# CONSTRUCTIVISM IN TEACHING AND LEARNING

# **Editors**

## Dr. M. Umamaheswari

M.sc., M.Sc Psy., M.Ed., M.Phil, Ph.D, UGC-SET
Assistant Professor of Education,
Lakshmi College of Education (Govt-aided),
Gandhigram, Dindigul.

&

### Dr. K. Devisri

Assistant Professor,

& Deputy Controller of Examinations,

Department of Curriculum Planning and Evaluation,

Tamil Nadu Teachers Education University,

Chennai, India.



Title : Constructivism in Teaching & Learning

Editor's Name : Dr. M. Umamaheswari & Dr. K. Devisri

Published by : Mithra Dev Publications,

Contact: 7502844666 & 9786920701

Publisher's Address : Mithra Dev Publications,

1/36, School Street, Pernaickenpatti,

Sithurajapuram Post, Sivakasi-626189,

Tamil Nadu, India.

Edition Details (I) : I

ISBN : 978-93-95151-28-3

Month & Year : February, 2023

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Pages : 203

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# METACOGNITIVE APPROACH AND MATHEMATICS LEARNING OF STUDENT TEACHERS

Dr. Indu. H.,

Professor and Deputy Dean,
Department of Education
Avinashilingam Institute for Home
Science and Higher Education for Women,
Coimbatore-108. induedn@gmail.com

Mrs. Meenakshi P.K.

Ph.D. Scholar, Department of Education Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore-108. 18phedp004@avinuty.ac.in

#### Abstract

Learning is a continuous process which helps the Individual to be active throughout life. Still, in order to be successful learners, reflection, feed- reverse and a mindfulness of our knowledge is essential. Metacognition is the mindfulness of one's own pattern of thinking. Metacognitive mindfulness helps a learner to be tone directed and tone regulated. Mathematics literacy can be astronomically defined as the accession of new knowledge, chops, and affects that are related to volume, space, and structure. Promoting Metacognition begins with structure mindfulness among learners which may affect in academic success. Hence, the present study is accepted by the investigators to explore the Metacognitive mindfulness and its relation to mathematics literacy among B.Ed scholars. The sample for the study was 62 and check system was used. Achievement test grounded on KWLH system was used. The results indicated that there exists no correlation between Meta cognitive mindfulness and Achievement in Mathematics. crucial words Metacognitive Awareness, Mathematics literacy, KWLH system

Key words: Metacognitive Awareness, Mathematics learning, KWLH method

#### 1. Introduction

Most of the educators, lay stress on the social aspects of education along with the academic areas. They believed that education is a life-long process for everyone, as a result they gradually adopt them to the physical, intellectual, emotional and social environments. Hence, Education is an integral part of society that involves the transmission of knowledge and activation of learning through experiences of the life and formal education. Education is absolutely necessary for each and every individual if he or she is to lead a successful life. The term Metacognition was introduced by John Flavell of Stanford University in 1976 to refer to the individual's own awareness and consideration of cognitive processes and strategies. Metacognition entails two components: knowledge of cognitive process and regulation of cognitive process. Academic achievement means accomplishment in proficiency of performance of the student in various subjects of the curriculum. In other words, academic achievement refers to the quantity and quality of learning in a subject or a group of subjects assessed by examination marks. Research on how Metacognitive processes impact student learning is ongoing and many studies reveal that positive significant relationship between psychological wellbeing, Metacognitive skills and academic success exists. YucelIsgor (2016),