



Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)
Re-accredited with A++ Grade by NAAC. CGPA 3.65/4, Category I by UGC
Coimbatore - 641 043, Tamil Nadu, India

EVENT: Workshop on the Topic “Is Criticism Good or Bad?”

DATE: 13/03/2023

TIMING: 10:30 am to 3:30 pm

VENUE: MBA Seminar Hall

INCHARGE STAFF(S): Dr. V. Vaidehi Priyal and Mrs. Blessy Doe

We the students of the Department of Tourism Management, Avinashilingam University actively participated in the Workshop that was organised and coordinated by our faculty incharge Dr. V. Vaidehi Priyal and Mrs. Blessy Doe. Our guest for the valuable session was Mrs. Jayalakshmi Balaji, Soft Skill Trainer, Coimbatore.

The event began with a prayer song and the introduction about the guest of the day followed by Dr. V.T. Bindu, HOD, Department of Tourism Management. Our guest, Mrs. Jayalakshmi began the session explaining criticism, in its essence, involves the assessment and evaluation of something, be it an idea, a work of art or an individual's actions. The impact of criticism can range from constructive and beneficial to destructive and harmful. The guest discussed about the potential positive and negative aspects of criticism.

On the positive side, constructive criticism serves as a catalyst for improvement, providing valuable insights and feedback that can lead to growth and development. It acts as a tool for learning, pushing individuals or entities to reevaluate their approaches, make necessary adjustments, and strive for excellence. Moreover, criticism can foster innovation by challenging the status quo and inspiring new ideas.

Conversely, the negative aspects of criticism cannot be ignored. Destructive criticism, characterized by its harshness or lack of constructive elements, has the potential to erode self-esteem, hinder motivation, and strain relationships. Poorly delivered criticism may lead to resistance and defensiveness, impeding the intended positive outcomes.

In navigating the landscape of criticism, it becomes evident that its impact is contingent on factors such as delivery, intent, and the receptiveness of the recipient. Striking a balance between constructive feedback and avoiding undue negativity is crucial.



(HOD addressing the gathering)



(Mrs. Jayalakshmi explaining the topic and various activities being conducted)

Criticism can be both good and bad, depending on various factors such as the context, intent, and delivery. She illuminated on both the positive and negative aspects of criticism:

POSITIVE ASPECTS OF CRITICISM:

Improvement: Constructive criticism provides valuable feedback that can help individuals or projects improve. It points out areas of weakness and suggests ways to address them.

Learning: Criticism can be a powerful tool for learning. Receiving feedback, even if it's critical, can lead to increased self-awareness and a better understanding of one's strengths and weaknesses.

Innovation: Criticism can stimulate creativity and innovation. By questioning existing ideas or methods, criticism can push individuals and groups to explore new approaches and solutions.

Accountability: Constructive criticism can hold individuals or organizations accountable for their actions and decisions, fostering a culture of responsibility.

NEGATIVE ASPECTS OF CRITICISM:

Destructive Effects: Harsh or constant criticism without constructive feedback can be demoralizing and damaging to a person's self-esteem. It may hinder motivation and confidence.

Conflict: Poorly delivered criticism can lead to conflicts and strained relationships. Effective communication is crucial to ensure that criticism is received and understood in a way that encourages positive change.

Resistance: People may resist criticism if it feels unjust or if the delivery is disrespectful. This resistance can impede the intended positive impact of the feedback.

Stagnation: Excessive criticism without encouragement or recognition of achievements can create a negative environment that stifles creativity and innovation.

She concluded that the effectiveness of criticism depends on how it is delivered, the context in which it is given, and the intentions behind it. Constructive criticism, provided with the goal of improvement and growth, is generally beneficial. However, destructive criticism can have harmful effects. It's important to strike a balance and ensure that criticism is delivered thoughtfully and respectfully.

Students shared their thoughts on criticism which helped them to create a positive and constructive learning environment. Additionally, the workshop provided valuable insights into the student's perspectives, allowing for a more nuanced understanding of how criticism impacts their educational journey. We would like to extend our heartiest gratitude to our faculty members and department for organising this helpful session.

GALLERY

