

## **INVITING CHAPTERS FOR THE BOOK RELATED TO YOGA**

1. Inviting the chapters for the book related to Yoga with 25% Plagiarism. The last date of submission of chapters is on 04.06.2022 before 5.00 p.m. The book will be released with ISBN No. on 21<sup>st</sup> June 2022 (International Day of Yoga).

Chapters should be send to **idybook2022@gmail.com**.

**Note: Selected 50 papers will be published on First Come First Serve Basis with the Plagiarism report**

2. Kind attention to all !!! Download “**Y Break Yoga and M Yoga mobile App**” to keep the body and mind healthy at the workplace which has been insisted by Ministry of Ayush.

**“DOWNLOAD THE APPS AND ENJOY THE REGIMEN”**