

Journals and Conference Proceedings (Separate tables)

S. No	Author(s)	Title of Paper	Name of the conference/ Journal	Publisher Year of Publication	Vol.No/ Issue no	Page Nos	ISSN
1.	Challagundla reddy Jyotsna and Kowsalya S	Influence of lifestyle factors on metabolic syndrome criteria	The Indian Journal of Nutrition and Dietetics	March 2021		1-9	Print 0022- 3174: e:2348 62IX
2.	Manisha Sharma and Kowsalya S	A comparative study on different drying techniques for determining the moisture content of cereals/milletts and pulses	The Indian Journal of Nutrition and Dietetics	Accepted for publication 2021			Print 0022- 3174: e:2348 62IX
3.	Nita Ann Johnson, S. Kowsalya	Understanding Awareness of Young Adults on Dietary Phytochemicals: A Pilot Study	Journal of Advanced Applied Scientific Research	January 2021	Vol-3-2	1-6	
4.	Poornima Andal R, Kowsalya. S, Suganya Parthasarathy and VijayaPriya	Prevalence and Effectiveness of Potential strategies for Polycystic Ovarian Syndrome	Journal of Advanced Applied Scientific Research	January 2021	Vol-3-2	52-64	
5.	Sridevi J., S. Kowsalya	Macro and Micro Nutrient Content in Raw and Cooked Forms of Black Rice and White Rice	The Indian Journal of Nutrition and Dietetics	June 2020	57(2)		Print 0022- 3174: e:2348 62IX
6.	Kamini Prabhakar and Kowsalya S	Growth Monitoring in Under-Three Children Using the Mother Child Protection Card	The Indian Journal of Nutrition and Dietetics	December 2020	57 (4	368-386	Print 0022- 3174: e:2348 62IX

7.	Poornima Andal R, Kowsalya.S	Role of Lifestyle modification and allopathic management of Polycystic Ovarian Syndrome	International Journal of recent research and applied studies	2020	1(2), (8)		
8.	Poornima Andal R, Kowsalya.S	Prevalence of Polycystic Ovarian Syndrome in Coimbatore	Juni Khyat Journal	2020	10(7)		
9.	Evelyn laloo and Kowsalya S	Assessment of Nutritional status and knowledge, attitude and practice of football players	International Journal of recent research and applied studies	December 2020	7, 12(8)		
10.	Kamini Prabhakar and Kowsalya S	Use of Mother child protection card for improving infant Feeding practices	The Indian Journal of Nutrition and Dietetics	2019	56(4)	351-364	Print 0022-3174: e:2348 62IX
11.	Sujatha,. K, and S. Kowsalya	Formulation and Evaluation of Iron Rich Food Supplement from Green Leafy Vegetables For Anaemic Adolescent	International Journal of Current Research	2019	8(11)	42102-42106	
12.	Sujatha, K. , and S. Kowsalya	Interventional Strategies for Control of Anemia among Rural Young Women in Coimbatore	The Indian Journal of Nutrition and Dietetics	2018	55(3)	266-277	Print 0022-3174: e:2348 62IX
13.	Sujatha,. K and S. Kowsalya	Enhancing Iron Nutriture Status of adolescent girls13-18 Years from Rural Coimbatore Through Kitchen Gardening and Interventional Strategies	Asian Journal of Multidimensional Research	December 2018	7(2)	461-470	

14.	Challagundla reddy Jyotsna and Kowsalya S	Food And Nutrition Security In Urban Adults Of Bengaluru With Metabolic Syndrome	Asian Journal of Multidimensional Research	December 2018	7(2)	241-250	
15.	R. G. Abirami & S. Kowsalya	Quantification and Correlation Study on Derived Phenols and Antioxidant Activity of Seaweeds from Gulf of Mannar	Journal of Herbs, Spices & Medicinal Plants	2017	23(1)	9-17	
16.	Ithayamalar.S and Kowsalya.S	Proceeding of the Impact of nutrition education on KAP of selected obese and overweight young adults	International Conference on Advances in Health and Nutrition Communication,	2017			
17.	Anu Joseph and Kowsalya, S..	Variations in Biochemical Parameters among Adults Based on BMI	International journal for research in applied science & engineering technology	2017	5(8)	356 -363	
18.	Shanmugapriya S and Kowsalya S	In vitro bioaccessibility of Iron and zinc from millet-based convenience foods	International Journal of Advanced Engineering and Research Development	2017			
19.	Ithayamalar.S and Kowsalya.S	Development, Standardization and Nutrient Evaluation of the Functional Food Supplement	International Journal for Research in Applied Science and Engineering Technology	2017	45.98	5090- 5094	

20.	Ithayamalar S and Kowsalya S	Metabolic syndrome and influence of pro12ala polymorphism	Indian Journal of Science Research The International Journal for Science	2016	23(77)	1-10	
21.	Sujatha K. And Kowsalya S	Prevalence of Anaemia and Nutrition, Intervention on Nutritional Status of Adolescent Girls in Rural Coimbatore, PSGCAS Search	Asian Journal of Science and Technology	2016	4 (1)	28-38	
22.	Sujatha K. And Kowsalya S	Socio Economic and Dietary Assessment of Anaemic Adolescent Girls (13-18yrs) In Rural Coimbatore	International Journal of Advanced Research	2016	4(11)	1628-1633	
23.	Ithayamalar.S and Kowsalya.S	Prevalence of Obesity and Overweight Among Selected Young Adults(19- 24years)	Journal of Recent Scientific Research	2016	8(10)	16877-80	
24.	Ramya Siva Selvi, M. and Kowsalya, S	Impact of supplementation of carotino oil on blood glucose , lipid profile and antioxidant status of healthy volunteers	Indian Journal of Nutrition and Dietetics	2015	52(2)	57-61	Print 0022-3174: e:2348 62IX
25.	Kowsalya, S and Hamsa Devi.	Development and nutritional evaluation of egg shell powder and its nanoparticles	Indian Journal of Nutrition and Dietetics	2015	52(2)		Print 0022-3174: e:2348 62IX
26.	Shunmukha Priya, S P and Kowsalya S	Formulation and evaluation of convenience food mixes from malted millets	International Journal of Scientific Research	2015	4(11)		

27.	Sridevi J., Kowsalya S and Bhooma Mani N	Physico Chemical Characteristics of Black rice and its Acceptability in Traditional Recipes	International Journal of Recent scientific Research	2015	6(12)		
28.	AbiramiRG, Kowsalya S	Ulva fasciata nanoparticles characterization and its anticancer activity	World Journal of Pharmacy and Pharmaceutical Sciences	2015			
29.	Ramya, M. Sylvia Subapriya, M and Nalini, B	Synthesis and Optimisation of Silver Nanoparticles	Journal of Food, Agriculture and Environment	2021	19, 1	12-20	14590255, 14590263
30.	R. Lakshmi, M. Sylvia Subapriya, K. Kalaivani and Prema Ramachandran	Nutritional Status of Pre-School Children from Urban Low Income Families	Malaysian Journal of Public Health Medicine	2019	19, 1	27-34	
31.	Thongam Chanu Anel, M. Sylvia Subapriya and T. Inaobi Singh	Influence of Hibiscus sabdariffa Linn Calyces Drink on Fitness and Blood Parameters of Thang ta Athletes from Manipur	The Pharma Innovation Journal	2019	8 (6),	1019-1023	2277-7695 2349-8242
32.	M. Ramya, Dr. M. Sylvia Subapriya, Dr. Nalini. B	Synthesis Of Antibacterial Nanocoats in Food Packages Using Medicinal Plants And Nanoparticles	Asian Journal of Multi dimensional Research	2018	7,2	219-226	2278-4853
33.	R V Lakshmi alias Anusha, M. Sylvia Subapriya	Emerging Needs Of Nutrition Education To Mothers And Care Givers To Ensure Better Nutritional Status Of Children	Asian Journal of Multi dimensional Research	2018	7,2	325-330	2278-4853

34.	Akhila.I, M.Sylvia Subapriya	Phytochemical, Antioxidant, Antimicrobial And Anticancerous Activity Of Leucas Aspera (Willd) Link And Passiflora Edulis Sims	Asian Journal of Multi dimensional Research	2018	7,2	86-92	2278-4853
35.	Logapriya D, Sylvia Subapriya.M	Phytochemical And Antimicrobial Activity Of Edible Microgreens (Fenugreek And Coriander Microgreens)	Asian Journal of Multi dimensional Research	2018	7,2	384-389	2278-4853
36.	Priyanka Pradeep V, M. Sylvia Subapriya	Nutritive Value, Anti Cancer, Anti Microbial Potentials	Asian Journal of Multi dimensional Research	2018	7,2	471-476	2278-4853
37.	R. Kaviyarasi and M. Sylvia Subapriya	Effect of lemon juice supplementation with powder of cauliflower greens on the level of haemoglobin content among the anaemic adolescent girls	Asian Journal of Multi dimensional Research	2018	7,2	210-218	2278-4853
38.	Lakshmi R.V, Sylvia Subapriya M, Kalaivani K and Prema Ramachandran	Morbidity due to Infections in Preschool Children from Urban Low Income Households	The Indian Journal of Nutrition and Dietetics	2018	55,4	488-499	0022-3174
39.	Anto Cordelia, T. A.D, Sylvia Subapriya, M and Hnin Pwint Aung	Household Food and Nutrient Intake of Semai Aborigines of Peninsular Malaysia	Indian Journal of Science and Technology	2018	11,4	2-12	ISSN-0974-6846
40.	Anto Cordelia, T. A, Sylvia Subapriya, M and Hnin Pwint Aung	Prevalence of breast feeding and complementary feeding practices among Semai aborigines in Perak, Peninsular Malaysia	British Journal of Pharmaceutical Research and Medical Research	2017	2,2	502-513	ISSN: 2455-0280

41.	Anto Cordelia T.A., Sylvia Subapriya, M and Usha Chandrasekhar	Impact Of An Enriched Pregame Meal On Athletic Performance,	International Journal Of Food Science And Nutrition	2016	1,1	1-4	0022-1155
42.	M.Ramya, M. Sylvia Subapriya and Dr.Nalini .B	Study on nanocoated pet bottles of tomato puree (Solanum lycopersicum) against Entero pathogenic bacteria	Integrated Food Nutrition and Metabolism	2015	2,2	180-189	2056-8339
43.	M.Ramya, M. Sylvia Subapriya and Dr.Nalini .B	Shelf life Study of Nanocoated Zip and Lock Covers with Tomato Puree (Solanum lycopersicum) against Entero pathogenic bacteria	International Journal of Green and Herbal Chemistry	2015	4,1	1	E-ISSN:2278- 3229
44.	K.U. Pavithra Krishna and M.Sylvia Subapriya	Formulation and acceptability of Spirulina incorporated health mix	International Journal of Sciences & Applied Research	2015	2,3	95-101	ISSN: 0975- 833X
45.	K.U. Pavithra Krishna and M.Sylvia Subapriya	Effect of Spirulina Supplementation on Vitamin A and Iron Nutritional Status among Primitive Tribal Children in Nilgiris District	International Journal of Current Research	2015	7,1	11923 -11930	ISSN:0975- 833X
46.	Lekha L and Kalpana C. A	Hypoglycemic and Hypocholesterolemic Potential of Wheat Grass Juice, Extract and Powder on Diabetics	Indian Journal of Nutrition and Dietetics	2017	Vol 54 (1)	Pp 54-61	0022 – 3174
47.	Koushika N. M and Kalpana C. A	Formulation and Evaluation of Kodomillet (Paspalum scrobiculatum) Incorporated Breakfast Recipes and Snacks	Food Sci: Indian Journal of Research in Food Science and Nutrition,	2017	Vol 4(1)	Pp 14-19	2349-8897, 2350-1006

48.	Shreenidhi K. S and Kalpana C. A	Development of freeze-dried pomegranate peel powder and acceptability of formulated tea.	International Journal of Applied Home Science.	2016	Vol. 3	Pp 6-5	P-ISSN: 2394-1413
49.	Kalpana C. A	Development of an Interactive Website on Metabolic Syndrome and its impact on obese Adolescent Girls	International Journal of Current Research and Review	2017	Vol 9 Issue 3	Pp 34-38	E-ISSN: 0975-5241 (online) P-ISSN: 2231-2196
50.	Samja Sabu and Kalpana,C. A	Cultivation of <i>Solanum nigrum</i> under controlled environment using organic fertilizer	International Journal of Applied Home Science	2017	Vol 3	Pp 6-15	P-ISSN: 2394-1413
51.	Sangna Raybardhan and Kalpana C. A	Mobile health – An effective communication	International Journal of Current Research and Review	2018	Vol.10	Pp2	E-ISSN: 0975-5241 (online) P-ISSN: 2231-2196
52.	Samja Sabu and Kalpana,C. A	Phytochemical constituents and Nutrient composition of fresh and cooked <i>Solanum</i>	Asian Journal of Multidimensional research	2018	Vol. 7	Pp230-235	2278-4853
53.	Manju P. George and Kalpana, C. A	Development of cloud-based solution for effective nutrition intervention in the management of Life style diseases	Asian Journal of Multidimensional research	2018	Vol. 7	Pp321-326	2278-4853
54.	Yashetha. P, Kalpana.C A	Evaluating The Efficacy Of Food Recording Method In Comparison With Instagram Visual Food Diary Among Young Adults	Asian Journal of Multidimensional Research	2018	Vol. 7 Special Issue 5	579-583	2278-4853

55.	Samja Sabu and Kalpana, C. A	Acute Toxicity And Invitro Antioxidant Activity Of Fresh And Cooked Solanum nigrum Green Berry Extract, ,	Asian Journal of Multidimensional Research	2018	Vol. 7 Special Issue 5	329-333	2278-4853
56.	Suganya.A and Kalpana.C.A	Development and evaluation of preserved foods from Tamarillo fruits, Asian Journal of Multidimensional Research,	Asian Journal of Multidimensional Research	2018	Vol. 7 Special Issue 5	538-543	2278-4853
57.	Habeeba .B and Kalpana .C.A	Food And Nutrition Security In Households Of Muslim Women In Coimbatore City,	Asian Journal of Multidimensional Research	2018	Vol. 7 Special Issue 5	366-371	2278-4853
58.	Buthaina E. Alathari& Aji A. Sabta & Chinnappan A. Kalpana& Karani Santhanakrishnan Vimalaswaran	Vitamin D pathway-related gene polymorphisms and their association with metabolic diseases: A literature review	Journal of Diabetes & Metabolic Disorders	2020	https://doi.org/10.1007/s40200-020-00561-w		2381-201X
59.	Leena Shrestha and Chinnappan A.Kalpana	Quality assessment, phytochemical profile and antioxidant activity of fresh and dried pomegranate peel powders	Journal of Food, Agriculture & Environment	2020	Vol.18 (3&4)	Pp59-64	1459-0263
60.	Sabina Dev and Kalpana C A	Development and Evaluation of mHealth on Polycystic Ovarian Syndrome for Young Women	Journal of Advanced Applied Scientific Research,	2021	Vol No2 3	101-107	2454-3225
61.	Lakshmi Jithendran, Kalpana C A and PreethaNair	Phytochemical Profile and Total Phenolic Content of Processed <i>SolanumNigrum L</i> ripe Berry	Indian Journal of Nutrition and Dietetics,	2021	Vol 58 Supplement, Issue 1	53-61	0022 – 3174

		Extract					
62.	Raajeswari Pa and C. Meenakshi	Antioxidant and Hepato protective activity of Lotus (<i>Nelumbonucifera</i>) seed extract	Food Science and Nutrition Technology	2017	2(1)	431-447	
63.	Raajeswari Pa and Amrutha B. Nair	Role of Nutraceuticals in Combating Stress, Roots	International Journal of Multidisciplinary Researches	2017		24-30	
64.	Raajeswari Pa and R.Sugantha	Development and Evaluation of Glycemic Index of Broken rice based traditional Indian breakfast item-Adai,	International journal of Current Research	2016		33717-35722	
65.	Raajeswari Pa and M.Nithya	Standardization of Value Added Recipes with millet milk powder	Journal of food science and technology	2016	5(2)	10-17	
66.	Raajeswari Pa and B.Suganya	Grapes seed extract: Potent Chemoprotective Agent: Phytochemical Analysis and GCMS Studies	Journal of food science and technology,	2016	5(3)	30-39	
67.	Raajeswari Pa and Sugantha Rajamani	Development and Evaluation of Glycemic Index of Traditional Western Indian Food Khakhara using Low Glycemic Ingredients	International journal of Science and Research	2016	5(11)	453-437	

68.	Raajeswari Pa and N.Bhooma	Demographic Profile of the HIV Positive Women in Category” A” Districts in Tamil Nadu	International Journal of Basic and Life Sciences,	2015	3	7-19	
69.	Raajeswari Pa and S. Sindhu	Development of Low Glycemic Index Balls For Adolescent Girls With Polycystic Ovary Syndrome	International Journal of Science and Research (IJSR)	2015	4(1)	1384-1386	
70.	Raajeswari Pa and R.Anitha	Association between nutritional status and intelligence quotient of children aged 6-12 years: A study from south India”, ShodhSarita,	Journal of Arts, Humanities and Social Sciences	2021		7-28	2348-2397
71.	Raajeswari Pa and R.Anitha	Effects of Socio Economic Variables and Birth Weight on the Nutritional Status and Cognitive Function of School Children aged 6-12 years, Shodh Sanchar Bulletin	Journal of Arts, Humanities and Social Sciences	2021	10(40)		
72.	Raajeswari Pa and R.Anitha	Nutritional Knowledge, Attitude and Practice (KAP) of Mothers on the Nutritional Status of School Childen – a Study from South India	Journal of Advanced Applied Scientific Research	2021	3(2)		
73.	Raajeswari Pa and R.Anitha	Nutritional composition and sensory properties of value added health mix for undernutrition and better cognition	International Journal of Current Research and Review	2020			0975-5241
74.	Raajeswari Pa and NidhiKatiyar	Pre-Lacteal Feeding Practices; An Infracation of Nutritionally Secured & Healthy Generations’	Indian Journal of Nutrition & Dietetics	2021	58	43-52	

75.	Raajeswari Pa and Pragatheeswari R	'Effect of Extraction Methods on Characteristics of Sodium Alginate extracted from Sarghassmwrightii harvested from Gulf of Manner in India'	Indian Journal of Nutrition & Dietetics	2021	58		
76.	Raajeswari Pa and NidhiGoel	Food and Nutrition security for infants; A challenge for working lactating mothers in karaikal district of puducherry	Asian Journal of Multidimensional Research (online)	2018		143-148	
77.	Raajeswari Pa and Amrutha B. Nair	Phytonutrients: A Key to Stress Management	Asian Journal of Multidimensional Research(online)	2018		143-148	
78.	Raajeswari Pa and R. Anitha	Sub theme – “Food security, poverty and sustainability” Nutritional status “An important variable for better Academic performance of school children (10-12 yrs)”,	Asian Journal of Multidimensional Research(online)	2018		280-286	
79.	Raajeswari Pa and Pragatheeswari R	Phytochemical screening of <i>Alliumcepa</i> var.co5 (Red Onion) seed	Asian Journal of Multidimensional Research (online)	2018		301-308	
80.	Raajeswari Pa and Pragatheeswari R	Red onion (allium cepa) seed var.co5 reservoir of phytochemicals – A GC-MS study	Asian Journal of Multidimensional Research (online),	2018		315-322	
81.	Raajeswari Pa and NidhiGoel	Assessing prevalence of pre-lacteal feeding among lactating women in karakkal district of puthucherry	Asian Journal of Multidimensional Research (online),	2018		320-324	

82.	Raajeswari Pa and Viorica	Identification of phytochemicals by chromatographic techniques in pomegranate seeds	Asian Journal of Multidimensional Research (online),	2018		331-338	
83.	Raajeswari Pa and Amrutha B. Nair	Pumpkin seeds: A Repository of Natural Stress Alleviators,	Asian Journal of Multidimensional Research (online),	2018		351-355	
84.	Raajeswari Pa	Nutrition- A Key to Economic and Community Development, Economic and Community Development, a compilation of thoughts for progress	Rotary Club of Coimbatore Cosmopolitan	2016		1-2	
85.	Harine Sargunam. J and Thilakavathy. Sargunam. J, Ph.D Research Scholar (part-time), Department	Antioxidant Activity of Ethanolic Leaves Extracts Of Beta Vulgaris	Journal of Natural Remedies	Elsevier 2020	21/8	216-220	ISSN: 2320-3358 (e) ISSN: 0972-5547(p)
86.	Haritha T and Thilakavathy.S	Development and Evaluation of coconut flakes	The Indian Journal of Nutrition and Dietetics	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore. 2019	56/1	48-59	ISSN No 0022-3174 online ISSN2348621x
87.	Haritha T and Thilakavathy.S	Development of ready to eat mixes using coconut for Nutrition security.	Asian Journal of Multidimensional Research	Trans Asian Research Journals Dec.2018	Vol.7 spl.Issue-5	376-383	ISSN(online)278-4253

88.	Harinesargunam.J and Dr.S.Thilakavathy	Development of Iron rich antioxidant Health Mix by incorporation of Beet Greens(<i>Beta Vulgaris.L</i>)	Asian Journal of Multidimensional Research	Trans Asian Research Journals Dec.2018	Vol.7 spl.Issue-5	39-43	ISSN(online)2278-4253
89.	ShincyTomy John and Dr.S.Thilakavathy	Study on the use of Ethnomedicine in menstrual disorders among young adults (18-22yrs).A Promotional aspect of sustainable food systems	Asian Journal of Multi-dimensional Research	TRANS Asian Research Journals 2018	Vol.7 spl.Issue-5	156-161	ISSN(online)2278-4253
90.	Dr.S.Thilakavathy P.Kalamani	Incorporation of morris banana powder in breakfast and snack recipes	Asian Journal Of Multidimensional Research (AJMR),	TRANS Asian Research Journals 2018	7/2	217-223	2278-4853
91.	Rajyalakshmi devi Yenumula and Dr.S.Thilakavathy	Nutritional Status of Children aged 6-8 years old fisher folks residing in the areas of coastal Rural Kakinada of East Godavari Dist.Andhra Pradesh	Asian Journal of Multi dimensional Research	TRANS Asian Research Journals 2018	Spl.Issue vol.7	404-410	2278-4253
92.	Rajyalakshmi devi yenumula and Dr.S.Thilakavathy	Sweet potato- wholesome nutrition in SPUD	International journal of applied homescience.	Shiv Shiksha Sadan Samiti, Muzaffarnagar 2018	5/1	261-266.	2394-1413

93.	Rajya lakshmi devi Yenumula and Dr.S.Thilakavathy	Holistic Nutrition – A New Approach for Better Health	International Journal for Academic Research	Human Resource Management Academic Research Society (HRMARS) 2016	3/10	19-22	2348-7666
94.	Karuthapandian Devi	Nutritional Perception And Consumption of Health Food Drinks	Asian Journal of Multidimensional Research	2018	7/ 2	295-300	ISSN: 2278-4853
95.	Karthapandian Devi, Sundaramoorthy Haripriya, J.K. Naveen Kumar, V. Dharini, Varun Kumar	Rational approach to sequential optimization of antioxidative whey protein hydrolysate production	Nutrafoods	2017	16	83-89	ISSN 2240-5291
96.	Devi, K., Suriya, M., Srilekha, Sravanthi and Haripriya, S.	Bioactive Optimization for Antioxidant Activity of Whey protein hydrolysate – A Natural Antioxidant	International Conference on Herbal and Natural Components as the Future of Pharmacology	2017	-	312-318	ISBN : 978-93-84234-04-1
97.	K. Devi and C.A. Kalpana	Nutrition and Health Communication in Rural Community	ICMR Sponsored International Conference on Advances in Nutrition and Health Communication	Shanga Verlag, Coimbatore 2017	-	278-283	ISBN 978 -93-856040-3'4

98.	Ameena Beebi B and Balasasirekha R	Charge the immune system with cashew apple (<i>Anacardium occidentale</i> L) – Torrent in vitamin C and iron – A review	International Journal of Modern Agriculture	2021 Modern Journals , Jordan	10 (1)	891 – 900	2305-7246
99.	Titas Chakraborty and Balasasirekha R	Integration of Psychology and Yoga for Positive Personification during Covid-19 Pandemic Period	Annals of the Romanian Society for Cell Biology	2021 Association of Cell Biology Romania	25 (4)	12774-12786	1583-6258
100	Deepika P and Balasasirekha R	Micronutrient status of the selected transgenders	The Indian Journal of Nutrition and Dietetics	2021 Avinashilingam Education Trust Institution, Coimbatore	58 (2)	189-204	0022-3174
101	Nisha Raj and R.Balasasirekha	A review on the potentials of antioxidant activity, phenolic and flavonoid content of <i>Syzygium aqueum</i>	International Journal of Research and Analytical Reviews	2020 IJRAR, Gujarat	7 (4)	435-439	2349-5138
102	Srisuruthi MD and Balasasirekha R	Shelf life of meat using edible active packaging enriched films	The Indian Journal of Nutrition and Dietetics	2020 Avinashilingam Education Trust Institution, Coimbatore	57 (1)	25-42	0022-3174
103	Balasasirekha R and Deepika M	Effect of <i>Chlorella vulgaris</i> in improving the vitamin B12 status among vegetarian obese and overweight young adult women	Acta Scientific Nutritional Health	2019 Acta Scientific Publications (OPC) Private Limited, Hyderabad	3 (3)	105-109	2582-1423

104	Vadarevu Sony and Balasasirekha R	Incidence of obesity in hypothyroidism	Two days national conference on Performance of development programmes in India – Issues and challenges, St. Joseph's College for Women, Visakapatnam	2019 22 nd and 23 rd November KY Publications	Nil	135-139	978-93-87769-74-8
105	Annu Francis and Balasasirekha R	Effect of Sunlight - UV Rays on the Vitamin D Status of Girls (18 to 22 years)	The Indian Journal of Nutrition and Dietetics	2018 Avinashilingam Education Trust Institution, Coimbatore	55 (4)	463-477	0022-3174
106	Balasasirekha R and Saranya K	Development And Evaluation Of Rheological Properties Of Fruit Puree	Asian Journal Of Multidimensional Research (AJMR), TRANS Asian Research Journals	2018 TRANS Asian Journal of Marketing & Management Research	Vol 7, Issue 2, February Spl 2	217-223	2278-4853
107	Balasasirekha R and Deepika M	Analysis of Chlorella vulgaris – a promising food	Asian Journal Of Multidimensional Research (AJMR), TRANS Asian Research Journals	2018 TRANS Asian Journal of Marketing & Management Research	: Vol 7, Issue 2, December Spl 2		2278-4853
108	Balasasirekha R and Saranya K	Development and evaluation of physicochemical characteristics of vegetable puree	UGC sponsored International conference on “Human wellness – A holistic approach” organized by the	2018 12 th February	Nil		

			Department of Home Science, Sri Sarada College for Women (Autonomous), Salem				
109	Balasasirekha, R. and Lakshmi, U.K.	Hypoglycemic and hypolipidemic potentials of cinnamon (Cinnamomum zeylanicum) on metabolic syndrome of adults	7 th Annual meet of the National Society of Ethnopharmacology on “Herbal and natural component as the future of pharmacology” organized by the Department of Biochemistry, Biotechnology and Bioinformatics, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore	2017 27 th February to 1 st March	Nil	209-215	
110	Balasasirekha, R. and Santhoshini, P	Development of RTE Millet Mixes with Dehydrated Vegetable Peel	International Journal of Current Microbiology and Applied Sciences	2016 Excellent Publishers (Regd.) Tamil Nadu, India	5 (11)	24 – 37	2319-7706
111	Balasasirekha, R.	Bakery at third position in revenue in processed foods	Food and Beverage News	2016 Saffron Media Private Limited, Mumbai	8 (11)	19, 20, 23	

112	Abirami R. Ganesana, Manoj Saravana Guru Mohanb, , Balamuralikrishnan Balasubramanianc, , In Ho Kimd, Palaniappan Sreedevie, Kannan Mohanf, Sujatha Kanagasabai g, Mariadhas Valan Arasuh,i,Naif Abdullah Al-Dhabih, Savarimuthu	Marine invertebrates' proteins: A recent update on functional property	Journal of King Saud University - Science Production and hosting by Elsevier	16 th Dec 2019	Vol 32 issue 2	Pg no 1496-1502	ISSN: 1319-62X
113	Sujatha, K. and Kowsalya, S	Enhancing Iron Nutriture Status of Adolescent Girls (13-18yrs) from Rural Coimbatore Through Kitchen Gardening and Interventional Strategies IMPACT FACTOR: SJIF 2017 = 5.443	Asian Journal of Multidimensional Research (AJMR), TRANS Asian Research Journals	Dec 2018	Vol 7, Spl Issue -5	461-470	ISSN: 2278-4853
114	Sujatha, K. and Kowsalya, S	Interventional Strategies for Control of Anemia among Rural Young Women in Coimbatore	The Indian Journal of Nutrition and Dietetics. Avinashilingam Institute for Home Science and Higher Education, Coimbatore-641043,	July -Sept 2018	Vol.55 No.3	266-277	ISSN: 0022-3174; eISSN: 2348-621X

115	Sujatha, K. and Kowsalya, S	Prevalence of Anaemia and Nutrition intervention on Nutritional Status of Adolescent Girls in Rural Coimbatore	PSGCAS Search: A Journal of Science and Technology	Jan 2016 to June 2016	Vol 4: Issue 1	28-38	ISSN: 2349-5456
116	Sujatha, K. and Kowsalya, S	Socio Economic and Dietary Assessment of Anaemic Adolescent Girls (13-18yrs) in Rural Coimbatore	International Journal of Advanced Research (IJAR) IMPACT FACTOR : 5.336	Nov, 2016	Int. J. Adv. Res. 4(11),	Pp 1628-1633	ISSN: 2320-5407
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