

Profile of **DR.R.BALASASIREKHA**

- (i) Designation :
 (ii) Department : Food Science
 (iii) Qualification : M.Sc., PGDCA,
 (iv) Experience : 4 years
 (v) Specialization : Food Science
 (vi) Email id :
 balasasirekhar@yahoo.co.in
 (vii) Research Guidance :



Assistant Professor
 and Nutrition
 M.Phil., Ph.D., UGC-NET
 and Nutrition

Degree	Awarded	Guiding
M.Phil	-	1
Ph.D	-	-

(viii) Publications

S.No	Category	Total	For the Period (2013-2018)
1	International Journals	12	5
2	National Journals	5	1
3	In house	-	-
4	Full length articles in proceeding	2	2
5	National Conference	-	-
6	Books / Chapters in Books / Books Edited	-	-

Best 5 Publications (2013-2018):

S.No.	Title of the Article	Name of the Journal	I/N	ISBN/ISSN	Vol.	Pages	Date, Month and Year
1	Balasasirekha R and Saranya K, Development And Evaluation Of Rheological Properties Of Fruit Puree	<i>Asian Journal Of Multidimensional Research (AJMR), TRANS Asian Research Journals</i>	N	2278-4853	Vol 7, Issue 2,	217-223	February 2018 Spl 2
2	Development of RTE Millet Mixes with Dehydrated Vegetable Peel	<i>International Journal of Current Microbiology and Applied Sciences</i>	I	2319-7706	5 (11)	24 - 37	November 2016
3	Spices -	<i>European</i>	I	2056-	2 (1)	29 -	June

	The spice of Life	<i>Journal of Food Science and Technology</i>		5798(P); 2056-5801(O)		40	2014
4	Body compositional changes of overweight / obese adults with rice bran incorporated pasta - a feeding trial	<i>Elixir Food Science</i>	I	2229-712X	60	16350-16355	September 2013

(ix) Sponsored Projects: NIL

Major Projects handled so far		Major Projects handled during (2013-2018)	
Nos	Financial Outlay	Nos.	Financial Outlay

(x) Details of the Projects (2013-2018): NIL

S.No	Title of the Project	Funding Agency	Duration	Total Amount in Lakhs

- (xi) Seminars / Conferences / Workshops organized (2013-2018) : 8
 (xii) Seminars / Conferences / Workshops attended (2013-2018) : 17
 (xiii) Awards / Achievements / Recognitions (2013-2018) : 1
 (xiv) Invited Talks (2013-2018) : 3
 (xv) Visits Abroad (2013-2018) : NIL
 (xvi) Additional Responsibilities (2013-2018) :

- Member, Board of Studies, Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore
- Member, Examination Conducting Committee, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore (November 2015 to April 2019)
- Editorial Board Member, The Indian Journal of Nutrition and Dietetics, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore (from 2018 onwards)
- NSS Assistant Programme Officer (2017-18, 2018-19)

