



Avinashilingam Institute for Home Science and Higher Education for Women

Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD (now MOE)

Re-accredited with an 'A++' Grade by NAAC CGPA 3.65/4, Category I by UGC

Coimbatore-641 043, Tamil Nadu, India

SF Programmes, Campus 2

and

Avinashilingam Center for International Education

Cordially invite you for an one - one interaction session

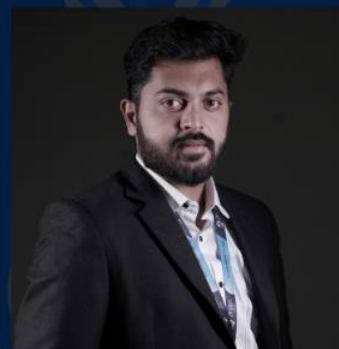
CAREER BEYOND BORDERS ONE - ONE COUNSELLING



MR. MANIKANDAN NAGARAJAN
FOUNDER AND CEO



MRS. NARMADHA MANIKANDAN
CO-FOUNDER & DIRECTOR



MR. ARUN SUDHAKARAN
CHIEF STRATEGY OFFICER

AHAM GLOBAL BUSINESS PVT. LTD

ALL ARE CORDIALLY INVITED

DATE: 21.01.2026 - 23.01.2026

TIME: 10:00 AM TO 3:30 PM

VENUE: PLACEMENT CELL



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SF Programmes Campus-II

Career beyond borders - ONE - ONE COUNSELLING - Aham Foundation

Date : 21.01.2026 to 23.01.2026 (3 Days)

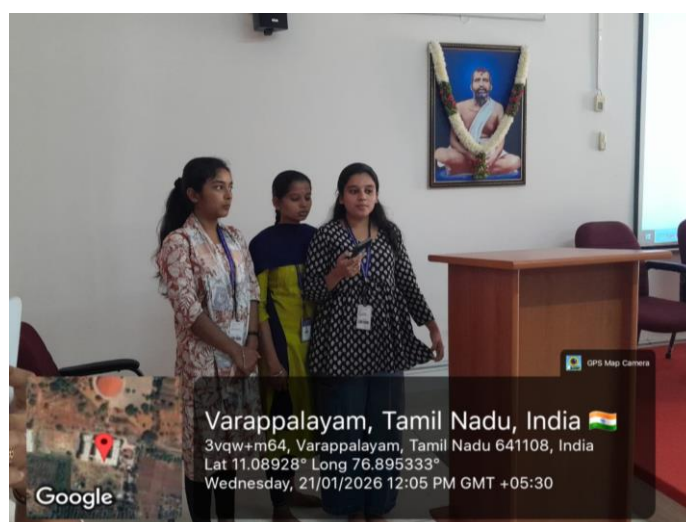
Time : 10.00 am to 3.30 pm

Venue : Placement cell, Guru Maharaj Building, SF Campus – II

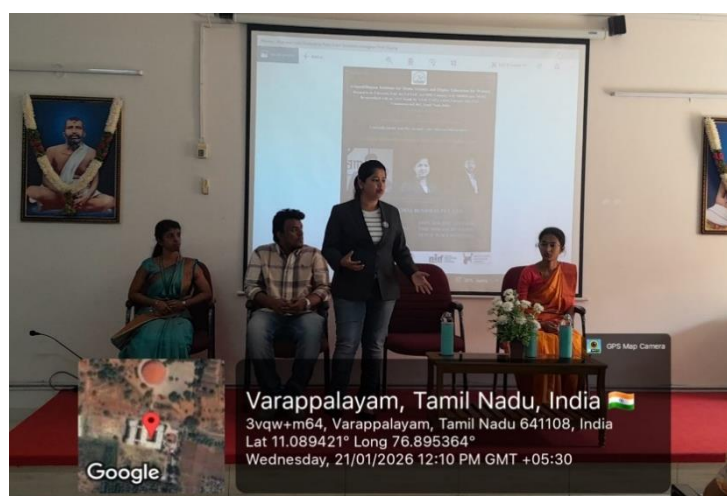
<u>AGENDA</u>	
DAY 1 - 21.01.2026	
Prayer	Students
Welcome Address	Ms.S.Shalini, Teaching Assistant, Department of Computer Science
Presidential Address	Dr.S.S.Shanthakumari, Director, SF Programmes, Campus – II Avinashilingam Institute for Home Science and Higher Education for Women
Detailed Counselling Agenda (3 Days)	Stage 1: Student Interaction & Data Collection Stage 2: Study-Abroad Intent & Interest Assessment Stage 3: Final Counseling – Country, Course & Financial Planning
One on one interaction (3 Days)	Mrs.Narmadha Manikandan – Co-Founder & Director Ms.Rajshree – BDM Ms.Banupriya – Executive Ms.Sunitha – Executive Ms.Frank – Team Lead Ms.Pragadeshwari – Executive
	Each student interaction is expected to take approximately 30 minutes (Total 62 Students)
Vote of Thanks	Ms.Vandha Sri, Teaching Assistant, Department of Psychology

"Career beyond borders - ONE - ONE COUNSELLING," a guest lecture event organized by The Avinashilingam Center for International Education and SF Programmes Campus-II of Avinashilingam Institute for Home Science and Higher Education for Women in association with Aham Foundation, held on 21.01.2026 to 23.01.2026 (3 Days) at the Placement Cell, Gurumaharaj Building.

The programme started with a prayer said by the students, whose intention was to seek blessings from a successful session.



The Welcome Address was given by Ms.S.Shalini, Teaching Assistant of the Department of Computer Science, who acknowledged all dignitaries, teachers, students, and the resource person with her warm and cordial address by emphasizing the significance of exploring various international career and education avenues in today's highly competitive world.



The Presidential Address was presented by Dr.S.S.Shanthakumari, Director - SF Programmes - Campus II, who focussed the audience on the need for young women to "broaden their horizons and look beyond conventional career options."

Subsequent to this, the B.Com (CA) Chairperson for SF programmes introduced the guest speaker for the day: Mrs. Narmadha Manikandan, Co-Founder and Director for Aham Global Business Pvt. Ltd. She shared valuable insights on global career opportunities, study-abroad pathways, and strategic career planning, and provided personalized guidance to students during the one-to-one counselling sessions.



About the Programme

“Career Beyond Borders – One-to-One Counselling” was conducted as a **three-day career guidance programme** in collaboration with **Aham Foundation**. The programme focused on providing individualized counselling sessions to understand students’ academic background, career aspirations, and interest in global education opportunities.

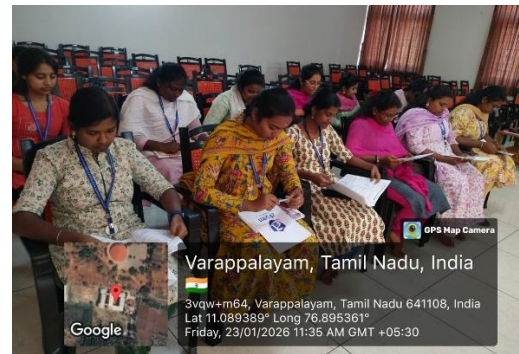
Over the course of three days, expert guidance was offered on study-abroad pathways, country and course selection, admission procedures, eligibility requirements, scholarships, and financial planning. The one-to-one counselling approach ensured personalized interaction, enabling students to clarify their doubts and make informed decisions about their future career prospects.

Stages of Counselling

The programme was structured into three stages:

- **Stage 1: Student Interaction & Data Collection**

Students' academic profiles, interests, and career goals were collected and discussed individually.



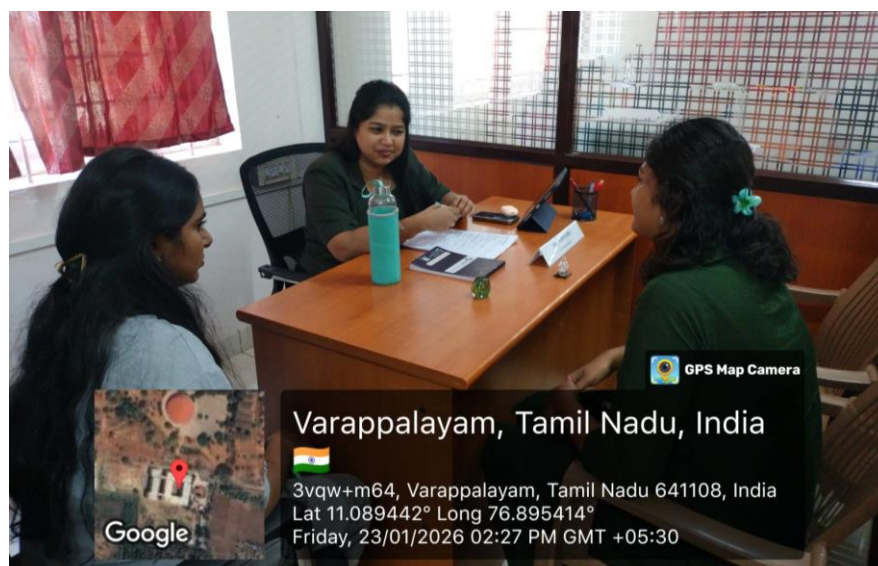
- **Stage 2: Study-Abroad Intent & Interest Assessment**

Students' interest in studying abroad was assessed, and suitable countries and courses were suggested based on eligibility and preferences.

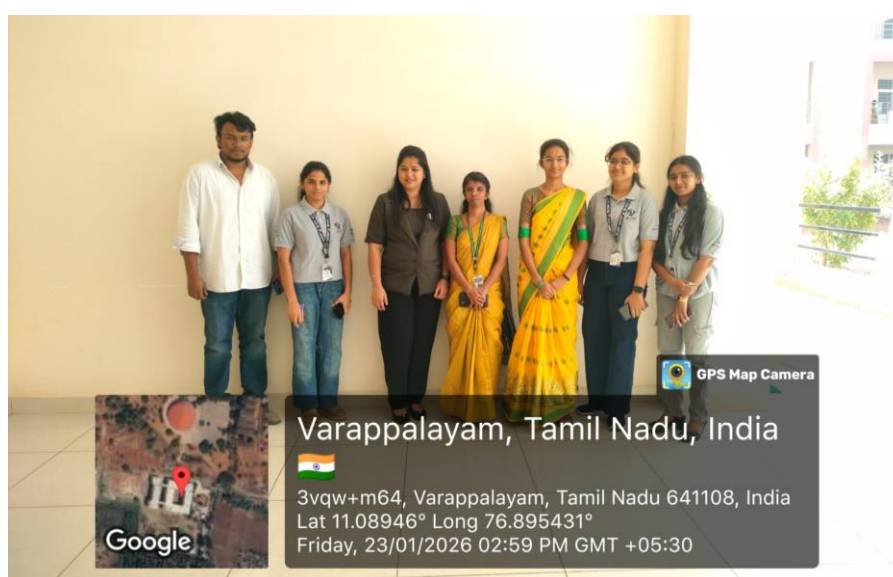


- **Stage 3: Final Counselling – Country, Course & Financial Planning**

Detailed guidance was provided on country selection, course options, universities, admission procedures, scholarships, and financial planning.



The Vote of Thanks was delivered by **Ms. Vandha Sri**, *Teaching Assistant, Department of Psychology*. She expressed her sincere gratitude to the management, the guest speaker **Mrs. Narmadha Manikandan**, Co-Founder and Director of **Aham Global Business Pvt. Ltd.**, the organizing team, faculty members, and students for their active participation and support in making the programme a successful one.



Outcomes of the Programme

A total of 62 students benefited from the Aham one-to-one counselling programme. The sessions focused on personal, academic, and career development. During the counselling process, 19 students indicated their interest in pursuing higher education abroad, highlighting the programme's role in broadening students' global academic perspectives.