

Publication:

b)National

S.no	Authors	Title of the Article	Name of the Journal ,Volume,year ,Page No	ISSN No and Impact Factor
1	M.R.Thilakam Dr.Vijyalakashmi.P	Quality Analysis of Mushroom grown on different substrates	Indian Journal of Nutrition and Dietetics June 2010	

c)Inhouse Publication

S.no	Authors	Title of the Article	Name of the Journal ,Volume,year ,Page No	ISSN No and Impact Factor
1	Jilmol Jose & Dr.M.R.Thilakam	Study on Modular and Modern Kitchen	Research Highlights Vol-14 No 3 2004 P:125-129	
2	Deepthi John & Dr.M.R.Thilakam	Impact on Male Migration on Home Makers and their Household Management	Research Highlights Vol-16 No 2 2006 P:69-74	
3	P.Sudha & Dr.M.R.Thilkam	Solid Waste Management through Vermi Compositing (tamil)	Vignana Chudar Oct 2006 Vol-16 No :10	
4	P.Sudha & Dr.M.R.Thilkam	Vermi Compositing as Means of Solid Waste Management	Research Highlights Vol-18 No 3 2008	
5	Dr.M.R.Thilakam	Illakiyathil Kalaiunarvu	Vignana Chudar Nov 2011 Pg No :57-61	

			Dec 2011 Pg :40-44 Jan 2012 Pg No:41-45 Feb 2012 Pg No:49-51	
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d)Full Length Article and Proceedings

S.no	Seminar organized by	Title of the paper presented	Date
1	National Training on Recycling the Farm Resources: Call of the New Millennium organized by trainers Training Centre.	Article published on Utilizing Agricultural wastes for mushroom cultivation.	28-30 th , January, 2004.
2	UGC sponsored State Level seminar on “Women Empowerment”.	Article published on Mushroom cultivation for self employment among women	22-23 rd , July, 2004
3	National Seminar on Waste Disposal, Management and Utilization organized by Department of Mechanical Engineering.	Article published on Utilizing Agricultural Wastes for Mushroom Cultivation.	4-5 th March, 2005.
4	UGC sponsored state level seminar on “Green Energy for Sustainable Living organized by Department of Chemistry.	Article published on Use of Biogas in Selected households.	05.08.2005.
5	Regional symposium on Khadi – The freedom fabric organized by Gandhian studies centre and Department of Textiles and Clothing.	Khadi is the sun of village solar system (Poster)	02.11.2006.
6	National Seminar on Vermi technology, use of biofertilizer and solid waste recycled for sustainable rural development organized by department of biology, The Gandhi	Creating Awareness on Vermicomposting among selected women.	23-24 th , March 2010

	gram rural Institute.		
7	Fifth all India conference of KAAS – Nagercoil	Creating awareness on vermicomposition and findings on the effectiveness of the compost.	2009.

e) Books /Chapters in Books /Books Edited

S.No.	Seminar organized by	Title of the paper presented	Date
1	National conference on Occupational Health & Stress organized by Gandhigram rural deemed University.	Full paper presented on The stress experienced by home makers of male migrant families.	25-26 th February, 2011
2	National symposium cum seminar on Canadian, Ecology, Ethenicity & Literature, Canada & India, SNR College, Coimbatore.	Vermi composting for creating safe environment.	18-19 th December 2010

International/National Conferences /Seminar /Workshops

a)Only attended:

S.No.	Seminar organized by	Title of the paper presented	Date
1	One day state level seminar on “Developing Social Harmony and National Integration among N.S.S. Volunteers” organized by Rajiv Gandhi National Institute of Youth	Avinashilingam University for Women, Coimbatore.	23.08.2008

	Development, Sriperumbudur.		
2	Two Days Programme on “Technology Assessment and Commercialization”	Consultancy Development Center, DSIR(New Delhi)&PSG-STEP	15&16 Feb 2013
3	Workshop on “Innovations in Teaching Methods” ADU, Coimbatore.	Internal Quality Assurance Cell, Avinashilingam Deemed University for Women, Coimbatore.	28/9/2012
4	One day regional workshop on sensitization of UGC terms for promotion & recruitment of university teacher organized by Avinashilingam Deemed University, CBE	Avinashilingam Deemed University for Women, Coimbatore.	30.11.2010
5	Problems and Prospects of Women in Development – Gandhian thought.	Gandhian study centre & Department of home Science Extension Education.	2 & 3 Oct 2009
6	Gearing Home Science curriculum towards better career prospects organized by Home Science Association South India (Avinashilingam University).	Avinashilingam Deemed University for Women, Coimbatore.	21 & 22 nd , August, 2009
7	Workshop on Life Skills Education organized by Rajiv Gandhi National Institute of Youth development & Avinashilingam University for Women (State level)	Avinashilingam Deemed University for Women, Coimbatore.	13,14 th Feb, 2009.
8	One day regional seminar on Consumer Rights and Responsibilities organized by Home Science Association &	Avinashilingam Deemed University, Coimbatore.	22.03.2006

	Department of Family & Community Science.		
9	Developing Courseware in Home Science for e-PG pathsala under NMEICT	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore	02.02.2015 to 10.02.2015

b) Paper Presented (Papers not in proceedings):

S.No.	Seminar organized by	Title of the paper presented	Date
1	29th Biennial National Conference home science association of India organized by Baba Saheb Bhimrao Ambedkar University, Lucknow	Role And Conscientiousness of Interior Designers and Clients in designing Interiors	4-6 Nov 2011
2	Engendering agriculture production & marketing through public, private partnership organized by Extension Department, ADU, Coimbatore.	Avinashilingam Deemed University for Women, Coimbatore.	27.01.2011
3	Sixth All India Conference of Kanyakumari Academy of Arts and Science held at S.T Hindu College, Nagerkovil	Benefits Accrued by Farmers and consumers from Uzhavar Sandhai at Niligris District	10&11 Sep 2010
4	10 th Tamil science congress organized by Manonmaniam Sundaram University.(National)	Manonmaniam Sundaram University	21 – 23, May, 2010.
5	Regional seminar on “Recent Trends in Energy Technologies” organized by Department of Physics.	Avinashilingam Deemed University, Coimbatore.	31.01.2006

c) Abstract in Proceeding (As presenting Author)

S.No.	Seminar organized by	Title of the paper presented	Date
1	National Seminar on Science of Human Development focus healthy mind, healthy body organized by FASOHD.	Abstract published on Suitability of mushroom cultivation as a self employment avenue.	05.10.2000
2	National seminar on National Policy for the Empowerment of Women 2001 organized by centre for Women's studies and Trainers Training centre.	Abstract published on introducing mushroom cultivation as self employment avenue for women.	14 & 15 th December, 2001.
3	International conference on "Human Science for the Generation Next" organized by Department of P.G. studies & Research in Human Science.	Abstract published on Domestic organic waste management through vermi composting.	13 & 14 th , July, 2006.
4	International seminar on Nurture Nature for future – Global Youth Summit OISCA - International South India chapter organized by CMS College of Science & Commerce, Coimbatore.	Abstract published on Household waste management through vermi composting.	8-10 th , December, 2006
5	World textile conference on "Apparel & Home Textile" organized by International Textile Educational consortium in collaboration with SSM College of Engineering, Komarapalayam.	Abstract published on Trendy textiles for Home fashions.	16-18 th , August, 2007
6	Fifth Indo-US Collaborative International Conference on Advances in Textiles, Machinery, Non-woven and Technical Textile organized by Avinashilingam University for Women, India & Texas Tech University, USA.	Abstract published on Furnishing in Interior Decoration. Role of Non-woven textile in Home furnishing.	14-16 th July 2008
7	National conference on Home textiles Opportunities and	Abstract published on Availability of Home furnishing in the market.	25 & 26 th September,

	Trends for Entrepreneurship (HOTE-08) organized by Department of Textile Technology.	Availability and use of home textiles for interiors.	2008.
8	World Tamil Chemozhi Mahanadu organized by Government of Tamilnadu	Abstract published on , Illakiyathil Kalaiunarvu	23-27 th June, 2010
9	3 rd International textile conference on the title Global Textile Vision Strategic Inteative organized by SSM College of Engineering, Komarapalayam.	Abstract published on Availability of home furnishing in Selected household.	28-30 th , August, 2009
10	28 th Biennial National Conference home science association of India organized by J.D. Birla Institute, Department of Home Science.	Abstract published on Designing and Evaluating portable compost device and assessing the efficiency of the compost prepared using different methods.	7,9 th January, 2010
11	IX Tamil Science congress in Alagappa University	Abstract published on	11-13 th September 2009.
12	Engendering agriculture production & marketing through public, private partnership organized by Extension Department, ADU, Coimbatore.	Uzhavar Sandhai a boon to Indian agriculture marketing system.	27.01.2011
13	X Tamil Science congress, organized by Manonmaniam Sundaranar University, Tirunelveli.	kZ GO c uj j pd; Mwwy;	21-23 th May 2010.

d) Abstract in proceeding (As supervising Co-Author):

4) Refresher Courses /Oriented Courses /Training Programmers /Equivalent attended

1. UGC sponsored Refresher course – 10.09.2001 in Home science
07.10.2001 in Avinashilingam Deemed University.
2. Gender sensitization training for trainers organized by the Coimbatore
City Policies 8-9th December 2001 at IG Office, Coimbatore.
3. UGC sponsored Refresher course – 01.09.2004 in Home Science
22.09.2004 at Avinashilingam Deemed University.
4. Spring board – Women’s development programme from 12th November 2005
– 11th February 2006 organized by British council and Centre for Women’s
Studies at Avinashilingam University for Women.
5. Course on first aid organized by St. John Ambulance, Taminadu State at
Avinashilingam University for Women.
6. Orientation course – 17.08.2006 in National service 26.08.2006 scheme
Organized by TOC Avinashilingam University for Women.

5. Achievements (Chairperson /Resource Person/Invited Lectures).

1. Question papers setter for Madras University from 1994 till date in Family Resource
Management and Interior Designing.

Periyar University : 2000-2002

Agriculture University : 2002-2005

Valuing under graduate papers & Setting & question papers for Agriculture University and
Gandigram University (valuing papers)

- 2.NET Exam -2013

SET Exam (Bharathiar University)-15&16 July 2011

Appointed as External Examiner for creative arts and Architectural Drafting for 2nd and 3rd
ID students AT Maharaja College on 18th March 2011

Had attended four refresher courses conducted at Avinashilingam University Organized by
UGC on Family Resource Management during

October / November 1990 and 1992

September 10th – 7th October 2001 and

1st September – 22nd September 2004

3. Participated in the Executive /Faculty Development Program on “Emotional Intelligence for

Excellence “held on 12 and 13 Oct 2011 Organized by Avinashilingam School of Management Technology. Venue-Avinashilingam University

Lectures delivered:

- Delivered a lecture at Air force training College, Coimbatore for the air force officers on Interior decoration, 1987.
- Gave a guest lecture on domestic violence for the participants of N.S.S. Students and M.Phils at Avinashilingam University, Coimbatore on 23.09.1994.
- Took class for nursery teachers on common home accidents – for the refresher course, May, 1997.
- Delivered a lecture on Utilization of Agro-waste by-products for Income Generation - Mushroom cultivation at TTC premises for a training programme on 24.01.01.
- Gender sensitization during the year 2002 for Coimbatore city police personnel.
- Utilizing Agricultural wastes for mushroom cultivation. As a resource person for a National Training on Recycling the farm Resources: Call of the New Millennium (28-30th January 2004) organized by Trainers Training Centre (ADU).
- Resource Management for CDPO’s in connection with training programme for World Bank assisted ICDS project III Job training conducted during 26.04.2004 – 18.06.2004.
- Lecture on Time Management for NSS Program Officers in General Orientation Course at Avinashilingam University Campus
 - ✓ 19/11/2010
 - ✓ 7/12/2010
 - ✓ 16/9/2011
 - ✓ 26/9/2012
 - ✓ 23/01/2013

6. Membership in Professional Bodies:

1. Life Member of Home Science Association of India.

7. Awards and Recognition:

Awards

- Won 3rd Prize for poster presentation in the regional Symposium on Khadi-The freedom Fabric Organized by Gandhian Study Center and Dept of Textile and Clothing held on 2 Nov 2006
- Participated and presented a paper in the 28th Biennial National Conference Home Science Association of India organized by J.D. Birla Institute, Department of Home Science. J.D. Birla Institute, Department of Home Science, Calcutta. 7,9th January, 2010 and won 1st prize for the Senior Scientist award and received a cash prize of Rs 15000
- World Tamil congress organized by Tamilnadu Government at Codissia Hall, Coimbatore on 23-27th, June, 2010.
- Participated and presented a paper on “Role And Conscientiousness of Interior Designers and Clients in designing Interiors the 29th Biennial National Conference home science association of India organized by Baba Saheb Bhima Roa Ambedkhar University ,Lucknow between 4 and 6 the Nov 2011 and Received 1st prize for Best Paper in Resource Management

Special Recognition:

- Supervised Balasevikas who were trained for making smokeless chulah in the project in 1980's.
- Served as a Panel of judge for evaluating Rangoli conducted by Syndicate Bank while celebrating women's fortnight on May, 9th, 1984.
- Chair person for question paper setting for UG since 2005 for Madras University.
- B.O.S. member for the year 2007 & 2008 in Pondicherry University.
- Organizing flower arrangement exhibition for Kalaivizha for the past 23 years.

- Judge for competitions on Rangoli, flower carpet and flower arrangement organized by Sowdeshwari Women's Club for the past 15 years.
- Demonstration on flower arrangement and bouquet making in connection with Silver Jubilee celebration of the Sowdeshwari Women's Club on June 2005.
- Served in NAEP, 1979-80.
- Serving in CSS and NSS – as APO for four years, PO for three years, from;2000.-2002 and 2006-2007.
- Attended a Board Meeting in Madras University Organised for the Chairman of UG and PG Question paper setting on 9/7/2010
- A radio talk was given on Illakiyathil Kalai unarvu in AIR at 4 P.M on 27/09/2012 broadcasted on 21 oct 8 P.M.
- External Examiner on Ph.D Viva Voce at University of Kerala, Trivandrum