

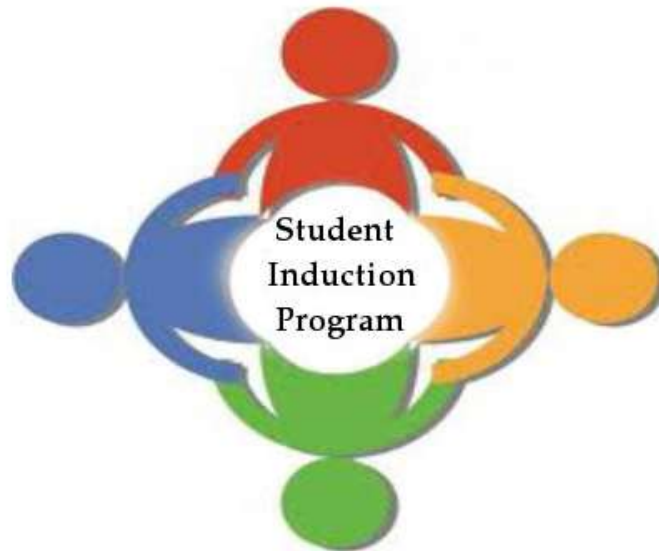


Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be university under Category 'A' by MHRD, Estd.u/s 3 of UGC Act 1956)

Re-accredited with 'A⁺⁺' Grade by NAAC. Recognised by UGC Under Section 12 B

Coimbatore - 641 043, Tamil Nadu, India.



Date: 22.08.2022 to 03.09.2022

**Organized by
Dr.S.Uma Mageshwari
Dean Student Affairs**

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Familiarization with School/Department

SCHOOL OF HOME SCIENCE

FRESHER'S DAY

Department of Resource Management

Date: 30.08.2022

The event that all College Freshers cherish and will always remember is "Freshers Day". The programme was organized by the students of 2nd UG, 3rd UG and 2nd PG IDRM at the Thiruchitrabalam Auditorium. The event started with a welcome speech followed by a prayer song and various variety programmes. At last the faculty of the department congratulated the participant for putting on a great show. The show ended with a vote of thanks. The students thoroughly enjoyed the show. It was a spectacular show.



Department of Food Service Management and Dietetics

Date: 26/08/2022

As a part of student induction program the students of 1st BSc Food Service Management and Dietetics participated in the fresher's talk show which was held on 26/09/2022 this talk show was initiated by our beloved seniors. Our seniors welcomed every one with a chocolate and a book mark. We had all our department members. Various games



were conducted such as memory game, stack up the cups etc. Students from all first year participated. The programme continued with a speech given by our respected HOD madam. Her talk motivated us and inspired us on how to carry out our lives in a more meaningful way. The programme proceeded with a dance performance by our seniors of 2nd and 3rd BSc and a heart-warming singing performance was given by our seniors which showcased the true meaning of friendship. We the students of 1st BSc of FSMD department are very much delighted to be a part of this institute.

Department of Food Science and Nutrition

Date:09/09/2022

The program started with inaugural speech. The welcome dance was performed. Freshers along with their seniors got chance to showcase their talent by a various Dance performances like solo, Duo, Group dances. Later small games were organized to make the function more tricky and fun! The event was finally concluded with vote of thanks .refreshment were served after the programme



Department of Textiles and Clothing

Date :26/08/2022

Time :01.30pm to 03.30pm

Venue :Thiruchitrambalam Auditorium

Participants: II & III B.Sc. Textiles and Apparel Designing & B.Voc Textile Dyeing and Printing

The most important day in college life is “FRESHER’S DAY” and this was organized by our department and 26th August 2nd and 3rd year of UG and 2nd year of PG coordinated with joy to welcome the fresher’s of the department. The function started with a prayer song. The Welcome Speech is done by Firthosh Fathima of 3rd B.Sc. Three colourful dances were performed by second and third year students. There were several participants who performed vibrantly. Entertaining games were conducted and the fresher’s took part with joy. Past

experience in college was shared by Nandhini of 3rd B.Sc. This day brought a good bond with freshers and everyone got ready to work together in upcoming days.



Department of Home Science Extension

Date : 26/08/2022

As a welcoming program for the fresher's our seniors of the School of Home Science gave the freshers a warm welcoming function which brought a great happiness and excitement into their hearts. The activities which were done by the seniors



made all the freshers to get a good vibe with their new atmosphere. Various cultural programs were also presented by the seniors which motivated the freshers also to be a part of cultural events. They even gave opportunities for the freshers to perform and participate in the events. There was a small celebration with cake cutting. The seniors provided

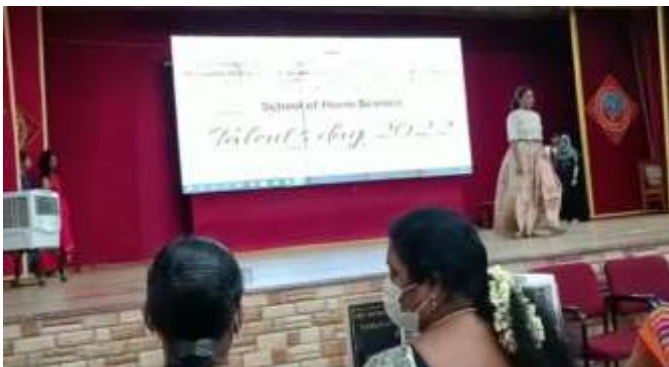
refreshment at the end of the freshers day celebration. Refreshment made the freshers more energetic and happy. At last the celebration came to an end with new experiences which is going to be helpful in the upcoming days.

TALENT'S DAY

Department of Resource Management

Date: 02.08.2022

The students of I UG and I PG of the Home Science School conducted the Talents Day programme at the Thiruchitrambalam Auditorium by the guidance of their department faculty. The Dean of the Home science school Dr.Vasuki addressed the audience with a speech. The show started with a Welcome Speech followed by a Prayer Song and various Varsity performances, the show ended with a Vote of Thanks. The audience thoroughly enjoyed the show and it was a great success.



Department: Food Service Management and Dietetics

Date: 02/09/2022



On 31st of August 2022 Talents day for 1st B.Sc FSMD department was conducted. Through this platform students got the opportunity to showcase their talent. The welcome speech was given by Ms. S. Divya of 1st year. The whole Home Science block was assembled in the auditorium.

Welcome dance was performed by the 1st years. Prayer song was sung by 1st year of PG, diploma, PHD scholars. The flag holding along with a drama and dance by the department was the standing performance. The 1st UGs were dressed up with different traditional attires of different states of India. The programme ended with a onam dance which was performed by the PG students.

Department of Food Science and Nutrition

Date:02/09/2022

All of us may not have equal talent but all of us have equal opportunities to develop our talent” said Dr. A.P.J Abdul Kalam. With this thought in mind, Talent’s Day was organized for our students, as school is the best platform for the students to exhibit their hidden potential it gave our students an opportunity to showcase their talent and also appreciate the unique talent in others. It was an extravaganza of creativity, artistic and cultural talents. The main motto of the talents day is to bring out the innate talents of the students. In this regard various competitions like Dance, Singing, and Painting have been conducted to the students and prizes were distributed to the winners. Students took active participation in cultural programmes with unique themes and made the audience spellbound. The programme concluded with a vote of thanks.



Department : Department of Textiles and Clothing

Date :02/09/2022

Time :03.30pm to 04.30pm

Venue :Thiruchitrabalam Auditorium

Participants: I-B.Sc. Textiles and Apparel Designing, I B.Voc Textile Dyeing and Printing, I M.Sc Textiles and Fashion Apparel & I M.Sc Bio Textiles

Talents day was celebrated on 02nd September 2022, I UG and Pg Students exhibited their talents cheerfully. The function started with prayer song, sung by Kavi Elakiya and Velarasi of I B.Sc Textiles and Apparel Designing. The students presented various programmes like fusion dance, song etc. The dance performance by the students was colourful and alluring. There was great enthusiasm among the students. It was an unforgettable programme. Dean mam gave a motivating speech and encouraged us to exhibit our talents. The programme ended with Vote of thanks. It was a unique experience to be there.



Department of Home Science Extension

Date :02/09/2022

Participation of B.Sc Rural Development & Sociology students on the talent's day was fantabulous and eye catching to watch. The students showed their performance very enthusiastically. The students performed singing and poetry. Ms. V. Oviya of Ist year B.Sc Rural Development & Sociology gave a mind blowing poetry about Indian Army. She delivered a brief explanation about the pain and sacrifices faced by the soldiers within a short

period of time. At the same time, Oviya showed her patriotism by wearing an outfit which symbolized the “National Flag Color” saffron, white & green.



Ms. G. Jenifer from Ist year B.Sc Rural Development & Sociology sang a beautiful song which denotes a mother’s love towards her child. Jenifer collaborated with her senior and gave a sweet performance and melted the hearts of the audience with her melodious voice. Finally the audience enjoyed the performance given by the students belonging to the ‘School of Home Science’ and also the talents of the students were executed in a right manner.



AVINASHILINGAM INSTITUTE FOR HOME SCIENCE
AND HIGHER EDUCATION FOR WOMEN,
COIMBATORE-641043

DEPARTMENT OF PHYSICS

welcomes you with colours of joy!!

for

FRESHERS DAY

2022

SEPTEMBER

THURSDAY | 01

Start from 1.30 PM

at I PG CLASSROOM

*You complete our joy with your
presence*

“FRESHERS DAY IS THE START OF THE NEW JOURNEY OF LIFE. IT IS AN INFORMAL KIND OF INTRODUCTION TO THE SENIORS, FACULTY, MEMBERS, AND THE INSTITUTION.”

Fresher’s day is the first day of college life, which marks the beginning of a new journey in a student’s life. It is the day when the college extends a warm welcome to its new batch of students. In addition, senior students meet the juniors to celebrate being a part of the college.

In the same spirit, the Department of Physics organized the “Fresher’s Day 2022” for the students of 1stUG and 1stPG on 01st September 2022, Thursday. We invited our Head of the Department, [Dr.\(Mrs.\) J.Shanthi](#) and all our faculty members and non teaching staff.

As per the schedule the programme started at 2:30 pm. The MC were given by the 3rdUG students Tejaswini and Vismaya. They started with introducing themselves and the DJ for the whole programme was Suba.

Then the welcome address was given by Suwathi of 3rdUG. Then comes the start of enjoyment with a dance by 2nd UG with a bharatanatyam and a group dance which was pleasure to watch. This is followed by a small game where the BGM is played and was asked to find the song. The students excitedly participated.

Then comes the singing session of the 2nd and 3rd UG with a performance warming our ears. Then two games were played one was a dialogue act, where the dialogue is given and was asked to act. The other was a memory game two pictures were put up and a video was played and the questions were asked. It was a great response from the fresher’s. The last event was the dance of 3rd UG which was a marvelous performance. This was concluded by the vote of thanks by Subikshaa of II UG. At last, the Refreshments were served to teachers and all the students.







Department of Computer Science

Date: 30/8/2022

The fresher's day delicately started by 1:30 p.m dated 30 August. This event was filled with the HoD and bench of teachers of computer science department.

The Master of ceremony was carried out by the III UG Students. Prayer means the purification of one's soul. The Prayer song was sung by II UG student. Welcome address were given by II UG.

The event started with a mesmerizing dance performance by III UG. To make the event interactive, games were conducted to the I UG Students. Everyone participated with delight. There was a song performance which added pleasure to our ears followed by the skit by II UG Students. To keep the students engaged there was a educational quiz conducted for the students.

There was an enthralling dance performance by the III UG Students. Games were conducted in between. To end up with the event there was hypnotizing dance performance by the III UG Students.

Followed by, HoD mam Dr.Vasantha Kalyani David enlightened the gathering with her words. Vote of thanks was delivered by II UG. Refreshments were distributed to the I UG Students



Department of Mathematics

Date 21st August, 2022

Day Monday

Time 2.30 pm to 4.00 pm

Master of Ceremony

A new beginning has to be celebrated.

“Every second brings a fresh beginning,
Every hour holds a new promise,
Every night our dreams can bring hope, and
Every day is what you choose to make it.”

Done by:

Snekha Sri R (III UG Mathematics)

Sangavi S (II UG Mathematics)

The above-mentioned students warmly welcomed the Head of the Department *Dr.Balamani N* and other faculties.

Prayer Song

“A day without prayer is a day without blessing,
a life without prayer is a life without power.”

Done by:

Subhashri A R(III UG Mathematics)

Jividhya P(III UG Mathematics)

Gayathri A(III UG Mathematics)

Lakshmipriya M(III UG Mathematics)

Welcome Speech

“Small cheers, great welcome makes a merry feast.”

-William Shakespeare

A hearty welcome speech was addressed by *Akshaya E M* of III UG Mathematics.

Motivational Speech

“Life is not a problem to be solved
but in reality to be experienced.”

An inspirational speech was given by *Sentamilarase S N* and *Sharmila R* of III UG Mathematics.

Teacher’s Instructions

The Head of the Department *Dr.Balamani N* gave instructions about the rules and regulations of the institution. She also gave some friendly advices for the betterment of the freshers in academics and life.

Gift Distributions:

Small smiley badges were gifted to the freshers of both UG and PG.

Vote of thanks:

The event was successfully completed by thanking everyone for their cooperation.

Done by: Subhashri A R (II UG Mathematics)

Department of Chemistry

Venue: III UG BOTANY CLASSROOM

Date: 26/08/2022

The program was started by a prayer song sang by *Vinothini & Archana* of III UG chemistry. The welcome address was given by *Elavarasi* of III UG chemistry. Our beloved HOD mam *Dr. R. Saratha mam* addressed the gathering with her motivational & inspirational speech. All the staff members conveyed their best wishes to the fresher's who have entered their college life as butterflies. To entertain the fresher's an electrifying dance performance was given by II UG & III UG students. To cheer up them few games were conducted like balloon bursting,

connection etc. They all enjoyed well& small gifts were given to them as a token of love. Finally the vote of thanks was given by Kansa of II UG chemistry.



Department of Information Technology

INVITATION



PROGRAMME SCHEDULE

MOC	: N. Lakshmi Priya, D.P. Vaishika III B. Sc IT, II B. Sc IT
Prayer Song	: B. Nazreen Firdouse II B. Sc IT
Welcome Address	: M. Sudharshini III B. Sc IT
Teachers Speech	: Dr. N. Krishnaveni Assistant Professor, School of Physical Sciences and Computational Sciences
Classical Dance	: N.S. Harini II B. Sc IT
Speech	: P. Shalini II B. Sc IT
Poem	: E. Durga, B. Saraswathi Priya II B. Sc IT
Game	: Sense &Find
Dance	: III B. Sc IT
Poem	: B. Harshawarthini III B. Sc IT
Game	: Memory Max
Dance	: II B. Sc IT
Game	: Balloon Burst
Prize Distribution	: Faculties Department of Information Technology
Vote of Thanks	: M. Nithyasree III B. Sc IT

The Department of Information, organized Fresher's day celebration for 2022 – 2025 batch. The programme was organized by, **M. Sharmi Shalome** and **M. Sudharshini** from III B.SC IT, **R. Saranya** and **S. Udesiya** from II B.SC IT, Department of Information Technology. Avinashilingam Institute For Home Science And Higher Education For Women, Department of Information Technology celebrated freshers day of 2022 – 2025 batch on August 26, 2022. Around 200 students have participated in the celebration. The program started at 3.30pm in the Seminar Hall, Dept. IT. It was a fun filled event in which the freshers got an opportunity not only to showcase their talents but also to interact with the seniors. Students of II and III UG actively organized the program by distributing invitation cards, preparing program schedule, decorating Seminar Hall and organising games. The program started with a prayer song sang by **B.Nazreen Firdouse** from II B.SC IT and Welcome address given by **M.Sudharshini** from III B.SC IT followed by events including group dance from II and III UG IT students, poem by **B.Saraswathi Priya** and **E.Durga** from II B. Sc IT and **Harshawarthini** from III B. Sc IT. The students of 2022 – 2025 batch actively participated in the event. Apart from cultural programs, there were entertainment games like Memory max. Balloon burst etc. At the end of the event prizes were distributed to the winners and the stage was open for the freshers for feedback. The feedbacks from the freshers were positive and they expressed that they had a good and joyful welcome. Vote of thanks was delivered by **M. Nithyasree** from III B. Sc IT. The program finally ended around 4.30pm and refreshments were organized, leaving behind sweet memories to be cherished.





Department of Physics

“EVERYONE HAS TALENT. WHAT'S RARE IS THE COURAGE TO FOLLOW IT TO THE DARK PLACES WHERE IT LEADS.” — ERICA JONG



“All of us may not have equal talent but all of us have equal opportunities to develop our talent”, said Dr. A.P.J Abdul Kalam. With this thought in mind, Talent’s Day was organized for our students, as it is the best platform for the students to exhibit their hidden potential it gave our students an opportunity to showcase their talent and also appreciate the unique talent in others. It was an extravaganza of creativity, artistic and cultural talents. Talents’ day is a good opportunity for the students to hunt for their unique potentialities and to display them. The day was celebrated with much preparation. In the same spirit, the Department of Physics organized the “Talents’ Day 2022” for the students of 1st UG and 1st PG on 02nd September 2022, Thursday. We invited our Head of the Department , [Dr.\(Mrs.\) J.Shanthi](#) and all our faculty with teaching and non teaching staff. As per the schedule the programme started at 1:30 pm . First the students of 1st UG Deepika and Priyanka gave a glorious Dance performance. They danced elegantly and beautifully. Then Varshini of 1st UG sang a melodious song. The rhythm and beats for the song were so accurate and it was an awesome performance. The last was the Badduga Dance which was a group Dance performed by both Seniors and Juniors . They danced with joy and a Smile on their faces.

Department of Computer Science

Date: 29.8.2022

Our talent’s day was celebrated on 29.8.2022 at 3rdBsc computer science class with presence of our senior and professor. We were provided with refreshment and great welcome .we were embraced by their by performance given to



us. And it was our pleasure to show them back our talents. Shareena and Archana of our class sang a wonderful song and we gave a mashed western dance with a group of dancers. It was a huge party for the awaited students. It was full of enthusiasm, laughter and happiness . The day was blessed with presence of Dr.Vasanthakalyanidavid our HOD,. The host of event expressed a great gratitude with the structure of so many events based on the many categories . The amazing event end with the vote of thanks by Farveen of our class. The event was a stress buster and pure bliss moment.

Department of Mathematics

On regard of SIP activities, students of *I B.Sc. Mathematics* showcased their various talents confronting their department faculties and classmates on 31st August, 2022.

Subulakshmi S and *Keerthana Devi D* performed a dance exhibiting their talent on dancing. *Indhu M, Thamizh Selvi S and Veda Sakthi S* brought out their talent of singing. All the performances were highly appreciated by the audience. Through this activity students were able to get to know the talents hidden among their classmates and performers were happy about they showcasing their talent.



Department of Chemistry

The students of I B.Sc. Chemistry exhibited their various talents on 01.09.2022. They started programme by devotional song and performed folk, motivational talk and western dances. They played a drama on the concept of “Future generation and Environmental”. Pooja from I UG Chemistry played Keyboard. All the performances were highly appreciated by the audience. Through this activity students were able to get to know the talents hidden among students.





Department of Information Technology

Date: 01 September 2022

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Coimbatore-641 043, Tamil Nadu, India

Department of Information Technology

You are Cordially Invited to Talents Day

On 1st Sep 2022
VENUE: SEMINAR HALL

SHOW YOUR TALENTS



AGENDA

- MOC** : **J.Tarunika(III UG), S.Madhusri(II UG)**
III B. Sc IT, II B. Sc IT
- Prayer Song** : **V.M Nandhini**
I B.Sc IT
- Welcome Address** : **E.Durga**
II B.Sc IT
- Poetry** : **S.Priya Dharhini**
I B.Sc IT
- Classical Dance** : **Manasa**
I B. Sc IT
- English Speech** : **M.Kaviya**
I B. Sc IT
- Solo Dance** : **Sreeja**
I PG
- Drama** : **R.Keerthana, S.Priya dharashini,A.Rizwana fathima,V.M.Nandhini,M.kaviya,V.Thrisha**
I B. Sc IT
- Group Dance I** : **N.Samyuktha,M.Abinithi,J.Deva dharshini,M.N Sumaya, R.K.Swathi,A.Harsha Jayadharshini, A.C Kavya dharshini**
I B. Sc IT
- Tamil Speech** : **R.Keerthana**
I B. Sc IT
- Group Dance II** : **Yuvadha,Nisha,Jenisharon**
I B. Sc IT

- Singing** : **Kaviya Biravi**
I PG
- Group Dance III** : **A.Akalya,A.Varsha**
I B. Sc IT
- Teacher's Speech** : **Dr.D.Shanmugapriya**
Head of the Department(IT)
School of Physical Sciences and
Computational Sciences
- Dr. N. Krishnaveni**
Assistant Professor, School of Physical
Sciences and Computational Sciences
- Vote of Thanks** : **M. Nithyasree**
III B. Sc IT

Glance of the Talent Day Programme

The **Department of Information Technology**, organized **Talent Day celebration** for 2022-2025 batch. The programme was organized by **S.Boomika Shree, A.Harshini, K.Revathi** from III B.SC IT and **S.Madhusri** from II B.SC IT.

Avinashilingam Institute for Home Science and Higher Education for Women, Department of Information Technology celebrated Talent day for 2022 – 2025 batch on September 1, 2022. Around 200 students have participated in the celebration. The program started at 3.00pm in the Seminar Hall, Dept. IT. The main motto of the talent day is to bring out the innate talent of the student. Students of II and III UG actively organized the program by distributing invitation cards, preparing program schedule and decorating Seminar Hall. The program started with a prayer song sang by **V.M Nandhini** from I B.SC IT and Welcome address given by **E.Durga** from II B.SC IT followed by events including group dance and drama from I UG and I PG IT students, poem by **S.Priya Dhrashini** from I B.SC.IT. Speech by

M.Kaviya and **R.Keerathana** of I UG IT. Song by **Kaviya Biravi** from I PG IT. The students of 2022 – 2025 batch actively participated in the event. Apart from organized events, some spot talents were identified during this function. The feedbacks from the teachers were positive for this event. Vote of thanks was delivered by **M. Nithyasree** from III B. Sc IT. The program finally ended around 4.30pm and leaving behind sweet memories to be cherished.



THE SCHOOL OF BIOSCIENCE

Department of Botany

Date: 26.08.2022

Venue: II UG BOTANY CLASSROOM

TIME: 3.00 p.m.

Fresher's Party" in any college is an event which every student eagerly awaits from their time of admission. The fresher's day was filled with excitement, joy, music, enthusiasm, laughter and happiness. The purpose of Fresher's Party is to welcome new students in a friendly atmosphere and to encourage their creative impulses to boost their confidence. It is the day when seniors and juniors finally bond and unite to celebrate being part of the college.

The celebration started at 3.00p.m. The entire program was hosted by R.Monika of II M.Sc., Botany and V.Jayalakshmi of III B.Sc., Botany. The head of the department of Botany and other faculty members of our department were welcomed with full of happiness. This was followed by the Prayer song sung by R.P.Shanmugavalli of II M.Sc., Botany and Lalithambikai of III B.Sc., Botany which was such a soulful performance.

Followed by this the welcome speech was given by V.Durga of II B.Sc., Botany and the fresher were formally welcomed into our Botany Family, the staff members and the students of our department were also welcomed.

Events started with a speech by A.Sona of III B.Sc., Botany. Her speech was marvelous and insightful. She spoke about the importance of women's education, life, success, insecurities faced by women in society and the importance of women being independent.

A detailed introduction about our department, the staff members, the facilities in our lab and about the herbal garden and the importance to maintain it was given by K.M.Samyuktha of II M.Sc., Botany. It was an excellent presentation.

Our respected HOD Dr.A.Vijayalakshmi welcomed the freshers for the program and followed her speech the cultural events of the freshers day celebration started.

Events started with a group dance performance by some of the best dancers of II B.Sc., Botany. Their dance was completely mind blowing and everyone enjoyed their performance.

A quiz program was conducted for both Ist UG and PG students. Students were made into teams; three rounds were conducted. All the students participated in full involvement and enjoyed it thoroughly.

Solo singing performances by B.Mirudhula of II B.Sc., Botany were given. It was such a soulful performance. Later on the Fun team lead by R.Monika and D.Vinitha of II M.Sc., Botany conducted a connections game show. Everyone enjoyed the round thoroughly.

Last, a fun-filled dance performance was given by the group of girls of III B.Sc., Botany. The dance performance was very much exciting to watch. Finally, the vote of thanks was given by B.Pavithra of III B.Sc., Botany.

Prizes were distributed to the winner and runner teams for the Quiz competition. The entire event was covered by a team of a few students with excellent photography skills.







Department of Zoology

Date : 28.08.2022

“Fresher’s Day” is always a refreshing event for every student, who eagerly wait from her time of admission. As we face the worst pandemic situation, to refresh ourselves and to boost our new bud’s mental immunity, our current students enthusiastically conducted the fresher’s party. A total of 101 students participated in the event. The celebration started at 3.30 p.m. The host of the event was Dehevamithra from III UG. The event started with the prayer song, sung by II PG students. Our II year PG student Anupama welcome speech for our beloved staffs and students added more warmth to the show. “What we dream to, we become the same”-As life science students, we connect ourselves with every life and species. The theme of the presentation was to enlighten our new comers about the course and to enhance and enrich themselves in the field of zoology with utmost courage and to strive hard for their future dreams come true. It also turned to be motivating, as the fresher’s have chosen the right path to their success. Our campus never failed to teach us the best and at the same time entertain to core. As said, today event was filled with music, fun and the most interestingly our student’s excitement and enthusiasm added more joy and fun. As time and

distance hold us, the events were filled with various cultural programs II PG, II and III UG and started the event by her soulful singing and entertain the audience. Followed by our present UG and PG student's delightful dance show, the first special performance was given by our wonderful. Keeping an eye on by these cultural activities, fun filled game was conducted by the seniors and the participants were our fresher's. Our existing buds, presented the most memorable and cherished days as a video presentation titled "**Gist of college life**". The show was ended by thanking our beloved Dean, Head of the Department, all our beloved staff members. Special thanks to Dr.Karthika for organizing the whole event the students through online which turned to be a great success.



Department of Biochemistry, Biotechnology and Bioinformatics

The department of Biochemistry, Biotechnology and Bioinformatics has organised a Fresher's day event for the newly joined UG and PG students. The entire event was fun and magic filled. The Head of the Department and other staff members of the department were welcomed. The research scholars and seniors had joined to celebrate and welcome the new students to our department.

Various cultural programmes were planned to entertain the students by their seniors. The programme was initiated by the soulful prayer song. After that, the students had welcomed the gatherings.

The cultural programme was begin with the group dance by II-UG Biochemistry and Biotechnology students. Followed by, III UG Biochemistry and Biotechnology students had given their mesmerising performance for the juniors. The solo song by the student from II-UG Biochemistry and Biotechnology was beautiful. The II PG Biochemistry students had rocked the stage with their ultimate dance performance. After that, the group song was sung by the students from II PG Biochemistry to cheer the freshers. Then, the students from II-UG Biochemistry and Biotechnology had also given another energetic performance to entertain the audience and freshers. On the whole, all the performances were enjoyable. The event was concluded with delivering the vote of thanks to Head of the department, staff members, students and volunteers who have actively involved in this programme to complete it with a fun.





TALENTS DAY

Department of Botany

Date : 01.09.2022

TIME : 3.00 pm

VENUE : II-UG BOTANY CLASSROOM

Talent is defined as a natural aptitude or ability to do something well. It is something that we are born with or develop through practice & experience. Talent is important because it is the foundation of all success, without talents, we would not be able to achieve our goals or reach our potential. Talent is what allows us to do something better than others. It is the key to unlock our full potential and achieving greatness. Talent's day is a day to accept and celebrate individual talents. Beauty lies in being different. The celebration started at 3.00 pm. The entire program was hosted by S. AasthaMaurya I- B.Sc. Botany. The head of the department of botany and other faculty members of our department were welcomed with great honour and full of happiness. This was followed by the Prayer song sung by Haritha, Sanjitha and Rajani I-M.Sc. Botany which was a soulful performance. Followed by this the welcome speech was given by R.D. Dharshitha I-M.Sc. Botany and the seniors were formally welcomed to showcase them the talents of the freshers, the staff members and the student of our department were also welcomed. Events started with music by Barathi I-B.Sc. Botany. She played Trumpet. She played so beautifully and energetically. It was a great start to the show. Then it was followed by a story telling by Yalzhini I-B.Sc. Botany about avoiding the usage of plastic. She narrated her ideas and thoughts so beautifully and its incredible to hear her. A mind blowing dance performance was given by Sandra & Harshavardhini I-M.Sc. Botany. They were full of energy everyone enjoyed their performance. This was followed by a speech by Ponmanonmani I-B.Sc. Botany. She talked about the values of life and enlightened us with her thoughts. This was followed by a song sung by SafeenaBanu I-B.Sc. Botany which was a motivational song. Then it was followed by a speech by Varshini I-B.Sc. Botany about Penadimai, then a song sung by Sri harshini I-B.Sc. Botany which was a melody song. This was followed by a group dance by M. Maheswari, Kavya, S. Merlin from I-B.Sc. Botany. Their performance was so energetic and refreshing. They performed so gracefully. The events ended with the showcase of arts which are made by 1st UG Girls. Everyone appreciated their work. Finally the celebration was concluded by vote of thanks by R.Sanjitha I-M.Sc. Botany. The Dean appreciated all the students for efforts. And everyone celebrated their Unique talents with joy and enthusiasm. The entire event is covered by excellent photographers in our department.



Department of Zoology

Date : 22.08.2022

The I., B.Sc., and I M.Sc., Zoology students actively took part and presented us various cultural events like group song, group dance and poetry



Department of Biochemistry, Biotechnology and Bioinformatics

Date : 22.08.2022

The Department of Biochemistry, Biotechnology and Bioinformatics has organized a talent show for the fresher to expose their hidden talents. All the staff members of our department and seniors, research scholars have motivated the students to perform their activities. Many students participated voluntarily and show their true talents before everyone. The programme was held at the Department of Biochemistry, Biotechnology and Bioinformatics, Research Block, Room no. 28. All the students had assembled at the venue by 3.30 pm. The programme was ignited with the prayer song. After that, all the students have performed one by one either by individual or by group. Few students have given their

best in elocution on the theme of Women empowerment, water scarcity, India 2040 and pollution free country. All the staff members, students, scholars have thoroughly enjoyed and mesmerized with their performances. After that, songs were sung by the students with their sweet voices. Both solo song and group song was performed to showcase their talents. Finally, the talent show was completed with the adorable dance performances given by the few group of students. Each and every one who attended the talent show had enjoyed with all their performances.



Creative Arts and Culture

SCHOOL OF HOME SCIENCE

ENACTING PLAY

Department of Food Service Management and Dietetics

Date: 06/09/2022

Student induction program was conducted for the newcomers of 1st B.Sc Food Service Management and Dietetics. Students themselves participated in enacting play which was held on 02/09/2022. The topic given was “WOMEN EMPOWERMENT”.

We all are aware of the fact that many girl child are not given the freedom to pursue their higher studies, rather they get them married or engage them in household activities. The play was performed by Ms. Ishwarya, Ms. Roshini Mary, MS. Indra Priyadarshini, and by Ms. L. Hadiya Sheema. Hadiya enacted as a little girl who used to score high grades in her school and wanted to go for higher studies. On the other hand others played the role of family members and these family members being conservative, were not willing that Hadiya should do her higher education. Whereas her brother got all the freedom to do whatever he wanted to pursue. As time passed by parents saw the determination and zeal that Hadiya has towards studying and they understood the importance of education. The moral of the play is that empowering women is a crucial topic to talk on. Women should be given equal rights like men. Here are some seven tips how to empower women:-

1. Amplify women's voice and ideas.
2. Mentor girls and women
3. Promote women
4. Be a role model
5. Help close the wage gap
6. Enact fair parental leave policies
7. Give women opportunities to show case



Students Enacting on Women Empowerment

Culture and Heritage of India

Department of Food Service Management and Dietetics

Date: 06/9/2022

We students of 1st B. Sc of FSMD department participated in the Indian cultural and heritage which was initiated by our class tutor Dr. R.Radha . Indian Heritage represents the tradition, cultures and features of our lives. The buildings and monuments are as much heritage as ourselves paintings and art work. India has more than 9



religions and different cultures that are represented by the various types of heritage in the country. Various art forms such as music, dance and painting are also a part of India's heritage. Indian culture is the oldest and famous among the other cultures of the world. Indian literature refers to an amalgamation of distinct cultures of all communities, traditions, customs and religions in India. Indian cultures encourage everyone to remain peaceful, humble and respect others in society. Indian culture has been cultivated since prehistoric times to imperfection. The beauty of our culture is that we not only have respect for our heritage but also show respect for that of other religions too. India is the vast country with verities of geographical features and climatic conditions.

Mentor-Mentee session – Universal Human Values

Department of Food Service Management and Dietetics

Date: 6/9/2022 TRAINING OF TEACHER FOR STUDENT INDUCTION PROGRAM

•What is the current status of an individual?

- Environmental problems
- Personal Problem is
- Social problems
- Inter-personal problems

PROPOSAL 1

Human Being is Co-existence of self and body Desire

PROPOSAL 2

BASIC HUMAN ASPIRATION IS TO BE HAPPY AND PROSPEROUS

-Basic human aspiration is happiness and prosperity

-Example-"What to do" or "What is Valuable"

-Prosperity=Feeling of have more than required physical facility

PROSPERITY 3

TO LIVE HARMONY IS THE NATURAL ACCEPTANCE OF EVERY HUMAN BEING

-Harmony in Self

•Desired thought expectations

PROSPERITY 4

EDUCATION IS THE
BASIC FOR HUMAN
BEING'S CONDUCT

-Education- Sanskar is Basis of
"Human Being" conduct

• The conduct which ensures

1. Moolya
2. Charitr
- 3 .Nitikta

For Human Being, both
physical Facility and
Relationship are Necessary-
Right understand is also
necessary for human Being

Priority: Right Understanding, Relationship & Physical Facility-Check within yourself

Role of education-sanskar Enable Transformation

PROPOSAL 5

UNDERSTANDING 4 LEVELS OF CONTINUOUS HAPPINESS AND PROSPERITY

Happiness

Continuity of happiness

Program for continuity of happiness

-course/workshop content: Right Understanding

-Role of education- sanskar: Enable Transformation

-understanding relationship

-Harmony in the society

-Harmony in nature



Department of Food Science and Nutrition

DATE:05/09/2022

India has a beautiful culture, which astonishes tourists from other parts of the world. It is not just because the culture is several thousands of years old. It is beautiful because of its ability to be secular and at the same time stick to the essence of each cultural group. India's unique culture has led to several celebrations, traditions, and customs. Most of these customs have been rooted in texts and scriptures, which are older than science and have been scientifically proved to be advantageous for mental and physical health. You cannot pick a week, where there is no celebration in India. With a diverse religious background, the country has numerous festivals and to top it all, each ethnic group, state, and every community has its own list of festivals. Starting from Eid to Diwali, even religious festivals are not bound to one religion. Every celebration tactics like sharing sweets, greetings, and feasts are performed to bring all religious people together to spread happiness. In simple terms, festivals are forms of happiness and happiness knows no caste, religion or creed. **Mysteries secrets about Thanjavur big temple :**
<https://youtu.be/EtrIGTmg-nQ>

Department of Textiles and Clothing

Date :06/09/2022

Time :12.00 pm to 12.45pm

Venue :Room no. 237 (Home Science Block)

Participants: I-B.Sc. Textile & Apparel Designing and I.B.Voc Textile Dyeing and Printing



Different saree draping styles in India



Traditional dresses of Indian States

On 06th September 2022, a video was shared to I B.Sc Textiles and Apparel Designing and B.Voc Textile Dyeing and Printing students based on the topic “Traditional dresses of Indian States” and “Different saree draping styles in India”. Students were able to get more knowledge about the traditional costumes in different states and different draping styles in various states our country. This session is very informative and interesting one.

Department of Home Science Extension

Date : 06/09/2022

Through this seminar we students got a vast and useful information about the east Indian culture on different topics explained by a group of eight individuals of B.Sc Rural Development and Sociology Department from the School of Home Science. The introduction of the seminar was perfectly done by Ms.R.KAVIYADHARSHINI .



Ms. V. OVIYA gave a pictorial presentation, representing the traditional dress code followed by the east Indian people. Next Ms. G.JENIFER gave an useful information on the food culture which is fondly being taken by the people of east India. Ms.D.DONIC SARAA presented a way for us to know about the tourist places which are more famous and visited frequently in east India. The Temples and Tradition of east India were clearly explained by Ms. ATCHAYADHARSHINI . she spread an devotional feel during her part in the seminar .

Next Ms. RAJALAKSHMI gave a sportive information of the games and sports activities in the east India. Ms. C. KALEESWARI presented the seminar on the languages which is being spoken by the east Indian people Atlast all the students of our class gained an useful and complete information from all aspects of the east Indian culture.

SCHOOL OF PHYSICAL SCIENCES AND COMPUTATIONAL SCIENCES

Department of Physics

Date: 26/08/2022

According to the 2011 census, 79.8% of the population of India practice Hinduism. Islam (14.2%), Christianity (2.3%), Sikhism (1.7%), Buddhism (0.7%) and Jainism (0.4%) are the other major religions followed by the people of India. Indian culture is the heritage of social norms, ethical values, traditional customs, belief systems, political systems, artifacts and technologies that originated in or are associated with the ethno-linguistically diverse India. The term also applies beyond India to countries and cultures whose histories are strongly connected to India by immigration, colonisation, or influence, particularly in South Asia and Southeast Asia. India's languages, religions, dance, music, architecture, food and customs differ from place to place within the country.



Showing Traditional images representing Indian Culture

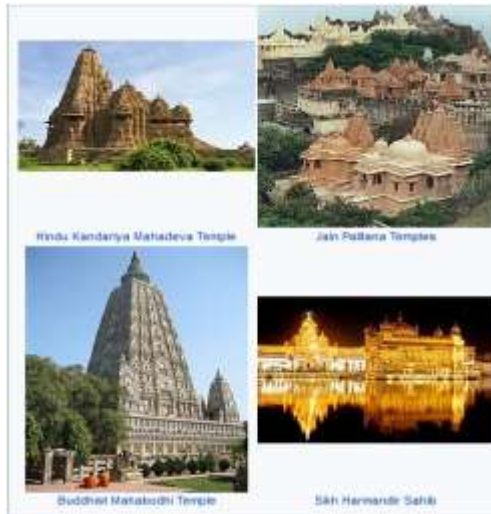
Indian culture, often labelled as a combination of several cultures, has been influenced by a history that is several millennia old, beginning with the Indus Valley civilization and other early cultural areas. Many elements of Indian culture, such as Indian religions, mathematics, philosophy, cuisine, languages, dance, music and movies have had a profound impact across the Indosphere, Greater India and the world. Specifically Southeast Asian and Himalayan influence on early India, had lasting impacts on the formation of Hinduism and Indian mythology. Hinduism itself formed from various distinct folk religions, which merged during the Vedic period and following periods. Especially Austroasiatic groups, such as early Munda and Mon Khmer, but also Tibetic and other Tibeto-Burmese groups, left noteworthy influence on local Indian peoples and culture. Several scholars, such as Professor Przulski, among others,

concluded that there is a significant cultural, linguistic, and political Mon-Khmer (Austroasiatic) influence on early India, which can also be observed by Austroasiatic loanwords within Indo-Aryan languages and rice cultivation, which was introduced by East/Southeast Asian rice-agriculturalists using a route from Southeast Asia through Northeast India into the Indian subcontinent. The British Raj further influenced Indian culture, such as through the widespread introduction of the English language, and a local dialect developed.



Indian Culture -Different Food habits, Different Religions & Traditions

Varieties of Temples representing different religion



Different Life style of Indian Culture in Every state

The important characteristics of Indian Culture are civilized communication, beliefs, values, etiquette, and rituals. India is well known for its 'Unity in Diversity' across the world. That means

India is a diverse nation where many religious people live together peacefully having their own different cultures. Cultural heritage has the potential to promote access to and enjoyment of cultural diversity. It can also enrich social capital and create a sense of individual and collective belonging, which helps to maintain social and territorial cohesion.

Department of Mathematics

Date **24th August, 2022**

Culture and Heritage of India video shared in I B.Sc Mathematics. Indian culture is the heritage of social norms, ethical values, traditional customs, belief systems, political systems, artifacts and technologies that originated in or are associated with the ethnolinguistically diverse India. Many elements of Indian culture, such as Indian religions, mathematics, philosophy, cuisine, languages, dance, music and movies have had a profound impact across the Indosphere, Greater India and the world. Specifically Southeast Asian and Himalayan influence on early India, had lasting impacts on the formation of Hinduism and Indian mythology. Culture heritage is the heritage of tangible and intangible heritage assets of a group or society that is inherited from past generation. Not all heritages of past generation are 'heritage', rather, heritage is a product of selection by society.

SAVE OUR CULTURE AND HERITAGE!



We discussed the importance of Culture and Heritage of our nation. India has a beautiful culture, which astonishes tourists from other parts of the world. It is not just because the culture is several thousands of years old. It is beautiful because of its ability to be secular and at the

same time stick to the essence of each cultural group. India's unique culture has led to several celebrations, traditions, and customs. Most of these customs have been rooted in texts and scriptures, which are older than science and have been scientifically proved to be advantageous for mental and physical health.

MENTOR –MENTEE SESSION – UNIVERSAL HUMAN VALUES

Department of Physics

Mentor – Mentee Session was organized for four days, 23.08.2022, 24.08.2022 & 25.08.2022 & 30.08.2022 at 3.30 P.M to 4.30 P.M. The entire session is about teaching the importance of Universal Human Values. The PPT consists of five different proposals which explains the personal's inconveniencies and problems of individual in society. This training program instructs Basic Human Aspiration, Current Status, Values & Ethics and Conclusions. The difficulties faced every individual's in their personal life and the ways to find the solution of the problems were discussed. For Physical facilities how much money we needed in the current status and how to balance the physical facility and self is explained. Human Being is Co-Existence of Self and Body. Based on this topic explained whether both types are important, how to work to fulfill both the needs and which one is having higher priority etc. The effort and time is spent for right feelings and understandings were analyzed by the students. The students can understand the ways of getting both Happiness and Prosperity simultaneously in a proper manner. They observed that how the professionals such as Doctor, Engineer, Farmer are getting both happiness and prosperity like for "service, Money, Respect" (or) "Make things, Money, Respect" (or) "Grow things, Money, Respect". Next proposal is based on natural acceptance of every human being. The Fourth proposal is explaining the importance of education for Human's survival. Education- Sanskar is basis of Human beings conduct. The reason for unhappiness and mutual happiness and properties were listened by the students. By the way of harmony we can maintain the happiness in our family, society and in all our surroundings. Understanding relationships, their feelings are essential for leading a good and happiest life in our society. Harmony in society develops fearless journey of every individuals in every levels of their life. The proposal 5 entirely explains the understanding the four levels for getting continuous happiness and prosperity.



Conclusion: Our values inform our thoughts, words, and actions. Our values are important because they help us to grow and develop. They help us to create the future we want to experience. Every individual and every organization is involved in making hundreds of decisions every day. Everyone should learn and practice Human Values for their as well as the betterment of the society.

Department of Computer Science

Date: 7/9/2022

Our tutor Dr.R.Vijayabhanu explained about CIA internal exam and avoiding mal practice and also told about time management and exam fee. She explained about part-IV and advised us to choose anyone from NCC, NSS and sports. Also informed about dress code and significance of wearing saree. We discussed about various clubs. She insists us join in anyone club compulsory. She warned us not to use mobile phones in classroom. She notified us about the online courses and the abundant sources in our university library which gave us an idea about the importance of self-study. She took us to the field trip to GASS Museum which was too exciting and enthusiastic to us and we were too delighted to look around the museum and it was a Joyous

moment. She insisted us about the free lunch scheme which help the student to have a enough food whole heartedly.



Our university has arranged wonderful yoga session for the students named yoga for youth and empowerment were eye opening and awareness creating sessions that will be definitely useful for us. E-campus is a wonderful web page created by our university where we can access our marks, attendance and keep us tracked about my performance in our exams ect..It also helps us to pay our fees easily by just logging in into the portal. Our respected lecturer had arranged a virtual meet with an alumini of our department of our college inspired, motivated and also gave us some study tips to get a bright future.

Department of Mathematics

Date **1st September, 2022**

The class tutor and the students of I. B.Sc. Mathematics showcased a presentation on the Human Values to the students of the maths department. Their presentation was pleasant and beneficial. They exhibited their talents and shared information with her classmates. There were many beneficial outcomes through universal human values. It attracted the students and was useful for them. One student introduced herself and made her peers to get introduced among themselves. As a result, this helped them to interact among themselves. They spoke about the ‘Student Aspirations’, ‘Family Expectations’, ‘Gratitude’, ‘Self and Body’, ‘Peer Pressure’, etc. This motivated the students to enhance their life in their behaviour, discipline and interaction with family and friends. All the students were fulfilled with wonderful presentation.

DEPARTMENT OF CHEMISTRY

The basic human values and ethics were discussed among the I UG Chemistry students by the class tutor M. Amutha selvi. The students were interacted and debated among them. Values are an important characteristic of self-concept and serve as supervisory principles for person. There were accepting the valuable outcomes through universal human values. It attracted the students and was useful for them. This motivated the students to enhance their life in their behaviour, discipline and interaction with family and friends. All the students were fulfilled with wonderful presentation. The students understood the importance of values and they assured that, they will incorporate in their life.

SCHOOL OF BIOSCIENCE

Department of Biochemistry, Biotechnology and Bioinformatics

The Department of Biochemistry, Biotechnology and Bioinformatics have conducted a live session for the students to understand the culture and heritage of India. The session was planned on 24.08.2022 at Research Block at 3.30 pm. All the students were assembled and the Indian culture and heritage were shared and discussed with them.

The Indian culture such as, religions, philosophy, languages, music, dance and much more have greater impact across the people living in India. India is one of the country who maintain its uniqueness in all concerns especially, festivals and celebrations. Our ancestors have already proved many concepts in several areas of science and non-science for which we could search evidences till now.

India is having a lot of diversity in terms of foods, clothes, style of marriage, religions, languages, festivals, epics, myths, arts etc., even though, the people live in India follows “Unity in Diversity”. The session was useful for the students and had motivated the students to save the nation’s pride by protecting the culture and heritage of India.



MENTOR – MENTEE – UNIVERSAL HUMAN VALUES

Department of Biochemistry, Biotechnology and Bioinformatics

The tutors of the I UG and I PG students have organised meeting for the students held on 30.08.2022 at Research Block, 3.30 pm. All the students were assembled and the presentation on basic human values and ethics were presented to the students. After the presentation, the tutors had interacted with the students about the rules and regulations of the Institute. They were taught about the CIA, CE exam patterns, attendance, NCC, NSS, Sports and Library facilities to the students. Tutors explained about the various clubs in the University to propagate the student's talent in all areas. They strictly said, that the mobile phones should not be used in classrooms and malpractices will be punished. They informed about the free lunch scheme to the students, so that anyone can avail this service to get an enough food.

Then, the students had interaction with their classmates in terms of debate and presentation on general topics. This helped them to interact among themselves. All the students got benefitted and motivated by the interaction with the tutor and classmates. Conclusively, the meaning of human values and ethics has been insisted and hope they will follow the guidelines in their lives.

LITERARY ACTIVITY

3. LITERARY ACTIVITY IN TAMIL AND HINDI

SCHOOL OF HOME SCIENCE

Department of Resource Management

Date: 02.09.2022

As a part of the SIP the class tutor of 1st UG IDRM conducted a literary for the students. The students displayed their love for their languages by reciting poems, telling short folk tales and also by simply communicating in their



languages .It was a fun event where the students learnt how to introduce themselves in various languages such as Tamil and Hindi.

Department of Food Service Management and Dietetics

Date: 30/08/2022

On 30/08/2022 as a part of student induction program students of 1st B.Sc FSMDD department participated in the literary activities in Indian languages. At the outset it was started by Ms. Indra Priyadarshini of 1st B.Sc of Food Service Management and Dietetics who highlighted about the world's first Nutritionist named "Adelle Devis". She also

mentioned about her four bestselling books namely:-

1. Let's cook it right
2. Let's have healthy children
3. Let's eat right to keep fit
4. Let's get well

'Student speaking about Adelle Devis'



On the other hand Ms.I.K. Swathika of 1st B.Sc FSMD gave a fantabulous speech about the famous Tamil poet, Subramaniya Bharathiyar who was also a freedom fighter, journalist. He was considered as greatest Tamil literary figures of all times. Literacy seems to have been widespread in all the regions of the Tamil, both in urban and rural areas, and encompassing within its reach all states of the Tamil society.Tamil literature has a rich and long literary tradition spanning more than two thousand years. The oldest extinct work which shows signs of maturity indicating an even longer period of evolution. Contributors to the Tamil literature are mainly from Tamilnadu including the land which comprises Tamil Nadu, Kerala&Sri Lanka. A revival of Tamil literature took place from the late 19th century when works of religious and philosophical nature were written in a style that made it easier for the common people to enjoy. The modern Tamil literary movement started by Subramani Bharathi, the multifaceted Indian National poet and author, and was quickly followed up by many who began to utilize the power of literature in influencing the masses. With growth of literacy, Tamil prose began to blossom and mature. Short stories and novels began to appear. Modern Tamil literary criticism also evolved. The popularity of Tamil cinema has also interacted with Tamil literature in some mutually enriching ways.



Student speaking about Subramaniya Bharathiyar

Department of Food Science and Nutrition

Date:29/08/2022

The Alchemist by Paulo Coelho [Brazilian Writer] -Each character in this book is unique. It is a inspirational story of Santiago, a youthful Spanish shepherd in the rolling hills of Andalusia. This story tells us that happiness, contentment, peace of one's life lies within his journey towards his dream of life. It says that all individuals should hire in the pursuit of their individual dreams .This emerged as the primary theme of the alchemist.

The Habits by Charles Duhigg - This is the recent book I read. This was a great ,and inspirational book ,and even that helped me to change my habits. It thought me to create a path for my ownself.



Writing(Tamil and English)



Reading(Tamil and English)



Department of Food Science and Nutrition

Date: 09/09/2022

இலக்கியம் - பொன்னியின் செல்வன் -கல்கி

தலைநகர் தஞ்சாவூரில் சோடிப்பேரரசர் சுந்தர சோழர் உடல் நலிவுற்று மரணப்படுக்கையில் இருக்கிறார். அவருடைய இரண்டு மகன்களில் மூத்தவனான ஆதித்ய கரிகாலன் காஞ்சியிலும் இளையவனான அருள் மொழிவர்மன் இலங்கையிலும் போரில் ஈடுபாடிருக்கும். சமயத்தில் நாட்டில் நடக்கும் சம்பவங்களை சிறந்த வனேநடை, மொழிநடை, கவிநடை ஆகியவற்றை கொண்டு படைக்குப்பட்ட இலக்கியம் பொன்னியின் செல்வன் ஆகும்

இக்கதையில் வரும் கதாபாத்திரங்களில்

புனைவு கதாபாத்திரகள்

- 1.ராஜ ராஜ சோழன் (பொன்கின் செல்வன்)
2. ஆழ்வார்கடியான்
- 3.பூங்குழலி
- 4.நந்தினி
5. சின்ன பழுவேட்டரையர்

உண்மையில் வாழ்ந்த கதாபாத்திரங்கள்

- 1.வந்தியத் தேவன்
- 2.குந்தவை
- 3.வானதி
- 4.அருள்மொழிவர்மன்
5. சந்தர சோழர்
- 6.ஆதித்ய கரிகாலன்

7. வானமா தேவி
8. கந்தன் மாறன்
9. பார்த்திபேந்திர பல்லவன்.

இக்கதையில் அந்த காலத்தில் தஞ்சை மாநகர் எவ்வாறு இருந்தது என்பதை கல்கி மிகு அழகாக மொழி நடை யோடும், கவிநடை யோடும். நம்மை ஆயிரம் வருடங்களுக்கு முன்பு அழைத்துச் செல்வதை கதையை படிக்கும் பொழுது உணர முடிகிறது.

இக்கதையில் அன்பு, பாசம், காதல், பதவி, சூழ்ச்சி, போர், ரத்தம், அழகை, போர்களம், தியாகம், சாகசம், நட்பு, உதவி, ஏமாற்றம் என எல்லாவற்றையும் வார்த்தைகளில் கல்கி தன்னுடைய மொழி நடையில் எழுதியிருப்பதை உணர்வதற்காகவும், நமது ஆவலை நிவர்த்தி செய்வதற்காகவும் மட்டுமே கூட பொன்னியின் செல்வன் என்னும் ஐந்து பாகங்களைக் கொண்ட இந்த இலக்கியத்தை எத்தனை முறைவேண்டுமானாலும் படிக்கலாம்.



Literary Activity in Indian Language-Tamil

Department of Textiles and Clothing

Date :30/08/2022

Time :1.30pm to 3.30pm

Venue :Room no. 237

Participants: I-B.Sc. Textile & Apparel Designing and I.B.Voc Textile Dyeing and Printing

Report for the Activity- Enacting play, reading , writing was scheduled as part of student induction program as per UGC guidelines was organized in the Department of Textile and Clothing on 30/08/2022 for I-B.Sc. Textiles and Apparel Designing and I .B.Voc Textile Dyeing and Printing. The topic “Origin of Handloom” was given for the activity in which the students were supposed to write an essay only in Indian languages. 14 students from the department has participated and gave their best and by this activity the students came to know

about Handloom and its origin which is something each and every one should know. They had really informative time through this activity conducted.



Students writing the essay on the topic “The origin of Handloom”

Department of Textiles and Clothing

Date :30/08/2022

Time :10am to 12pm

Venue :Room no. 237

Participants: I-B.Sc. Textile & Apparel Designing and I.B.Voc Textile Dyeing and Printing

Report for the activity- Literary Activities in Indian Languages scheduled as part of student induction program as per UGC guidelines was organized in the Department of Textile and Clothing on 30/08/2022 for I-B.Sc. Textiles and Apparel Designing and I .B.Voc Textile Dyeing and Printing. The students took part in public speaking they learn skills to enhance their development both in and out of the classroom. Speech allows us to form connections, influence decisions and motivate change. The main aim of this speech event was to equip the students with the skills of thinking clearly, speaking persuasively and listening to the opinion of others. The theme of the speech competition was about the origin of handloom .The participants delivered their speeches with great confidence and left no stone unturned to give in their best on the topics they got. The participants named Ridha Dhaneen, and S. Devikala who took part in this event and shared us knowledge about handlooms, the history of handloom, and also the origin of handloom .which was very beneficial for the students.



Students delivered speech on the topic “The origin of Handlooms”

The participants has promoted Handloom by taking an oath by promising that to promote the use of handloom and also to honour the weavers community of India, who practice handloom day to day in their lives. This event was very much benefiting the students to become more definite in their oracy skills and becoming more conscious of one’s potential and also helped us to boost our confidence levels.

Department of Human Development

Date : 30/08/2022

Transition from school to university/college life is one of the most challenging events in a students’ life. When new students enter an institution, they come with diverse thoughts, backgrounds and preparations. They come into a new unfamiliar environment, and many of them have little knowledge of a university/college. An important task, therefore, is to welcome new students to Higher Education and prepare them for their new role. Student Induction Programme engages with the new students as soon as they come into the institution; before regular classes start. At the start of the induction, the incumbents learn about the institutional policies, processes, practices, culture and values, and their mentor groups are formed. Students should be exposed to culture and art forms like painting, sculpture, pottery, music, dance etc. These would allow for creative expression. It would develop a sense of aesthetics and also enhance creativity which would, hopefully, flow into their studies later. In this connection various literary activities were planned and executed for the students of I UG. The various activities conducted included singing, role play, speech and self-introduction. The students took part in the events and exhibited their talents in an excellent manner.



**SCHOOL OF PHYSICAL SCIENCES AND
COMPUTATIONAL SCIENCES
ENACTING PLAY- READING, WRITING**

Department of Physics

Date: 23/08/2022

Based on the suggestions and ideas received from our Respectful Head of the Department Dr.J.Shanthi, Professor, I have organized the program Enacting Play. The students were enthusiastically participated and gave their own ideas in play.



Enacting Play - Reading & Writing - Activity carried out by the students

Their ideas are very innovative and informative to the society. They have presented their ideas like, “Don’t be too pride”, “Choose a friend with Clear and Clever Mind”, “Don’t believe everyone”, “Always help others”, “Women Empowerment is prerequisite for every human”, Women Source is most Powerful”, “Find the Potential within you”. They were showing their reading and writing capability.



Enacting Play – Reading & Writing - Activity carried out by the students

From the presentations they invoke others to lead the better way in their life and also in their social life. This activity is definitely helpful for the students and it's bringing out the talents of the younger ones. They enjoyed the event and presented very well.

Conclusion: The two important tools in every student's life are Reading & Writing. Reading can improve the understanding level, improves brain connectivity, increases vocabulary and comprehension and even fights with our stress symptoms. The ability of writing improves cognitive skills, focusing of attention, planning and forethought, organization of one's thinking, and reflective thought, among other abilities – thereby sharpening these skills through practice and reinforcement.

Department of Physics

Literacy Activity in Indian Languages – Tamil, Hindi, Sanskrit

Date: 25/08/2022

Language is a vital part of human connection. Although all species have their ways of communicating, humans are the only ones that have mastered cognitive language communication. Language allows us to share our ideas, thoughts, and feelings with others. It

has the power to build societies, but also tear them down. The students wrote the concept in Tamil and Hindi and they explained their own presentation in front of the other students. This activity shows their interest and influence in their languages. Every concept written by the students in the different languages is appreciated.



Literacy activity in Indian Languages by the students

Language is the important tool for the efficient communication. One can speak their emotions and everything through the Language. The students well prepared their concept like stories, real time events, and social factors in their languages. Language is one of the most important parts of any culture. It is the way by which people communicate with one another, build relationships, and create a sense of community. There are roughly 6,500 spoken languages in the world today, and each is unique in a number of ways.



Literacy activity in Indian Languages by the students

Conclusion: Language is the most powerful tool of communication. Its function includes the: communication of ideas, thoughts, opinion and emotional expression, social interaction, using the power of sound, recording facts, expression of identity. However, at the same time, a common barrier to effective communication. Every Student presented their preparation in the languages of Tamil, English & Hindi in an effective way.

LECTURES BY EMINENT PEOPLE

TALK BY AN ALUMNI ENTREPRENEUR

SCHOOL OF HOME SCIENCE

Department of Resource Management

Date: 1.08.2022

As a part of the SIP, Class tutor, Mrs. Sakthidevi Interior Design and Resource Management conducted a session where the alumni of the Department Resource Management gave a guest speech about their experience in the university. The Alumni shared about their passion in their respective Fields and how they established their entrepreneurial ventures. The students found the session informative and inspiring



Department: Food Service Management and Dietetics

Date: 07/09/2022

As a part of student induction program, the students of 1st B.Sc of Food Service Management and Dietetics participated in the alumni talk show which was held on 07/09/2022. This talk show was initiated by our respected class tutor Dr. R.Radha. Mrs. Shiva Shankari who is an alumni of our Institute was invited to give a talk on the entrepreneurship work that she is carrying on. As now a day's many



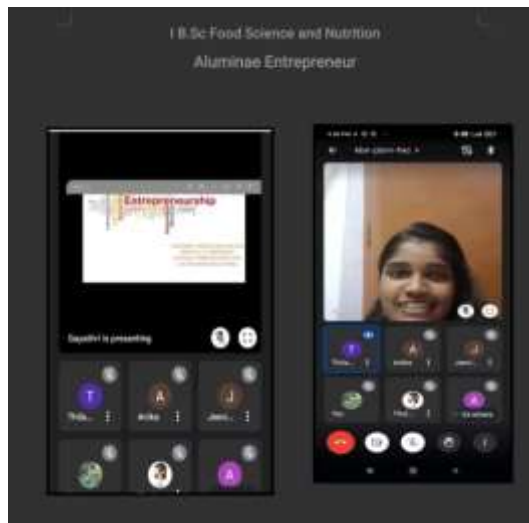
women employ themselves by being an entrepreneur in various aspects in that way our beloved alumni has succeed in being one of the finest baker in town. She bakes cakes and makes chocolates by using fresh homemade ingredients, so that the butter used are also prepared by her

own. Through her talk most of us are encouraged to become an entrepreneur. She did not let go her dreams and now she stands before us as a successful baker.

Department of Food Science and Nutrition

DATE:02/09/2022

The session was arranged by our class tutor Dr. Thilakavathy mam this session was taken by Ms. Gayathri venkat customized bakes and nutritionist from Tirupur who inspired, motivated with her words and her work . we had a lot of information and introduction about entrepreneurship in the session Ms. Gayathri venkat is a great role model for us . The first UG students , who had no idea what entrepreneurship is . she clearly explained all the factors and influenced us .



she insisted us to be bold enough to face any circumces in our life . she inspired us to take any field of our interest and work hard to succeed in it . she enlightened us to be stubborn and strong in our desired our dreams. she stood in her own legs , in her success and failues as a proud independent women and motivated us to be the same. Her words as motivated us and on the whole , the session was great and helpful. We enjoyed the session a lot. At the end of the session our classmate deliverd the vote of thanks. After attending the session, all of us have an idea to become an entrepreneur.

Department of Textiles and Clothing

Date : 01/09/2022

Time : 10am to 12pm

Venue : Room no. 237

Resource Person : Ms. Jency Jasmine

A Guest Lecture on “Entrepreneurship Development” was organized in the Department of Textiles and Clothing on 01/09/2022 in account of Students Induction Program as per UGC guidelines. Ms. Jency Jasmine, our Department alumni has guided the students on Entrepreneurship Development. She has started Jewellery making activity when she was doing

her Undergraduate Degree. She also developed her skills in the next few years by getting orders through online. She also has an e-page named “Glitz Copper Jewellery” where she sells her hand crafted copper jewels by receiving online orders. She explained the students on how to start and develop a small business while studying which will help them to practice Entrepreneurship Skills. It was a really useful session where students have experienced a lecture on how to start and promote Entrepreneurship skills.



Resource Person: Ms. Jency Jasmine explaining the students on “Entrepreneurship”

Department of Human Development

Date : 29.09.2022

Our department invited the chief guest **Dr. JAYAN NAMBOODIRI**, Consulting Psycho-Behavior Therapist/ Counselor with the experience of more than 15 years. He interacted on the topic of **“Emotional Management through behavior technology”**.

Our chief guest started the session on the topic of **Mental health** – **“There is no Health without the Mental Health”** Then he talks about the Senses usually there are **5 senses** but two more senses were added by him i.e **Self awareness** and **Self Balance**. He explained **“SLEEP”** S as **Stress**, L as **Level**, E as **Elimination**, E as **Exercise**, Pas **Plan**. We should sleep at least **7 hours 6mins per day**. But usually there is no sufficient sleep pattern **“Some people can’t sleep because they have Insomnia; We can’t sleep Because we have INTERNET”**

According to **CIRCARDIAN RHYTHMNS** in **Humans**, we have to go bed at 9 PM because it is the time of secretion of **MELATONIN**, which helps for our mental health. He

explained **PHOBIA** and **INTERVENTION**. Phobia is the combination of fear and anxiety. Fear is said to be false expectation assumed as real. He told some therapies to overcome “**Anger in 1 min**” which weakens the Immune system by **4-5 hours** and also it decreases the Self –awareness.



“**1 min of laughing**” strengthen the immune system of **24 hours**. To improve **Self – confidence** he taught us “**Mirror therapy**”- Saying **21 times** of “**I Love You**” in morning and evening in front of the mirror helps us to gain self -confidence and self –awareness.

SCHOOL OF PHYSICAL SCIENCES AND COMPUTATIONAL SCIENCES

Department of Physics

Opportunities in Taiwan for Physics by Our Alumni to the Fresher’s

Dr. Nandhini Natraj (Alumni of Avinashilingam Institute for Home Science and Higher Education for Woman), National Taipei University of Technology, Taiwan.

Date: 22nd August 2022

Venue: Online (Google Meet) and Gallery (Avinashilingam Institute for Home Science and Higher Education for Woman)

The Chief Guest Started her Speech with an introduction of herself. She was giving a talk about the life in Taiwan. Taiwan is a sophisticated city. It is safe for women and the people in Taiwan are more Helpful by Nature. Education in Taiwan for Master program as well as Ph.D. program the following steps are to be followed:

- Choose the Universities, that is the universities are of two types they are Public Universities and Private Universities.
- Check for the rankings in each Universities mostly prefer Public Universities and look for International Programs.

- Find the departments or any Specification course.
- For Master program – Choose the program and then look for Stipend.
- For Ph.D. – Choose the Advisor, Field of Work and then look for Stipend.

Scholarships Offered in Taiwan:

- There are two types of scholarships in Taiwan.
 - University Scholarship
 - Government Scholarship

Part Time Job in Taiwan:

- Apply for work permit.
- Requires Professor Approval (Ph.D. Program)

Living Expenses in Taiwan:

- Dormitory (mostly comfortable) [Cooking, Most Convenient, Pay 6 months once](Hostel provided by the University)
- Private House [Costly, No Cooking, Pay Monthly]
- Transportation – Bus, Metro-sophisticated
- Indian foods can be found in restaurants and is very costly.

She finally concluded by saying that Education in Taiwan is a great place to study for anyone wishing to immerse themselves in a rich artistic and technical environment which focuses on precision in education and preparation for the highly competitive careers that afford themselves to its residents. Studying in Taiwan would be a memorable and rewarding experience.

Outcome of the Event:

The Students Clearly Understood

- The opportunities in Taiwan for Physics.
- The Scholarships and Stipend offered by the Universities and the Government.
- Part time jobs.
- Finally came to know about the living Expenditures in Taiwan for perusing a Master Program or Ph.D. Program.



Department of Computer Science

Date 10/9/2022

Our Alumni meet was held through Google meet. Dr. Vijaya Bhanu, mam organised the meet. Our chief guest of the meet was **G.Raja Meenakshi** -online Tutor, Data science aspirant. The meet was begin with welcome address by Farveen. Our chief guest gave us many ideas about online courses. She shared her experience in programming languages such as C, C++, Java, Python and R which was new to us. She suggested some website for us to learn it will be convenient for us. She briefly explained about certified courses and advised us to join, also explained about few



exams like OCA and OCP .she shared books for exams. It was an interactive session. It was a wonderful session, she is extremely great. Our meet ended with out of thanks by Ridhupriya.

Department of Mathematics

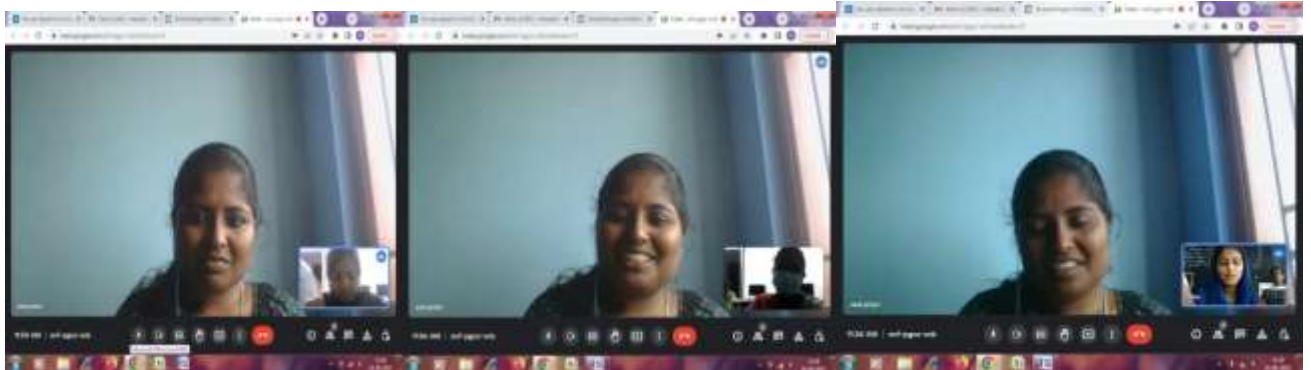
Date: 29/08/2022

We met our one of the best alumni, Sasi Priya mam through Google meet. We were feeling very pleasure to met such an inspirational women. The meeting has the followings.

1. **Welcome speech**, it's given by our I UG Maths student K. B. Lavanya. She welcomed our alumni with a great respect.
2. **Alumni's speech**, Sasi Priya, K, Education Consultant and Tutions, She gave us a very inspirational speech. She shared about her presentations, her respect and love towards her tutor, she added that our University is best and our tutors were caring us like our own mom. She also shared that she is wondering about the temple constructions as a math student. She made us knowledgeable about the career opportunities after UG & PG in

mathematics as well. She asked to learn mathematics full of joy, as the mathematics is a needed department. And she shared many things too.

3. **Vote of thanks**, it's given by our I UG Maths student, M. Nasrin, I had expressed a sincere gratitude to our HOD mam, alumni Sasi Priya mam for her too good speech, and finally for our organizer Dr. PL. Meenakshi mam without who we couldn't gained knowledge from our alumni.



Department of Information Technology

The Department of Information Technology has organized the guest lecture on “How to become an Entrepreneur” by Alumni Entrepreneur for 2022 – 2025 batch students on September 6, 2022. Miss V. Priyanka, CEO & Founder, Viswa Technology Solution, Coimbatore & proud alumni of the Department of Information Technology handed over the session. She shared her experience and challenges faced during the establishment of the organization. Around 68 students have participated in the celebration. The program started at 3.00pm in the Seminar Hall, Dept. IT. The main motto of the Alumni Entrepreneur Meet is to motivate the student to become an Entrepreneur. She also addressed about the value of Life and gave a wonderful message as students have opportunities to improve their leadership and inter personal skills while also increasing their Self-confidence. A short glimpse of her converse is given below. Ms Priyanka concluded her talk by advising the students to choose their carrier correctly and perfectly.



Guest Lecture by Ms.V.Priyanka, CEO & Founder, Viswa Technology Solutions

SCHOOL OF BIOSCIENCE

Department of Zoology

A virtual meet was organised with one of our alumni Ms. Sreelakshmi, Proprietor of Fluffy world, Vadavalli, Coimbatore. She unveiled the entrepreneurial avenues of zoology and the students were highly interested and motivated and gained knowledge about the rabbit pet shop



VISITS TO LOCAL AREA

5. VISIT TO LOCAL AREA

SCHOOL OF HOME SCIENCE

Department of Resource Management

Date: 5.09.2022

The students IB.Sc. IDRM visited Bharati Park near the university. It was a fun filled experience for the students as they enthusiastically indulged in exercising and having a good time with their friends. The students saw the paintings on the compound walls of the park done by the NSS students. The students thoroughly enjoyed the visit.



Department: Food Science and Nutrition

Date: 07/08/2022



Forest Museum

Iconic 120-year-old Gass Forest Museum is a record of the history of the land, lovingly curated for over a century. A giant stuffed Indian Gaur from the Biligiri Hills of Karnataka greets you even before you enter the towering two-tiered Gothic-style mansion that holds one of India's largest and oldest natural history collections. The gaur displayed at the main exhibition room was presented in 1956 by Jayachamaraja Wodeyar, the last Maharaja of the princely state of Mysore while the 14-month and four-month elephant fetuses were gifted by renowned 'elephant doctor' V. Krishnamurthy, who performed the highest number of elephant post-mortems. The gaur is accompanied by various other stuffed animals including the great Indian hornbill, Nilgiri langur, slender loris, and birds. There is also a skeleton section with the skeleton of an elephant and a bull. "It's a museum within a museum as the colonial building was built specifically for this purpose. The height of the

ceiling was raised to accommodate a massive sandalwood trunk that weighs 1.75 tonnes and is 10.2 metres tall”. The entomology section has insects, beetles and butterflies on pins that have been in mahogany display cases for more than a century. “I noticed marbled map, a butterfly species that is distributed across South East Asia up to north east India till Andhra. Other rare species are autumn leaf and five band swordtail”.The mycology section has fungal species that occur in the forests and have an important role to play in the growth of trees. While the wildlife artefacts are disturbed only to polish, periodically change formalin and maintain moisture content, the seeds, soils and fungi collections are updated regularly.

Department of Textiles and Clothing

Date :06/09/2022

Time :01.30pm to 02.30pm

Venue :Textile Production Unit

Participants: I-B.Sc. Textile & Apparel Designing and I.B.Voc Textile Dyeing and Printing

On 06th September 2022, I B.Sc Textiles and Apparel Designing and I B.Voc Textile Dyeing and Printing visited Textiles Production Unit. Detail explanation was given to students about basics of textiles and fabric production. They have also got to know about the working process of carding, combing, spinning, and needle punching machine. The students showed their interest and actively participated in the visit.



Explanation of working process of machines by Lab Technician

Department of Human Development

Date: 23.08.2022

On August 23,2022 at 10.45 AM, We visited **Anganwadi centre Rajiv Gandhi National Creche-II, The Avinasilingam Education Trust**. Anganwadi comes under ICDS programme and it was sponsored by Central Welfare Social Board, New Delhi. It's aim is to provide services to pre-school children in an integrated manner. So, as to ensure proper growth and development of children who are under the below economical status.



SCHOOL OF PHYSICAL SCIENCES AND COMPUTATIONAL SCIENCES

Department of Physics

we have visited Gass Museum as well as our Campus. The museum is situated in the Forest College Campus, situated on Cowley Brown Road in the heart of Coimbatore city. The campus also houses other institutions like the Tamil Nadu Forest Academy (TNFA), the Institute of Forest Genetics and Tree Breeding, Central Academy for State Forest Service (CASFoS) and other offices of the [Tamil Nadu Forest Department](#).



In front of the Gass Museum with I UG Physics students



Different Species and Front Portion of the Museum



Toward the end of the 19th century, an aborted attempt was made by J. A. Gamble, the conservator of forests for Madras Presidency, to establish a forest museum in the province. A few years later in 1902, Gamble's successor as Conservator of Forests Horace Arichibald Gass succeeded in establishing a museum for forestry. It was opened to the public 15 April 1902 by Baron Amphil, the then Governor of Madras, at that point simply referred to as the Forest Museum at Coimbatore. When Gass, the first curator, retired in 1905, his successor F. A. Lodge renamed the museum in his honor. It was expanded in 1905 and 1915. In 1912, the

Madras Forestry College (currently the Tamil Nadu Forest Academy) was established in the museum grounds to train foresters. During 1942–47, the museum was closed and the buildings used as shelters for World War II evacuees from Malta and Greece. After Indian Independence in 1947, the museum came under the administration Government of Tamil Nadu. It is currently run by the Institute of Forest Genetics and Tree Breeding (IFGTB), which is situated in the same campus. The museum was reopened for public on 1 May 2015 after carrying out renovation works.



Shown the video about the production of Environment and Forest Areas





Specimens in the Museum

Stuffed Gaur (Indian Bison) presented by jayachamaraja wodeyar, Mysore, Stuffed Chinkara (Indian gazelle), A stuffed leopard, Stuffed peacock and peahen, Elephant foetus (gifted by renowned 'elephant doctor' V. Krishnamurthy), Seasoned trunk of a sandal wood tree, Seasoned specimen of neer kadambai (நீர்க்கடம்பை) tree trunk etc.,

CAMPUS VISIT



In order to familiarize the different locations of our campus the students have visited and identified various zones of the campus. In the Gass Forest Museum they have learned the importance of Forest and the Environment for human sustainability. They have visited the areas of different specimen and gathered knowledge about them like their life time, food habits, varieties etc. This visit is very blissful experience for the students.

FIELD VISIT – THE GASS FOREST MUSEUM

Date : 9/9/2022

On September 9th, 2022, we visited the Gass Forest Museum with our class tutors. It was a very good experience, it was 1 km away from our college. The Gass Forest Museum is a government-run natural history museum situated in Coimbatore, Tamil Nadu, and India. Located at Cowley Brown Road, it is one of the popular museums in Tamil Nadu.



Gass Forest Museum is located inside the premises of the Forest



College Campus, Coimbatore. J. A. Gamble, the conservator of forests for the Madras Presidency, made an aborted attempt to establish a forest museum in the province towards the end of the 19th century. A few years later in 1902, Gamble's successor, Horace Archibald Gass, succeeded in establishing a museum for forestry. During World War-II, the museum was closed to accommodate evacuees from Greece and Malta.



After Indian Independence in 1947, the museum came under the administration Government of Tamil Nadu and is currently run by the Institute of Forest Genetics and Tree Breeding (IFGTB). The museum was reopened for the public on 1st May 2015 after carrying out

renovation works. Initially, the museum was started in one of the rooms of the conservator's office building and was expanded and shifted to the present building in the year 1915. It is made of red stone and built in British Gothic style. The museum is home to nearly 10,000 exhibits. Other artifacts in the



museum is a piece of an asteroid which is believed to be several million years old, a stuffed albino crow, and a full-grown male stuffed Indian guar which was gifted to the museum in 1956 by Jayachamaraja Wodeyar, the last Maharaja of the princely state of Mysore. One can see an assortment of stuffed animals and birds including an attention-grabbing one of a Brahmin kite capturing a chick. This natural history museum is the first institution in India to house exhibits related to forestry. The forestry artifacts here include timber, non-timber forest products, wood crafts, wildlife, entomology, mycology, geology, ethnology, arms, forest engineering, and the environment. In total the museum hosts 10,000 different types of artifacts. People like to see the stuffed animals and reptiles that look very much alive. A stuffed wild Bison along with a sloth and a deer stand at the entrance of the museum. Apart from this one can see the stuffed animals like peacock, leopard, Brahmin kite and others. One of the great

attractions of this museum is the preserved baby elephant's fetus, stuffed baby elephant and skeleton of the elephant. Those who love to explore nature, this museum is a great break. The geology section of the museum has sample exhibits from 135 countries. The artifacts are regularly polished and the formalin is changed regularly to maintain the moisture. The seeds, fungi and soil collection in the museum are changed monthly. In December 2013 the museum was closed for 2 months for renovation. For those who love to explore nature, this museum is a great break. The geology section of the museum has sample Exhibits from 135 countries. The artifacts are regularly polished and the formalin is changed regularly to maintain the moisture. These seeds, fungi and soil collection in the museum are changed monthly. In December 2013 the museum was closed for 2 months for renovation. The visit to the museum was thrilling as well as an enriching experience for me. It was one of the richest experiences of my life to have seen and experienced all of that in the museum. It was deeply moving to see the vast storehouse of our country's ancient glory. This visit to the Gass Forest Museum has left a lingering impression on my mind.

Department of Mathematics

On regard of visit to local area activities, students of *I B.Sc. Mathematics* were taken for a visit to *GASS FOREST MUSEUM* nearby the university campus by their tutor *Dr.PL.Meenakshi* on **6th September, 2022**. The exhibits of the museum were fascinating and mesmerising. The acquaintance on the local tour are as follows:

History- The Gass Forest Museum was established by Horace Archibald Gass, a British Forest Officer. There were more than 4000 exhibits housed under following categories:

Wildlife

The museum housed a rich collection on wildlife. The terrestrial fauna included a magnificent stuffed Bison presented in 1956 by the Raj Pramukh of Mysore, Stuffed leopard, Indian gazelle, Monkeys and Nilgiri langur. The skeleton section had full skeleton of elephant and bull. Foetus of elephant, eggs of different birds including the Ostrich, the world's largest egg, antlers and trophies of various deer species, skulls of few wild animals were also displayed.



Botany

A rich collection of this section included the fruits and seed carpellarium, barks, roots, leaves and fibres of important forestry species. Different species of bamboo and canes were also found.



Timber

The museum had collections of all important timber species found in India. Notable among the exhibits was a 456 years old cross section of Teak in a girth of 5.7 metres and a massive Sandal tree weighing 1.75 tonnes and 10.2 metres in height.



Forest Engineering

Different models of timber stacking, timber seasoning, Forest bridges and timber houses were displayed.



Entomology



A rich collection of the insect world displaying the important classes of both useful and harmful insects associated with the forests which constitutes an important component of biodiversity was exhibited.

Geology

More than 300 collections from various parts of the world including the rock, mineral wealth, and soil formations from forests were housed there.



Mycology

This section dealt with the fungal species that occur in the forests and have an important role to play in the growth of trees.

Non-Timber Forest Products

These sections comprised the display of entire range of useful non timber forest products that are economically important and were arranged in distinct categories.



Ethnology

It dealt with the physical, social and cultural aspects of hill tribes.

Wood Crafts

Various articles that are manufactured with the forest products including Bobbins & Shuttles, picker arms, and carving items were displayed in this category.



Department of Chemistry

The students of I B.Sc. Chemistry were taken for a visit to *GASS FOREST MUSEUM* nearby the university campus by their tutor Dr. M. Amutha Selvi on 6.09.2022. The exhibits of the museum were fascinating and mesmerising. The Gass Forest Museum was established

by Horace Archibald Gass, a British Forest Officer. There were more than 4000 exhibits housed under various categories. The museum housed a rich collection on wildlife. The terrestrial fauna included a magnificent stuffed Bison presented in 1956 by the Raj Pramukh of Mysore, Stuffed leopard, Indian gazelle, Monkeys and Nilgiri langur. The skeleton section had full skeleton of elephant and bull. Foetus of elephant, eggs of different birds including the Ostrich, the world's largest egg, antlers and trophies of various deer species, skulls of few wild animals were also displayed.



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component of biodiversity was exhibited. More than 300 collections from various parts of the world including the rock, mineral wealth, and soil formations from forests were housed there.

This section dealt with the fungal species that occur in the forests and have an important role to play in the growth of trees. These sections comprised the display of entire range of useful non timber forest products that are economically important and were arranged in distinct categories. It dealt with the physical, social and cultural aspects of hill tribes. Various articles that are manufactured with the forest products including Bobbins & Shuttles, picker arms, and carving items were displayed in this category.

Department of Information Technology

Field Visit to Gass Forest Museum

Date: September 9, 2022

There was a field trip arranged for the 1st under graduate students to the Forest Gass Museum. 1st B.Sc. Information Technology along with 1st B.Sc. Computer Science and 1st Viscom were taken to the museum. We started at 2:00 p.m. from the University and reached the museum in a few minutes. There was a small introduction about the museum given by the instructor and also she explained about the founder of the museum Sir. Horace Arichibald Gass.

A taxidermied wild boar was kept at the entrance, everybody looked at it in amusement. There were many animals and birds mummified some of them were a cheetah, some monkeys, rats, eagles, fox, rabbits and so on. Many birds were taxidermied and their wings were kept for display. Animal skins were kept in glass containers along with their other body parts. Skeletons of many mammals and also humans were kept. Not only animals and birds but also plants and trees are preserved in the museum. Some rare seeds of fruits and also traditional plants were kept in preserving liquids.

All were glued to a baby elephant of 14 months in a big glass container with preserving liquid. There were also skins of snakes taken after they were removed by their natural process. Apart from wildlife there were traditional weapons and clothes used by the forest tribes at the 1st floor. Guns, bow and arrows, boomerangs and other weapons used by the tribal people and the forest guards were displayed. Clothing and accessories of the tribes and the uniforms of guards were kept. Model of huts of the local tribes and other different houses, working models of bridges etc made everyone look at it with excitement. Types of rocks, minerals, fungi, corals were preserved.

After having a look at the Gass museum it was time for us to leave. Everybody came out with contentment and by gaining knowledge. We completed the visit at 3:30 p.m. The outcome of this field visit was great as everyone appreciated the conservation of nature and vowed of preserving and conserving the ecosystem by themselves to protect the environment on the whole.



SCHOOL OF BIOSCIENCE

Department of Botany

For this Activity, the students from the Botany department have visited Gass Museum. The museum is situated in the Forest College Campus, situated on Cowley Brown Road in the heart of Coimbatore city. The campus also houses other institutions like the Tamil Nadu Forest Academy (TNFA), the Institute of Forest Genetics and Tree Breeding, Central Academy for State Forest Service (CASFoS) and other offices of the Tamil Nadu Forest Department.



Department of Zoology

For this Activity we have visited Gass Museum as well as our Campus. The museum is situated in the Forest College Campus, situated on Cowley Brown Road in the heart of Coimbatore city. The campus also houses other institutions like the Tamil Nadu Forest Academy (TNFA), the Institute of Forest Genetics and Tree Breeding, Central Academy for State Forest Service (CASFoS) and other offices of the Tamil Nadu Forest Department.



In Front of the Gass Museum with I UG ZOOLOGY students



Department of Biochemistry, Biotechnology and Bioinformatics

The students from the Department of Biochemistry, Biotechnology and Bioinformatics have visited Gass Museum on 6th September 2022. The museum is located in the Forest College Campus, Cowley Brown road, Coimbatore. This museum is just one Km away from our Institute.



The Gass Forest Museum was established by Horace Archibald Gass, a British Forest Officer. More than 4000 exhibits housed in the museum under different categories including, wildlife, preservation of seeds and fruits of various plants, timbers, insects, geological area,



fungus preservation, non-timber forest products, traditional products and wood crafts. The students were fascinated on each collection exhibited in the museum. Many endangered species and their skeletons were preserved in formalin. Foetus of elephant and eggs of different birds were quite interesting to the students. They all were enjoyed and explored the nature around them. Several kinds of bamboos and canes were observed by the students. The 467 years old cross-sectional teak and a sandal tree with the height 10.2 meter and weight 1.75 tonnes were also be showcased. Colourful and venomous insects were displayed behind the transparent glass shield. From this, students can understand the biodiversity of important species. More than 300 geologically important components including rock, minerals and soils were also displayed in the museum. Attractable wooden based products manufactured with the application of forest tree including, bobbins, carving things, etc., were housed in this Gass forest museum. Clothes and traditional weapons used by the ancient tribal people were very new to the students. They excited to see all the models of huts, houses and bridges used by the tribes. Students were feel happy to explored the nature one day. Form this local visit, they

came to know that conservation and preservation of our tradition is crucial part of our life. We need to protect the environment and culture.



EXTRA CURRICULAR

ACTIVITIES

6. EXTRACURRICULAR ACTIVITIES

SCHOOL OF HOME SCIENCE

Physical Activity

Department of Resource Management

Date: 20.08.2022

The students of I B.Sc IDRМ engaged themselves in a physical activity, where the students performed yoga exercises. The students also discussed about the merits of physical exercise and the demerits of not exercising properly and how it affects the



mental and physical health of the students. It was a fun filled activity. The students thoroughly enjoyed exercising and discussing.

Department of Food Science and Nutrition

Date:29/08/2022

Physical activity is an important aspect of any health promotion programs and lack of it is a primary risk factor for many lifestyle-related diseases promoting health and physical activity is the responsibility of a number of agencies and institutions , schools which are central to most policies. Moreover, educational institutions plan physical activities to promote health needs of the students and finally to the society. Daily physical activity include free play ,games, sports, walking, cycling , yoga, dancing , etc...students who are physically active tend to have better grades, school attendance / college attendance, cognitive performance , class behaviour . Student should be both physically as well as mentally stable. Both physical fitness and mental



stability are the essential one for a healthy human. Doing physical activity regularly keeps our body and mind strong and by doing exercises we can reduce diseases and keep our body healthy. We enjoyed our physical activity like aerobics, Zumba dance, meditation, yoga and the asanas like vajarasanam , badmashanam , bujangasana. We finally created awareness among out students about the importance of ‘physical activity’ we girls are so aware of yoga. ‘Health is Wealth’ as this proverb mean that the health is the greatest asset for a human being, is not worth living without good health.

Department of Textiles and Clothing

Date :01/08/2022

Time :2pm to 4pm

Venue : Multipurpose Stage

Participants : I-B.Sc. Textile & Apparel Designing and I.B.Voc Textile Dyeing and Printing

The Report for the Physical Activity scheduled as part of student induction program as per UGC guidelines was organized in the Department of Textile and Clothing on 01/08/2022 for I-B.Sc. Textiles and Apparel Designing and I .B.Voc Textile Dyeing and Printing. Our Department students Firthosh Fathima and S.Swetha of III. B.Sc Textiles and Apparel Designing taught the students about Aerobics and benefits of practicing aerobics. After teaching them the aerobics steps, the music were played so the students could exercise along with the music. They were all really cheerful and energetic and It was really refreshing session for the students.



Students Exercising on Aerobics

SCHOOL OF PHYSICAL SCIENCES AND COMPUTATIONAL SCIENCES

Department of Physics

Physical Activity

Date: 03/05/2022

Being physically active can improve your brain health, help manage weight, reduce the risk of disease, strengthen bones and muscles, and improve your ability to do everyday activities. Adults who sit less and do any amount of moderate-to-vigorous physical activity gain some health benefits.

Top 10 Benefits of Physical Activity

- Improve your memory and brain function (all age groups).
- Protect against many chronic diseases.
- Aid in weight management.
- Lower blood pressure and improve heart health.
- Improve your quality of sleep.
- Reduce feelings of anxiety and depression.
- Combat cancer-related fatigue.

Why is exercise important 5 Reasons?

- **Weight Control.** One of the most common benefits of exercise is that it helps you control and manage your weight. ...
- **Physical Fitness.** Exercise doesn't just keep you trim—it helps you stay healthy. ...
- **Energy.** ...
- **Mental Health.** ...
- **Long-Term Health.**

In order to maintain our body physical activities are mandatory. Even they can cure Mental Pressure also. Keeping this factor in the mind Our students demonstrates soma Yogasana to their class mates



Exercise helps people lose weight and lower the risk of some diseases. When you exercise daily, you lower the risk of developing some diseases like obesity, type 2 diabetes, high blood pressure and more. It also helps to keep your body at a healthy weight.