



Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)
Re-accredited with A++ Grade by NAAC. CGPA 3.65/4, Category I by UGC
Coimbatore - 641 043, Tamil Nadu, India

EVENT: GUEST LECTURE ON THE TOPIC “PERSONALITY DEVELOPMENT THROUGH MBTI FOR CAREER GROWTH”

DATE: 9/01/2023

DAY: MONDAY

TIMING: 10:30 AM TO 4:00 PM

VENUE: ACADEMIN COUNSELLING HALL, AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER STUDIES FOR WOMEN

INCHARGE STAFF(S): DR. VAIDEHI PRIYAL AND MRS. BLESSY DOE

We the students of the DEPARTMENT OF TOURISM MANAGEMENT, Avinashilingam Institute actively participated in the guest lecture that was organised and coordinated by our faculty incharge Dr. Vaidehi Priyal and Mrs. Blessy Doe. Our guest for the valuable session was Dr.S.S.Shantakumari.Everyone has attended multiple personality development related sessions but this one was really unique. A different methodology was used to measure the different types of personalities of us, the students present at the venue. The Myers Briggs Type Indicator method which is often abbreviated as MBTI method was used in this session.

The event began with a short and sweet introduction about the guest of the day followed by a prayer song which was followed by Dr. V.T. Bindu ma'am. HOD, Department of Tourism Management. Our guest, Dr. Shantakumari began the session by giving several day to day examples to explain the biggest point of life, which is to keep up our originality and not to change for the environment around us. One must always think hard when it comes to choosing the right career path and this is where ma'am told about her family situations and the various struggles she had overcome as a woman, not just within her family but also the world outside her home to reach the position she is at today. She explained that a career should always be chosen keeping in mind our suitability and the scope of our adaptability into the career path. To follow your passion is really important.



(HOD ma'am addressing the gathering)

The main motive of the session was to make all the students explore themselves by finding out their personalities side which they were unaware of till date. A quick personality test called KNOW YOUR TYPE was conducted via a link. This test used the MBTI method and gave unique results for all the students. The results were given in the form of a personalised report along with a four letter abbreviation for their each personalities. These were based on Introverted or Extroverted, Sensing or Intuitive, Thinking or Feeling and lastly Perceiving or Judging. The students received various abbreviations such as ENTP, INTJ, ENFJ, INFJ, etc. The test had seven steps of questions. Based on these abbreviations, the students were grouped and were given a few tasks, the resultant solutions to which would reveal the real reason they got their abbreviations. The tasks given were light ones like preparing a birthday party for a friend and decoding a picture and write down whatever we could comprehend from it.



(Dr.Shantakumari explaining various aspects of the topic and various activities being conducted)

Everyone is a unique individual and everyone is bound to have different opinions on different issues. All the different ideas together can lead to a masterplan solution to any problem. Another task that was given was that we were shown a picture in which a man was using puppets. We were asked to write down our idea about the picture. Some students had formed a story with the help of the picture which was much appreciated by ma'am.

After all the short activities, ma'am had explained the meaning of each letter out of the abbreviation we got. Ma'am told us how a person who got Sensing would be different than a person who got Intuitive. Another task to prove this was given to us. We were told to imagine a college tour to a location, but with a condition that only five students could go for the trip. Different groups gave different answers.

With the help of all of these tasks and answers, the point was finally proven that all of us are unique individuals and we have much different opinions and reactions to different issues and we must understand this and move on without conflicting others' opinions. It was indeed a very helpful session as it helped rediscover ourselves, but in a better way. We would like to extend our heartiest gratitude to our faculty members and department for organising this helpful session.

GALLERY



(Students taking part in various tasks)

