



## **Avinashilingam Institute for Home Science and Higher Education for Women**

Deemed to be University Estd.u/s 3 of UGC Act 1956, Category 'A' by MHRD (Now MoE)

Re-accredited with an 'A++' Grade by NAAC CGPA 3.65/4, Category I by UGC

Recognized by UGC under Section 12B

Coimbatore – 641 043, Tamil Nadu, India

### **AQAR 2023-24**

#### **7.1.8 Institutional Efforts / Initiatives Towards Inclusive Environment**

- **Building Harmony across diverse Culture**
- **Harmony across Regions**
- **Sense of Tolerance and Harmony Promoted Through Linguistic Programs**
- **Programs to Sensitise on Communal Differences**
- **Programs to Reduce Socio-Economic Diversity**

<b>S.No</b>	<b>Title of the Programme</b>	<b>Date</b>	<b>No. of Participants</b>
1.	Aadiperukku Celebration	06.08.2023	64 Children from Sri Avinashilingam Play School (Child Lab for Human Development Department) 30 III UG HD Students
2.	Fancy Dress Competition for Preschool children	18.08.2023	20 Children from Sri Avinashilingam Play School (Child Lab for Human Development Department) 30 III UG HD Students
3.	Vinayaka Chaturthi celebration	06.09.2023	61 Children from Sri Avinashilingam Play School (Child Lab for Human Development Department) 30 III UG HD Students
4.	Krishna Jayanti celebration	08. 09.2023	60 Children from Sri Avinashilingam Play School (Child Lab for Human Development Department) 30 III UG HD Students
5.	World Tourism day (Swachh Bharath Activity)	27.09.2023	45

6.	Diwali celebration	27.10.2023	64 Children from Sri Avinashilingam Play School (Child Lab for Human Development Department) 30 III UG HD Students
7.	Christmas Celebration	20.10.2023	64 Children from Sri Avinashilingam Play School (Child Lab for Human Development Department) 30 III UG HD & 23 II PG HD Students
8.	Pongal	13.01.2024	64 Children from Sri Avinashilingam Play School (Child Lab for Human Development Department) 30 III UG HD & 23 II PG HD Students
9.	Hands on Training on Inclusive Education	29.01.2024	20
10	Demonstration on Inclusive Pedagogies at Corporation Primary Schools, Coimbatore	07.02.2024 to 21.02.2024	25
11.	Symposium on Inclusive Pedagogies & Practices	23.02.2024 to 24.02.2024	274
12.	World Heritage day	18.04.2024 to 20.04.2024	130

### **Report on Aadi Perukku Celebration - 6.8.2023**

Department of Human Development, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and Sri Avinashilingam Play School, Coimbatore, Tamil Nadu celebrated Aadi Perukku Celebration on 6<sup>th</sup> August, 2023, The school was adorned with colorful rangolis, traditional decorations, and symbols that highlighted the festival's importance, thanks to the efforts of the teachers and staff.

The celebration aimed to cultivate an appreciation for cultural diversity among the children, teaching them to respect and understand various traditions. It highlighted how festivals like Aadi Perukku serve as occasions for families to unite in prayer and gratitude for water bodies, particularly rivers.



The tree plantation event, attended by children and distinguished guests, was designed to enhance environmental awareness among the young participants. Such activities, particularly when led by a chief guest, offer significant educational and developmental advantages for children. The primary objective of planting saplings during Aadi Peruku is to ensure a continuous water supply, thereby strengthening the bond between individuals and nature, promoting environmental sustainability, and celebrating the spirit of the festival. Following the planting and watering of saplings, the preschool students, alongside the chief guest, engaged in activities that symbolize growth and renewal. The involvement of guests brought valuable insights and motivation, making the event a memorable and impactful experience for everyone involved. The Aadi Perukku celebration at Avinashilingam Nursery was a vibrant event that honored Tamil culture and offered valuable growth experiences for the children. The celebration fostered teamwork, self-expression, and gratitude for nature, making it a meaningful and memorable occasion for all involved.

### **Report on Fancy Dress Competition - 18.08.2023**

Department of Human Development, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and Sri Avinashilingam Play School, Coimbatore, organized a fancy dress competition for the nursery science children on 18.08.2023 at Nursery School. The event aimed to encourage creativity, self-expression, and confidence among the young participants.

This event is important because it helps children develop their creativity, communication skills, and social skills. It also helps them build confidence and overcome anxiety. Preschooler can use their imagination to create costumes and act out their favorite characters and they practice talking about their costumes and the characters they're portraying. They can learn to cooperate, negotiate, and make positive decisions. They can

learn to express them freely and overcome anxiety. Mostly they can develop cognitive skills by using symbolic thinking and problem solving. Children can practice language development by telling stories about their costumes.



The theme of the competition was "Exploring the World of Science and Nature."

A total of 36 nursery science children participated in the competition, dressed in their creative and colorful costumes. The children's costumes ranged from planets, animals, and flowers to scientists, inventors, and explorers.

A panel of judges evaluated the participants based on their creativity, originality, and confidence.

The fancy dress competition was a huge success, with the nursery science children showcasing their creativity and imagination. The event provided a platform for the children to express themselves and build their confidence.

### **Report on Vinayaka Chaturthi Celebrations**

On September 6, 2024, Department of Human Development, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and Sri Avinashilingam Play School, Coimbatore, conducted a lively Vinayaka Chaturthi event, bringing the rich traditions of the festival to life. The school was beautifully decorated with colorful rangolis, idols of Lord Ganesha, and symbols representing Vinayaka's blessings. Teachers and staff contributed significantly to creating an environment that showcased the essence of the festival.

Children from pre-KG, LKG, and UKG classes were encouraged to wear traditional attire, connecting them with their cultural heritage. They also enjoyed traditional sweets and treats, adding a sensory experience to the celebration and introducing them to the festival's flavors. The celebration aimed to instill an appreciation of cultural diversity, teaching children to respect and understand various traditions. Vinayaka Chaturthi helped convey how

festivals serve as occasions for family unity, gratitude, and reverence for divine blessings. The event included storytelling about Lord Ganesha, enhanced with videos explaining his importance and role in mythology.



Teachers presented songs and led dance performances, providing opportunities for physical development, coordination, and balance, while nurturing self-confidence and teamwork. These group activities fostered social interaction, cooperation, and mutual support among children, allowing them to express themselves while embracing the spirit of the festival.

Through traditional storytelling, songs, and dance, the event provided physical, emotional, and social growth opportunities for the children. This memorable celebration cultivated teamwork, gratitude, and self-expression, leaving a lasting impact on all involved.

### **Report on Krishna Jayanthi - 8.9.2023**

Department of Human Development, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and Sri Avinashilingam Play School, Coimbatore, Tamil Nadu celebrated Krishna Jayanthi on 8<sup>th</sup> September, 2023 with great festive fervour, to commemorate the birth anniversary of Lord Krishna.

He is worshipped as the **eighth avatar of the god Vishnu** and also as the supreme God in his own right. He is the god of compassion, tenderness, and love in Hinduism, and is one of the most popular and widely worshipped among Indian divinities. Among the children in the nursery School.





The event started with the graceful prayer songs about the lord Krishna by our department students along with the lighting of lamp in the stage to enumerate the Tamil culture to the children. The children dressed up well suitable for theme of the event like little Krishna as boys and Radha as girls. The parents also took part in the celebration as well. The children were very enthusiastic throughout the program. Dance activity is the perfect time to show children how important it is to get active to stay fit and healthy. One way that will really get them interested is by participating some simple dance by our classmates. Using music is a great way to get kids into the dance moves and really turn up the fun and this dance makes us to feel joyful. The drama was conducted by the our III UG students the drama is about the story of the lord Krishna and the Yashoda and this drama makes to understand the mother and the children relationship. The drama displayed funnier of the little Krishna and this is more enjoyable.

The ramp walk was done by the children's with the different costumes of the lord Krishna and Radha and the ramp walk is trained by our department class girls. The incarnation of Lord Krishna on earth teaches us many things in our life. His role in Mahabharata was remarkable. There are many motivational dialogues between Lord Krishna and Arjun in Bhagwat Gita. At last, the program ended with a lot of satisfaction and provided a lot of information and knowledge to the children as well. They learnt a lot during the celebration of well-known festival of Janmashtami

## Report on World Tourism day Celebrations

**Date & Day :** 27.09.2023 & Wednesday

**Chief guest:**

Mr.ArunKumar, President, SKALClub Coimbatore, General Manager –Zone by the Park, Coimbatore

Mr.Ramesh Chandrakumar, General Manager –The Grand Regent,

Coimbatore

Mr.Nijo Augustin, General Manager - IKON by Annapoorna

Avinashilingam Institute for Home Science and Higher Education for Women – Coimbatore celebrated World Tourism Day with zeal and by carrying out many activities in collaboration with SKAL Club and TTDC Coimbatore from 21.09.2023 to 27.09.2023. The entire programme was coordinated by Dr. Bindu V.T, Head, Department of Tourist Management and Assistant coordinator Dr.K.Sathiyabamavathy, Dr.V.VaidehiPriyal, Dr. S. Bhuvaneshwari, Mrs. S. Nisha, Ms. G. Ashish Kanwar, Ms. Sneha Johnson, Mrs. Vinothini, and Mrs. Mohana Rani.

The Institute performed seven activities in different forum such as in and around Coimbatore city, and at the University premises. The activities carried out were: **Swachh Bharath Activity at Ukkadam - Valankulam Lake**, Museum Tour to the Gass Forest Museum and YUVA Tourism Club members - one-day Eco trip to Valparai. Intra University Competitions such as *Quiz Competition*, *Destination Marketing*, *Poster Designing* and *Travel Blog Writing* were conducted.



### **Report on Diwali Celebration - 27.10.2023**

Department of Human Development, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and Sri Avinashilingam Play School, Coimbatore, had a lively and fun Diwali celebration full of cultural programs, traditional rituals, and hands-on activities that got both students and teachers involved. The program started with a welcoming speech from the teachers, creating a festive vibe and highlighting how important Diwali is as the "Festival of Lights." The students were encouraged to wear bright traditional clothes, which really added to the happy atmosphere of the day.

Teachers told the story of Diwali, sharing its historical and mythological roots. Students learned about how good wins over evil and the importance of family and friendship during this special festival. Kids jumped in eagerly to create crafts related to Diwali. They made colorful diyas (lamps) out of clay and decorated them with glitter and colors. There was also rangoli-making, where students made beautiful designs, helping them explore their creativity and fine motor skills.



To celebrate and share joy, sweets were given out to the kids, showing the traditional treats shared during Diwali. The children enjoyed a variety of goodies that made the day even more festive. The event wrapped up with a talk from the school principal, who encouraged the children to enjoy Diwali safely and reminded them of the festival's values like compassion, kindness, and joy. The principal also thanked the teachers and parents for their help in making the celebration such a memorable one for the kids. The Diwali celebration at Sri Avinashilingam Nursery School was a big success, offering an educational and joyful experience for everyone involved. It left the students with lovely memories and a better understanding of the cultural richness linked to this important festival. The event made some unforgettable memories and helped them understand this special festival even more.



## **Report on Christmas Day Celebration – 20.12.2023**

Department of Human Development, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and The III UG Human Development students, in collaboration with the Avinashilingam nursery kids, organized a joyous Christmas celebration on 20<sup>th</sup> December, 2023 at Nursery school. The event aimed to spread love, kindness, and festive cheer among the students, kids, and staff.

The nursery kids enthusiastically decorated the Christmas tree with colorful ornaments, balloons, and streamers. The III UG students and nursery kids sang Christmas carols and songs, filling the atmosphere with joy and festivity. A special guest, Santa Claus, arrived with gifts for the nursery kids, bringing smiles and laughter to their faces.



The III UG students organized fun games and activities, such as a Christmas-themed treasure hunt, cookie decorating, and a snowman-building contest. The III UG students distributed gifts and goodies to the nursery kids, spreading happiness and cheer. The Christmas celebration was a resounding success, thanks to the collective efforts of the III UG students and nursery kids. The event promoted teamwork, kindness, and community spirit, creating a memorable experience for all participants. The III UG students for their tireless efforts in organizing the event. The nursery kids for their enthusiasm and participation. The staff and faculty members for their support and guidance.

### **Report on Pongal Celebration - 13.01.2024**

Department of Human Development, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and Sri Avinashilingam Play School, Coimbatore, celebrated Pongal is the Harvest festival of Tamil Nadu, was celebrated on the first day of 'Thai' (Tamil month). A festival to thank God for all his goodness and mercies and to look forward to a prosperous year. It usually falls on the 15 of January in the English calendar. Our Institute was celebrated the pongal on the 13<sup>th</sup> January for the year 2024.

The students arrived in Traditional sarees to mark the occasion. The celebration started around 10 am. The students were assemble before the nursery at 10 am for the Pongal celebration. All students were gathered to celebrate pongal with their respective departments with the supervision of the staff members of the college. It was an ambience filled revelry, music, dance and the joyful faces reverberated with the big smiles.



Each department was allocated a spot for their celebration inside the college campus. The department of Tamil (left side of the shrine) were started to prepare pongal by their department staffs and students. Our honourable Chancellor started the pongal celebration. As the milk came up to brim of the pot, boiled water and milk overflowed and the students cooed

‘Pongalopongal’ to express oneness. The soaked rice and dhal was poured into the boiling milk and water. The first handful of rice was added by our principal. Meanwhile there were some programmes like dance, traditional dance, silambam. The students were enjoying dancing with their friends as groups. Sweet pongal was distributed to each department. Everybody left home with memories as it was yet another joyous celebration at Avinashilingam University had to offer.

## **Report of Symposium on Inclusive Pedagogies and Practices**

On 23.02.2024, Special Education Department of Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, as the ‘National Level Symposium on “Inclusive Pedagogies and Practices” commenced with prayer song by our students. In the ‘Inaugural Ceremony’ the Presidential Address was given by the Respected **Prof. Bharathi Harishankar**, Vice Chancellor, AIHS&HEW. She highlighted the importance of Inclusive Education stating, ‘The illusive world of inclusivity could be made into reality which is possible by people who really work towards it’. **Ms. Maya Shreekumar, VP, HR & Head of Operations, Cognizant, Coimbatore** addressed the audience saying how Cognizant is supporting the community with its projects on Corporate Social Responsibilities (CSR-projects) and she explained in detail all the academic support done to Persons with Disabilities. While introducing the symposium **Prof. Mythili Ramchand**, Tata Institute of Social Sciences, Mumbai described their service towards Special Education, Inclusive Education and their joint ventures with other institutions who diligently work for the disabled community. **Dr. Kamaraj** from National Institute for the Empowerment of Persons with Multiple Disabilities, Chennai, mentioned the various departments which are providing helpful services to people with Multiple Disabilities. **Prof. Victoria Naomi**, Former Dean, School of Education of our esteemed university shared in detail the growth and development of Avinashilingam Institute for Home Science and Higher Education for Women which has taken all the steps to encourage Inclusive Education.



The symposium had 9 sessions including a student workshop. Speakers from all over the world shared their expertise and a good mix of local bodies were also included.

## Report on “Capacity Building Programme to the Corporation Primary school teachers”

### Background:

The needs of inclusive education can be realised through the teachers. They are the major contributors as they work closely with the students. When we strengthen the teachers, help them celebrate the cognitive differences, the first and foremost step to ensure academic inclusion is done successfully.

As a part of the project ‘Connected Learning and Research on Inclusive Education, 200 Corporation Primary School teachers have been trained through online mode in August 2021. As a strengthening activity, a follow up training was planned.

After obtaining due permission from the Coimbatore Corporation, 50 selected teachers were called for an one day training programme offline at the department of Special Education as they were given a chance to explore the IERC at the department along with hands on training on the different aspects of inclusive education were dealt.

### Aims:

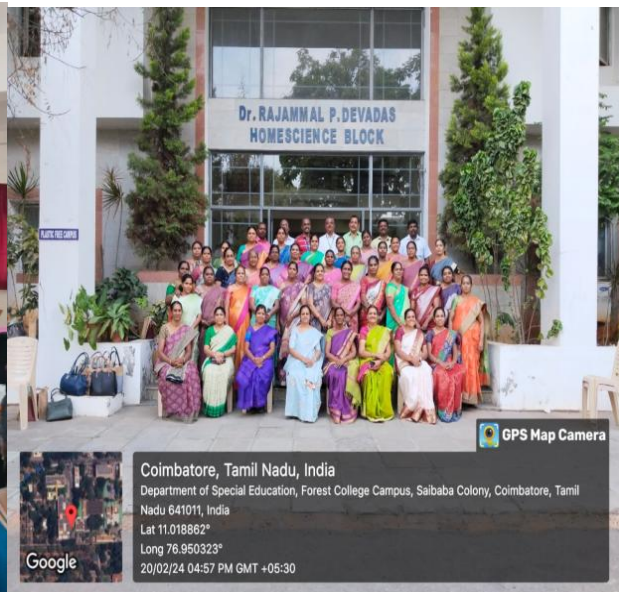
To strengthen the training programme given on Inclusive Education throughonline mode on 20<sup>th</sup>Feb 2024 through hands on training now with a demo at the IERC.

Themes/topics covered under each Technical Session and details of the Resource Persons:

Session	Topic	Resource Person
1	Universal Design for Learning 9.30 am – 10.45am	Dr.K.Sambath Rani Associate Professor Department of Special Education
2	Positive Behavior Therapy	Dr.Rajeswari



	11 am - 12.15 pm	Assistant Professor Department of Special Education
3.	Addressing the challenging behaviours in the inclusive classes 12.15 pm – 1.30 pm	Dr.G.Victoria Naomi Former Dean, School of Education
4	Strategies to enhance reading among the primary school children at inclusive classes 2.00 pm – 3.15 pm	Dr.R.Shanthi Assistant Professor (SG) Department of Special Education
5	Strategies to enhance arithmetic skills among the primary school children at inclusive classes 3.30 pm -4.45 pm	Dr.A.Divya Priya Assistant Professor Department of Special Education
4.45 – 5.30 Concluding session Q & A		



## **WORLD HERITAGE DAY-Online Inter Collegiate Fest**

The Department of Tourism Management conducted Quintessence 2024 from April 18<sup>th</sup> to 20<sup>th</sup> under the celebration of World Heritage Day, through online mode. Enthusiastically 130 Students from all over the India participated in the fest. The Valedictory Function was held on 23<sup>rd</sup> April 2024.

Step into a virtual realm where history, culture, and creativity converge Quintessence 2024, a unique online Intra & Inter Collegiate Fest, illuminated screens world wide on World Heritage Day, showcasing the richness of our global heritage in a digital tapestry of events and activities. Spanning a myriad of disciplines, Quintessence 2024 offered a vibrant array of competitions inviting students to immerse themselves in the splendor of heritage preservation and celebration. Moreover, the fest served as a platform for fostering intercollegiate collaboration and camaraderie, as students from diverse backgrounds united in their passion for heritage appreciation. Through spirited competitions and collaborative projects, they celebrated the universal values embedded in our shared heritage, fostering a sense of global citizenship and responsibility for its safeguarding. As participants exchanged perspectives and experiences, they not only celebrated the past but also laid the foundation for a more inclusive and harmonious future, where the treasures of our heritage continue to inspire and unite generations to come.

### **Competition Details**

The Four Competitions which was conducted in the Inter Collegiate fest are,

- Selfie with Destination
- Heritage Quiz
- Travel Blog
- Heritage Awareness Tagline

All these Four Competitions were conducted through online mode. Students enthusiastically embraced the spirit of cultural exploration and creativity, showcasing their passion for heritage preservation through active participation in a myriad of competitions.

In the "Selfie with Destination" contest, they embarked on virtual journeys to iconic heritage sites, capturing moments of wonder and awe against

brehtaking backdrops. Armed with knowledge and curiosity, they put their expertise to the test in the Heritage Quiz, engaging in friendly competition to unravel the mysteries of the past and present. Through the medium of travel blogs, students became modern-day storytellers, weaving narratives that transported readers across continents and centuries, fostering a deeper appreciation for the diverse tapestry of human history and culture. Additionally, in the Heritage Awareness Tagline competition, they distilled the essence of heritage conservation into concise and impactful messages, inspiring others to join the collective endeavor of safeguarding our shared legacy for future generations.

**Participation Details**

Total

Registrations - 130 Registration for the competitions:

- Selfie with Destinations -58
- Heritage Quiz -36
- Travel Blog -22
- HeritageAwarenessTagline-14

**List of Colleges participated from all over India**

- Avinashilingam University
- School of Management Sciences, Varanasi
- The Assam Royal Global University, Assam
- Sri Krishna Arts and Science College, Coimbatore
- PSG College of Technology, Coimbatore
- PSG College of Arts and Science, Coimbatore
- PSG College of Management, Coimbatore
- Sri Ramakrishna College of Arts and Science
- Vasanta College of Women, Varanasi
- Banaras Hindu University, Varanasi
- Nirmala College of Arts and Science, Kerala
- Vishwakarma University, Pune
- DAV Centenary College, Haryana
- Fatima College, Madurai
- Government Arts College, Coimbatore

## CHIEF GUESTS



Mrs. Durga Manikandan  
Founder  
Tapas Yoga Shala  
Trichy



Lt. Cdr. Praveen  
Mind Reader, Magician  
Memory Expert  
Dubai

## DEPARTMENT OF TOURISM MANAGEMENT OFFERS



BBA Tourism  
MBA Tourism Management  
PhD Tourism Management

## About the Programme

World Heritage Day, also known as International Day for Monuments and Sites, is observed on April 18. The theme for World Heritage Day 2024 is "Discover and experience diversity". This year's World Heritage Day theme aims to educate about the diversity of the world's heritage sites and the efforts essential to protecting and conserving them. As part of World Heritage Day, Department of Tourism Management of Avinashilingam Institute for Home Science and Higher Education for Women is organizing online competitions to instill the rich Indian Heritage among the college students.



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Coimbatore-641 043, Tamil Nadu, India

## Department of Tourism Management

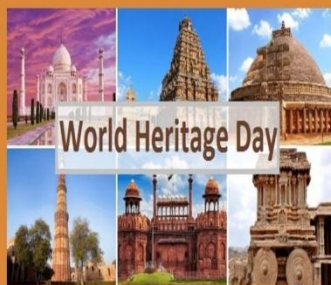


*cordially invites you for the*

**World Heritage Day**

**April 18, 2024**

**Online Intra-Inter Collegiate Fest**



Last Date of Submission: 20.4.2024

Valedictory & Announcement of Winners: 23.4.2024

Eligibility: All UG and PG Students



For submission and queries: dept\_tm@avinuty.ac.in

Registration Link: <https://forms.gle/KRDov84PXghzoKB77>

### FACULTY COORDINATORS



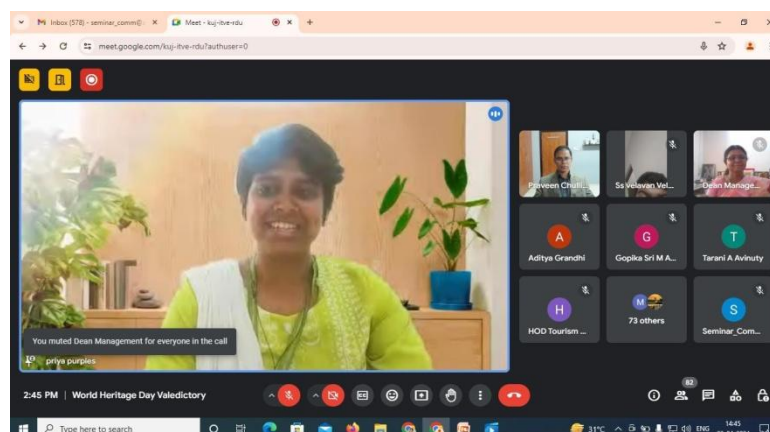
Dr. K. Sathiyabamavathy: 9487754294

Dr. V. Vaidehi Priyal : 8754971055



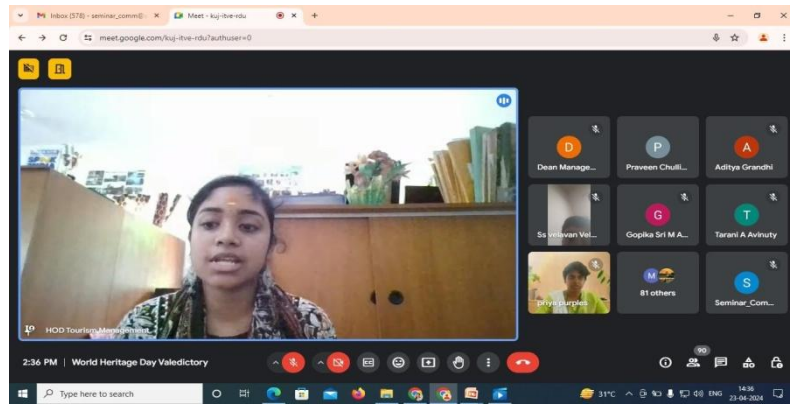
## VALEDICTORYFUNCTION

The valediction is always conducted as a result of successful event. The valedictory function was conducted on 23<sup>rd</sup> April at 2:00 PM – 4:00 PM in virtual platform. The ceremony was presented by Ms.G.Priyadharshini of IIMBA Tourism.Prayer song was sung by Shwetha.H from II BBA Tourism. A warm welcome address was delivered by Dr. Bindu.V.T Head of the departmen tofTourismManagement.Followed by the Presidential Address was Delivered by Dr.P.Shanthi Professor and Dean School of Commerce and Management. The Keynote Address on the topic Mind Power was delivered by Lt.Cdr.Praveen Mind Reader, Magician, Memory Expert, Dubai. His keynote address was truly informative and Energetic. Followed by the Special Address on topic Yoga - Heritage Preservation through Inner Transformation was delivered by Mrs. Durga Manikandan Founder of Tapas Yoga Shala,Trichy. Her address was very interactive and informative to the students. Dr.V.Vaidehi Priyal Assistant Professor

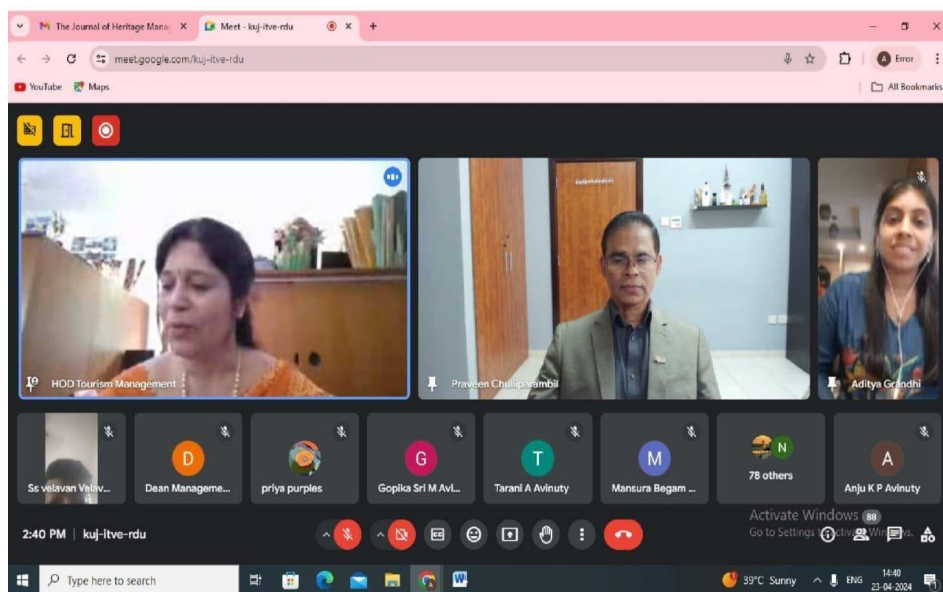


Department of Tourism Management and Ms.G.Ashish Kanwar Assistant Professor Department of Tourism Management announced the winners of the various competitions conducted. The vote of thanks was proposed by Dr. K. Sathiyabamavathy Assistant Professor Department of Tourism Management. The organizing committee Members are Dr. S.Bhuvaneshwari, Mrs. S. Nisha, Ms. G.Ashish Kanwar, Ms. Sneha Johnson, Mrs. M.Vinothini, Mrs. MohanaRani.

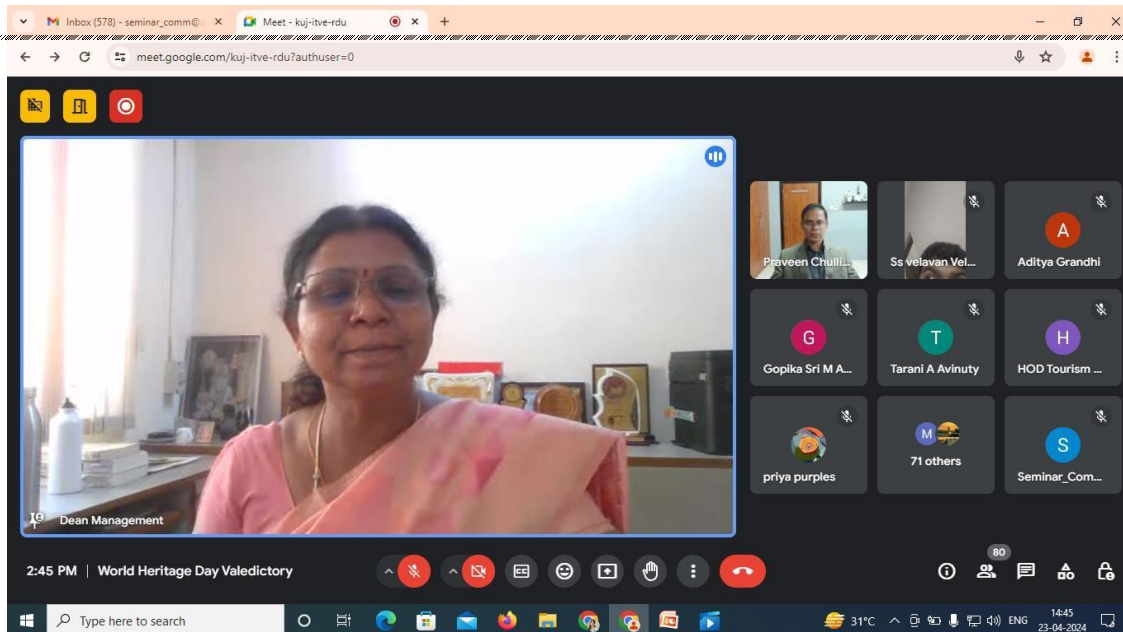
The valedictory function was hosted by Ms.G.Priyadharshini of II MBA Tourism.



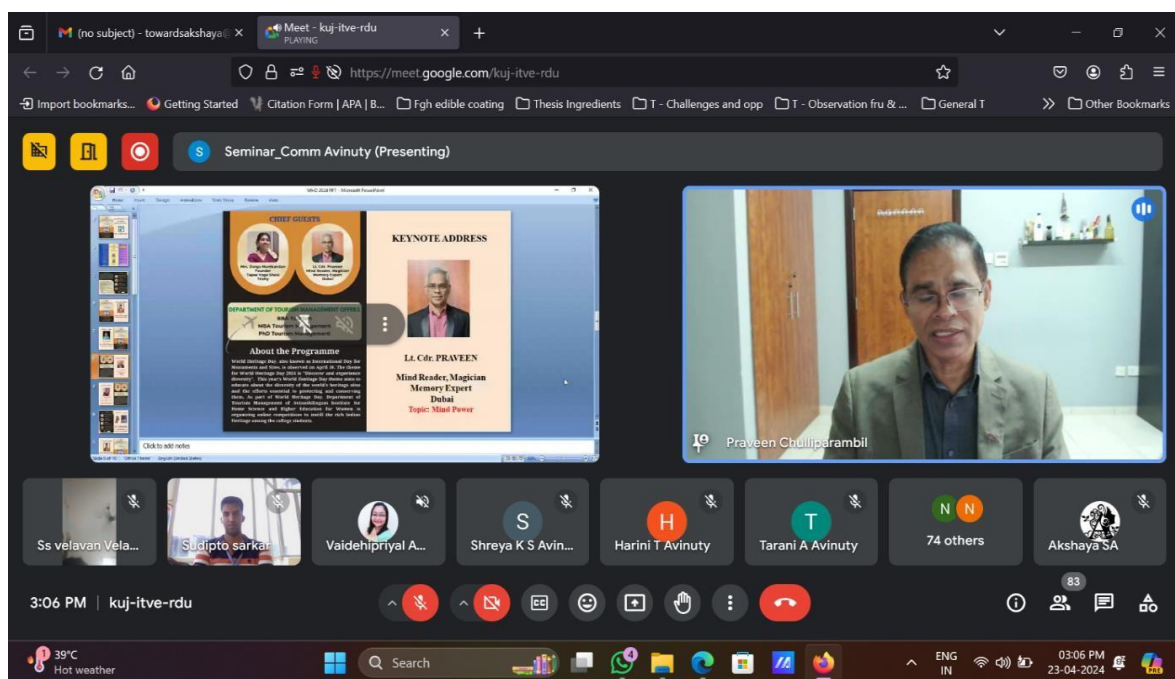
Prayer song was sung by Shwetha H of II BBA Tourism



**A warm welcome address was delivered by Dr.Bindu.V.T Head of the Department of Tourism Management.**



**The presidential address was delivered by Dr.P.Shanthi Professor and Dean School of Commerce and Management.**



**The Keynote Address on the Topic Mind Power was delivered by Lt. Cdr. Praveen Mind Reader, Magician, Memory Expert, Dubai. His Keynote Address was Truly Informative and Energetic.**