

Profile of S.UMA MAGESHWARI



GENERAL INFORMATION

- (i) Name : Dr.S.Uma Mageshwari
(ii) Qualification : M.Sc.,M.Phil, Ph.D
(iii) Department : Food service Management & Dietetics
(iv) Designation : :Professor & Dean
(v) Permanent Address (with pin code) : 32, Perumal Nagar
Koundampalayam, Coimbatore – 641030
(vi) Email id : uma.adu3@gmail.com
(vii) Contact Number : 9787733663
(viii) Experience : 29 years
(ix) Specialization : Food service Management & Dietetics,
(x) Abroad Visit : University of Brawijaya, Indonesia
(xi) Date of Joining : 31.07.1989

Research Guidance:

Degree	Awarded	Guiding
M.Phil	18	Nil
Ph.D	05	04

(i) Work experience (in chronological order):

S.No.	Positions held	Name of the Institute	Date of actual joining		Pay Scale
			From	To	
1.	Research Associate	Avinashilingam Institute for Home Science and Higher Education for Women	10.11.1986	10.06.1987	Consolidated Pay (RS 750)
2.	Lecturer	Avinashilingam Institute for Home Science and Higher Education for Women	31.07.1989	31.07.1996	2200-75-2800-100-4000
3.	Lecturer (SS)	Avinashilingam Institute for Home Science and Higher Education for Women	31.07.1996	31.07.1999	10000-325-15200
4.	Lecturer (SG)	Avinashilingam Institute for Home Science and Higher Education for Women	31.07.1999	27.11. 2003	12000-420-18300
5.	Associate Professor	Avinashilingam Institute for Home Science and Higher Education for Women	27 .11.2003	04.10.2016	9000

6.	Professor	Avinashilingam Institute for Home Science and Higher Education for Women	4.11.2016	Till Date	
7.	Dean Student Affairs	Avinashilingam Institute for Home Science and Higher Education for Women	14.05.2018	Till Date	

(ii) Publications:

S.No	Category	Total
1	International Journals	12
2	National Journals	18
3	In house	2
4	Full length articles in proceedings	46
6	Books / Chapters in Books / Books Edited	7

(iii) Sponsored Projects:

S.No.	Title	Cost in Lakh Rs.	Duration	Agency
1	Adoption of Suitable Intervention Strategies in Prevention of Cardiovascular disease risk among Young women	6,36,000	3 years 2011-2013	UGC
2.	Identification of Prediabetics among Selected adolescent population and evaluation of preventive measures	2,57,400	3 years 2007 -2009	UGC
3.	Development of database on the nutritive value of common Indian recipes and formulation of diet kit in the management of diseases for use in hospital dietaries and home situations	4,74,000	2 years	UGC
4.	Assessment of Risk for Diabetes Mellitus and promotion of Healthy Lifestyle among University students	25,000	2006-07	Dr. Rajammal P.Devadas Endowment Fund
5.	Impact of Gandhian diet on health in selected families of Coimbatore	22,000	2006-07	Gandhian studies centre
6.	Counselling programme on Good health and Gandhian Diet	10,000	2009-10	Gandhian studies centre

Xii Visits Abroad

Visiting Professor Faculty of Agricultural Technology, University of Brawijaya Indonesia	September 1 st – October 31 st 2017
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Xiii Details of Patent:

S.No	Patent Title	Name of Applicant(s)	Application No.	Award Date	Agency/Country	Status
1.	Seaweed chocolate	Ms.Thahira Banu.A Dr.Sumayaa Dr.S.Uma Mageshwari	157/CHE/2012 A	13/01/2012	India	Published on 24//01/2014

- (iv) Seminars / Conferences / Workshops organized : 10
(v) Seminars / Conferences / Workshops attended : 14 (I)
: 64 (N)
(vi) Awards / Achievements / Recognitions : 12
(vii) Invited Talks : 47

Refresher Courses/Orientation Courses/Training Programmes/ Equivalentents attended

S.No	Course Details	Organiser	Venue and Date
1	Refresher course	University Grants Commission	1992,1994,1997, 2000,2003
2	Orientation course	Training and Orientation Center NSS, Avinashilingam Education Trust Institutions	1998
3	Food safety and sanitation course Hazard Analysis Critical Control Point (HACCP)	HABC level 2 food safety in catering (QCF)	2012
4	“Foundation program in Transactional Analysis	Launchpad (LLC)	2013
5	ePG Pathshala 8 days workshop on developing courseware	NMEICT	2015

(i) Membership in Professional Bodies

S.No	Name of the Position	Organisation	Date
1.	Treasurer	Indian Dietetic Association	2009- August 2012
2.	Secretary	Indian Dietetic Association	August 2012 -2015
3.	President	Indian Dietetic Association	2015-Till date
4.	Life Member	Home Science Association	
5.	Life Member	Nutrition Society of India	

Five best papers published:

S.No.	Title of the Article	Name of the Journal	I/N	ISBN/ ISSN	Vol.	Pages	Date, Month and Year
1.	Prebiotics Attributes of Inulin Enriched Biscuits – Sensory and Nutritional Aspects	IOP Conf. Series: Earth and Environmental Science	International (Scopus 0.38)	ISSN:1755-1307 E-ISSN:1755-1315	131,	1-5	2018
2.	Effect of Functional food on the Behaviour pattern among Autism Children	Inclusion of Children with Disabilities-challenges and concerns	National	ISBN-978-93-85777-12-7		148-152,	2016
3.	Nutritional status and effect of seaweed chocolate on anemic adolescent girls	Food Science and Human wellness	International	ISSN: 2213-4530	4	28-34	March 2015
4.	Consumer Knowledge and Awareness of Prebiotic and Probiotic foods	International Journal of Scientific Research and Reviews JSRR,	International	ISSN 2279-0543	3(4)	91-104	Oct. – Dec. 2014
5.	Nutritional adequacy of Gestational diabetes and pre gestational diabetes women	International J. of Medical Science and Public health	International	ISSN 2277 338	12, Issue 3	576-580	March 2013

Publications (List of papers published in SCI Journals

International

S.No.	Author(s)	Title	Name of Journal	Year
1.	Thamilovia.SA and Uma Mageshwari.S..	Physical activity practices and relationship with energy intake among adolescents	Asian Journal of Multidimensional Research Vol.7, Issue 1, Pg: 211-218	2018
2.	Thamilovia.SA and Uma Mageshwari.S..	Food and Nutrient intake among adolescent boys and girls	Asian Journal of Multidimensional Research Vol.7, ISSUE 2, Pg: 178-182	2018
3.	Thilagamani.S; Uma Mageshwari.S.	Adoption of dietary changes for women with cardiovascular disease risk.	Asian Journal of Multidimensional Research Vol.7, Issue 2, Pg: 172-177	2018

4.	C Raihing and S Uma Mageshwari	Prebiotic attributes of inulin enriched biscuits - sensory and nutritional aspects.	IOP Conf. Series: Earth and Environmental Science 131 (2018) vol: 131, Pg1-5	2018
5.	S.Uma Mageshwari and Ibarihun wanniang	Omega 3 consumption pattern and cognitive development among primary school children	International summit on Inclusion and Response to intervention-a global perspective	2016
6.	Thahira Banu .A & S.Uma Mageshwari	Nutritional status and effect of seaweed chocolate on anemic adolescent girls	Food Science and Human wellness (4) March 2015 Pp-28-34 Elsevier	2015
7.	S.Uma Mageshwari , S.Thilagamani, mary Jenefer sharmila and Arulmozhi.R	Risk Assessment For Heart Diseases among Textile Mill Women Employees	International Journal of Current Research, Vol. 6, issue 5, Pp 6508-6512,	2014
8.	Chingriyo raihing & S.Uma Mageshwari	Consumer Knowledge and Awareness of Prebiotic and Probiotic foods	International Journal of Scientific Research and Reviews JSRR 3(4) Oct. – Dec. 2014, Pp 91-104	2014
9.	Savitha P and S. Uma Mageshwari	Nutritional adequacy of Gestational diabetes and pre gestational diabetes women	International J. of Medical Science and Public health, 2013; Vol.12, Issue 3 p-576- 580	2013
10.	Vidya Narasimhan and S. Uma Mageshwari	Health benefits of tomato Lycopene as a potent carotenoid and antioxidant preventing chronic Degenerative disease	International conference on Technological advance of super foods for Health Care- 2013	2013
11.	A.Tahira Banu and S. Uma Mageshwari	“Toxicity study of seaweeds in rat”	Continental J. Food Science And Technology ,Vol 5, No.2, 2011, Pp.23-31	2011
12.	Tahira Banu and S.Uma Mageshwari	“Invitro and invivo antioxidant activity of Seaweed extracts and seaweed food products”	Journal of the Thai Dietetic Association, Vol.30, No.3, p-141	2000

National Journal Publications

S.No	Authors	Title of Article	Name of the Journal Vol. Year, page No	Year
1	S.Uma Mageshwari & and Ibarihun wanniang	Omega 3 consumption pattern and cognitive development among school going children	Island of research treasure – Research Highlights P 216-227	2016
2	Chingriyo raihing & Uma Mageshwari.S	Prebiotics in Health	Indian Journal of Applied Research Volume : 5 , Issue : 4 , Pp.314-316 April 2015	2015

3	Savitha P. and Uma Magehwari S.	Prevalence Pattern and Management of Gestational Diabetes Mellitus,	Indian Journal of Nutrition and Dietetics, Vol 50, No.(3), Pp.95-140, March 2013	2013
4	S. Uma Magehwari and Srividya.M	Association of infant nutrition with childhood obesity,	Indian Journal of Nutrition and Dietetics , 2013, 51, Pg.No- 484-494.	2013
5	Kalpana,B., Siti Hussain and Uma Magehwari.S	Assessment of Knowledge and awareness of the glycemic index Concept in Singapore.,	Indian Journal of Nutrition and Dietetics, 2013, 50, Pg.No- 398-407,	2013
6	Uma Magehwari S and Mary Jennifer Sharmila	“ Nutritional status and impact of functional food supplement on the performance of athletes”	Indian journal of Applied Research, No. 1 May 2012	2012
7	A.Tahira Banu and S. Uma Magehwari,	“Value addition and invivo antioxidant activity of food products using green seaweeds”,	Seaweed Research and Utilisation, Vol.33, No. 1 and 2, 2011, Pp.151-159.	2011
8	Uma Magehwari S., S.Thilagamani and Renganayaki	“Weight and stress management strategies in reducing risk for cardiovascular disease among selected women”	Indian Journal of Nutrition and Dietetics, June 2011, Vol.48, No.6, Pp.229-235.	2011
9	S.Thilagamani and S.Uma Magehwari	“Risk appraisal for Cardiovascular disease among selected young adult women in Coimbatore”	Indian Journal of Science and Technology, Vol.3, No.6, (June 2010) Pp- 672 – 675.	2010
10	A.Tahira Banu and S. Uma Magehwari,	“Nutrient Composition ,antioxidant and antibacterial properties of green seaweeds”	Indian Journal of Nutrition and Dietetics, Vol. 47, P- 521 September 2010	2010
11	S.Uma Magehwari and M.Srividhya	“Hypotensive and hypocholesterolemic effect of raw onion”	Indian Journal of Nutrition and Dietetics , 2009, Vol.46, Pp.266-272.	2009
12	S.Uma Magehwari and Minitha Susan Joseph,	“ Impact of dietary exclusion of casein and gluten on selected autistic children”	Indian Journal of Nutrition and Dietetics 2006, Vol. 43 Pp 183	2006
13	S.Uma Magehwari and Minitha Susan Joseph	Pattern of cardiovascular complains among diabetes”	Indian Journal of Nutrition and Dietetics 2004, Vol. 41 Pp 507	2004

14	Parvathi Easwaran.P, Remya.,R and Uma Mageshwari.S	"Formulation of a risk assessment Index to predict cardiovascular diseases among young adults"	Indian Journal of Nutrition and Dietetics 2001, Vol. 385, P 1-10	2001
15	Saipriya.M and Uma Mageshwari S.	"Development of an indigenous fibre - rich therapeutic food and its impact on selected diabetic3s"	Indian Journal of Nutrition and Dietetics 1998, Vol. 35 Pp 143-148	1998
13.	P. Kavitha, Parvathi Easwaran.P. and Uma Mageshwari. S	"Development and Evaluation of a Diet Kit with a ready reckoner on the dietary fibre content of selected Indian recipes"	Indian Journal of Nutrition and Dietetics 1998, Vol. 35 Pp 143-148.	1998
14.	Uma Mageshwari.S and Sunitha.V	"Development of a software and its impact on weight reduction"	Indian Journal of Nutrition and Dietetics 1995, Vol. 32 Pp 238-246	1995
15.	Parvathi Easwaran.P., Kalpana N., Uma Mageshwari.S	"Consumption pattern of five under- exploited greens and the therapeutic uses of" Tree lettuce" on selected non-insulin dependent diabetes and hypertensives"	Indian Journal of Nutrition and Dietetics 1992, Vol. 29 Pp 1-6	1992
16.	Kalpana N., Parvathi Easwaran.P., Uma Mageshwari.S	" Management Approaches of non- insulin dependent Diabetes Mellitus"	Indian Journal of Nutrition and Dietetics 1992, Vol. 29 Pp 278-283	1992
17.	Parvathi Easwaran.P., Uma Mageshwari.S and Sabitha Ibrahim S.H.	"Impact of a liquid supplement on the nutritional profile of selected cancer patients"	Indian Journal of Nutrition and Dietetics 1992, Vol. 29 Pp 328-33	1992
18.	Parvathi Easwaran.P., Uma Mageshwari.S and Geetha Narayanan	"Therapeutic use of Globe artichoke in Non-Insulin Dependent Diabetes Mellitus and Hypercholesterolemi a"	Indian Journal of Nutrition and Dietetics 1991, Vol. 28 Pp 321-327	1991

Books/Abstracts/Proceedings Published:

S.No.	Authors	Chapter in Books/Edited Books /Full Book	Publisher	Year
1.	S Uma Mageshwari	Food Service Management for XI standard State Council for Educational and Research Training (SCERT) Department of School Education Government of TamilNadu	Tamil Nadu Textbook and Educational Services Corporation	2018
.2.	S Uma Mageshwari	Nutrition and Dietetics for XI standard State Council for Educational and Research Training (SCERT) Department of School Education Government of TamilNadu	Tamil Nadu Textbook and Educational Services Corporation	2018
3.	S.Uma Mageshwari and Thahira Banu.A	Dietary Fibre Content of Indian Recipes	Lambert Academic Publishing Heinrich-Germany	2014
4.	S Uma Mageshwari	Elderly : Health and Nutrition, "Osteoporosis, Associated Risk Factors and Dietary Practices among post menopausal women in Imphal Manipur"	APH publishing Corporation, New Delhi,	2013
5.	B Kalpana, Siti Hussain, S Uma Mageshwari	Nutritional status of tribal pregnant women in Shillong, Meghalaya	Tribal Development : Issues, Challenges and perspectives Published by Pacific Institute of tribal Development	2012
6.	S Uma Mageshwari	Consumer in market: Issues, Challenges and Problems and Solutions. Chapter on "Consumer Expectations And Satisfaction in Hospitality Industry"	Sublime Publications, India,	2012
7	S Uma Mageshwari	Text book on "Women and Development". Chapter on "Health For All"	Centre for Women's studies, Avinahilingam University,	2005

Full Papers and Abstracts in Proceedings:

1	Dr.S.Uma Mageshwari	Informatics – software in health care	National Conference on Contemporary Dimensions in Library and Information Science, 27th January	2018
2	Dr.S.Uma Mageshwari	Dietary intake of omega 3 fatty acids and cognitive abilities among school children	National Summit 2017: Inclusion-Means or End	2017
3	Dr.S.Uma Mageshwari and Savitha P	Adequacy of pulse consumption and protein quality among gestational diabetes mothers	International seminar Pulses –The Pulse of Life PP78-86	2017
4	Dr.S.Uma Mageshwari and Thilagamani.S	Contribution of fibre through dietary intake of whole grams in women with cardiovascular disease	International seminar Pulses –The Pulse of Life Pp136-142	2017
5	Dr.S.Uma Mageshwari And N.Chellam	Pulses and Grams in Indian History-An Anthropological Perspective	International seminar Pulses –The Pulse of Life Pp154-159	2017
6	Dr.S.Uma Mageshwari and Balalakentiew	Knowledge, Awareness and Consumption pattern of pulses among school children	International seminar Pulses –The Pulse of Life Pp212-219	2017
7	Dr.S.Uma Mageshwari And Chingriyo Raihing	Effect of Prebiotics on Lipid profile among hyperlipidemics	Biodiversities, traditional food systems and wellness, connecting global priorities 2 nd -4 th November	2017
8	Dr.S.Uma Mageshwari	Obesiogenic Environment and Management of Obesity	Proceedings of National Seminar on Nutritional Management in Metabolic syndrome	2017
9	P.Savitha & S.Uma Mageshwari	Impact of Nutrition Intervention in the management of Gestational Diabetes Mellitus	National Seminar on Nutritional Management in Metabolic syndrome	2017
10	P.Savitha & S.Uma Mageshwari	Sensitizing Adolescent girls on reproductive health	“ Recent trends in adolescent nutrition and	2016

			reproductive health care” at Avinashilingam University on 4 th -5 th February 2016	
11	Dr.S.Uma Mageshwari	Effect of Functional food on the Behaviour pattern among Autism Children	Inclusion of Children with Disabilities- challenges and concerns P 148-152,	2016
12	P.Savitha & S.Uma Mageshwari	Glycemic status and gestational outcome of women	Food, Nutrition and Health (ICFNH-2016) – at Kilakarai on 7 th – 8 th June 2016	2016
13	S.Uma Mageshwari	Impact of functional food in Hyperlipidemia	Food, Nutrition and Health (ICFNH-2016) – at Kilakarai on 7 th – 8 th June 2016	2016
14.	Dr.S.Uma Mageshwari And Viji.S	Stress and Breakfast consumption pattern of adolescents	National conference on Scientific Perspectives in Home Science	2016
15.	Dr.S.Uma Mageshwari and Savitha.P	Impact of Nutrition Intervention in the management of Gestational Diabetes Mellitus	National Seminar on Nutritional Management in Metabolic syndrome	2016
16.	Dr.S.Uma Mageshwari and N.Chellam	Food habits of Madurai in Sangakala literature	Life Style in Tamil Literature Proceedings	2016
17.	Dr.S.Uma Mageshwari	Promotion of cardiovascular health through diet and lifestyle interventions among young adult women P125-130,	Drive for Equal Access-Access and participation of women and girls to nutrition and health, education and training science and technology	2015
18.	Dr.S.Uma Mageshwari and Mary Jennifer Sharmila	Impact of sweet potato (Ipomoea batatas) toffee on endurance among athletes	Strategies for enhancing Sports Performance Proceedings	2014

19.	Dr.S.Uma Mageshwari	Nutritional Strategies for enhancing sports performance – Effects and limits of glycemic index in sports nutrition	Strategies for enhancing Sports Performance Proceedings	2014
20.	Dr.S.Uma Mageshwari	Manuel on vitamin A deficiency diseases	The Indian Journal of Nutrition and Dietetics, Volume 50, Issue 8, August 2013	2013
21.	Dr.S.Uma Mageshwari	Management of Autism related disorders.	Kavirasan Tamil mandram Pp.370-377	2013
22.	:	“Enabling to deliver value”- FICCI	9 th Federation of Indian Chambers of Commerce and Industry Summit on Building network for transforming Indian Higher education 13 th - 14 th Nov New Delhi	2013
23.	S.Uma Mageshwari, S. Thilagamani and P. Lalitha	Effect of Fibre and Antioxidant Rich Supplement on Lipid Profile of young Women at Risk for Cardiovascular Disease	IICPT	2010
24.	Thahira Banu and Dr. S. Uma Mageshwari	Biochemical and antioxidant composition of edible marine micro algae.	Avinashilingam University 3rd Indo Korean Joint Seminar on Medicinal Plant Research	2010
25.	S.Uma Mageshwari and D.Sathya Praneetha	Thagavalthozhilnutpa panyialargalin vaalviyalum unavu muraiyum	Aaivukovai Manonmaniyam Sundranaar University	2010
26.	Vainavi. N and Uma Mageshwari. S	Association of Dietary Fat and Carbohydrate in Cardiovascular disease and the Impact of Diet counseling	TANSCHÉ Souvenir Nutri-health	2009
27.	S. Uma Mageshwari and SriVidya.S	Association of Infant nutrition with childhood obesity and impact of medical	Nutrition Society Of India	Nov 2009

		nutrition therapy		
28.	S.Uma Mageshwari and ShilpaBalachander,	“Association of food habits and psychological eating behaviour among adolescents”	Indian Dietetic Association IDACON-2009,	2009
29.	M.Srividya and S.Uma Mageshwari	“Hypotensive and hypocholesterolmic effect of raw onion”	Indian Dietetic Association	2008
30.	S.Uma Mageshwari	XL Annual National Conference, Mammam Mappilla Hall, Kottayam	Indian Dietetic Association	2007
31.	Vasanthamani G and Uma Mageshwari S	Assessment of Risk for Diabetes Mellitus and Promotion of Healthy Life Style among University Students	Indian Dietetic Association	2006
32.	Uma Mageshwari S	“Technology Invasion and Eating Trends among Families	Department of Human Development International Symposium on Scenario of Family Values in Human Development	12 th October 2006
33.	Uma Mageshwari S	Popularisation of traditional recipes in food science	18 th Indian convention of food scientists and technologies icfost 2006	2006
34.	Parvathi Eswaran, S.Uma Mageshwari and M.Shilpa,	“Development of a software on nutrition and health for self care”	Indian Dietetic Association HSAI, Lady Irwin college, New Delhi	2005
35.	S.UmaMageshwari and Nithya.B	“Adolescent girls at risk for diabetes mellitus”	Indian Dietetic Association	2005
36.	S.Uma Mageshwari and Minitha	“Pattern of cardiovascular complains among diabetes”	Indian Dietetic Association Oct 8th - 9th,	2004
37.	S.Uma Mageshwari, Premala Priyadharshini .V and Hemalatha.M	“Incidence of retinopathy among selected diabetic patients”	Nutrition Society of India Mysore, 5th and 6th Nov	2004
38.	S.Thilagamani and S.Uma Mageshwari	“Promotion of healthy food choices and eating habits through information	Indian Dietetic Association	2003.

		technology”		
39.	S.Uma Mageshwari and Ruby Sebastian	“Prevalence of osteoporosis among women and promotion of appropriate healthy dietary habits”	Indian Dietetic Association	2003
40.	S.Uma Mageshwari	Prevalence of cardiovascular diseases among young adults in Nilgris	IX Asian Congress of Nutrition	2003
41.	Parvathi Easwaran.P, Remya.,R and Uma Mageshwari.S	“Formulation of a risk assessment Index to predict cardiovascular diseases among young adults”	Indian Dietetic Association p-25	2001,
42.	S.Uma Mageshwari and Radhika.T.S,	“Glycemic index of high fibre breakfast recipes”	Indian Dietetic Association p 38.	2001,
43.	S.Thilagamani and S.Uma Mageshwari	“Popularisation of traditional recipes in food service”	Indian Dietetic Association Bhopal - 5th and 6th Dec	2001.
44.	Manju Gopinath, Parvathi Eswaran And S.Uma Mageshwari	“Promotion of healthy foods in selected non – commercial food services”	Indian Dietetic Association Proceedings	1995
45.	S.Uma Mageshwari and Bhuvaneshwari M. R,	“Developing a software for counselling patients with chronic renal failure”	Indian Dietetic Association Proceedings	1995.

Seminars / Conferences / Workshops organized (2013-2018) :

Event	Date
2018	
UGC sponsored International conference on Bridging innovations in sports education and nutrition	8 th and 9 th Feb. 2018
UGC sponsored International conference on Bridging innovations in sports education and nutrition - post conference work shop : Universal design for inclusion	10 th Feb. 2018
DST- CUIRE National conference Jointly organized by faculty of home science – Home science towards young India and new India	16 th and 17 th Feb. 2018
DST – CURIE sponsors workshop on Ethical Considerations in Research	06.12.2017

2017	
International Seminar on Pulses – The Pulse of Life	28 Feb 2017
2016	
Food, Nutrition and Health (ICFNH-2016) IDA Kilakarai chapter and Department of Food and Nutrition Research Centre ThaseemBeevi Abdul Kader College for Women	7 th – 8 th June 2016
49 th Annual Conference of Indian Dietetic Association, Mumbai	23 rd -25 th September 2016
DST- CURIE National conference Jointly organized by faculty of home science – Home science towards young India and new India Avinashilingam University for Women	16 th and 17 th Feb. 2018
Women in hospitality industry a –Break through	Food Service Management and Dietetics 21.07.2017
Nutrition Education Exhibition and Programme	2009

Seminars / Conferences / Workshops attended

International:14

S.No	Title	Date	Place
2018			
1.	UGC sponsored International conference on Bridging innovations in sports education and nutrition	10 Feb 2018	Avinashilingam University
2.	UGC sponsored International conference on Bridging innovations in sports education and nutrition - post conference work shop : Universal design for inclusion	10 th Feb. 2018	Avinashilingam University
3.	Workshop on Research Ethics for Institutional Human Ethics Committee Members	28 th April 2018	PSG IMSR, Coimbatore
4	One Day Workshop on Blooms Taxonomy	1 st august 2018	Avinashilingam University, Coimbatore
5	Two Day Workshop on New Frame work of NAAC-Accreditation& Institutional preparedness	13 th &14 th August 2018	IQAC- Avinashilingam University, Coimbatore

2017			
6.	International Conference Green Agro-Industry and Bioeconomy	24 th and 25 th October 2017	University of Brawijaya, Indonesia
7.	International Seminar on Pulses – The Pulse of Life	Feb 28 2017	Avinashilingam University
8.	ICMR Sponsored International Conference on Advances in Nutrition and Health Communication	4 th August 2017	Avinashilingam University
9.	International conference Aspects of Prosperous life in Tamil Literature	9 th December 2016	Department of Indian studies, University of Malaya, Malayasia & Avinashilingam University
10.	National Summit 2017: Inclusion-Means or End	5 th – 6 th January 2017	University of Minnesota, USA & Avinashilingam University
2016			
11.	Food, Nutrition and Health (ICFNH-2016)	7 th – 8 th June 2016	IDA Kilakarai chapter and Department of Food and Nutrition Research Centre ThaseemBeevi Abdul Kader College for Women
12.	International summit on Inclusion and Response to Intervention –A global perspective	9 th -10 th June 2016	UGC-Obama –Singh 21 st century Knowledge Initiative -Department of Special education and Institute of Community Integration University of Minnesota USA Avinashilingam Institute for Home science and Higher Education for Women, Coimbatore

2015			
13.	Smart Diets for Cardiac Health- Cardiac care at Holy Cross Home Science College -	6 th February 2015	Thoothukudi, Tamil nadu
2014			
14.	Contemporary research in tourism and hospitality: Theory, practice and pitfalls -	18 th -21 st February 2014	Pondicherry University

National 29

S.No	Title	Date	Place
2018			
15.	Workshop on Research Ethics for Institutional Human Ethics Committee Members	28 th April 2018	PSG IMS&R
16.	DST- CURIE National conference Jointly organized by faculty of home science – Home science towards young India and new India	16 th and 17 th Feb. 2018	Avinashilingam University for Women
17.	National Conference on Contemporary Dimensions in Library and Information Science	27th January 2018	Avinashilingam University
2017			
18.	National conference on Scientific Perspectives in Home Science	March 6 th & 7 th 2017	Dept of Home Science Avinashilingam University

19.	National Seminar on Nutritional Management in Metabolic syndrome	8th Feb 2017	Sri.S.Ramasamy Naidu Memorial college
20.	Therapeutic potential of Low Carb High Fat diet-an overview	7th Jan 2017	Sri Meenakshi Govt Arts College for Women
21.	50 th Annual Conference of Indian Dietetic Association	19 th ,20 th December	IDA, Kolkata Chapter
22.	Participated in DST CURIE sponsored One day workshop on Ethical Considerations in Research	06 Dec 2017	Avinashilingam Institute for Home Science and Higher Education for Women , Coimbatore
2016			
23.	Recent trends in adolescent nutrition and reproductive health care	5 th February 2016	Department of Food science and nutrition Avinashilingam University
24.	49 th Annual Conference of Indian Dietetic Association	23 rd -25 th September 2016	IDA,Mumbai Chapter
25.	South India's First Conference OBESICON –	18 th September 2016	GEM Hopsital and research centre, Coimbatore
26.	UGC Sponsored “Gender Sensitivity for University/College Teachers -	15 th -16 th March 2016	Bharathiar University, Coimbatore
2015			
27.	Eight day workshop- Developing Courseware in Home Science for e- PG Pathshala under NMEICT MHRD GOI-	6 th -13 th April 2015	

28.	Diabetes in Pregnancy Study Group India, Tamil Nadu Medical Council Chennai, Sterling	27 th -29 th March 2015	Holidays Fern Hill Ooty
29.	Recent trends in adolescent nutrition and reproductive health care” -	4 th -5 th February 2016	Avinashilingam University
30.	48 th Annual Conference of Indian Dietetic Association	19 th and 20 th November	IDA, Bangalore
2014			
31.	Intellectual Property Rights IPR-2014” - Avinashilingam Institute for Home science and Higher education for Women -	15 th March 2014	Avinashilingam University
32.	Nutritional strategies for enhancing sports performance” -	20 th -21 st November 2014	Assumption College, Changanacherry-
33.	Bioethics in research” -Avinashilingam Institute for Home science and Higher education for Women-	16 th December 2014	Avinashilingam University
34.	47 th Annual National Conference of Indian Dietetic Association	21 st -23 rd December 2014	AIIMS New Delhi
2013			
35.	Diabetes in Pregnancy Study Group India” - -	17 th February 2013	Hotel Cambay Grand, Ahmedabad- 16 th
21.	Emerging trends in Pediatric Nutrition”- -	3 rd March 2013	Nestle Nutrition Institute- Jenny’s club
22.	Good Clinical Practice” - -	18 th May 2013	PSG IMSR
24.	46 th National conference of the Indian Dietetic Association -	12 th -13 th December 2013	IDA, Pune
25.	Nutrition Education Exhibition and Programme – Unified Play day - -	27 th February 2013	Ramakrishna Mission Vivekananda University

26.	Transactional Analysis” - -	26 th February 2013	Avinashilingam Institute for Home science and Higher education for Women
27.	“RD Competency package”	15 th march 2013	- PSG IMSR Hospitals -
28.	Event Management, Public speaking and team building”- -	19 th and 20 th November 2013	Avinashilingam Institute for Home science and Higher education for Women
29	S.Uma Mageshwari	Promotion and Acceptability of traditional foods in food service	Pondicherry university 18-21 February, 2014
30	S.Uma Mageshwari	New paradigms in Nutrition Research and Practice	IDA 12 th – 14 th December 2013
31	S.Uma Mageshwari	Training Program on Public Speaking, Event management and Framework	Silver Tongue 19 th 20 th 2013
32	S.Uma Mageshwari	“Foundation programme in transactional analysis”	Avinashilingam University 26 th February, 2013
34	S.Uma Mageshwari	New paradigms in Nutrition Research and Practice	IDA 12 th – 14 th December 2013
35	S.Uma Mageshwari	Training Program on Public Speaking, Event management and Framework	Silver Tongue 19 th 20 th 2013 and Nov
36	S.Uma Mageshwari	Symposium on Trends Nutrition” in Residency	“Emerging Pediatric Nestle Nutrition Institute, Hotel Avinashilingam University 2013
37	S.Uma Mageshwari	“Foundation programme in transactional analysis”	Avinashilingam University 26 th February, 2013
38	S.Uma Mageshwari	Golden Jubilee Conference, 45 th Annual conference IDA, Scientific proceedings and Abstract	NIN, Hyderabad Nov 29 th - 1 st Dec 2012

39	S.Uma Mageshwari	43 rd National conference of Nutrition society of India on “Economic transition in nutrition – Lifestyle Diseases & Health and Nutrition Wellness	NIN, Hyderabad 11-12 November 2011
40	S.Uma Mageshwari	National seminar on “ Holistic Maternal and Child Nutrition”	Nestle Nutrition Institute Avinashilingam University 22 nd September 2011
41	S.Uma Mageshwari	National Conference on Healthy Heart- a lifeline to Healthy life.	Avinashilingam University PEPSICO 18 th and 19 th January 2011
42	S.Uma Mageshwari	Mega painting with Fabric Pen	2010
43	S.Uma Mageshwari	National level seminar on “A healthy vision for lifestyle diseases”	Avinashilingam deemed university 20 th and 21 st March 2006
44	S.Uma Mageshwari	18 th Indian Convention of ICOST on “Heritage Foods : Opportunities & Challenges,	ANGRAU, Hyderabad, 16 th and 17 th Nov 2006
45	S.Uma Mageshwari	National level seminar on “A healthy vision for lifestyle diseases”	Avinashilingam deemed university 20 th and 21 st March 2006
46	S.Uma Mageshwari	XXXVIII National Conference of NSI,	NSI Dec 5 th and 6 th 2004
47	S.Uma Mageshwari	One day workshop on Patent Awareness and Intellectual Property Rights	Avinashilingam deemed University October 27, 2004
48	S.Uma Mageshwari	Workshop on Reengineering Teaching skills	Avinashilingam deemed university March 9 and 10 2004
49	S.Uma Mageshwari	Two day National Training Programme on Gender Perspectives and Issues	2003
50	S.Uma Mageshwari	Thirty six annual convention of Indian dietetic Association	IDA 5-6 th December 2003
51	S.Uma Mageshwari	Sensitising home makers/ Dietitians/ food service managers on the desirable features of edible oil for health promotion	IDA Coimbatore chapter September 2003

52	S.Uma Mageshwari	Two day workshop on “Towards Better Question Papers”	UGC- Academic Staff College- Bharathiyar University August, 2003
54	S.Uma Mageshwari	One day seminar on “Women- Beckon Health with Soya”	Avinashilingam University March 13th 2003
55	S.Uma Mageshwari	Thirty fourth annual National Conference of Indian Dietetic Association	IDA 26-27th November 2001
56	S.Uma Mageshwari	National seminar on "Evolving trends in HRD of Hospitality Industry"	Avinashilingam university September 20-21st 2001
57	S.Uma Mageshwari	Seminar on Computer Applications in Nutrition and Dietetics	UGC February 27-28 2001
58	S.Uma Mageshwari	Thirty third annual conference of Nutrition Society of India	NSI December – 2000
59	S.Uma Mageshwari	Eighth National seminar on "Science of Human Development"	FASOHD October 2000
60	S.Uma Mageshwari	Thirty second annual conference of the Nutrition Society of India	NSI 25- 26th November 1999
61	S.Uma Mageshwari	Symposium on Women and Menopause	Avinashilingam University September 21, 1999
62	S.Uma Mageshwari	UTA Symposium on HIV/AIDS/SIDs and Healthy Life Styles	Avinashilingam University N.S.S Regional Centre 24th -25th,1999
63	S.Uma Mageshwari	Annual National conference of Indian Dietetic Association	IDA 7th -9th Dec 1995

	Resource person	
	2018	
1	National Nutrition Month September 2018 Ensuring focused intervention on Addressing under nutrition during the first 1000 days of the child; Better Child Health Bharathiar University and ICDS	3 rd September 2018
2	UGC sponsored International conference on Bridging innovations in sports education and nutrition for sports on Glycemic foods and Sports Nutrition	9 th Feb. 2018
3	Department of Food and Nutrition and Nutrition Society of India on Concepts Of Nutrigenomics And Complex Diseases	22 February 2018
4	Fitness Management Seethalakshmi Ramaswami College, Trichy	3 February 2018
	2017	
5	Fermented Products of India Faculty of Biology University of Brawijaya, Indonesia	9 th October 2017
6	Fish as Nutrition Faculty of Fisheries and Marine Sciences, University of Brawijaya, Indonesia	13 th October 2017
7	Ayurveda: The Indian Philosophy in Functional and Medicinal Foods Faculty of Agricultural Technology University of Brawijaya, Indonesia	11 th October 2017
8	Discover India, Culturally and Scientifically- The Taste of India Faculty of Agricultural Technology University of Brawijaya, Indonesia	4 th October 2017
9	Scientific Writing and Publication Faculty of Agricultural Technology University of Brawijaya, Indonesia	22 nd September 2017

10	Diet Planning Using Information Technology or Software One day Seminar on 'Five Star Dietician', Faculty of Medicine University of Brawijaya, Indonesia	6 th October 2017
11	Ayurveda- The Indian Philosophy in Functional and Medicinal foods University Negeri Malang	16 th October 2017
12	Workshop on Scientific Writing Wijaya Kusuma Surabaya University, Indonesia	17 th October 2017
13	Research meeting Research Collaboration India-Indonesia University of Brawijaya, Indonesia	3 th September 2017
14	Chairman for Technical Session ObesiCon 3 Gem Hospital, Coimbatore	2017
	2016	
15	Chairman in Technical Session Recent trends in Adolescent Nutrition and Reproductive Health Care Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Tamil Nadu	4 th and 5 th February 2016
16	Nutritional Management in obesity Food, Nutrition and Health (ICFNH-2016) IDA Kilakarai chapter and Department of Food and Nutrition Research Centre ThaseemBeevi Abdul Kader College for Women-	7 th – 8 th June 2016
17	Diet for Healthy Life Saraswati Thygaraja College Pollachi, Coimbatore	19 th August 2016
18	Chairman for Technical Session South India's First Conference OBESICON GEM Hopsital and research centre	18 th September 2016
19	Chairman in technical session Recent trends in Adolescent Nutrition and Reproductive Health Care	4 th and 5 th February 2016
20	Nutritional Management in obesity Food, Nutrition and Health (ICFNH-2016) IDA Kilakarai chapter and Department of Food and Nutrition Research Centre ThaseemBeevi Abdul Kader College for Women-	7 th – 8 th June 2016
21	Food awareness Women awareness Program	Kalasalingam university Krishnankoil

22	Nutritious Millet recipes Demonstration	RamanaGounder medical trust Hospital, thudiyalur
23	Diet for healthy life SaraswatiThygaraja College Polachi, Coimbatore	19-8-2016
24	Chairman for technical session South India's First Conference OBESICON GEM Hopsital and research centre	18 th September 2016
25	Obesogenic environment and management of obesity Nutritional Management in metabolic syndrome	Ramasamy Naidu Memorial college, Sattur
26	Diet and Wellness Inaugural address for Diet Clinic	Seethalakshmi Ramasamy college, Trichy
27	Nutrition for adolescents NSS camp	Avinashilingam University
28	Lecture& Chairman on Insights into medical nutrition therapy for GDM Dietitian symposium	Nutricia Danone
29	Rappoteur Technical session Scientific Perspectives of Home Science	Avinashilingam University
2015		
30	Nutrition Education for Youth General Orientation course for NSS programme Officers Avinashilingam University	25.2.15 28.10.15 4.12.15
31	Health and Environment Environmental studies –at Avinashilingam Institute for Home Science and Higher Education for Women Coimbatore Avinashilingam University	29.04.2015
32	Food spoilage and safety Five day Training programme for warden and cooks, Tamilnadu government Avinashilingam Institute for Home science and Higher Education for Women, Coimbatore	23-28 th August 2015 (5 lectures)
33	Know diabetes No Diabetes Poornima Clinic Diabetes Awareness Programme VRG KalyanaMadapam	20-12-2015

2014		
34	Diet for Gestational Diabetes PHFI CCGDM Course for Medical Doctors	Jennys Residency, 30.11.14
35	Principles of Diet Management for Diabetes Medical Camp	Dr. K.R. Iyer Memorial Clinic, 23.11.14
36	Effects and limits of glycemic index in sports nutrition UGC sponsored National Strategies for enhancing Sports Performance	Assumption College, Changanacherry 21. 11. 14
37	Diet in diabetes	Indian Medical Association 4-3-2014
38	Calorie Value and High protein diet for Children, Adolescents and Geriatric population	Ramana Gounder Medical Trust, Thudiyalur 3.4.14
39	Weaning foods Womens day Keynote Speaker	Rapid Action force , Vellalore, Coimbatore 10.2.14
40	Traditional foods National Seminar on Nutraceutical and Therapeutic Value of Traditional foods	Lady Doak college 30 th and 31 st January, 2014
2013		
41	Food safety- Customer's point of view National seminar on Quality Management in Hospitality industry : Sustenance for success	Department of Food service management and dietetics, - Avinashilingam University, 2 nd -23 rd January 2013
42	Principles of Dietary Management in diabetes PHFI CCGDM Course for Medical Doctors	Jennys Club, Coimbatore, 11.9.13.
43	Nutrition Education for Youth NSS Empanelled Training Institution	Avinashilingam University, Coimbatore, 13.9.2013
44	Balanced Diet for Young children with special needs Strategies for sensory motor development in young children with special needs	Ramakrishna Mission Vivekananda University, 16.10.13

45	Right Food and Nutrition Nutrition Week Celebration	Larson & Turbo Coimbatore
46	Nutraceuticals, functional, therapeutic aspects of marine Bioactive Compounds National Seminar on Therapeutics of Marine Bioactive Compounds	Gandhigram University, 9 th & 10 th , December, 2013
47	Nutrition and Health for Youth NSS Camp	Nehru Vidhyalaya, Coimbatore, 27.12.13

Awards / Achievements / Recognitions (2013-2018): 12

S.No	Name of Award	Awarding Agency	Year
1.	Awarded Research Grant for PhD	First Foods-Nestle 2017	2017
2.	1 st Prize in Community nutrition	Nutrition and Health (ICFNH-2016) at Kilakarai	2016
3.	1 st prize in e poster in Clinical Dietetics	49 th Annual Conference of Indian Dietetic Association	2016
4.	Awarded Research Grant for PhD	Tamil Nadu Council for Science and Technology	2016
5.	1 st Prize in paper presentation	Nutrition Society of India –Tirupati	2015
6.	1 st Prize in oral presentation	National Conference of the Diabetes in Pregnancy study group –DIPSI	2015
7.	1 st Prize in oral presentation	International Conference on Technological Advances in Super Foods for Health Care	2015
8.	Best paper Award	Indian Dietetic Association New Delhi	2014
9.	Awarded 1 st prize for best exhibition	Science day Exhibition (Student Project)	2013
10.	3 rd Prize in oral presentation	Nutritional Adequacy of Gestational Diabetes women” - International Conference on Food Technology for Health Promotion	2013
11.	Consolation prize	-Prebiotics in health – International conference on “Technological Advances in Super Foods for Health Care” - Pondicherry	2013
12.	2 nd prize	Regional Symposium on “Khadi – the Freedom Fabric”	2006

Additional Responsibilities (In-House)

- Dean Student Affairs 2018 onwards
- Convener for Time Table (Academics) – 2016 – 2018
- Coordinator for Value added course -Culinary skills 2012-2018
- Vice President of Alumni Association – 2017
- Member Secretary of Institutional Human Ethics Committee – 2017 (till date)
- Member, Editorial Board, University Magazine 2011-2015
- Member of Student Council Election – 2013 - 2015
- Organized World Food Day celebrations
- Organized Dietetics Day celebrations

Any other Information

- Chairperson and Doctoral committee expert and Ph.d examiner
- Office bearer for Indian Dietetic Association, Coimbatore Chapter-
 - Treasurer 2008-2012 August
 - Secretary -2012 August – 2015 March,
 - President 2015 April till date
- Co-ordin UGCsponsored International conference on Bridging innovations in sports education and nutrition ator for COPS Project with Gem Hospital – 2017
- Advisory Committee member for DST Sponsored Project, Keystone Foundation Kotagiri
- Selection Committee Expert
- Member, Board of Studies –
- Bharathiyar University – PSG College of Arts and Science
- Bharathidasan University
- Doctoral Committee Member
- Mahatma Gandhi
- Gandhigram University
 - Osmania University
 - University of Bangalore
- Editorial Board
 - Editor red flower publication, 2014 and 2015
 - Text Book Content Writer and Reviewer for 11th Standard – State Board SCERT (Food Service Management) - 2018
 - Text Book Content Reviewer for 11th Standard – State Board SCERT (Nutrition And Dietetics) – 2018
 - Reviewer for Horizon Publications
- Food Expert Consultant for ISO Certification
- Prepared e-learning lessons for dietetics theory paper for I PG FSMD students and conducted online classes.
- Diet consultant for Autism care – a school for children with special needs (service-oriented)
- Conducted Medical camps, community Nutrition Camps and cancer screening camps as part of IDA activities and department.
- .Served as NSS Programme Officer and conducted NSS camps

