

PROFILE

S.THILAGAMANI

e mail : sthilagamanifsmd@gmail.com

Mobile: +91- 94423 45231

- **Career Upgradation as Assistant Professor (SG) in the Department of Food Service Management and Dietetics at Avinashilingam University for Women, Coimbatore from Feb 2017**
- **Career Upgradation as Assistant Professor (SS) in the Department of Food Service Management and Dietetics at Avinashilingam University for Women, Coimbatore from Feb 2012**
- **Assistant Professor in the Department of Food Service Management and Dietetics at Avinashilingam University for Women, Coimbatore from Feb 2007**
- **Worked as a temporary lecturer in the Department of Food Service Management and Dietetics at Avinashilingam Deemed University, Coimbatore (03.10.2002–06.05.2003),(25.06.2003 – 06.05.2004)and (19.07.2004 – 14. 02. 2007)**
- **Cleared UGC –NET Examination held in June 2001 with specialization in Institutional Management and Dietetics.**

ACADEMIC QUALIFICATIONS:

- **Ph.D (Doctor of Philosophy in Food Service Management and Dietetics), 2007-2012, Avinashilingam Deemed University for Women, Coimbatore, India. January 2013**
- **PGDCA (Post Graduate Diploma in Computer Applications), Sethupathi institute for higher studies, Coimbatore in March 2005 with 89 %**
- **M.Phil (Master of Philosophy in Food Service Management and Dietetics), 2001-2002, Avinashilingam University for Women, Coimbatore, India. First Class (80.0%) with Distinction.**
- **M.Sc (Master of Science in Food Service Management and Dietetics), 1999-2001, Avinashilingam University for Women, Coimbatore, India. First Class (83.5%) with Distinction and UNIVERSITY RANK HOLDER.**

- **B.sc (Clinical Nutrition and Dietetics and Catering Management), 1996-1999, Avinashilingam University for Women, Coimbatore, India. First Class (82.3%) with Distinction and UNIVERSITY RANK HOLDER.**

PRACTICAL EXPERIENCES :

- ***Dietetics Internship:***

1. *Kovai Medical Center and Hospital (KMCH), Coimbatore for a period of one month in the year 1999.*
2. *Christian Medical College and Hospital (CMCH), Vellore for a period of one month in the year 2000.*

- ***Catering Internship:***

1. *Sree Annapoorna group of Hotels, Coimbatore for a period of one month each in the year 2002.*
2. *Hotel Lake View, Ooty for a period of one month in the year 1998.*

CONTRIBUTIONS TO THE PROJECTS /DISSERTATIONS:

- Guided the post graduate research scholar on the topic “Dysfunctional Pattern and the risk of obesity among young women” April 2018, Ms. Anjitha.K
- Guided the post graduate research scholar on the topic “ Food Choices and Health Profile of Preteens” April 2017, Ms.Savitha.M
- Guided the postgraduate research scholar on the topic “Consumption pattern of Dietary Fat and Fibre among women with Risk for Cardiovascular Disease ”, April 2016, Ms.K.Neethu
- Guided the post graduate research scholar on the topic “Association of Pattern of intake of Omega 3 fatty acids and Cardiovascular disease among young women”, April 2015 – Ms. K.S.Mithila
- Guided the post graduate research scholar on the topic “Health Risk Assessment and Net Nutritional Status of the selected young adult women”, April 2014 – Ms.Vineetha S
- Guided the post graduate research scholar on the topic “Evaluation of Existing Food Service Systems at Selected Amma Unavagam in Coimbatore and Chennai”, April 2014 – Ms. Madhubala Shankar
- Guided the post graduate research scholar on the topic “Awareness on trans fats and promotion of healthy food choices among selected customers and food service operators”, April 2013

- Guided the post graduate research scholar on the topic “Exploration of the regional cuisines of Nilgiris and development of an Interactive web page”, April 2013
- Guided the post graduate research scholar on the topic “Energy Management in selected food service operations”, April 2012
- Guided the post graduate research scholar on the topic “Iron status in women with cardiovascular disease”, April 2012
- Guided the post graduate research scholar on the topic “adoption of intervention strategies for hypertensive and high cardiac risk women”, April 2011.
- Guided the post graduate research scholar on the topic “Health Risk Appraisal for cardiovascular disease among young adult women in Shillong ”, April 2011.
- Guided the post graduate research scholar on the topic “Effect of fibre rich supplement in risk reduction for CVD among young women”, April 2010.
- Guided the post graduate research scholar on the topic “Weight and stress management in reduction of risk for CVD among young women”, April 2010.
- Guided the post graduate research scholar on the topic “Health Risk Appraisal for cardiovascular disease among the selected young adult women in Coimbatore”, April 2009.
- Guided the post graduate research scholar on the topic “Development of Fibre rich recipes and a diet supplement for CVD patients”, April 2009
- Co guided the post graduate research scholar in the department of Food Service Management and Dietetics on the thesis topic “ Nutritional status of the selected tobacco users of Khasi tribes”. April 2008
- Co guided the Women’s Studies project in the department of Food Service Management and Dietetics on the topic “ Prevalence of eating disorders among the adolescent girls in Coimbatore City”, January, 2004.
- Co guided the post graduate research scholar in the department of Food Service Management and Dietetics on the thesis topic “ Risk factors associated with incidence of hypertension among young adult men in Coimbatore City”, April, 2004.
- Co guided the post graduate research scholar in the department of Food Service Management and Dietetics on the thesis topic “Food consumption pattern and prevalence of diet related disorders among selected fisherman in Yanam” April, 2004.
- Assisted in the conduct of the project titled “Motivating Children, Youth and Women towards practice of selected messages of Swami Vivekananda” sponsored

by UGC and Swami Vivekananda study centre, Avinashilingam Deemed University, Coimbatore, 2002 – 2003

PAPERS AND POSTERS PRESENTED :

- ✎ “Adoption of Dietary Changes for Women with Cardiovascular Disease Risk” – Paper Presented at DST CURIE sponsored National Conference on Home Science Towards Young India, New India on 16.02.2018 and 17.02.2018
- ✎ “Role of Dietary Fibre – A Functional food for Cardiovascular Health “ – Paper Presented at the UGC Sponsored International Conference on Bridging Innovations in Sports, Education and Nutrition on 08.02.2018 and 09.02.2018
- ✎ “Food Choices and Health Profile of Preteens” - Paper Presented at the Annual Conference of Indian Dietetic Association, December, 2017, Kolkata on 18.12.2017 to 20.12.2017
- ✎ “Exploration of indigenous ingredients of Nilgiris” at the one day National Seminar on The Role of Food Processing in Nutrition Security held at Faculty of Engineering, Avinashilingam Institute for Home Science and Higher Education for Women – Coimbatore on 04.08.2017
- ✎ “Consumption Pattern of Dietary Fat among Women with Risk for cardiovascular disease” at National Conference on Scientific Perspectives of Home Science on 06.03.2017 and 07.03.2017
- ✎ “Contribution of Fibre through Dietary Intake of Whole grams in Women with Cardiovascular Disease” – Paper presented at the UGC sponsored International Seminar on Pulses – The Pulse of Life at Avinashilingam Institute for Home Science and Higher Education For Women – University on 01.03.2017
- ✎ “Energy Management in Selected Commercial and Non Commercial food service operations” – Poster Presented at National Symposium on Green Ecology for Environmental Security, Indian Science Congress Association, Coimbatore - Kongunadu Arts and Science College on 06.10.2016 – Best Paper presentation Award
- ✎ “ Heart Health Assessment with pattern of food intake for Omega three fatty acids among young household women, - Paper presented at the 2nd International Young Scientist Congress on 08.05.2016 and 09.05.2016 at Mother Theresa Post Graduate and Research Institute of Health Sciences , Puducherry.
- ✎ “Association of heart health with pattern of food intake for omega 3 fatty acids among young women” – Paper presented at the UGC sponsored National

Conference on Reproductive Health Care on 04.02.2016 and 05.02.2016 at Avinashilingam University, Coimbatore

- ✂ “Risk Assessment for Heart Diseases among young working women” – paper presented at the International Seminar on Smart diets for Cardiac Health – Cardiac Care on 06.02.2015 at Holy Cross Home Science College, Thoothukodi – Awarded first prize for poster presentation
- ✂ “Promotion of Natural diet supplement for prevention of risk for cardiovascular disease among young women” – paper presented at the International Conference on Recent Advances in Synthetic Biology on 08.01.2015 and 09.01.2015 at Bishop Heber College, Trichy
- ✂ “Promotion of Cardiovascular Health through diet and lifestyle modifications among young adult women – paper presented at the National Symposium on Access and participation of women and girls to Nutrition and Health, Education and training, Science and Technology on 13.03.2014 and 14.03.2014 at Avinashilingam University, Coimbatore
- ✂ “Promotion of Indigenous Ingredients of Nilgiris for Quality living of the consumers” – paper presented at the 3rd International Science Congress ISC 2013 on 08.12.2013 and 09.12.2013 at Karunya University, Coimbatore – Best Poster Presentation Award
- ✂ “Prevalence and Pattern of Cardiovascular disease among young women” Paper presented at Golden Jubilee Conference of Indian Dietetic Association – 45th Annual National Conference of Indian Dietetic Association, from 29.11.2012 to 01.12.2012 at National Institute of Nutrition, Hyderabad
- ✂ “Hereditary pattern of Cardiovascular disease among women” – paper presented at International Conference on Environment, Genes, Health and Disease at Bharathiar University Coimbatore from 09.12.11 to 11.12.11
- ✂ “Good health and Gandhian Diet – Rural Self help group women” – paper presented at an International Seminar on Social Resolution organized by World Women’s Welfare Association, Chennai on 20.11.11
- ✂ “Adoption of dietary intervention among women with high risk of cardiovascular disease” – Paper presented at the International Symposium on Functional foods and Health, Department of Food Science, Periyar University, Salem on 19.11.11
- ✂ “Adoption of intervention strategies for high cardiac risk women” – Paper presented at an one day National Conference on Prognosis of Food Processing Sector in health promotion at Dr. N.G.P Arts and Science College, Coimbatore On 29.08 2011

- ✘ “ Social Upliftment of self help group women with nutrition and healthy lifestyle education” – Paper presented at the UGC sponsored National Seminar on Dr.Ambedkar’s vision of social Upliftment – Emerging challenges and strategies at Avinashilingam University, Coimbatore on 18.08.2011
- ✘ “Effect of fibre rich supplement among women with high risk for cardiovascular disease” – Paper presented at the Tamil Science Congress – 11th edition at Gandhigram Rural Institute, Dindigul on 26.06.2011 and 27.06.2011
- ✘ “Weight and stress management in prevention of cardiovascular disease risk among young women” paper presented at the International Conference on Food and Nutraceuticals for Nutrition and Health:Technology and delivery at Periyar University , Salem 22.01.2011.
- ✘ “Weight and stress management in prevention of cardiovascular disease risk among employed women” poster presented at the National conference on healthy heart – a lifeline to healthy life at Avinashilingam Deemed University for women, Coimbatore on 18.01.2011
- ✘ “Prevalence and risk assessment for CVD among young women and the impact of therapeutic lifestyle modification” paper presented at the workshop on Path finder – explore, experiment and exudate research – A Colloquium 2010 at Avinashilingam Deemed University for women , Coimbatore on 22.12.2010
- ✘ “Prevention of cardiovascular diseases among young adult women” poster presented at National Seminar on Nutritional challenges – past, present and future at Periyar University , Salem on 27.02.2009.
- ✘ “Prevention of cardio vascular Diseases – Catch them Young” Poster presented at TANSCHÉ sponsored State level seminar on India’s Health – Double burden of Diseases – Scenario and impact on HDI at SRC, Trichy on 30.01.2009.
- ✘ “Traditional foods – transition in the millennium” Paper presented in a National Workshop on traditional foods , ANNAM FOOD AND AGRO BIODIVERSITY FESTIVAL at thiruvananthapuram on 29.12.2008.
- ✘ “Linking Health of school going children with technology” in Research Fair on Human Development and Child Nutrition, Avinashilingam Deemed University on 11th September, 2004.
- ✘ “Promotion of healthy food choices through information technology in Food Service” in the International conference on recent trends in Bio Sciences at Namakkal, on 12th and 13th February, 2004, pg 60
- ✘ “Promotion of Healthy Food choices through integration of Information Technology in food service” in TNSCST sponsored seminar at Avinashilingam Deemed University, Coimbatore on 13th December, 2002, pg 42

- ✎ “Popularisation and Development of a Software for traditional recipes in food service” for Junior Award at XXXIV Annual Conference of Nutrition Society of India (NSI), Bhopal, on 5th December, 2001., pg 35

CONFERENCES / SEMINARS/ WORKSHOPS PARTICIPATED: INTERNATONAL

- “Pulses – The Pulse of Life” at Department of Food Service Management and Dietetics, Avinashilingam University, Coimbatore on 01.03.2017
- “Lifestyle Management” at Mother Theresa Post Graduate and Research Institute of Health Science , Puducherry, on 08.05.2016 and 09.05.2016.
- “Food and Nutraceuticals for Nutrition and Health: Technology and delivery” at Periyar University, Salem 20 01.2011 to 22.01.2011
- “HACCP and GMP in Food Industries and ISO certification “- International Conference on Food Technology at Indian Institute of Crop Processing Technology, Thanjavur on 30.10.2010 and 31.10.2010.
- “Prevention and control of non – communicable diseases” at Madras Diabetes Research Foundation, Chennai, March 27 – 29th 2009
- “Ethical issues in Clinical research and Clinical trials in India” at PSG Medical College, Coimbatore, Sponsored by National Institute of Health, USA on 21.12.2007 and 22.12.2007
- “Recent Sciences in Biological Sciences” at Namakkal, India, February 12th and 13th, 2004.
- IX Asian Congress of Nutrition at New Delhi, India, February 23 – 27, 2003.

CONFERENCES / SEMINARS/ WORKSHOPS PARTICIPATED: NATONAL

- DST-CURIE Sponsored One Day Workshop on “ Ethical Consideration in Research”, on 06.12.2017 at Avinashilingam Institute for Home Science and Higher Education for Women
- UGC sponsored National Level Faculty Development Programme (FDP) on “Advanced Research Analysis” from 11.09.2017 to 17.09.2017 at Avinashilingam Institute for Home Science and Higher Education for Women , Coimbatore

- OBESICON – 3 A multi Modality Approach to treat Obesity at GEM Hospital – Institute of Gastroenterology and Laparoscopy, Coimbatore on 27.08.2017
- DST CURIE sponsored One Day Workshop on “ Scholarly Communication and Quality Journal Paper Writing” at Avinashilingam Institute for Home Science and Higher Education for Women , Coimbatore on 28.07.2017
- One day Faculty Development Programme on Joy of Teaching held at Anaadi Foundation, Coimbatore on 04.08.2016
- One day Workshop on training of trainers in National Building Activities towards Educational Equity in Universities at Avinashilingam University, Coimbatore on 05.03.2016
- One week training programme on Environmental Studies at Avinashilingam University, Coimbatore from 27.04.2015 to 01.05.2015
- National Workshop on Intellectual Property Rights IPR – 2014 at Avinashilingam University, Coimbatore from 15.03.2015.
- Nine day Workshop on developing courseware in Home Science for e PG pathsala under NMEICT held at Avinashilingam University, Coimbatore from 02.02.2015 to 10.02.2015
- One day workshop on Bioethics in Research at Avinashilingam University on 16.12.2014
- Orientation on promotion of higher education for persons with special needs on 04.03.2014 at Department of Special Education, Avinashilingam Institute for Home Science and Higher education for Women on 04.03.2014
- Symposium on “Emerging trends in pediatric Nutrition” organized by Nestle Nutrition Institute, South Asia Region at Coimbatore on 03.03.2013
- Seminar on “Quality Management in Hospitality Industry – Sustenance for Success” organized by Avinashilingam Institute for Home Science and Higher Education for Women on 22.01.2013 and 23.01.2013
- 45th Annual Conference of Indian Dietetic Association – 2012 , held at National Institute of Nutrition, Hyderabad from 29.11.2012 to 01.12.2012
- Workshop in “Innovation in teaching methods” organized by Avinashilingam Institute for Home Science and Higher Education for Women on 28.09.2012

- Workshop on “Research Ethics and Post Research methods” organized by Avinashilingam Institute for Home Science and Higher Education for Women from 13.09.2012 to 15.09.2012
- Faculty Development Programme on “Harmony at work place” organised by departments of Psychology and Life Long Learning and Education at Avinashilingam Institute for Home Science and Higher Education for Women on 23.01.2012
- Seminar on Holistic Maternal and Child Nutrition at Avinashilingam University, Coimbatore on 22.09.2011.
- Conference on healthy heart – a lifeline to healthy life at Avinashilingam Deemed University for women, Coimbatore on 18.01.2011
- Workshop on Path finder – explore, experiment and exudate research – A Colloquium 2010 at Avinashilingam Deemed University for women, Coimbatore On 22.12.2010
- Workshop on Sensitisation of UGC norms for promotion and recruitment of university teachers at Avinashilingam Deemed University for women, Coimbatore On 30.11.2010
- ICMR Sponsored seminar on Phytochemicals: Their role in disease prevention and health promotion at Kongu Engineering College, Perundurai on 17.09.2010
- Regional seminar on “Gearing Home Science curriculum towards better career prospects “at Avinashilingam Deemed University for women, Coimbatore on 21.08.2009 and 22.08.2009
- Seminar on Nutritional challenges – past, present and future at Periyar University , Salem on 27.02.2009.
- Workshop on Traditional foods at Annam National Food and Agro biodiversity festival , Tiruvananthapuram, Kerala on 28th and 29th December, 2008.
- Seminar cum Workshop on “*Dietary Management in Non – Communicable diseases*” at Bharath College of Arts and Science, Thanjavur on 15th and 16th December, 2006
- “A Healthy vision for lifestyle diseases” at Avinashilingam University for Women, Coimbatore on 20th and 21st March, 2006

- XXXIV, XXXV, XXXVI & XXXVII Annual Conference of Indian Dietetic Association (IDA) held at Coimbatore Bangalore and Delhi in the years 2001, 2002, 2003 and 2004
- “The Role of Dietetics in Public Health” at RVS College of Arts and Science, Coimbatore on 1st October, 2003
- “Sensitizing Home makers, Dietitians and Food service managers on desirable features of edible oil for health promotion” at Avinashilingam Deemed University , Coimbatore on 13th September, 2003
- “Job Opportunities and work environment in the hospitality industry for women” at SNR Sons College, Coimbatore on 23rd August, 2003
- “Women – Beckon Health with Soya” at Avinashilingam Deemed University, Coimbatore on 13th March, 2003.
- “A Journey Down the double helix” organised by department of Biochemistry and Biotechnology, Avinashilingam Deemed University on 24th February, 2003
- “Developments and Career Opportunities in IT Industry” at Avinashilingam Deemed University, Coimbatore on 11th February, 2003.
- “National Policy for empowerment of Women” at Coimbatore in December, 2001.
- “Evolving new trends in HRD of Hospitality Industry” on September 20th & 21st , 2001 at VLB Janakiammal College of Arts and Science, Coimbatore.
- XXXIII Annual Conference of Nutrition Society of India (NSI), Hyderabad in December, 2000.
- Symposium on “Women and Menopause” Conducted by Avinashilingam University, Coimbatore on 21st March, 1999.

PUBLICATIONS IN JOURNALS:

- Adoption of Dietary changes for women with cardiovascular disease risk, Thilagamani.S; Uma Mageshwari.S, Asian Journal of Multidimensional Research, ISSN: 2278-4853, 7(2) issue 1, P 172-177, March, 2018
- Role of Dietary Fiber- A functional food for cardiovascular health - Neethu.K.P, Thilagamani.S , Asian Journal of Multidimensional Research, ISSN: 2278-4853, 7(2) Issue 2, P204-209, March, 2018

- Food Choices and Health Profile of Preteens, *International Journal of Current Research and Modern Education*, Volume 2, Issue 2, E-ISSN 2277-2502, Pg 284-287, December, 2017, Thilagamani.S and Savitha.S
- Consumption pattern of Dietary Fat and Fibre among Women with risk for cardiovascular disease, *Research Highlights*, Vol 274, No 3, Pg 165 – 173, ISSN 2231 – 2374, July 2017, Neethu,K.P and Thilagamani.S.
- Energy Management in Commercial food service operations, *Kongunadu Research Journal*. 4(1) Pp 46-47, January, 2017 ISSN 2349-2694, Kongu nadu Arts and Science College, Coimbatore Thilagamani. S and Pilla Ruchita
- Heart Health Assessment with pattern of Food Intake for Omega 3 Fatty Acids among Young Household Women, *Research Journal of Recent Sciences*, E-ISSN 2277-2502, Vol. 5(8), 21-25, August (2016) , International Science Community Association Publishers, Mithila K.S. and Thilagamani S,
- Customer Profile and views of the selected Amma Unavagam in Coimbatore and Chennai, *Research Highlights*, October, 2014, Vol 24, No 4, Pg 261 – 276, ISSN 2231 – 2374 - Madhubala Shankar and Thilagamani .S.
- Awareness on transfats among selected food service operators, *Research Journal of Family, Community and Consumer Sciences*, Vol 1, No 8, Nov 2013 Pg 1-6, ISSN 2320 – 902X – Thilagamani.S and Amila Sidheeka.K.M
- Iron Status in Women with Cardiovascular Disease, *Research Highlights*, Vol 23, No 3,2013, pg 173 – 179, ISSN – 2231 – 2374 – Thilagamani .S and Sharon Christina.P
- Adoption of Diet, Yoga and Relaxation Therapy for Women with High Risk for Cardiovascular disease, *Research Highlights*, July 2012, Vol 22, 3, ISSN 1945 3078
- Energy Management in Selected Commercial and Non Commercial Food Service Operations, *International Journal of Research in Social Sciences*, June 2012, Vol 2, No 6, Pp 195 – 205, ISSN 2249 2496 – Thilagamani.S and Pilla Ruchita
- Adoption of intervention strategies for high cardiac risk women, Thilagamani.S and Uma Mageshwari.S, *International Journal of Science and Technology*, August 2011, Vol 1, No2, Pp 111 – 114, ISSN 2224 3577
- Weight and Stress management in reducing risk for cardiovascular diseases among selected women, Uma Mageshwari,S., Thilagamani,S. and Renganayaki.S. *Indian Journal of Nutrition and Dietetics*, June 2011, Vol . 48,No.6, Pp.229 – 234

- Effect of fibre and antioxidant rich supplement on lipid profile of young women at risk for cardiovascular disease, Thilagamani.S and Uma Mageshwari.S, *International Journal of Pure and Applied sciences and Technology*, January 2011, Vol 2, No 1, Pp 63 – 70 ISSN 2229-6107
- Risk factors associated with incidence of hypertension among young men in Coimbatore city, Anuradha,V Thilagamani, S. Subha.S, *Research Highlights*, January 2011, Vol21,No1, Pp 27-32, ISSN 1945 3078
- Risk appraisal for cardiovascular disease among selected young adult women in Coimbatore, Thilagamani.S and Uma Mageshwari.S, *Indian Journal of Science and Technology*, June, 2010, Vol. 3 No. 6, 672 – 675, ISSN: 0974- 6846
- Nutritional status of selected tobacco users of the khasi tribes of meghalaya, Angelyne Rynjah, Anuradha, V and Thilagamani, S. *Indian Journal of Nutrition and Dietetics*, September 2009, Vol 46, No 9, Pp 357 – 363,2009, ISSN 0022 3174

Chapters in Books /Full Papers in Proceedings:

- Consumption Pattern of Dietary Fat among Women with Risk for Cardiovascular Disease - Proceedings of the UGC sponsored National Conference on Scientific Perspectives of Home Science, ISBN 978 – 93 – 84234 – 06 – 5, Laser Park Publishing House, Coimbatore at Neethu.K.P and Thilagamani.S, Pg 179 – , 2017
- Contribution of Fibre through dietary intake of whole grams in Women with Cardiovascular Disease – ISBN – 978 93 84234 92 8 , Proceedings of International Seminar on Pulses – The pulse of Life , Laser Park Publishing House, Coimbatore, Thilagamani.S and Uma Mageshwari,S Pg 136 – 141, 2017
- Consumption pattern of fruits and its nutritional contribution during Sangam Period (Tamil), International Conference on Aspects of Prosperous life in Tamil Literature, ISBN 978 - 93 85267 - 12 -3, November, 2016
- Health Risk Assessment and Net Nutritional Status of Young Adult Women, Island of Research Treasure-Research Highlights. Vineetha .S and Thilagamani,S, Pp 194 – 207, January, 2016 ISBN - 978-93-85604-02-7, Shanga Verlag, Coimbatore,2016, Pp 60-66

- Promotion of Cardiovascular Health through Diet and Lifestyle interventions among Young Adult Women, Drive for Equal Access, Pp 125 – 130, Thilagamani.S and Uma Mageshwari.S, 2016

ABSTRACTS IN PROCEEDINGS:

- “Food consumption pattern and prevalence of diet related disorders among selected fisherman in Yanam” Annual National convention of Indian Dietetic Association, 2004.
- “Promotion of healthy food choices through information technology in Food Service” International conference on recent sciences in Bio Sciences, 2004
- “Promotion of Healthy Food choices through integration of Information Technology in food service” TNSCST sponsored seminar at Avinashilingam Deemed University, 2002.
- “Popularization and Development of a Software for traditional recipes in food service” for Junior Award at XXXIV Annual Conference of Nutrition Society of India (NSI), 2001.

INVITED AS RESOURCE PERSON/CHAIR PERSON/COMMITTEE MEMBER :

- Lecture for Dietetics Day celebration at GKNM Hospital, Coimbatore on the topic Functional foods – Foods of future on 10.01.2018
- Chair person for the paper presentations at the National Seminar on “The Role of Food Processing in Nutrition Security” at Faculty of Engineering, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore on 04.08.2017
- Executive Committee Member for the ICMR and NSI sponsored International Conference on Advances in Nutrition and Health Communication organized by Departments of Food Science and Nutrition and Visual Communication, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore on 03.08.2017 and 04.08.2017
- A lecture on “Nutrition Education for Youth” organized by NSS ETI for general orientation programme Officers of Higher Secondary schools on 09.10.2015
- Judge in Food and Nutrition Competition and Seminar organized by Protein Foods and Nutrition Development Association of India (PFNDAI) with Department of Nutrition and Dietetics, Dr. N.G.P Arts and Science College, COimbatore

- Delivered a talk on “Balanced Diet” at Ramana Gounder Medical trust to hospital staffs on 15.06.2014
- Delivered a talk on “Healthy food choices for children” at Avinashilingam Nursery School, Coimbatore on 20.01.2013
- Delivered a talk for a Consortium for empowering women through Entrepreneurship, poverty alleviation and collective action - workshop on Food Security and Hygiene on “Nutrition for health of Rural Women” at Shanti Ashram on 15.09.2011
- Delivered a talk on “Nutrition for Youth” for the NSS programme officers organised by NSS – ETI, Avinashilingam Institute for Home Science and Higher Educaion for Women, Coimbatore
- Delivered a talk on “ Nutritional requirements for teenagers” at an ICDS organised programme at CSI girls higher secondary school , Coimbatore on 30.01.12
- Delivered a talk on “ Nutritional requirements for teenagers” at an ICDS organised programme at Ammaniammal Higher girls higher secondary school, Coimbatore on 18.01.12
- Delivered a lecture in a Capacity building workshop on “Food Security, Nutrition and hygiene management for rural women Entrepreneurs at Shanti Ashram on 15.09.2011

CONTRIBUTIONS TOWARDS ORGANAIZATION OF EVENTS :

- Member in the committee for Student’s Workshop on Vocationalisation of Higher education, 14.12.2014 at Avinashilingam University
- Judge in the Food and Nutrition Week competitions and Seminar Organised in Coimbatore by Protein Foods and Nutrition Development Association of India in Collaboration with Department of Nutrition and Dietetics, Dr.N.G.P Arts and Science College Coimbatore on 19.09.2014
- Lecture on Dietary management for obesity and lifestyle modification for a balanced diet to the hospital staff of Ramana Gounder Medical Trust Hospital, Thudiyalur on 15.06.2014
- Member in the Boards of Studies for Food Service Management and Dietetics at Avinashilingam University from 09.11.2013

- Executive committee member for the National seminar on “Quality Management hospitality industry – Sustenance for Success” organized by Avinashilingam Institute for Home Science and Higher Education for Women on 22.01.2013 and 23.01.2013
- Department co-ordinator for the workshop on Path finder – explore, experiment and exudate research – A Colloquium 2012 at Avinashilingam University, Coimbatore from 21.02.2012 to 23.02.2012
- Executive committee member for the National seminar on “Holistic and Maternal and Child Nutrition” on 22.09.2011 at Avinashilingam University for Women, Coimbatore
- Department co-ordinator for the workshop on Research ethics and post research procedures at Avinashilingam University, Coimbatore from 10.08.11 to 11.08.11
- Department co-ordinator for the workshop on Path finder – explore, experiment and exudate research – A Colloquium 2011 at Avinashilingam University, Coimbatore on 22.12.2010
- Executive committee member for the regional seminar on “ Women in Hospitality Industry” on 10.02.2011 at Avinashilingam Deemed University for Women, Coimbatore
- A member in organising diabetic camp, by RRV Diabetes Specialities and Research Centre, Coimbatore on 19th and 20th December, 2006
- A member in coordinating Diabetic eye screening camp at Lotus Eye care and Hospital, Coimbatore on 30th July, 2006

PROFESSIONAL CERTIFICATION COURSES /WORKSHOP

- Training of Trainers in National Building Activities Towards Educational Equity in Universities , Avinashilingam Institute For Home Science and Higher Education for Women, Coimbatore , 05.03.2016
- Training Programme on Environmental Studies – one week from 27.04.2015 to 01.05.2015 , Avinashilingam Institute For Home Science and Higher Education for Women, Coimbatore
- Workshop on developing courseware in Home Science for e PG Pathsala under NMEICT held from 02.02.2015 to 10.02.2015, Avinashilingam Institute For Home Science and Higher Education for Women, Coimbatore
- Highfield Awarding Body for Compliance (HABC) level 2 Award in Food Safety in Catering (QCF) on 28.10.2012 by Apex Global Consultants, Coimbatore

ORIENTATION AND REFRESHER COURSES ATTENDED

- Refresher Course in Social Sciences – Multi Disciplinary at UGC – Human Resource Development Centre, Bharathiar University, Coimbatore from 18.11.2015 to 08.12.2015 for 21 days
-
- Refresher Course in Human Rights – Multi disciplinary, at UGC Academic Staff College, Bharathiar University, Coimbatore from 06.10.2010 to 26.10.2010 for 21 days
- 69th Orientation Course at UGC Academic Staff College, Bharathiar University, Coimbatore from 04.03.2008 to 31.03.2008 for 28 days.

Articles Sent for Publication in the Daily Magazines

- Food Becomes You
- Making your own Sprouts

Life Member in national organisations:

- Indian Dietetic Association
- Nutrition Society of India
- Home Science Association of India

Question paper Setter:

- Bharathiar University – M.Phil Food, Nutrition and Food Science – April, 2015
- Bharathidasan University
- Alagappa University
- NGP Arts and Science College
- University of Madras

OTHER ACHIEVEMENTS

Major / Minor projects

- Co investigator for Minor Project of UGC in collaboration with Gandhian Studies Centre of Avinashilingam Deemed University for “ Diet Counselling programme on Good Health and Gandhian Diet” for six months in 2010 for Rs 10,000.
- Co investigator for UGC sponsored major research project “ Adoption of suitable intervention strategies in risk reduction for CVD among young women” under the

category Social Sciences for two years from the year 2011 – 2013 for Rs 5.51 lakhs

PERSONAL DETAILS:

Date of Birth : 05-05-1979

Father's Name : Mr. K. Subramanian

Gender : Female

Marital Status : Married

Languages Known : English, Tamil & Hindi

Residence Address: 177, Ramalingam Colony III Cross, Coimbatore – 641 043.

Office Address : Assistant Professor

Dept. of Food Service Management and Dietetics

Avinashilingam Institute for Home Science and Higher Education
for Women

Coimbatore – 641 043.

REFERENCES: <Could be produced on request>

I hereby assure that the information furnished above are correct to the best of my knowledge.

[S.Thilagamani]