

**AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER
EDUCATION FOR WOMEN, COIMBATORE**

Department of Chemistry - NSS Unit -6

LIST OF ACTIVITIES – 2015-2020

2015-2016				
S.No.	Date	Name of the Activity	Details	Beneficiaries
1	2015-2016	Campus Cleaning	Villu Pattu	85
2	2015-2016		Eye Camp	
3	2015-2016	Drama to School Students	Dengue Awareness	15NSS Volunteers +45 School Children
4	2015-2016	Drama to School Students	Swaach Bharat	15
5	2015-2016	Suryodayam Ungal Kail		105
6	2015-2016	Disaster Awareness		45
2016-2017				
S.No.	Date	Name of the Activity	Details	Beneficiaries
1	09.09.16	Rally on Anti-Ragging	Conducted in Avinashilingam Campus I	90
2	26.7.2016	Dr. A.P.J. Abdul Kalam's Memorial Drawing Competition	Avinashilingam Campus I	10
3	15.12.16	Awareness Programme on Digital India	Koundampalayam Village	90
4	16.01.17	Awareness Program on Pillars of Healthy Life	Dr.P. Ramasamy consultant for life - immuno modulation, Coimbatore	90
5	16.01.17	Training on Fabric Painting	Mrs.Anju chandrasekar, Alumni of Avinashilingam Institute	49
6	19.01.17	Training on stress management	Dr. Malarmangai, Training Associate, NSS-ETI Avinashilingam Institute	49

2017-2018				
S.No.	Date	Name of the Activity	Details	Beneficiaries
1	10.08.17	Cleaning	All India Radio Premises, Olumbus, Cbe	5
2	12.08.17	Cleaning	Water Body, Bharathi Park Road, Cbe	27
3	17.08.17	Cleaning	Uzhavar Sandhai, RS Puram, Cbe	39
4	01.09.17	Rally on road safety	In and around Saibaba Colony, Coimbatore	88
5	01.11.17	Rally on Anti-Ragging	Avinashilingam Campus I	39
6	17.01.18	Seed sowing for Green village	In adopted village Maniakampalayam	39
7	18.01.18	Rally on Plastic eradication	Maniakampalayam	39
8	19.01.18	Cleaning the Community	In adopted village Maniakampalayam	39
9	19.01.18	Awareness Campaign on life skills	Maniakampalayam	39
10	19.01.18	Lecture on the right to information act	Maniakampalayam	39
11	20.01.18	Cleaning	Maniakampalayam	39
12	20.01.18	Workshop on Terrace Gardening	Maniakampalayam	39
13	21.01.18	Medical Camp	Maniakampalayam	130
14	22.01.18	Asset Creation	Corporation High School, Maniakampalayam	39
15	26.02.18	Seminar on personality development	Mr. Arun Kanagaraj, Director, Inbond Solutions, Pollachi	39
16	26.02.18	Seminar on Impact of Human Activities on Environment	Dr. M. Poongothai, Assistant Professor of Zoology	51
17	01.03.18	Seminar on Self Defence	Mr. Francis Xavier, Lead Trainer, SACON, Coimbatore.	39

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LIST OF ACTIVITIES

2018-19

S. No.	Date	Name of the Activity	Details	Beneficiaries
1.	July 2018	Inside Campus	Orientation Dr.B.Nalini Dept of Physics	37
2.	02.10.2018	Gandhi Jayanthi Celebrations	Science Block, II Floor Avinashilingam Institute for Home Science and Higher Education for Women	80
3.	17.12.2018	Special Camp- Inaugural Function	Aanma Arakattalai Mr.Pushparaj, Mr. Aarumugam	37
4.	18.12.2018	Cleaning and Planting	Maniakarampalayam Village	100
5.	18.12.2018	Physical Exercises in Daily Life	Mrs. Nandhini, Assistant Director of Physical Education, Avinashilingam Institute for Home Science and Higher Education for Women	37
6.	18.12.2018	Yoga	Mrs. Lakshmi Avinashilingam Institute for Home Science and Higher Education for Women	37
7.	19.12.2018	Cleaning	Maniakaram Palayam School and Anganwadi	100
8.	19.12.2018	Lecture on Fire Accidents	Mr. G. Ramachndran Fire Officer Coimbatore District	37
9.	19.12.2018	Lecture on HAZARD of Using Plastic in Every Day Life	Dr. Raja Selvaraj Assistant Professor Kongunadu College of Arts and Science	37
10.	20.12.2018	Rally	Maniakarampalayam Village	200
11.	20.12.2018	Lecture on Replace the Plastic	Mrs.AnithaRajalakshmi Director of Alice Global	37

			Pvt Limited	
12.	20.12.2018	Awareness on HIV	Dr. K. Mahadevan, MBBS, M.D, Dermatologist	37
13.	21.12.2018	Awareness on Cleanliness- Street Drama	Maniakampalayam Village	100
14.	21.12.2018	Existence of Laws	Mrs. Rajeshwari District Judge	37
15.	21.12.2018	Special Outreach Programme of Public Welfare, Consumer Rights Awareness	Mr. Reno Mr. Mathivanaan Ms. Sangeetha	37
16.	21.12.2018	Awareness on Cancer	Dr. Hari Krishnan Bharathiyar University	37
17.	22.12.2018	Medical Camp	Thulasi Medicals and Vaasan Eye Centre	150
18.	22.12.2018	Valedictory function	Mr. Venthamarai Balu Ex-Councilor of Koundampalayam	150
19.	22.12.2018	Yoga Programme	Mr. Kaviyarasu	37
20.	22.12.2018	Asset creation	Maniakampalayam School	100
21.	19.03.2019	Seminar on Reproductive Health	Dr. Sridevi Sivagami, Associate Professor of FSMD Department, Avinashilingam Institute for Home Science and Higher Education for Women	80
22.	20.03.2019	Seminar on Personality Effectiveness	Dr. Rohini, Professor of Psychology, Avinashilingam Institute for Home Science and Higher Education for Women	80
23.	21.03.2019	Voter's Awareness- Human Chain	Collector of Coimbatore District	80
24.	21.03.2019	Voter's Awareness- Rally	Bharathi Park Road	200
25.	21.03.2019	Voter's Awareness	Maniakampalayam Village	100
26.	23.03.2019	Seminar on Road Safety	Dr. S. Rajasekaran, Uyir Trust, Managing Trustee, Chairman, Department of Orthopaedics, Ortho and Spine Surgery, Ganga Hospital, Coimbatore	80

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2019-2020

S.No.	Date	Name of the Activity	Details	Beneficiaries
1.	31.07.2019	Orientation Programme	Dr.G.Maheswari Dept of Zoology Avinashilingam Institute for Home Science and higher Education for women	41
2.	10.09.2019	Healthy Diet for a Healthy Living	Dr. R. Radha Assistant Professor Department of Food Service Management and Diabetics Avinashilingam Institute for Home Science and Higher Education for Women. Venue-Gallery-Science block	41
3.	29.08.2018	Fit India March	A Path to Fitness & Wellness	37
4.	02.10.2019	Inside Campus	Fit India Plog run	37
5.	25.10.2019	Inside Campus- Medical screening	Medical Screening- Muthoot Anbin Nizhal, Lotus Eye Care, CIPLA, Vasan Dental Care, BMJ Ortho Care and Rottery Club of Aakrithi.	37
6.	31.10.2019	Inside Campus	Unity Day Rally & Pledge	78

7.	18.01.2020	Fit India	BMN Marriage Hall, Mettupalayam road	41
8.	19.01.2020	Polio Awareness	Maniyakarampalayam Village	41
9.	20.01.2020	Polio Awareness	Maniyakarampalayam Village	41
10.	20.01.2020	Importance of Cleanliness	Corporation High School	41
11.	21.01.2020	Fire Safety Measures	Mr. Murugan, District Fire Officer	41
12.	21.01.2020	Awareness about Acupenture, Acupressure, Varma, Electro Homeopathy	BMN Marriage Hall, Mettupalayam Raod, Coimbatore	120
13.	21.01.2020	Road Saftey Program- CPR Cardiopulmonary Resucitation During Emergency Situation	BMN Marriage Hall, Mettupalayam raod, Coimbatore	120
14.	21.01.2020	Medical Camp	BMN Marriage Hall, Mettupalayam Road	120
15.	22.01.2020	Awareness about Tree Plantation and to Cleanliness Environment	Aganvadi –Government Inside the Maniyakranpalayam Coporation High School	120
16.	23.01.2020	Awareness about Road Safety –Rally Program	Unit No.8, NSS Volunteers	120
17.	23.01.2020	National Girl Child Day	Maniyakaaranpalayam Cooperation High School	60
18.	24.01.2020	Application of Radiation in Medicine	Dr. Sureka Bharathiar University	41

19.	24.01.2020	Importance of Wearing Helmet	Ralley with Thudiyalur Police and Home Guard Officers in Thudiyalur	20
20.	24.01.2020	Conducted Games to the School Children	Anganvadi School Maniyakaaranpalayam Village	41
21.	24.01.2020	White washing of Mid-day noon meal scheme kitchen - Corporation High School, Maniyakampalayam	Maniyakaaranpalayam Village	41
22.	21.03.2020	Corona Awareness- Stay Home, Stay Safe	Unit No.6, NSS Volunteers	37
23.	22.03.2020	JANATA CURFEW	Unit No.6, NSS Volunteers	37
24.	22.03.2020	Digital Awareness	Unit No.6, NSS Volunteers	35
25.	20.04.2020	Kinathukadavu	Survey and Spreading awareness on corona	1