

Department of Physical Education

Journals

S.No	Author(s)	Title of Paper	Name of the Journal	Publisher Year of Publication	Vol.No/ Issue no	Page No	ISBN
1	Dr.T.Shanmugavalli	Effect of Periodized Aerobic Training, Periodised Resistance Training and Periodized Concurrent Aerobic and Resistance Training on Selected Haematological variables of Pre adolescent Girls	Asian Journal of Multidimensional Research (AJMR) With Impact Factor: SJIF=4.708	February 2018	Vol-7, Issue 2	823 -8	ISSN:2278-4853
2	Dr.T.Shanmugavalli	Effect of Selected Yogic Practices on Physical Fitness Components among Obese Pre-Adolescent Girls	International Journal of Adapted Physical Education & Yoga JAPEY	July 2017 Online Journal, Ramakrishna Mission Vivekananda University	Vol:2 Issue 7 Open Access Refereed e-Journal.	1-5	ISSN:2455-8958
3	Dr.Akilandeswari	Effect of Plyometric training with Dynamic	Journal of International Academic Research for	2015	Vol-3, Issue - 9.		ISSN 2320-5083,

		stretching programme on Muscular strength endurance & flexibility of female volleyball players	Multidisciplinary				
4	Dr.R.Saravana Prabha	A case study analysis for weight reduction and fitness Well Being program	Journal of International Academic Research for Multidisciplinary	2015			2320-5083
5	Dr.R.Saravana Prabha	Identifying Competent Training And Detraining Method To Improve Speed, Stride Frequency And Anaerobic Power Among Varsity Students	International Journal of Recent Scientific Research	2015			0976-3031
6	Dr.R.Saravana Prabha	Individualized Fitness and Diet Prescription for A Sedentary IT Professional- A Personalised Approach	International Journal of Fitness Health, Physical Education, and Iron games	2015			2349-722X
7	Dr.Akilandeswari	Effect of Plyometric training with Dynamic stretching programme on explosive power & agility of female volleyball	International Journal of Multidisciplinary Research & Development	2016	Vol-3, Issue 2		ISSN(Online) – 2349-4182

		players.					
8	Dr.M.Mary Glory Ponrani	“Does age differentials affects Team Cohesion among women players”.	Star Research Journal (Online)	2016			2321-676X
9	Dr.M.Mary Glory Ponrani	Analysis of stress among different levels of women players”	Star Research Journal (Online)	2016			2321-676X
10	Dr.M.Mary Glory Ponrani	Sway of Multi Sports Summer Camp (Residential) for adolescent students of south India”	International Journal of Multidisciplinary Research and Development	2016			ISSN Online : 2349-4182
11	Dr.M.Mary Glory Ponrani	Comparative analysis of Aggression as a function of Age and Levels of Sports participation”	International Journal of Multidisciplinary Research and Development	2016			ISSN Online : 2349-4182
12	Dr.M.Mary Glory Ponrani	A Comparative study on Sports Achievement Motivation among State and Inter University Athletes	Journal of International Academic Research for Multidisciplinary	2016			ISSN: 2320-5083

13	Dr.P.Vanithamani	Effect of Specific Yogic Exercises and Combination of Specific Yogic exercises with Autogenic Training on selected bio chemical Variables of climacteric Women	International Journal of Physical Education Sports and Health-Indexed and Refreed	2016			ISSN(online):2394-1693, ISSN(Print):2394-1685
14	Dr.P.Vanithamani	Consequence of Explicit Yogic Exercises on selected Psychological variables of Varsity Women Students	International Journal of Research in Social Sciences	2016			2249-2496
15	Archana Mani Malathi S	Impact of Biofeedback Training in Optimizing Physical and Mental Skill Measures among University Women Basketball Players	International Journal of Physical and Social Science	2017			2249-5894
16	Dr. T. Shanmugavalli	Effect of selected yogic practices on physical fitness components among obese pre-adolescent girls	International Journal of Adapted Physical Educaion and Yoga	2017			2455-8958

17	Dr.Akilandeswari	A survey study of Sports facilities among government and Private schools in Coimbatore district	Intercontinental Journal of Marketing Research Review	2017	Volume – 5, Issue – 5		ISSN – 2321-0346 – Online;
18	Dr.Akilandeswari	Upshot of Yogasana and relaxation technique surrounded by female varsity teacher learning students	International Journal of Yoga, Physiotherapy and Physical Education	2017	Vol – 2, Issue – 2		ISSN – 2456 – 5067
19	Dr.Akilandeswari	Effect of Pranayama and Ayurvedic Supplements in Cardio Vascular performance	International Journal of Multidisciplinary Research and Development	2017	Vol – 4, Issue – 7		ISSN – 2349 5979
20	Dr.M.Mary Glory Ponrani	Portfolio – A Clever Move to Physical Education	Intercontinental Journal of Marketing Research Review	2017			ISSN – 2321-0346 – Online;
21	Dr.P.Vanithamani	Upshot of Yogasana and Relaxation technique surrounded by female varsity Teacher Training students	International Journal of Yoga , Physiotherapy and Physical Education	2017			2456-5067
22	Dr.P.Vanithamani	Sway of Multi Sport Summer camp	International Journal of Multidisciplinary	2017			Print2349-5979 online 2349-4182

		(Residential for adolescent students of south India	Research and Development				coden IJMRN5
23	Dr.R.Saravana Prabha	Developing Awareness for Self Defense among Varsity Girls	International Journal of Adapted Physical Education and Yoga	2017			ISSN2455-8958
24	Dr.R.Saravana Prabha	International Journal of Adapted Physical Education and Yoga	International Journal of Adapted Physical Education and Yoga	2018			2455-8958
25	Dr.R.Saravana Prabha	Efficacy of Various Training and Detraining on Stride Length, Explosive Power and Elastic Power Development	International Journal for Physical Education, Fitness and Iron Games	2018			2320-5083
26	Archana Mani Malathi S	A fostering self esteem through sports on Hearing Impairment and speech impairment	International Journal of Scientific Research and Review	2018			2278 - 4853
27	Archana Mani Malathi S	Visual, Auditory, Kinesthetic Style of Teaching PE and its Impact among Learners	Asian Journal of Multi-Dimensional Research	2018			2278-4853

28	R Saravana prabha	Efficacy of various training on stride length, explosive power and elastic power development	International Journal of Fitness, Health, Physical Education and Iron Games	2018			2349 - 722x
29	Dr. T. Shanmugavalli	Effect of periodized training, Resistance training and concurrent Aerobic and resistance training on selected hematology Variables	Asian Journal of Multidimensional research	2018			2278-4853
30	Dr.Akilandeswari	Identifying and evaluating perspectives among adult gym members on dietary supplements	Asian Journal of Multidimensional research	2018	Vol 7, Issue 2,		ISSN: 2278-4853
31	Dr.M.Mary Glory Ponrani	Proportional Psychoanalysis of stress as a function of age and levels of Sports Participation	Asian Journal of Multidimensional research	2018			ISSN-2278 - 4853
32	Dr.P.Vanithamani	Chipping of Disabled children in corporeal motion	Asian Journal of Multidimensional research	2018			2278-4853

33	Dr.R.Saravana Prabha	Involvement of Preservice Teachers towards PE Profession – A Fact Finding Study	Asian Journal on Multi Disciplianry Science	2018			23218819
34	Mrs.S.Archana Mani Malathi	Fostering Self-Esteem through Sports on Hearing and Speech Impairment: A Case Study	Journal of Disability Management and Special Education (JODYs)	2018			Applied
35	M.Mary Glory Ponrani	Inclusion in Physical Education and Sports revolutionize the traditions	International Journal of Multidisciplinary Educational Research	2019			ISSN 2277-7881
36	Sivasangari.v	Effects of complex training on corporeal variables of inter collegiate volleyball player	Indian journal of physical education, sports and applied science, , ,	2019			ISSN-2229-550X (P), 2455-0175 (O)
37	Archana Mani Malathi S	Influence of Core Strength Training, Mobility Training and Combined Training on Physical Fitness Variables among College Women	Research Highlights	2019			2231 - 2374

38	Dr.P.Vanithamani Dr.M.Mary Glory Ponrani	Inclusion in Physical Education and Sports ,Revolutionize the Traditions	International Journal of Multi Disciplinary Educational Research	2019			2277-7881
39	Dr.S.Akilandeswari	Power of Nada Yoga	A Journal of Avinashilingam Institute for Home Science and Higher Education for Women	April 2020	Vol.3 0, Issue No.2,	143 -	ISSN – 2231 - 2374
40	Dr.R.Saravana Prabha Mrs.S.Archana Mani Malathi	Trunk Strength on Dynamic Balance and Agility among Varsity Basketball Players	Proteus Journal https://doi.org/10.37896/PJ11.12/050	VOLU ME 11 ISSUE 12 2020	IF	141-14	0889-6348
41	Ms.K. Benilda Rancy & Dr.R.Saravana Prabha	Knowledge, Attitude and Practice on Physical and Nutritional Fitness to Prevent Early Puberty among Adolescent Girls	Proteus Journal	VOLU ME 12 ISSUE 1 2021	IF	115-1	0889-6348