteers, NCC cadets and sports students demonstrated various Asanas and it was coordinated by Mrs. Lakshmi, the University Yoga trainer.	256 (NSS volunteers, NCC cadets and sports students)

11	10.08.2016	Road safety awareness programme	The Welcome address was given by Dr. D.Sumathi, NSS programme officer. Dr. (Mrs.) M. Sylvia Subapriya, NSS Programme Coordinator has given Presidential address, in her speech she mentioned about how to prevent road accidents. The Special address was given by Mr.Sadhasivam, Inspector of Police (Traffic), Coimbatore-West. He talked about the importance of helmet and traffic rules.	515 (All I UG NSS Volunteers)
12	7.9.2016	Camp on development through culture, by Vivekananda Kendra organization	Camp on development through culture, by Vivekananda Kendra organization at Kanyakumari	15 (NSS Volunteers)
13	7.9.2016	Session about Vivekanandar and Kanyakumari	In session of the camp at Kanyakumari, chief guest preached about Vivekananda and about also kanyakumari. It ends up by worshipping Bharth Matha which also includes the videos of patriotic leader how they sacrificed their life for our nation and it inspired a lot.	15 (NSS Volunteers)
14	26.7.2016	Dr.Kalam library awareness programme.	It is a project that is Dr.kalam's library. This project initiated as a tribute to DR.APJ Abdulkalam.	560 (NSS Volunteers)

			The initiative aims at setting up new libraries and revamping the existing libraries into a better place. Dr.Vijaya Karthikeyan,Corporation Commissioner inaugurated the project	
15	11.8.2016	Seminar on reproductive health and importance of breast feeding	In connection with the Breast feeding week celebration, NSS Units 19 and 1 (Food Service Management and Dietetics ,Tourism Management and Interior Design and Resource Management) had organised a seminar on “Reproductive Health and Breast Feeding” at Thiruchitrambalam Auditorium of Avinashilingam Institute for Home Science and Higher Education for Women.Guest address was given by Dr.A.Janani.She gave us an orientation regarding: Menstrual Irregularities, Menstrual Hygiene, Pre-Conceptional Period, Lactation & Contraception, Menopause which are important aspects for every women.	788 (NSS Volunteers)
16	14.8.2016	Participated in azaadi-70 (candle light march)	As per the Directives of the Minister, Human Resource Development AZADI – 70 was celebrated in the Avinashilingam University for Women on	788 (NSS Volunteers)
2017-18				
17	18.1.18	Training on Yoga	Dr.V.Sarasvathy and Ms.P.Sakthidevi conducted NSS Special Camp at Thekkupalayam village and conducted the activities	45
18	19.1.18	Lecture on “Healthy Life for the Future”	Dr.V.Sarasvathy and Ms.P.Sakthidevi conducted NSS Special Camp at	47

			Thekkupalayam village and conducted the activities	
19	191.18	Session on Yoga	NSS Special Camp at Thekkupalayam village and conducted the activities	29
20	191.18	Guest Lecture on “Organic Farming”	Dr.V.Sarasvathy and Ms.P.Sakthidevi conducted NSS Special Camp at Thekkupalayam village and conducted yoga in collaboration with Isha yoga, Coimbatore	29
21	20.1.18	Eye Camp	Eye camp during special camp. 154 villagers benefitted	154
22	21.1.18	Dental Camp	Special Camp Activities	234
23	21.1.18	Ayurvedha Camp	Special Camp Activities	98
24	21.1.18	Session on Net Banking	Special Camp Activities	42
25	21.1.18	Lecture on Importance of Healthy Food	Special Camp Activities	29
26	21.1.18	Session on Dermatology	Special Camp Activities	29
27	22.1.18	Session on Safety of Women	Special Camp Activities	29
28	22.1.18	Session on Dental Care	Special Camp Activities	29
29	22.1.18	Lecture on Herbal Products	Special Camp Activities	29
30	23.1.18	Competitions for village Children	Special Camp Activities	55
31	23.1.18	Competitions conducted for village people	Special Camp Activities	58

Avinashilingam Institute of Home Science and Higher Education for Women

Coimbatore-43

Department of Resource Management



NSS Activities Unit-1

2018-19

S.No	Date	Name of the activity	Details of the activity	No. of beneficiaries
1.	14.07.2018	Village visit	Various issues faced by the villagers were asked for by the volunteers, individually by going to their houses. And assurance was given for later improvements.	68 (village people)
2.	22.09.2018	Village visit(Thekkupalayam)	Basic socio-economic surveys of the village households were done, awareness about forest conservation was given and various hygiene practices were taught to them by the volunteers.	140(village people of Thekkupalayam)
3.	25.09.2018	Awareness on government programmes for rural people	Dr.Navami, the Block Development officer took the awareness programme in connection with the 150 th birthday celebration of Mahatma Gandhiji	220(II-UG NSS students)
4.	25.09.2019	Pada Yatra	Dr. Thilakam, Dr.Bindu.V.T and Two Wheeler Yatra-Dr. Uma	60(II-UG NSS students)

			Maherswari conducted the padayatra.	
--	--	--	-------------------------------------	--

5.	28.09.2018	Lecture on topic clean India	The Asst. Commissioner was the chief guest of the day. And explained on the importance of proper waste disposal, and on cleanliness of toilets.	118(I-UG NSS students)
6.	28.09.2018	Rally	The rally started from the auditorium till the first gate. The awareness rally was completed successfully by the I-UG IDRM	36(I-UD IDRM NSS students)

			with the NSS coordinator.	
				 
7.	25-9-18 & 29-9-18	Wall painting	Volunteers belonging to the department of resource management reported at the campus of Avinashilingam University at 9:30 am. The volunteers assembled in front of the open	150(NSS volunteers from resource management department)

			stage and were instructed by the NSS coordinator of Unit I Dr. Vani Saraswati.	
8.	2.10.18	Awareness on waste disposal.	The volunteers were explained about the appropriate waste disposal and its importance.	180-NSS volunteers
9.	7.10.18	Pre RD Selection Camp	On 7th October 2018 there was a pre-selection for the RD parade in our college. Totally 20 students participated in it. We had four levels of selection. First round is running 1.5kms within 10 minutes, the second round is a questioning session, the third round is performing one of our talents, and the fourth is March fast.	220- NSS volunteers

10.	7.1.19-13.1.19	NATIONAL SERVICE SCHEME – THE SEVEN DAY CAMP	<p>The camp inauguration commenced at 1:30 PM by Mr. Ayyapan, the ward Secretary and the headmistress of the Thekkupalayam School, Mrs. Sheila. Mr. Ayyapan welcomed the volunteers with his progressive advice of doing our best in the camp. Mrs. Sheila in our appreciation aspired the school students to indulge in such activities as well. The event ended by 2:30PM.</p> <p>Each day was filled with helpful activities for all the people.</p>	32-NSS volunteers
11.	22.02.2019-24.02.2019	CLEANING AND ORGANISING THE STATIONERY & NSS ROOM	<p>To optimize the functioning of the NSS room and stationery by best Utilization of available space.</p>	NSS volunteers
12.	16.07.2019	Special Outreach Program on World Youth Skills Day	This special outreach program was a joint effort by the field outreach bureau, Coimbatore, ministry of	All the NSS volunteers

			<p>information and broadcasting, government of India and Avinashilingam Institute for Home Science and Higher Education for Women (NSS Unit-12 &1).S.R.Chandra shekaran, FPA-Field Outreach Bureau, Coimbatore, Following this was a special address with a power point presentation,Dr. N. Sureshkumar, Founder cum Managing Director, 360 degrees academy pvt.ltd, Chennai., J.Benjamin, ex programme development and information officer, world vision India, Chennai</p>	
13.	10.12.2019-6.12.2019	NSS SPECIAL CAMP 2019	<p>Provided unbiased service to the society and to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity.</p> <p>Gave students the exposure – volunteers learn from people in the</p>	32-(NSS volunteers of Unit 1, Department of Interior Design and Resource Management)

			<p>village how to lead a good life despite a scarcity of resources.</p> <p>Developed the students personality through community service.</p>	
14.	22.03.2020	<p>POSTER MAKING ON CREATING AWARENESS ABOUT JANTA CURFEW 2020</p>	<p>This event was coordinated by NSS coordinator Dr.V .Sarasvathy, Unit – I, from Department of Interior Design and Resource Management.</p>	<p>All the NSS volunteers.</p>