



**Avinashilingam Institute for Home Science and Higher Education for Women**  
Deemed to be University Estd.u/s 3 of UGC Act 1956, Category 'A' by MHRD (Now MoE)  
Re-accredited with an 'A++' Grade by NAAC CGPA 3.65/4, Category I by UGC  
Recognized by UGC under Section 12B  
Coimbatore – 641 043, Tamil Nadu, India

### AQAR 2023-24

#### 7.1.11. Institution celebrates / organizes National and International

#### Commemorative Days, Events and Festivals

#### International Days

| S.No | Title of the Programme    | Date                           | No. of Participants |
|------|---------------------------|--------------------------------|---------------------|
| 1.   | World Environment day     | 05.06.2023                     | 357                 |
| 2.   | International Yoga Day    | 21.06.2023                     | All students        |
| 3.   | Global Tigerday           | 28.07.2023                     | 310                 |
| 4.   | World Literacy Day        | 8 <sup>th</sup> September 2023 | 750                 |
| 5.   | Engineers Day             | 18.09.2023                     | 13                  |
| 6.   | World Tourism Day         | 27.09.2023                     | 200                 |
| 7.   | World Food day            | 18.10.2023                     | 130                 |
| 8.   | MatrubhashaDiwas          | 20.03.2023                     | 80 Students & Staff |
| 9.   | International Women's Day | 8 <sup>th</sup> March 2024     | 700                 |

#### National Days

| S.No | Title of the Programme     | Date                       | No. of Participants                |
|------|----------------------------|----------------------------|------------------------------------|
| 1.   | Independence Day           | 15.08.2023                 | All students                       |
| 2.   | National Nutrition Week    | September, 2023            | 100                                |
| 3.   | Gandhi Jayanthi            | 02.10.2023                 | All students                       |
| 4.   | Wildlife Week Celebrations | 05.10.2023 &<br>06.10.2023 | 105 Students and research scholars |
| 5.   | Children's Day             | 17.11.2023                 | All students                       |
| 6.   | Good Governance Day        | 18.12.2023                 | 100                                |

|     |                          |            |              |
|-----|--------------------------|------------|--------------|
| 7.  | National Mathematics Day | 22.12.2023 | 63           |
| 8.  | Republic Day             | 26.01.2024 | All students |
| 9.  | Teacher's Day            | 05.09.2023 | All students |
| 10. | Republic Day             | 26.01.2024 | All Students |
| 11. | National Science Day     | 26.02.2024 | 32           |
| 12. | National Pi Day          | 14.03.2024 | 131          |

**Institutional Events**

| S.No | Title of the Programme                | Date                     | No. of Participants |
|------|---------------------------------------|--------------------------|---------------------|
| 1.   | Bharathiar Memorial Day               | 11.09.2023               | 120                 |
| 2.   | KalaiVizha -Cultural Fest             | 13.10.2023               | All students        |
| 3.   | Ayya Memorial Day                     | 21.11.2023               | All students        |
| 4.   | Bharathiar Birthday                   | 06.12.2023               | 350                 |
| 5.   | Annai Vizha                           | 12.01.2024               | All students        |
| 6.   | Dhandapani Chettiyar Endowment Day    | 08.02.2024<br>09.02.2024 | 50                  |
| 7.   | Raya.Chokkalingam Avl's Endowment Day | 11.03.2024               | 350                 |

## REPORT ON WORLD ENVIRONMENT DAY 5th JUNE 2024

Environment day is celebrated worldwide on 5th June to create awareness among people about protecting the environment. The first-ever Environment Day was held in 1973. Environment Day acts as a platform that helps create awareness about various issues that have adverse effects on the environment, like global warming, overpopulation, pollution, and crime against wildlife. The environment plays an integral role in maintaining the balance of the ecosystem we live in. Most people don't understand the importance of the environment and end up damaging it with their various activities. If we continue to degrade the environment, in the long run, the adverse effects will affect human beings too. So, to protect the environment, one should focus on sustainable development. In this way, the demands of human beings will be met without overexploiting the natural resources of the environment.

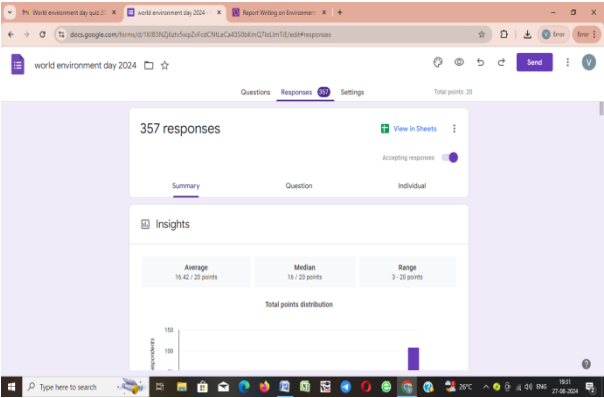
In connection with World Environment Day 2024, an awareness quiz on environment was conducted through google form. 357 members actively attended the quiz.

Quiz link: <https://forms.gle/8Kxx4EksyrUFNNSf7>



**Organiser**  
Dr.B.Sargunam  
Dean, School of Engineering

**Coordinator**  
Dr.S.Malarvizhi  
HoD, Dept of S & H  
**Co Coordinator**  
Dr.R.Vini  
Assistant Professor in Chemistry







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Coimbatore-641043, Tamil Nadu, India

**Department of Home Science Extension Education**

**Cordially Invites you for the**  
**International Literacy Day Celebration 2023**

**08th Sep 2023 @ 11:00am**

**Welcome Address**

**Dr.S.Amsamani**

**Dean, School of Home Science**

**Presidential Address**

**Vice Chancellor**

**Dr.V.Bharathi Harishankar**

**Special Address**



**Dr.K.Kavidasan**

**Director - Roots industries India Limited ,Coimbatore**

**Venue: Thiruchitrambalam Auditorium**

**International Literacy Day 2023**  
**08.09.2023 at Avinashilingam Institute Campus 1**  
**and 09.09.2023 at Kalappanaickenpalayam Village, Coimbatore**

In Avinashilingam Institute for Home Science and Higher Education for Women, on 8<sup>th</sup> September 2023, International Literacy Day was observed at 10.00 am at Thiruchitrambalam Auditorium which was organized by the Department of Home Science Extension Education. During the celebration Dr. V. Bharathi Harishankar, Vice Chancellor, Avinashilingam Institute for Home Science and Higher Education for Women in her presidential address, has explained that though man can live without education, education is important for improved livelihood. Madam also talked about the importance of education and

how it can impact in our day to day lives. The chief guest Dr. Kavidasan spoke vibrantly about the influence of education in attitudinal development of individuals. 3Es – experience, experiment and expectation and also about the 5Cs character, clarity, courage, confidence and capacity are very essential in one’s life. The Dean School of Home Science Dr.S.Amsamani, has greeted the audience. There were totally 800, 2<sup>nd</sup> year Under Graduate Students of Avinashilingam Institute for Home Science and Higher Education for Women and 30 faculty members including Deans of various Schools, HoDs of various Departments, participated in the programme. In the programme Dr. R. Jansi Rani, HoD (i/c), Department of Home Science Extension Education has welcomed the gathering and Dr. T. Radha, Assistant Professor (SS), Department of Home Science Extension Education has proposed vote of thanks.



**Dr. Kavidasan, Director, Roots Industries India P Ltd., Coimbatore addressing the gathering**



**Dr. V. Bharathi Harishankar, Vice Chancellor, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore honouring the Chief guest of International Literacy Day 2023 with memento**



In connection to community level celebration, National Service Scheme, Unnath Bharath Abhiyan and the Department of Home Science Extension Education of Avinashilingam Institute for Home Science and Higher Education for Women celebrated International Literacy Day at Kalappanaickenpalayam, Coimbatore on 9<sup>th</sup> September 2023, at 10.00 am. The programme was inaugurated by Mr. Rangaraj, Panchayat President, Kalappanaickenpalayam village and Mrs. Newton Manimal, Branch Manager, Life Insurance Corporation of India, Coimbatore by planting tree saplings in the adopted village Kalappanaickenpalayam. The students of Department of Extension Education (70 students) along with the NSS volunteers took part in the programme. The people of the Kalappanaickenpalayam village were the beneficiaries of the programme. Students also taught the people, how to read, write and count. The Kalappanaickenpalayam people received 100 tree saplings in commemoration of International Literacy Day. Puppet show was also played on importance of basic education to the people.



**Inauguration of the programme in Kalappanaickenpalayam village panchayat office**



**Welcoming and Sapling planted by Mr. Rangarajan, of Kalappanaickenpalayam Panchayat President, Mr. Rangaraj**



**Each one, Teach one - students teaching the villagers to read and write**



## Report on Engineers Day Celebrations



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Coimbatore – 641043, Tamil Nadu, India.

**School of Engineering**  
(Approved by AICTE)  
Coimbatore 641108, Tamil Nadu, India



**Department of Civil Engineering**  
in Association with  
Indian Concrete Institute  
Ultra Tech Cements Pvt Ltd



**Chief Patron**  
**Dr.T.K.S.Meenakshisundaram**  
Chancellor

**Patron**  
**Dr.V.Bharathi Harishankar**  
Vice-Chancellor  
**Dr.S.Kowsalya**  
Registrar

**Convener**  
**Dr.B.Sargunam**  
Dean, School of Engineering

**Organising Secretary**  
**Dr.R.Nithya**  
Associate Professor & Head,  
Department of Civil Engineering

**Coordinator**  
**Dr.S.Shanthi**  
Assistant Professor

**ON**  
**15.9.2023**  
**FRIDAY**  
**AT**  
**10 AM -12.00PM**  
**Venue :**  
**Conference Hall I**

**Er. G.Arun,**  
Plant Head,  
Ultra Tech Cements Pvt. Ltd  
Coimbatore

**Delivers a Lecture**  
**on**  
**Engineers Solution for**  
**Repair of Building**  
**Components**

**All are Cordially**  
**Invited**



### Report

The School of Engineering celebrated Engineer's Day on 15-09-2022 organized by Department of Civil Engineering association with Indian Concrete Institute (ICI) and Ultratech Cements Limited. The Engineering Community across India is celebrating Engineers Day on 15 September every year as a remarkable tribute to the greatest Indian Engineer Bharat Ratna Mokshagundam Visvesvaraya (popularly known as Sir MV). He is held in high regard as a

pre-eminent engineer of India. Our Department organized Guest Lecture on the topic “**Engineers Solution for Repair of building Components**” was conducted on 15.09.2023.



***Welcome Address by Dr.R.Nithya,Asso.Pro& Head/Civil***

Mr. Arun Kumar began the session by emphasizing the importance of maintaining the structural integrity of buildings, which is crucial for safety and longevity. He outlined the scope of his lecture, which included common issues faced in building components, the causes of these issues, and effective repair strategies. He provided a detailed overview of various repair methods also presented several case studies from UltraTech Cements’ projects. These case studies demonstrated successful interventions in repairing and restoring buildings with different types of damage. The speaker discussed emerging technologies and innovations in the field of building repairs. Topics included the use of advanced materials, smart sensors for monitoring building conditions, and sustainable repair practices.



***Mr. Arun Kumar addressing the students about importance of maintaining the structural integrity of buildings***

In the afternoon session, participants engaged in a hands-on workshop designed to enhance their practical skills. The students were divided into groups to carry out a series of concrete testing exercises. One of the key activities was measuring the consistency of fresh concrete using the concrete slump test, which is crucial for assessing the workability and fluidity of the mix.



### ***Hands on workshop at Conctre and Highway Laboratory***

The Guest Lecture was an excellent opportunity for students to apply theoretical knowledge in a practical setting, deepening their understanding of concrete properties and testing methods. Overall, the session was highly informative and enriching, offering valuable insights and hands-on experience that will benefit participants in their future engineering endeavors.

## Independence Day Celebration Report – 15<sup>th</sup> August 2023

The 77<sup>th</sup> Independence Day celebration at Avinashilingam Institute for Home Science and Higher Education for Women was marked with great enthusiasm and patriotic spirit. Dr. T.S.K. Meenakshi Sundaram, Managing Trustee of The Avinashilingam Education Trust and Chancellor of the Institute, hoisted the national flag, took the salute, and led the pledge. The event was presided over by Dr. V. Bharathi Harishankar, Vice-Chancellor, who delivered an inspiring Independence Day address.

The occasion was further graced by Dr. V.R. Devika, Founder and Managing Trustee of Aseema Trust, Chennai, as the Special Chief Guest.

The celebration featured a series of parades, starting with an impressive march by the NCC cadets, followed by the NSS cadets, and culminating with a graceful students' parade alongside the School Deans and Heads of Departments.

The pledge-taking ceremony and the patriotic addresses instilled a deep sense of patriotism among the students, making the event a memorable tribute to the spirit of independence.

The theme for India's 77<sup>th</sup> Independence Day in 2023, "Nation First, Always First," was a key part of the "Azadi Ka Amrit Mahotsav" celebrations. This theme paid tribute to the spirit of prioritizing the nation above all and cherishing the values that unite the country. It also served as a reminder of the sacrifices made by freedom fighters and leaders who dedicated their lives to India's independence. The theme was reflected in all Independence Day programs and events, emphasizing patriotism, unity, and national pride.

Independence Day marks a pivotal milestone in India's history, commemorating the country's liberation from nearly two centuries of British colonial rule. It is a day to honor the courage and dedication of freedom fighters and leaders who fought tirelessly for the nation's independence. The day serves as a reminder of their sacrifices and inspires every citizen to uphold the values of freedom and unity.





## REPORT ON TEACHER'S DAY

**Venue:** Ammaiappan Auditorium

**Date :**05.09.2023

We celebrate Teachers Day every year throughout the country on the 5<sup>th</sup> of September. On this day Students express their gratitude and appreciation for their teachers. This is dedicated to Dr. Sarvepalli Radhakrishnan – The second president of India. A great academic philosopher, one of the most well-known diplomats, and above all a teacher. Students from various departments along with the help of the student's council, organized a Celebration for teachers.

As an auspicious beginning the program started with prayer song followed by Lighting the Kuthuvilaku by the dignitaries.



### Prayer Song

### Lighting the Kuthuvilaku

The program started with a welcome speech & the program continued with greeting the respected dignitaries.



The Program began with Bharatanatyam, traditional dance performed by the students of Campus II.





**Bharatanatyam**

A Tablo of Different Types of Educational System prevailed in India and along with short display of Swami Vivekananda, Bharathiyar, Dr. A.P.J Abdul Kalam, Amma and Ayyaavargal's goals and visions was performed by the Campus-II Students.



Teachers Day Special Speech was given by Gopika.S of III BE.CSE, Secretary, Students council, School of Engineering.



**Special Speech**

On this special occasion, as a part of the celebration students conducted cultural events and other fun activities for teachers & prizes were distributed to the teachers who participated.



Dance and Skit



Fun activities

The program was wrapped by a vote of thanks and the day ended with fun and enjoyment. The event was engaging, fun, and interactive overall.

## Report on World Tourism Day

**Date & Day :** 27.09.2023 & Wednesday

**Chief guest:**

Mr.ArunKumar, President, SKAL Club Coimbatore, General Manager -Zoneby the Park, Coimbatore

Mr.Ramesh Chandrakumar, General Manager –The Grand Regent, Coimbatore

Mr.Nijo Augustin, General Manager - IKON by Annapoorna

Avinashilingam Institute for Home Science and Higher Education for Women – Coimbatore celebrated World Tourism Day with zeal and by carrying out many activities in collaboration with SKAL Club and TTDC Coimbatore from 21.09.2023 to 27.09.2023. The entire programme was coordinated by Dr. Bindu V.T, Head, Department of Tourist Management and Assistant coordinator Dr.K.Sathiyabamavathy, Dr.V.VaidehiPriyal, Dr. S. Bhuvaneshwari, Mrs. S. Nisha, Ms. G. Ashish Kanwar, Ms. Sneha Johnson, Mrs. Vinothini, and Mrs. Mohana Rani.

The Institute performed seven activities in different forum such as in and around Coimbatore city, and at the University premises. The activities carried out were: *Swachh Bharath Activity at Ukkadam - Valankulam Lake*, Museum Tour to the Gass Forest Museum and YUVA Tourism Club members - one-day Eco trip to Valparai. Intra University Competitions such as *Quiz Competition, Destination Marketing, Poster Designing* and *Travel Blog Writing* were conducted.

On the basis of the theme ‘Tourism & Green Investments’, we the Department of Tourism Management organized Intra University Competitions with more than 200 Registrations from 36 Departments of Avinashilingam University. The various competitions conducted were Quiz, Promoting a Destination, Poster Making and Travel Blog Writing. Minerva - Destination Cracker, 3rounds were held which was Quiz, Picture Identification and Connections.

PHOTOGRAPH OF THE EVENT

**CHIEF PATRON**  
Dr. T.S.K. Meenakshisundaram  
Managing Trustee & Chancellor

**PATRONS**  
Dr. V. Bharathi Harishankar  
Vice Chancellor  
Dr. S. Kowsalya  
Registrar

**ADVISOR**  
Dr. P. Santhi  
Professor & Dean  
School of Commerce and Management

**CONVENOR**  
Dr. Bindu V.T  
Head (i/c)  
Department of Tourism Management

**ORGANIZING SECRETARY**  
Dr. K. Sathiyamoorthy

**ORGANIZING COMMITTEE**  
Dr. V. Vaidehi Priyal  
Dr. S. Bhuvaneshwari  
Mrs. S. Nisha  
Ms. G. Ashish Kumar  
Ms. Sneha Johnson  
Mrs. Vinodhini  
Mrs. Mohana Itani

**CHIEF GUEST**



Mr. Arun Kumar  
SKAL Club Coimbatore President  
General Manager  
Zone by the Park  
Coimbatore

**GUEST OF HONOR**



Mr. Ramesh Chandrakumar  
General Manager  
The Grand Regent  
Coimbatore

**SPECIAL GUEST**



Mr. Nijo Augustin  
General Manager  
BOSN by Annapoorna  
Coimbatore

Department of Tourism Management

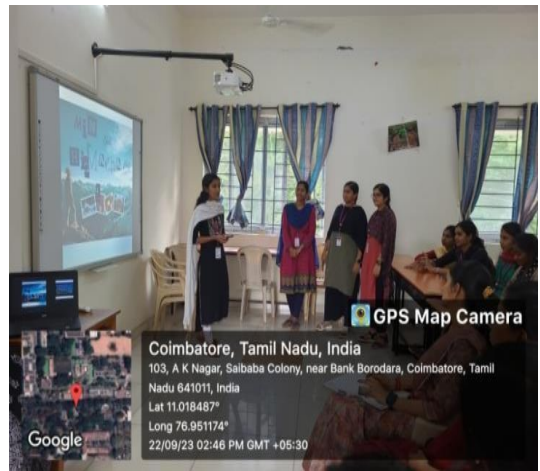
*cordially invites you for the*  
**World Tourism Day Celebrations**  
27th September 2023

**WORLD TOURISM DAY 2023**

SKAL  
75th Anniversary  
Tamil Nadu

**WORLD TOURISM DAY**

Valedictory and Prize Distribution  
September 27, 2023  
Venue: Thiruchitrambalam Auditorium  
Time: 2 pm - 4 pm





# Report on World Food Day 18.10.2023



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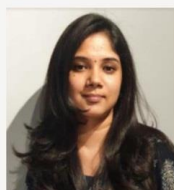
**School of Engineering**  
**Department of Food Processing and Preservation Technology**

**AFTECH 2023**

**WORLD FOOD DAY CELEBRATION 2023**

**Guest Lecture on**  
**“Food for Better Health and Sustainable Environment”**

**Guest Speaker**



**Ms. Dharani Raj**  
Client Success Specialist/Digital marketing strategist-Intel and Entrepreneur  
Coimbatore

**Chief Patron**

**Dr.T.S.K.Meenakshisundaram**  
Chancellor

**Patrons**

**Dr.V.Bharathi Harishankar**  
Vice Chancellor

**Dr.S.Kowsalya**  
Registrar

**Convener**

**Dr.B.Sargunam**  
Dean, School of Engineering

**Co-Convener**

**Dr.A.Lovelin Jerald**  
Professor & Head/FPPT

**Coordinators**

**Mrs.K.Pooja**, Assistant Professor/FPPT  
**Ms.R.Sharmeela**, Assistant Professor/FPPT

**Date**  
18<sup>th</sup> October 2023

**Venue**  
Seminar Hall

**Time**  
2.00 pm

The emphasis of World Food Day celebrations every year is on the furtherance of food security all over the world. The World Food Day was established in 1945 by the Food and Agriculture Organization (FAO), a specialized agency of the United Nations. It's time to work together and create a better, more sustainable future for all. Make World Food Day your day.

The Department of Food Processing and Preservation Technology, School of



Engineering, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore organized a guest lecture on **“Food for better health and sustainable environment”** as a part of **“WORLD FOOD DAY CELEBRATION”** on the theme

**“ Water is life, water is food, Leave no one behind”** on 18.10.2023 at 2:30 pm to 4:00 pm with a total of 130 students of B.E, M.E and B.Voc. The key speaker of the event was **Ms.Dharani Raj, Client success specialist/Digital marketing strategist-Intel and Entrepreneur, Coimbatore.**

The program started with a prayer song by Akshitha IV year FPPT, followed by a welcome address by Srilakshmi III year FPPT, who greeted the chief guest **Ms.Dharani Raj** Client success specialist/ Digital marketing strategist-Intel and Entrepreneur, Coimbatore. She completed B.E in the Department of Food Processing and Preservation Technology, School of Engineering, Avinashilingam Institute and she completed MBA in Sri Krishna College of Engineering, Coimbatore. **Dr.A.Lovelin Jerald**, Professor and Head, Department of Food Processing and

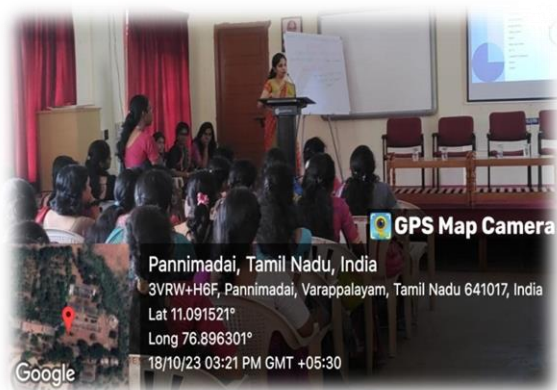




Preservation Technology, School of Engineering, expressed the Greeting for the participants. The main focus of the event was to educate the students about food for our better health and sustainable environment.

The Guest Speaker initiated the speech by beginning the theme “**Water is life, water is food. Leave no one behind**” and she tries to convey that how significant it is that everyone in this world should be included of nutrition and food which is of basic necessities. She mentioned about the social and economic factor which affect human nutrition. She briefly explained the challenges faced today by

the world due to globalization (climatic changes, inequality, Increased GDP, Polluted land and water bodies etc.,) and the expectations for better production, better environment, better nutrition and better life. She gave an insight on the avenues open to younger generation in entrepreneurship and innovation. She encouraged the students to initiate a small startup thereby developing an entrepreneurial ecosystem (finance, human capital policy and regulation etc.,) and build the required quality about various government schemes which support entrepreneurship. She also gave insights on the difficulties faced by her when she started developing products under the brand name **Choco\_D**, She also explained about the process involved in FSSAI certification. The session followed by interaction with the students.



**Dr.A.Lovelin Jerald**, Professor & Head of the Department, presented a memento to the chief guest for her eloquent deliberations.

## REPORT ON WILDLIFE WEEK CELEBRATIONS - FAUNA FEST 2K23

The Department of Zoology, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore - 641043 celebrated wildlife week as a two day event (05.10.2023 & 06.10.2023). The National Wildlife Week is celebrated every year between the 2<sup>nd</sup> and 8<sup>th</sup> of October. The Wildlife week is mainly celebrated to raise awareness about the conservation of flora and fauna and to educate people on various ecological roles of wildlife. Once the general public are educated on the importance of these organisms, the conservations practices could easily follow. This includes everything from a simple resolution to stop using plastics to a collective effort to restore a barren land. It is celebrated each year, pertaining to the particular theme chosen for the same.



The theme for this year, as given by the UN for the World Wildlife Day is ***‘Partnerships for Wildlife Conservation’*** has been adopted as the theme for this year’s national wildlife week celebrations. It is celebrated with the main goal of honoring the people who are making a difference, while also emphasizing on building new partnerships. As given by the UN, Partnerships can operate on a large scale or involve a few children or a school. For some, it could be organizing a school sale to benefit a conservation group, for others it could be posting photographs online to raise awareness of endangered species. All of them are equally valid.



To commemorate the same, various competition and events were conducted by the department of zoology, Avinashilingam Institute for Home Science and Higher Education for Women, during the 5<sup>th</sup> and 6<sup>th</sup> of October, 2023. It was conducted with regards from **Dr. Anitha Subash**, **Dean**, School of Biosciences and **Dr. K Manimegalai**, Professor and Head, Department of Zoology. The celebrations were organized by the organizing secretaries, **Dr. K. S Santhy**, Professor and Deputy Dean of Biosciences and **Dr. P Chitra**, Assistant Professor, Department of Zoology. The Guest of honour the valedictory function was **Mr V. Thirunavukarasu, IFS**, Principal of Central Academy for State Forest Services.


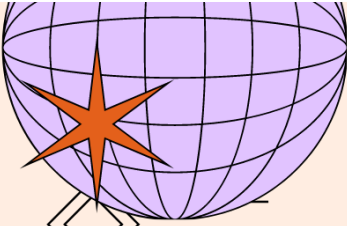
The competitions included, pencil sketching, face painting, turn a coat and art out of waste. Participants from diverse backgrounds enthusiastically took part in these competitions, showcasing their artistic talents and commitment to wildlife conservation. The valedictory function and prize distribution were organized on the 6<sup>th</sup> of October, 2023.



Dr. Anitha Subash delivered a thought-provoking address, emphasizing the critical need for the conservation of both wild and domestic life. She highlighted the importance of collective

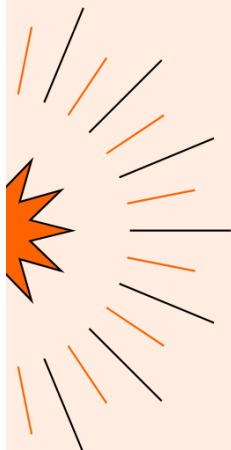
efforts to protect our natural world. Mr. V Thirunavukarasu, IFS, gave an enlightening valedictory address, underscoring the significance of translating knowledge into action. He stressed the importance of practical implementation in the field of wildlife conservation. He provided a greater insight into balancing both research and conservation as a scientist, which was thought-provoking.

Fauna Fest 2K23 served as an invaluable platform for students and participants to gain a deeper understanding of wildlife conservation. The event underscored the importance of partnerships and tangible scientific contributions in the realm of wildlife preservation.

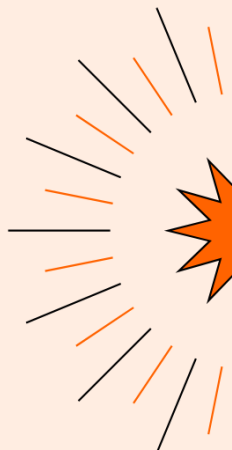


AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION FOR WOMEN  
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RE-ACCREDITED WITH AN 'A++' GRADE BY NAAC CGPA 3.65/4, CATEGORY I BY UGC  
COIMBATORE - 641 043, TAMIL NADU, INDIA

# MATRIBHASHA DIWAS



Dr. Shobhana Kokkadan  
Dean  
School of Arts and Social Sciences  
will p reside



*Date: 20.03.2024*

*Time: 11.00 a.m.*

*Venue: Room No.  
Home Science Block*





## பத்திரிக்கை செய்தி உலக தாய்மொழி தின விழா

அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் கல்வி நிறுவனத்தில் காலை 10.30 மணியளவில் உலக தாய்மொழி தின விழா இறை வணக்கத்துடன் இனிதே தொடங்கியது. விழாவின் தொடக்கமாக இளங்கலை மூன்றாம் ஆண்டு தமிழ் பட்ட வகுப்பு மாணவி ஹர்சினி தூங்கா அவர்கள் வரவேற்புரையாற்றினார்.

அதனைத்தொடர்ந்து நிகழ்விற்கு தலைமையேற்ற கலை மற்றும் சமூக அறிவியல் புல முதன்மையர் முனைவர். ஷோபனா கோக்கடன் அவர்கள் தலைமையுரையாற்றினார். அவர் தம் உரையில், பல மொழிகளிலும் வணக்கம் கூறி, தாய்மொழி தினத்தின் வரலாற்றினைக் கூறினார். தாய்மொழியின் அருமையை உணர்த்த, 'தாயினைப் போலவே தாய்மொழியும் முக்கியமானது' என்று தாய்மொழியின் பெருமையை உரைத்தார். தாய்மொழியே பிற மொழிகளைக் கற்க உதவுகின்றது எனவும், மானுடன் தன் உணர்வுகளை வெளிப்படுத்த இன்றியமையாததாக இருப்பது தாய்மொழியே என்றும் உரைத்தார். தேசியக் கல்வி கொள்கையில் தாய்மொழி பெருமிடத்தை கட்டிக்காட்டினார். இறுதியாக, தாய்மொழியே ஒருவரின் ஆளுமையினை வெளிப்படுத்தும் என்று கூறி தமது உரையை நிறைவு செய்தார்.

இந்நிகழ்விற்கு சிறப்புரையாற்றிட தமிழ்த்துறையின் முனைவர் பட்ட ஆய்வாளர் ச. கல்பனா அவர்கள், தாய்மொழியின் மகத்துவம் குறித்து உரையாற்றினார். அவர் தம்முடைய உரையில், மொழி தகவலைப் பரிமாறும் கட்டமைப்புக்கு உட்பட்டது என்றும், அதுவே ஒரு சமூகத்தை ஆட்சி செய்யும் அதிகாரத்தினைத் தருகிறது என்றும் கூறினார். தாய்மொழியின் பண்பாட்டுக் கூறுகளைப் பதிவு செய்து, காலகட்டத்திற்கு ஏற்ப பாடுபாடுகளைக் கடந்து மொழிகளை இயக்கித் தொன்மையாக நிலைத்து வாழ்கிறது என்று தாய்மொழியின் பெருமையைக் குறிப்பிட்டார். ஆங்கிலம் போன்ற பிற மொழிகள் சமகால உரிமைகளை விளக்கும் ஒரு கருவியாக அமைகிறது என்றும் கூறி தம் உரையை நிறைவு செய்தார்.

இளங்கலை ஆங்கிலம் மூன்றாம் ஆண்டு பயிலும் கவிமீத்ரா, கவிநேத்ரா ஆகிய இருவரும் இணைந்து தங்களது சிறப்புரையை ஆற்றினர். அவர்கள், தாய்மொழி என்பது ஒரு கலாசாரத்தின் அடையாளம் என்றும், அது ரத்தத்திலும் சிந்தையிலும் கலந்தது என்றும் கூறி, சிறு சிறு நிகழ்வுகள் மற்றும் கதைகளைக் கூறி தாய்மொழியின் சிறப்பினை உணர்த்தினர். மேலும், இன்பத்திலும், துக்கத்திலும் உணர்வுகளை முதலில் வெளிப்படுத்தும் மொழி தாய்மொழியே என்றும், அனைத்து மொழிகளுக்கும் தாயாக இருப்பது தமிழ் மொழியே என்றரைத்து, தமிழ் மொழியின் பெருமைகளைக் கூறி தங்களது உரையினை நிறைவு செய்தனர்.

சிறப்புரையாற்றிய மூன்று மாணவியர்களுக்கும் முதன்மையர் மற்றும் தமிழ்த்துறைத் தலைவர் அவர்களால் நினைவுப் பரிசு வழங்கப்பட்டது.

நிகழ்வின் நிறைவாக விழாவில் பங்குபெற்ற அனைவருக்கும் நன்றி நவீடும் விதமாக இளங்கலை மூன்றாமாண்டு தமிழ் பட்ட வகுப்பு மாணவி பவித்ரா அவர்கள் நன்றியுரை ஆற்றினார். தமிழ்த்துறை, ஆங்கிலத்துறை, இந்தித்துறை சார்ந்த பேராசிரியர்கள், மாணவியர்கள் அனைவரும் கலந்து கொண்டு சிறப்பித்தனர். நாட்டு வாழ்த்துடன் விழா இனிதே நிறைவுற்றது.



**Report on**  
**INTERNATIONAL WOMEN'S DAY**  
**08.03.2024**

The Department of Home Science Extension Education and Women's Studies Centre jointly organized the International Women's Day Celebrations-2024 at Thiruchitrambalam Auditorium, Avinashilingam Institute of Home Science and Higher Education for Women, Coimbatore. Dr. S. Amsamani, Dean School of Home Science, welcomed the gathering. The Presidential address was given by Dr. V. Bharathi Harishankar, Vice Chancellor. Madam highlighted about the conscious and unconscious biases and also the need to document the best practices of those who led us to their success, be it leaders or mentors that stand out as a brilliant or successful individuals which would really inspire the young generation for years. Women's day Special Address was given by the Chief Guest of the day Dr. Asha R.Rao, Managing Director and Chief Consultant Fertility and ObGyn, Rao Hospital, Coimbatore. She emphasized the importance of the vaccination to prevent cervical cancer among adolescent girls and the role of health and fitness, the life of women for effective work performance. Dr. S. Kowsalya, Registrar greeted the audience by remembering the pioneers who fought for the rights we enjoy today and let us honor the women who continue to challenge the status quo. Let us also remember the women who still face adversity, whose voices and contributions remain marginalized. Madam also felicitated the Women Achievers nominated under different categories by the Institute. The Awardees include:

- Dr. Shoban Shanmugam, Senior Scientist & Head, Department of Diabetes Food Technology, Madras Diabetes Research Foundation (MDRF), Chennai.
- Mrs. Geeta Raja, Founder and Managing Trustee, Shivesh Autism Charitable Trust, Coimbatore.
- Mrs. Selvi Nirmala Ponnusamy, Ward Councilor, Kemmarampalayam, Karamadai.
- Smt.S. Ajeetha Begum, an IPS officer, (2008 Batch), Deputy Inspector General of Police, Thrissur Range, Alumni of our Institution. They were honored with medal and shield.
- Dr. Rajaeshwari, Assistant Professor, Department of Bio Chemistry, Bio Technology, and Bio Informatics were awarded for the Best Artificial Intelligence Project by CURIE on this occasion.

Dr.T.Geetha, Director (i/c) Women's Studies Centre, presented the report on the programmes conducted as part of the celebrations on Women's Day Programme 2024. Dr.R.Jansi Rani, Head of the Department of Extension Education delivered the formal Vote of Thanks. Deans of various schools, Head of the departments, faculty members and outgoing students from all departments participated in the programme. The programme ended with National Anthem.

### GLIMPSES OF THE INTERNATIONAL WOMEN'S DAY





## REPORT on National Mathematics Day

22.12.2023

Department of Mathematics, organized The National Mathematics Day lecture on **“Matrix Decomposition and its Applications”** on 22.12.2023 between 10.30 am and 12.30 pm through the virtual meet.

The Mistress of Ceremony for the program was presented by **Miss. S. Saranya**, III UG Mathematics. The event started with an invocation song by Research Scholars **Miss. P. Yalini**, Research Scholar.

**Dr. N. Balamani**, Head of the Department welcomed the dignitaries of the day and delivered the Chief Guest Introduction about **Dr. M.R. Srinivasan**, Adjunct Professor, Department of Mathematics, Chennai Mathematical Institute, Chennai.

**Dr. G. Padmavathi**, Dean, School of Physical Sciences and Computational Sciences delivered the Presidential address.

In connection with National Mathematics Day 2023, **Dr. M.R. SRINIVASAN**, Adjunct Professor, Department of Mathematics, Chennai Mathematical Institute, Chennai addressed the participants on the topic **“Matrix Decomposition and its Application”**. He clearly described about different types of Decomposition Matrices like

- ✓ LU Decomposition.
- ✓ QR Decomposition.
- ✓ Cholesky Decomposition.
- ✓ Jordon Decomposition.
- ✓ Spectral Decomposition.
- ✓ Singular Valued Decomposition (SVD)

He explain these matrix decompositions with origins and show How to decompose these. Later he uses R- Code for two decomposition matrix and tells about the role of these concepts in application field such as, For Data Reduction, Image Processing and Compression, Noise Filtration, Least Square Solution of System of

Equations etc.,

## Highlights of the Day:

### 1. Paper Presentation on Ramanujan's Contribution

- (i) **Mrs. D. Bhavani Gokila**, Research Scholar, Presented the Paper Presentation on **“Ramanujan's Math-Magic!”**



- (ii) **Ms. H. Shanmugapriya**, Research Scholar, Presented the Paper Presentation on **“Prides of Srinivasan Ramanujan”**.



### 2. Poster Display on Vedic Mathematics

# RAMANUJAN PARADOX

## INTRODUCTION

1. Ramanujan summation / paradox is a technique developed by the mathematician Srinivasa Ramanujan to assign values to certain divergent series.
2. It provides a way to regularize divergent series by introducing a parameter and analytically continuing the series to obtain a finite value.
3. Ramanujan summation has applications in mathematics, particularly in number theory, analysis, and combinatorics.
4. It has been used to derive identities involving infinite series and evaluate special functions.
5. In physics, Ramanujan summation is utilized in quantum field theory to assign finite values to divergent series that arise in calculations.
6. The technique is not applicable to all types of divergent series and requires careful consideration within the specific mathematical or physical context.
7. Ramanujan summation has facilitated the exploration of connections between different areas of mathematics and has contributed to advancements in mathematical research.
8. It is a specialized tool and is primarily used by mathematicians and physicists familiar with the technique.
9. Ramanujan's method of summation has proven to be a valuable tool in various mathematical and scientific investigations, but its usage should be applied judiciously and with proper understanding.

**The Ramanujan  
Summation:  $1 + 2 + 3 + \dots + \infty = -1/12$ ?**



## PROOF OF SUMMATION

IT IS ACTUALLY A RATHER SIMPLE PROOF. BEFORE WE GET TO THAT, IT'S IMPORTANT TO UNDERSTAND A COUPLE OF OTHER THINGS. LET'S CONSIDER THE FOLLOWING INFINITE SUMMATION  
$$X = 1 - 1 + 1 - 1 + 1 - 1 + \dots$$
REARRANGING THE ABOVE EQUATION A LITTLE BIT, WE GET  
$$X = 1 - (1 - 1 + 1 - 1 + 1 - 1 + \dots)$$
IF YOU LOOK AT THE TERM INSIDE THE BRACKETS, IT IN FACT EQUALS X. SO LET'S SUBSTITUTE THAT  
$$X = 1 - X$$
$$2X = 1 \implies X = 1/2$$
NOW LET'S CONSIDER ANOTHER SUM.  
$$Y = 1 - 2 + 3 - 4 + 5 - \dots$$
WRITING IT IN ANOTHER WAY, WE GET  
$$Y = 0 + 1 - 2 + 3 - 4 + 5 - \dots$$
ADDING THE ABOVE TWO EQUATIONS  
$$Y + X = (1 - 2 + 3 - 4 + 5 - \dots) + (0 + 1 - 2 + 3 - 4 + 5 - \dots)$$
GROUPING THE CORRESPONDING TERMS WITHIN THE

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BRACKETS, WE GET  
$$2Y + 0 + 1 + 3 - 2 - 4 + 5 - 4 + \dots$$
$$2Y + (2 - 1) + (3 - 2) + (4 - 3) + \dots = 2Y + 1 + 1 + 1 + 1 + \dots$$
BUT THE SUMMATION ON THE RIGHT HAND SIDE IS X.  
LET'S SUBSTITUTE IT  
$$2Y = X, \quad 2Y = 1/2, \quad Y = 1/4$$
FINALLY, LET'S CONSIDER OUR ORIGINAL QUESTION AT HAND I.E. THE SUM OF ALL NATURAL NUMBERS:  
$$S = 1 + 2 + 3 + 4 + \dots$$
WE DEFINED Y EARLIER AS  
$$Y = 1 - 2 + 3 - 4 + \dots$$
SUBTRACTING Y FROM S  
$$S - Y = 1 - 1 + 2 - 2 + 3 - 3 + 4 - 4 + \dots$$
$$S - Y = 4 + 8 + 12 + 16 + \dots$$
WE JUST CALCULATED THE VALUE OF Y TO BE 1/4. SO  
LET'S SUBSTITUTE IT:  
$$S - 1/4 = 4X \implies (1 + 2 + 3 + 4 + \dots) - 1/4 = 4S - 1/4$$
$$S = -1/12$$

## EXPLANATION OF THE PROOF

The reason it looks counter intuitive is because people think "infinity" is actually a number, and that if we keep adding values until "infinity", we will get a very very large number. Well, this line of argument is wrong on multiple levels! First of all, "infinity" is not a number. I have described it in detail here. It is a concept relating to uncountability. We have all these notions about numbers, absolutely none of which are applicable to "infinity". The algebraic rules that apply to regular numbers do not apply to infinity. More specifically, the algebraic rules that apply to regular numbers do not apply to non-converging infinite sums.

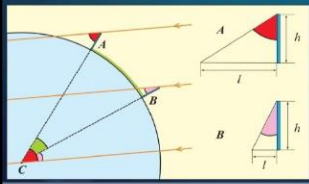
Second of all, you cannot keep adding values until infinity because you will never get there. So if you try to prove it this way, you will actually never know what the sum of all natural numbers is. All of the sums we discussed above are non-converging infinite sums, so regular algebraic rules to not apply. It is like trying to use regular algebra to explain division by zero, which is going to get you nowhere. But mathematicians and physicists don't like the concept of "getting nowhere". So, there are ways to define the sums of non-converging infinite series so that they do not lead to contradictions. The one that leads legitimately to the conclusion that  $1 + 2 + 3 + 4 + \dots = -1/12$  is called Ramanujan summation.



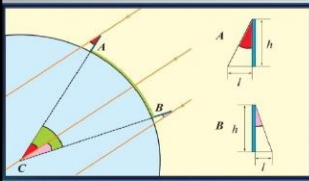
## MEASURING THE EARTH BY SHADOWS

Rathika S L, Research Scholar

### How to measure the diameter of the earth?



If the shadows at A and B point in the same direction (i.e., both to the North or both to the South), then the arc of longitude between A and B makes an angle  $\alpha = \theta_A - \theta_B$  at the center of the earth.



If the shadows point in opposite directions, the arc of longitude between A and B makes an angle  $\alpha = \theta_A + \theta_B$  at the center of the earth.

Find two places A and B on the same longitude (like Bhopal and Bangalore). Let the distance between the two places be  $x$  km.

On a pre-arranged date mark the path of the tip of the shadow of a vertical stick at both places. From the path find the shortest shadow which occurs exactly at noon, local time.

Find the angle  $\theta$  between the sun's rays and the vertical stick.

$\theta = \tan^{-1}(\text{length of shadow 'l' height of stick 'h'})$

The arc of longitude between A and B makes an angle  $\alpha$  at the centre of the earth, C is either the sum or the difference of  $\theta_A$  and  $\theta_B$  (see figure 1 and figure 2).

The angle that you traverse when you move from A to B is  $\alpha$  and the distance is  $x$  kms. If you traversed  $360^\circ$ , you would have travelled a distance equal to the circumference of the earth.

$$\alpha : x \text{ km}$$

$$360^\circ : ? \text{ Km}$$

Assuming that the earth is a sphere.

$$\text{Circumference} = \frac{360^\circ}{\alpha} \times x$$

$$\text{diameter} = \frac{\text{circumference}}{\pi}$$



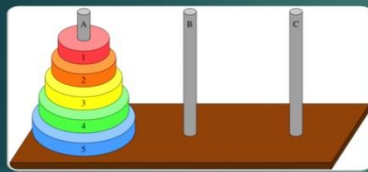
The diameter of the earth is estimated using roughly the same method in 250 BC! Eratosthenes, who lived in Alexandria in Egypt found the diameter to be 13,200 km

## Tower of Hanoi

Priyadharshini M  
Research Scholar

### Introduction

The Tower of Hanoi is a classic mathematical puzzle that consists of three rods and a number of disks of different sizes that can be placed onto any rod. The puzzle starts with the disks in ascending order of size on one rod, with the smallest disk at the top and the largest at the bottom.



### Objective

The goal of the Tower of Hanoi puzzle is to move all the disks from the starting rod to the target rod, obeying the following rules:

- Only one disk can be moved at a time.
- Each move consists of taking the top (smallest) disk from one of the stacks and placing it on top of another stack.
- No disk may be placed on top of a smaller disk.

### Origin

- The puzzle was invented by the French Mathematician Edouard Lucas in 1883.

- Numerous myths regarding the ancient and mystical nature of the puzzle exist, including a myth about an Indian temple in Kashi Vishwanath containing a large room with three timeworn posts in it, surrounded by 64 golden disks.

### Problem solving

The puzzle can be solved recursively. For a tower of height  $n$ :

- Move the top  $n-1$  disks from the starting rod to the auxiliary rod.
- Move the largest disk from the starting rod to the target rod.
- Move the  $n-1$  disks from the auxiliary rod to the target rod.

This approach employs the recursive nature of the problem, breaking it down into smaller subproblems until the base case (one disk) is reached.

### Mathematical analysis

The minimum number of moves required to solve the Tower of Hanoi puzzle with  $n$  disks is  $2^n - 1$ . This exponential growth in the number of moves required highlights the complexity of the problem.

### Applications

- Algorithm design: understanding recursive problem-solving techniques.
- Education: teaching recursion and problem-solving strategies.
- Toy or game: popular in puzzle toys and educational games.





## PROBLEMS USING VEDIC SUTRAS

Gajalaxmi P  
Research Scholar

Compute:  $98765 + 63217 + 89522 + 60543$  by Sutra **Ekadhikena Purvena**

**Step 1:** Write the given numbers in rows and columns by giving some space between the digits.

**Step 2:** Column I (from the right side), add the first two digits,  $5 + 7 = 12$

**Step 3:** Mark Ekadhika dot(.) on 1, (digit which is next to 7 in column II)

**Step 4:** Now, start again adding with 2;  $2 + 2 = 4$

Again start with 4 such that  $4 + 3 = 7$

**Step 5:** Write 7 below at the answer's place

**Step 6:** Add the remaining columns in the same way.

$$\begin{array}{r} 98765 \\ 063217 \\ 089522 \\ 060543 \\ \hline 312047 \end{array}$$

Compute:  $746 - 389$  by Sutra **Ekadhikena Purvena**

**Step 1:** Write the given numbers in rows and columns by giving some space between the digits.

**Step 2:** Consider column I (from the right end), 9 is greater than 6 so we cannot subtract it from 6. 1 is the best friend of 9 and add 1 to 6. So write 7 in the answer place and mark Ekadhika dot(.) on 8, which is in the same row of column II such that it becomes 9 (as  $8 + 1 = 9$ ). Here, dot(.) on the number represents one more than the previous number.

**Step 3:** Similarly, we need to subtract the remaining numl

$$\begin{array}{r} 746 \\ - 389 \\ \hline 357 \end{array}$$

Compute:  $98 \times 96$  by Sutra **Nikhilam Navatashcaramam Dashatah**

**Step 1:** Subtract the numbers with their closest multiple of 10 and multiply the subtracted value to each other.

**Step 2:** Write the result of Step 1 in the beginning and result of Step 1 at the end.

$$\begin{array}{l} 100 - 98 = 2 \\ 100 - 96 = 4 \\ \text{Now : } 2 \times 4 = 08 \\ 98 - 4 \text{ or } 96 - 2 = 94 \\ \text{So, } 98 \times 96 = 9408 \end{array}$$

Compute:  $35 \times 72$  by Sutra **Urdhva-Tiryagbyham**

**Step 1:** Multiply the last digit(rightmost) to each other.

**Step 2:** Multiply the numbers digit crosswise and add them.

**Step 3:** Multiply the first digit(leftmost) of both the number and put it at the most beginning.

**Step 4:** If the number or more then one digit then write the first number and rest is carry forward to the next left.

$$35 \times 72 = 21 \mid 41 \mid 10 = 25207 \times 3 = 21(3 \times 2) + (5 \times 7) = 6 + 35 = 415 \times 2 = 10$$

Compute:  $224 \div 12$  by Sutra **Paraavartya Yojayet**

**Step 1:** Discard the first digit of the divisor and transpose the remaining digits

**Step 2:** Dividend is to be split into Quotient and Remainder. Remainder should have the same number of digits as in the divisor (as read from the right end of the number) from step 1. The remaining portion of the dividend is to be considered as the Quotient.

**Step 3:** Multiply the one's digit of the quotient with the number obtained in step 1. Add this number to the units digit of the quotient.

**Step 4:** If the number or more then one digit then write the first number and rest is carry forward to the next left.

Step 1: Discard 1 from 12, Transposing 2, we get 2

Step 2: Dividend is 224. So, Remainder is 4 (as the divisor has 1 digit) and 22 is the Quotient

$$\text{Step 3: } 2 \times 2 = 4$$

$$22 + 4 = 26$$

$$\text{Quotient is } 22 = 20 - 2$$

$$\text{Quotient} = 18$$



## VEDIC MATHEMATICS

Gajalaxmi P  
Research Scholar



### Introduction

Vedic Mathematics is the name given to the ancient system of Mathematics which was rediscovered from the Vedas between 1911 and 1918 by Sri Bharti Krishna Tirathji.

In the Vedic System, difficult problems or huge sums can often be solved immediately by the Vedic method.

Vedic mathematics is far more systematic than the modern system.

### Why is it called 'VEDIC'?

- 'Vedic' comes from Vedas which means the fountain head of all knowledge
- Also, the sources of the Sutras were found in Ancient Vedic Texts.
- According to the Supreme Court of India, Vedic means 'Time factor'
- Vedic Maths is secular, which means anyone from and where in the world can practice it and take advantage of its results.

### Advantages

- It helps a persons to solve problem 10 - 15 times faster.
- It reduces burden (need to learn tables up to 9 only).
- It is a magical tool to reduce scratch work and finger counting.
- It increases concentration.
- Time saved can be used to answer more questions.
- Improve concentrations.
- Logical thinking process gets enhanced.
- It provide one line answer.

### 16 Sutras of Vedic maths

| Sutras Name                       | Meaning                                   | Sutras Name             | Meaning   |
|-----------------------------------|---|-------------------------|---|
| Ekadhikena Purvena                | By one more than the previous one         | Chalana-Kalanabyham     | Differences and Similarities                              |
| Nikhilam Navatashcaramam Dashatah | All from 9 and the last from 10           | Yaavadunam              | Whatever the extent of its deficiency                     |
| Urdhva-Tiryagbyham                | Vertically and crosswise                  | Vyashtisamanstih        | Part and Whole  |
| Paraavartya Yojayet               | Transpose and adjust                      | Shesanyankena Charamena | The remainders by the last digit                          |
| Shunyam Saamyasamuccaye           | When the sum is the same that sum is zero | Sopaantyadvayamanty am  | The ultimate and twice the penultimate                    |
| (Anurupye) Shunyamanyat           | If one is in ratio, the other is zero     | Ekanyunena Purvena      | By one less than the previous one                         |
| Sankalana-vyavakalanabhyam        | By addition and by subtraction            | Gunitasamuchyah         | The product of the sum is equal to the sum of the product |
| Puranapuranabyham                 | By the completion or non-completion       | Gunakasamuchyah         | The factors of the sum is equal to the sum of the factors |

# MATHEMATICS UNFOLDED: EXPLORING THE BEAUTY OF ORIGAMI

Yuvashri B, Research Scholar

## INTRODUCTION

Origami, the ancient art of paper folding, is not only a visually captivating craft but also a playground for mathematical exploration. In this introduction, we dive into the seamless integration of mathematics into the folds and creases of origami, revealing a world where geometry, symmetry, and precision converge in elegant harmony.

Origami is the art of paper folding, which is often associated with Japanese culture. In modern usage, the word "origami" is used as an inclusive term for all folding practices, regardless of their culture of origin. Ori meaning "folding" and gami meaning "paper", so origami means folded paper". The best-known origami model is the Japanese paper crane.

## HISTORY OF ORIGAMI MATHEMATICS

1893: Geometric exercises in paper folding by row  
1936: Origami first analyzed according to axioms by Beloch  
1989-present: Huzita-Hatori axioms.  
Flat – folding theorems: Maekawa, Kawasaki, Justin and Hull. Tree maker designed by Lang.

## HUZITA – HATORI AXIOM

|         |  |
|---------|--|
| Axiom 1 | Given two points p1 and p2, there is a unique fold that passes through both of them. i.e., we can fold a line connecting any two points. |
| Axiom 2 | Given two points p1 and p2, there is a unique fold that places p1 onto p2. i.e., we can fold any points onto each other.                 |
| Axiom 3 | Given two lines l1 and l2, there is a fold that places l1 onto l2. i.e., we can fold any two lines onto each other.                      |
| Axiom 4 | Given a point p1 and a line l1, there is a unique fold perpendicular to l1 that passes through point p1.                                 |
| Axiom 5 | Given two points p1 and p2 and a line l1, there is a fold that places p1 onto l1 and passes through p2.                                  |
| Axiom 6 | Given two points p1 and p2 and two lines l1 and l2, there is a fold that places p1 onto l1 and p2 onto l2.                               |
| Axiom 7 | Given one point p and two lines l1 and l2, there is a fold that places p onto l1 and is perpendicular to l2.                             |

## TERMINOLOGY

- Flat Fold – An origami which we could place flat on the ground and compress without adding new creases.
- Crease Pattern – The pattern of creases found when an origami is completely unfolded.
- Mountain Crease – A crease which looks like mountain or a ridge.
- Valley crease – A crease looks like valley or a trench.
- Vertex – A point on the interior of the paper where two or more crease

## BASIC THEOREMS

### MAEKAWA'S THEOREM (JAN MAEKAWA :1993)

**Statement:** The difference between the number of mountain creases and the number of valley creases intersecting at a particular vertex is always two. Let,  
M be the number of mountain creases at vertex x.  
V be the number of valley creases at vertex x.  
N be the number of creases.

**To prove:**  $M - V = 2$

**Proof:** To prove this first let us learn the definition of polygon, "the sum of the interior angles of a regular polygon is  $(n-2) \times 180^\circ$ ", where n is the number of sides of polygon". Interior angles of mountain crease is  $0^\circ$ , interior angles of valley crease is  $360^\circ$  and  $n = M + V$

When we equate the expressions,  
 $180^\circ \times (n-2) = 0M + 360V$   
 $180^\circ \times (M + V - 2) = 0M + 360V$   
 $180M + 180V - 360 = 360V$   
 $180M - 180V = 360$   
Therefore,  $M - V = 2$ .

### KAWASAKI'S THEOREM:

Kawasaki's theorem states that a given crease pattern can be folded to a flat origami if and only if all the sequences of angles  $a_1, \dots, a_{2n}$ , surrounding each (interior) vertex, fulfill the following condition  $a_1 + a_3 + \dots + a_{2n-1} = a_2 + a_4 + \dots + a_{2n} = 180^\circ$  the number of angles is always even, each of them corresponds to a layer of the folded sheet.

## TREE MAKER BY LANG

In 1990, Lang first attempted to write computer code that would solve origami problems, and the result was his first version of Tree Maker. He has developed ways to algorithmize the design process for origami, and is the author of the proof of the completeness of the Huzita – Hatori axioms.

Robert Lang folding an origami American flag, which includes 80 stars and 18 stripes and 13 red stripes, from a single uncut square

## APPLICATIONS

- The "eye-glass" telescope. It is invented by Lawrence Livermore National Laboratory and placed 25,000 miles above the earth. It is 150m in diameter (a football field).
- 5- Meter Prototype: it folds about 1.5m
- Mura – on Japanese solar sail
- Heart stents
- Titanium hydride printing

## CONCLUSIONS

Origami and mathematics can never be separated. Without mathematics the origami structure cannot be formed. Mathematics is the essential one for origami.

### 3. Play on Ramanujan's Life -

III UG and II UG of Mathematics Department presented a drama play on  
**“Life History of Srinivasan Ramanujan”** for about 40 minutes on the  
auspicious day







## REPUBLIC DAY REPORT 2024

The Republic Day celebration at Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, was a momentous occasion filled with patriotic fervour. The event began with Dr. T.S.K. Meenakshi Sundaram, Managing Trustee and Chancellor, hoisting the national flag, taking the salute, and presiding over the celebration.

Dr. V. Bharathi Harishankar, Vice-Chancellor, delivered heartfelt felicitations, while Thiru N. V. Nagasubramaniam, a distinguished advocate and trust member, delivered an inspiring Republic Day message.

The spirit of unity and patriotism was evident as NCC cadets and NSS students took a solemn pledge. The highlight of the celebration was the impressive parade by the NCC cadets, led by SUO Themathura B., who served as the parade commander and addressed the esteemed guests. SUO Tamil Bharathi B. did the Sword of Honour. The drill performed by the NCC cadets is often regarded as the highlight of the Republic Day program, showcasing their discipline, dedication, and patriotism. These cadets, trained under the National Cadet Corps, exemplify the values of unity, service, and leadership through their synchronized and well-rehearsed drills. The cadets' effort and dedication are always acknowledged by the audience and dignitaries. The parade was followed by performances from the NSS students and a vibrant students' parade accompanied by the School Dean and Heads of Departments. The ceremony concluded with a pledge to uphold the nation's values of unity, patriotism, and service.





**Report on National Science Day**  
**Competitions Conducted – Campus- II**  
**2023-24**

**Theme: Indigenous Technologies for viksit Bharat**

**Day 1: 26.02.2024**

**Competition: Infography**

**Venue: School of Engineering – Through email submission**

**Incharge: Dr.A.Banu and Mrs. Chitra**

National Science Day competitions for campus-II submission through email ends on 25.02.2024 at seminar hall for infography. A total of 8 participants were submitted their PPTs on the given topic. Among 8 presentation 3 individuals won the prizes.

**Spell Be Competition**

The objective of the competition was to enhance the spelling and literary skills of students by encouraging them to explore the nuances of English language, expand their vocabulary and improve their communication and comprehension skills. Students participated earnestly in the competition. Their efforts and initiative were appreciated by one and all.

**In charge of the event: Dr. C. Antony Crispin Sweety**

**Date: 26.02.2024**

**Time: 11:00 AM – 12:30 PM**

Total number of Students participated: 32 students



**Day 1:26.02.2024**

**Competition: Mime**

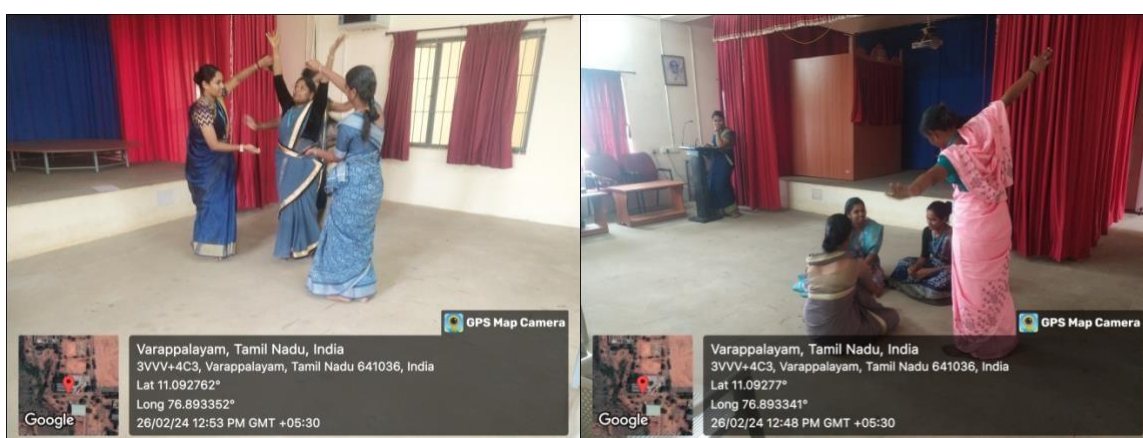
**Venue: School of Education - Multipurpose Hall**

**Time : 11.30 am – 12.30 pm**

**Incharge: Mrs. Premalatha and Mrs. Andal**

The performers demonstrated a remarkable ability to communicate complex narratives without uttering a single word, showcasing the timeless artistry of mime. The show left a lasting impression, proving that sometimes, silence speaks louder than words.

**Total Participants : 3 Teams ( 4 students per team )**



**Day 1: 26.02.2024**

**Competition: Dissemination of Scientific Knowledge through folk art**

**Venue: School of Education**

**Time : 2-3 pm**

**Incharge: Mrs. Premalatha and Mrs. Andal**

The folk art exhibition was a captivating journey into the heart of cultural heritage, celebrating the beauty of diversity and the resilience of traditional craftsmanship.

**Total Participants: 5 Teams ( 15 students )**

**Day 1: 26.02.2024**

**Competition: Innovative Ideas for Products**

**Venue: School of Engineering – Club Hall Time: 02.00 pm – 3.30 pm**

**Incharge: Dr.A.Banu and Mrs. Chitra**



For the competition Innovative Ideas for Products a total of 6 groups registered and displayed their creative ideas for the development of product useful to the mankind in energy, food, wastewater treatment, and technology were impressive. Among the all products three important category products shortlisted through the judge's selection.



## Quiz Competition

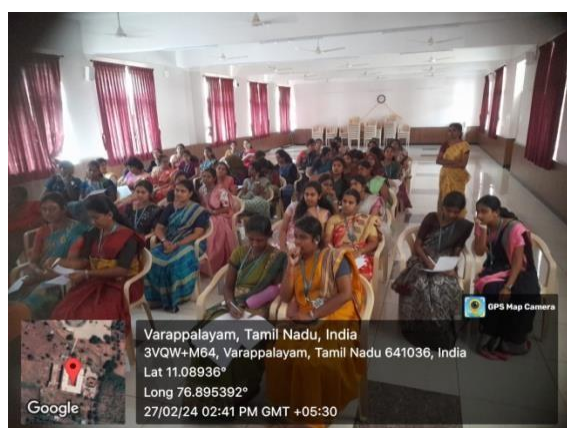
The primary goal of this event is to educate them on general knowledge and current affairs in Science and Technology.

**In charge of the Event: Dr. C. Antony Crispin Sweety**

**Date: 27.02.2024**

**Time: 2:00 PM – 3:30 PM**

**Total number of Students participated: 29 teams - 58 students**





# **Report**

## **International Day of Yoga 21st June 2024**

### **Theme - Yoga for Self and society**

The International Yoga Day is celebrated on June 21, 2024, at Thiruchitrambalam auditorium, Campus I. This event was attended by Deans, Heads of the Department, Administrative staff teaching and non-teaching staff, as well as students from Campus I and II and school students.

The program begins with a prayer song by the students from music Department, before the programme begins all the participants practiced yoga followed by a demonstration and instruction of Yogaasanas by a student M.Preethi, of M.Sc.. Biotechnology.



**Demonstration of Yoga Asanas**

The Programme begins with Welcome Address by Dr.P.Vanithamani, Associate Professor and Head, Department of Physical Education, Then the Yoga Day Pledge was administered by Dr.Indhu, Registrar, which all participants undertake, followed by our Registrar delivered the Presidential address during which she explained yoga, its types, and benefits as well as how yoga empowers women through engaging real-life examples.



**Welcome Address**



**Pledge**

Dr. T. Shanmugavalli, Associate Professor, Department of Physical Education, introduced the Chief guest, Dr. U. Srikumar, Professor at Vedic Wellness University in Florida, USA.



**Introduction of the Chief Guest**



**Presidential Address**

The chief guest, Dr. U. Srikumar Professor, explains the importance of yoga in daily life and encourages students to practice it on a daily basis. He also explains how Super Brain Yoga helps to stimulate the brain and aids in studying. He also demonstrated Super Brain Yoga to the audience and encouraged the students to incorporate it.





**Chief Guest Address**



**Demo on Super Brain Yoga**

Dr. Nadhini, Assistant Director, Physical Education initiated one-week workshop on yoga for staff and students in lieu with International Day of Yoga from 10.06.2024 to 20.06.2024.



**Way of practice Yoga**



**About the Workshop**

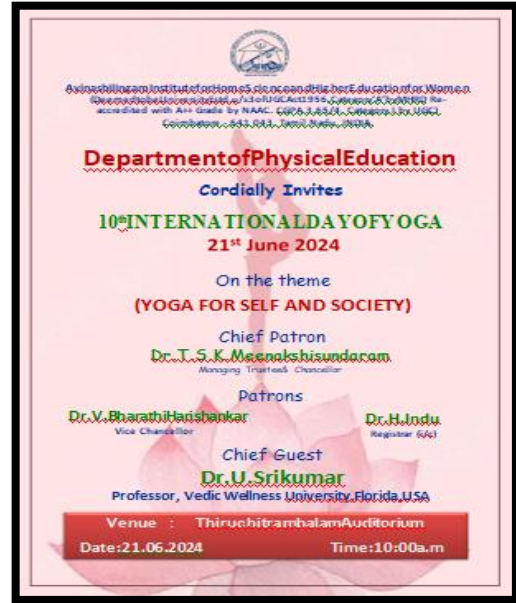
The chief guest and Registrar honoured the participants with certificates. Finally the programme was concluded by provoking gratitude by delivering vote of thanks by Dr. R. Saravana Prabha Associate Professor, Department of Physical Education. The session was completed successfully with the National Anthem.



**Participants honoured with Certificates**



**Expression of Gratitude**



**Invitation**

Yoga Day Photo Link : <https://photos.app.goo.gl/CxvLX9gDm61PnjDH7>



# INTERNATIONAL TIGERS DAY

Roar for their survival:  
Protect tigers, preserve our  
pride!

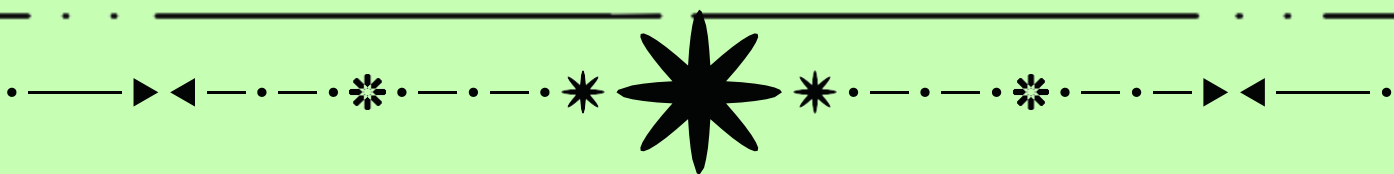
The Department of Zoology  
cordially invites all of you to  
participate in the  
INTERNATIONAL TIGERS  
DAY CELEBRATION 2023.



DATE: 28.07.2023

TIME: 02.30 Pm

VENUE: ZOOLOGY LABORATORY



## **DEPARTMENT OF ZOOLOGY**

### **REPORT ON INTERNATIONAL TIGERS DAY CELEBRATION – 2023**

The Department of Zoology, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore-641043 celebrated International Tiger's Day (29.07.2023) as a two day event (27.07.2023 & 28.07.2023).

The goal of these activities was to raise awareness of tiger conservation as well as the significance of the tiger as our national animal, which represents pride, elegance, strength, agility, and great power. On the first day of our programme, we held a flash mob to raise awareness of Tiger Conservation in our university's basketball court with performances, in which we delivered the concept of how humans are affecting tigers through hunting, poaching, and other harmful activities, resulting in a low tiger population. The presentation included music, dance, and a drama with a conservation message that was perfectly conveyed to the other youngsters. The objective of the programme was to convince people that it is our responsibility to take efforts to save tigers and maintain ecological balance for our future.





On the second day of our programme, a quiz competition was held in the morning, with approximately 195 students participating from various departments. This was done to increase knowledge and gather information about International Tiger Day. The students enthusiastically participated, and the quiz winners were chosen.



This was followed by the valedictory gathering, which took place in the afternoon of the same day in the Zoology Laboratory. Anitha.B and Sri Kamachi.S of II UG Zoology began the programme with a prayer. Dr. Anitha Subash, Dean School of Biosciences, was the meeting's honourable chief guest. Keerthini.S of III UG Zoology gave the welcoming address. Dr.K.Manimegalai, Head Department of Zoology, welcomed the primary guest and delivered the presidential speech. The Honourable Chief Guest presented a special message on tiger conservation, stressing that it is the responsibility of every person to create awareness because tigers are an endangered species. She also mentioned how much grace, dignity, and strength a tiger possesses, as well as how much the population has declined due to human activity.

The winners of the quiz competition were given their certificates, prizes and it was distributed by The Honorable Chief Guest Dr.Anitha Subash. Pooja.R of III UG Zoology was the Master of Ceremony (MOC) for this programme. Anitha.B of II UG Zoology offered the vote of gratitude at the end of the programme. The



audience comprised students, staff members, lab assistants, and participants who served as the program's backbone.

## **OUTCOME:**

This two-day programme imparted young people about the importance of tigers in ecosystems, as well as human actions that are destructive to the tigers' population. These kind of projects will have an influence on the young and will aid in the restoration of the tiger species.







## Avinashilingam Institute for Home Science and Higher Education for Women

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Coimbatore-641 043, Tamil Nadu, India

DEPARTMENT OF FOOD SCIENCE AND NUTRITION  
NUTRITION ASSOCIATION NUTRITION SOCIETY OF INDIA COIMBATORE CHAPTER  
and DR. RAJAMMAL P. DEVADAS CHAIR

POSHAN MAH (NUTRITION MONTH) CELEBRATIONS  
SEPTEMBER 2023

THEME SUPOSHT BHARAT, SHAKSHAR BHARAT, SASAKT BHARAT

### Organisers

*Dr. MSylvia Subapriya*

Professor and Head, Department of Food Science and Nutrition  
Co-Convenor Dr. Rajammal P. Devadas CHAIR

*Dr. R. Balasirekha*

Assistant Professor (SS), Department of Food Science and Nutrition

and II MSc. FSN Students (2022 Batch)

## **Nutrition Month Report**

POSHAN MAAH 2023 (Nutrition Month) Celebration was organized by the Department of Food Science and Nutrition, Nutrition Association, Nutrition Society of India, Coimbatore Chapter and Dr. Rajammal P Devadas Chair. The successful organization of this program stands as a testament to the dedicated efforts of both our diligent staff members, Dr. M. Sylvia Subapriya, Professor and Head, Department of Food Science and Nutrition, and Dr. R. Balasasirehka, Assistant Professor (SS), Department of Food Science and Nutrition, and the enthusiastic students of II M.Sc. Food Science and Nutrition, who worked tirelessly during this occasion.

### **Inaguration of Poshan Maah 2023**

The inauguration of Poshan Maah 2023 (Nutrition Month) Celebrations held on the brisk morning of September 8 th, 2023, at the Hi-Tech Hall, marked a significant milestone in our collective commitment to promoting health and well- being within our community. This year's inauguration was graced by the esteemed presence of Dr. SubbaRao M Gavaravarapu, Ph.D., FNAAS, FRSPH, Scientist 'F' & Head, Nutrition Information, Communication & Health Education (NICHE), National Institute of Nutrition, Hyderabad. His presence bestowed a profound dimension upon our collective mission. His delivery of the inaugural address, titled "Why Food Environment Matters in Prioritizing Child and Adolescent Nutrition", resonated deeply, illuminating the critical importance of this issue in our pursuit of better health for the younger generation. The ceremony brought together a diverse assembly of students of I, II & III UG's, I PG's, II PG's and Scholars of Department of Food Science and Nutrition. The event commenced with the Professor of Department of Food Science and Nutrition, Dr. S. Kowsalya, Registrar, Joint Secretary of Nutrition Society of India, who has put forth the proposal for the presidential address and quoted the guest as "The Guava Man of India" at the event. The Dean, School of Home Science, Dr. S. Amsamani, extended warm felicitations to the gathered audience, setting a welcome for the program and Dr. M. Sylvia Subapriya, Professor and Head, Department of Food Science and Nutrition, extended a warm greeting to the gathering.



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**DEPARTMENT OF FOOD SCIENCE AND NUTRITION,  
NUTRITION ASSOCIATION,  
NUTRITION SOCIETY OF INDIA, COIMBATORE CHAPTER &  
DR. RAJAMMAL P. DEVADAS CHAIR**

Cordially invite you for the  
Poshan Maah 2023 (Nutrition Month) Celebration  
(THEME: 'Suposhit Bharat, Sakshar Bharat, Sashakt Bharat')

when

**Dr. SubbaRao M Gavaravarapu**

Ph.D, FNAAS, FRSPH, Scientist 'F' & Head  
Nutrition Information, Communication & Health Education (NICHE)  
National Institute of Nutrition, Hyderabad

will deliver the Inaugural Address on

**"Why Food Environment Matters in Prioritising  
Child and Adolescent Nutrition?"**

**Dr.S.Kowsalya**

Registrar

Joint Secretary, Nutrition Society of India  
& Professor, Department of Food Science and Nutrition  
will preside

**Dr. S. Amsamani**

Dean, School of Home Science  
will felicitate

**Dr. M. Sylvia Subapriya**

Professor and Head, Department of Food Science and Nutrition  
will greet

**Date: 08.09.2023; Time: 11:00 A.M**

**Venue: Hi-Tech Seminar Hall**

**Audience: Students and Ph.D Scholars, FSN Department**







**Dr. S. Kowsalya**  
Registrar  
Professor, Department of Food Science and  
Nutrition, Joint Secretary, Nutrition Society  
of India



**Dr. SubbaRao M Gavaravarapu**  
Ph.D, FNAAS, FRSPH, Scientist 'F' & Head,  
Nutrition Information, Communication &  
Health Education (NICHE), National  
Institute of Nutrition, Hyderabad



**Dr. S. Amsamani**  
Dean, School of Home Science

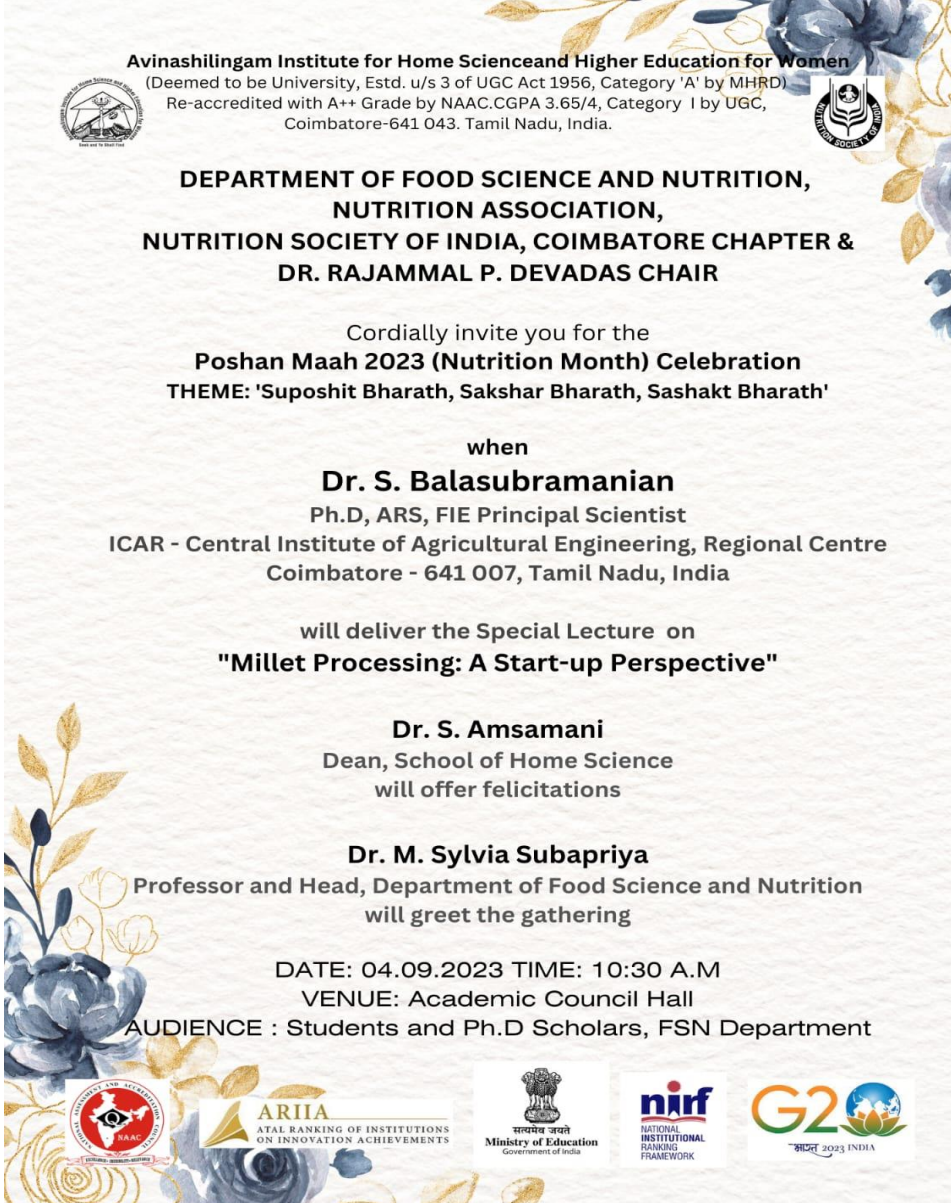


**Dr. M Sylvia Subapriya**  
Professor and Head,  
Department of Food Science and Nutrition  
Co-Convenor, Dr. Rajammal P.Devadas CHAIR

### **Special Lecture on “Millet Processing: A Start-up Perspective”**

A Guest Lecture was conducted as a part of Nutrition Month Celebrations 2023 on 4th September organized by Department of Food Science and Nutrition, Nutrition Association, Nutrition Society of India, Coimbatore Chapter & Dr. Rajammal P. Devadas CHAIR by Dr. M. Sylvia Subapriya, Professor and Head, Department of Food Science and Nutrition and Dr. R. Balasasirekha, Assistant Professor (SS), Department of Food Science and Nutrition and the students of II M.Sc. FSN for the students of I, II, and III UG and I and II PG students, Ph.D. research scholars of Food Science and Nutrition. The Guest speaker of the day was Dr. S. Balasubramanian, Ph.D., ARS, FIE Principal Scientist; ICAR – Central Institute of Agricultural Engineering, Regional Centre, Coimbatore – 641 007, Tamil Nadu, India

delivered a Special Lecture on “Millet Processing: A Start-up Perspective”. Dr. M. Sylvia Subapriya, Professor and HOD, Department of Food Science and Nutrition, greeted the gathering and she highlighted the importance of millets in health and well-being. Dr. S. Amsamani, Dean, School of Home Science offered felicitations and pointed out the importance of millets in our daily life.



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**DEPARTMENT OF FOOD SCIENCE AND NUTRITION,  
NUTRITION ASSOCIATION,  
NUTRITION SOCIETY OF INDIA, COIMBATORE CHAPTER &  
DR. RAJAMMAL P. DEVADAS CHAIR**

Cordially invite you for the  
**Poshan Maah 2023 (Nutrition Month) Celebration**  
THEME: 'Suposhit Bharath, Sakshar Bharath, Sashakt Bharath'

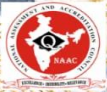




when  
**Dr. S. Balasubramanian**  
Ph.D, ARS, FIE Principal Scientist  
ICAR - Central Institute of Agricultural Engineering, Regional Centre  
Coimbatore - 641 007, Tamil Nadu, India

will deliver the Special Lecture on  
**"Millet Processing: A Start-up Perspective"**

**Dr. S. Amsamani**  
Dean, School of Home Science  
will offer felicitations

**Dr. M. Sylvia Subapriya**  
Professor and Head, Department of Food Science and Nutrition  
will greet the gathering

DATE: 04.09.2023 TIME: 10:30 A.M  
VENUE: Academic Council Hall  
AUDIENCE : Students and Ph.D Scholars, FSN Department



|   |
|---|
| <p style="text-align: center;"><b>Dr. S. Balasubramanian</b><br/> <b>Ph.D., ARS, FIE Principal Scientist;</b><br/> <b>ICAR – Central Institute of Agricultural Engineering, Regional Centre,</b><br/> <b>Coimbatore – 641 007, Tamil Nadu</b></p> |
|---|

### **Special Lecture on “Omega-3 Supplementation on Fitness Performance among Malaysian Football Players”**

A Special Lecture was organized as part of Nutrition Month Celebrations 2023 on 11th September by Department of Food Science and Nutrition, Nutrition Association, Nutrition Society of India, Coimbatore Chapter & Dr. Rajammal P. Devadas CHAIR. The programme was convened by Dr. M. Sylvia Subapriya, Professor and Head, and Dr. R. Balasasirekha, Assistant professor, and by the students of II M.Sc. FSN for the students of I, II, III UG, I PG students and research scholars from the Department of Food Science and Nutrition. The guest speaker of the day was Dr. Mahendran Appukutty, Professor, Faculty of Sports Science &



Recreation, Bangunan Akademik 3, Universiti Teknologi MARA, Malaysia. He delivered a Special Lecture on “Omega-3 Supplementation on Fitness Performance among Malaysian Football Players”. Dr. M. Sylvia Subapriya, Professor and Head, greeted the gathering and highlighted the importance of omega -3 fatty acids in sports health. Dr. S. Amsamani, Dean, School of Home Science offered felicitations and pointed out the requirements of omega-3 fatty acids in physical fitness.

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NUTRITION ASSOCIATION,  
NUTRITION SOCIETY OF INDIA, COIMBATORE CHAPTER &  
DR. RAJAMMAL P. DEVADAS CHAIR**

Cordially invite you for the  
**Poshan Maah 2023 (Nutrition Month) Celebration**  
(THEME: 'Suposhit Bharat, Sakshar Bharat, Sashakt Bharat')  
when  
**Dr. Mahendran Appukutty**  
Professor, Faculty of Sports Science & Recreation,  
Bangunan Akademik 3, Universiti Teknologi MARA,  
Malaysia

will deliver the Special Lecture on  
**"Omega -3 Supplementation on Fitness Performance among  
Malaysian Football Players"**

**Dr. S. Amsamani**  
Dean, School of Home Science  
will felicitate

**Dr. M. Sylvia Subapriya**  
Professor and Head, Department of Food Science and Nutrition  
will greet the gathering

DATE: 11.09.2023 TIME: 10:00 A.M  
VENUE: Hi Tech seminar hall  
Meeting link : <https://meet.google.com/cms-vsud-yth?hs=224>  
AUDIENCE : Students and Ph.D Scholars, FSN Department



**Dr. Mahendran Appukutty**  
**Professor, Faculty of Sports Science & Recreation,**  
**Bangunan Akademik 3**  
**Universiti Teknologi MARA, Malaysia**

## COMPETITIONS

The celebration kicked off with a range of engaging competitions, including Nutrithon, Nutriquiz, Cookery contest, e-poster making, Ms. & Mrs. Nutrition and Hunger hunt. These activities not only showcased the talents of the participants but also promoted a deeper understanding of the importance of nutrition in our lives.

| Date       | Competitions        | No. of Participants                 | Theme                                   |
|------------|---------------------|-------------------------------------|---|
| 05-09-2023 | Nutrithon           | 85-students                         | “Fit for the Future”                    |
| 06-09-2023 | Nutrithon           | 70-teaching and non-teaching staffs |   |
| 11-09-2023 | Cooking Competition | 17 participants                     | “Global Flavours<br>Health Savor”       |
| 12-09-2023 | Cooking Competition | 6 participants                      |   |
| 12-09-2023 | Bon Baby Contest    | 40 participants                     | “Bright Futures,<br>Healthy Beginnings” |

|            |   |  |  |
|------------|---|--|--|
| 12-09-2023 | e-Poster                                | 19 participants                                  | “Nourishing the Future”                      |
| 13-09-2023 | Quiz competition for nutrition students | 60 participants                                  | “Nutrition Labels Challenge”                 |
| 16-09-2023 | Nutri Quiz for non-nutrition students   | 12 participants                                  |  |
| 14-09-2023 | Ms. & Mrs. Nutrition                    | 24-students, 20-teaching and non-teaching staffs | “Nutrition Resilience Strong Inside and Out” |
| 16-09-2023 | Ms. & Mrs. Nutrition                    | 10-students, 10-teaching and non-teaching staffs |  |
| 15-09-2023 | Hunger Hunt                             | 65 teams   | “Trace Hidden Objects”                       |



### Nutrithon



### Nutrithon for Staffs & Students





## Cooking Competition



## Bon Baby Contest



## Presentation of e-Posters



### Nutri-Quiz



### Ms. & Mrs. Nutrition







### Hunger Hunt

During Nutrition Month, various competitions are organized to promote nutrition awareness and healthy living. These activities aim to educate and inspire healthier choices and lifestyles through engaging events. Prizes are awarded to the winners of these competitions, recognizing their efforts and achievements in advocating for nutrition and wellness within their communities. This highlights the importance of promoting healthy well-being and raising awareness about nutrition during Nutrition Month.

### COMMUNITY AWARENESS

The heart of Nutrition Month Celebration lies in the commitment of spreading awareness about nutrition to every corner of society. We organized community awareness program for housekeeping staff, parents and public along with outreach programs to school children, reaching out to hundreds of individuals with essential information on healthy eating and promoting positive lifestyle choices.

| Date                     | Title                                | Theme  |
|--------------------------|--------------------------------------|--|
| 13-09-2023               | Parents Awareness Program            | “Nutrition for growing minds and bodies”                   |
| 14-09-2023               | Housekeeping Staff Awareness Program | “Heart Healthy Eating: Fueling your Cardiovascular Health” |
| 11-09-2023 to 15-09-2023 | Assembly talk                        | “Nutrigarden”  |



|                             |                                       |   |
|-----------------------------|---------------------------------------|---|
| 01-09-2023 to<br>30-09-2023 | Social Media Awareness                | <ul style="list-style-type: none"> <li>• <b>Week 1-</b> “Millets: Ancient grains, modern solutions for the future; Emphasise millets adaptability to changing climate conditions and there potential to ensure food security in the phase of environmental challenges”</li> <li>• <b>Week 2-</b> “Nuts and Seeds”, “Benefits of Vegetables”</li> <li>• <b>Week 3-</b> “Spices, its health benefits and nutritional composition”</li> <li>• <b>Week 4-</b> “Talk, Test and Treat Anaemia”</li> </ul> |
| 13-09-2023                  | Physical Activity for School Children | “Fit and Play; Moving together, Growing together”   |



## Parents Awareness Program



**Nutrition Awareness for House  
Keeping Staff Program**



**Assembly talk - “Nutrigarden”**



## PIONEERING THE NUTRIGARDEN CONCEPT: A HANDS-ON APPROACH BY STUDENTS OF II M.SC FOOD SCIENCE AND NUTRITION

Department of Food Science and Nutrition  
POSHAN MAAH 2023 (Nutrition month celebration)  
3<sup>rd</sup> September 2023



### BARNYARD MILLET /KUTHIRAIVALI

- ✓ Good for diabetes
- ✓ Controls thyroid
- ✓ Rich in fiber, some essential amino acids, zinc, calcium, protein, magnesium
- ✓ Low Glycemic index
- ✓ Good source of iron
- ✓ Relieves fatigue
- ✓ Cancer prevention

Department of Food Science and Nutrition POSHAN MAAH 2023  
(Nutrition month celebration)  
8<sup>th</sup> September 2023



|                  |       |
|------------------|-------|
| Protein(g)       | 15.23 |
| Energy(kcal)     | 2904  |
| Fibre(g)         | 6.7   |
| Calcium(mg)      | 98    |
| Iron(mg)         | 2.91  |
| Carbohydrate (g) | 13.71 |

### WALNUT

- help gut and heart health
- help to reduce blood pressure
- benefits brain health
- cancer protection
- weight regulation

**WEEK 1 - "Millets: Ancient grains, modern solutions for the future"**

**WEEK 2 - "Nuts and Seeds"**



Department of Food Science and Nutrition  
POSHAN MAAH 2023 (Nutrition month) Celebration  
21<sup>st</sup> September 2023

## CUMIN SEED

- Manage Diabetes
- Regulate Blood Pressure
- Aid Respiratory System
- Treat Piles & Cancer
- Aids in Weight Loss
- Treat Insomnia
- Relieves Cold & Asthma
- Treats Irritable Bowel Syndrome
- Soothes Skin & Treat Acne
- Has Anti-inflammatory Property
- Promotes Healthy Hair
- Improves Blood Cholesterol
- Prevent Iron Deficiency

**Nutritive Value per 100g**

- Water-6.23 g
- Energy-375 kcal
- Protein-17.8 g
- Total lipid (fat)-22.7g
- Carbohydrate 44.24 g
- Fiber-10.5g
- Calcium-931mg
- Iron-66.36mg
- Magnesium-366 mg
- Phosphorus-4499mg
- Potassium- 68mg
- Sodium-1788mg
- Zinc-2.15 mg
- Vitamin C-7.7 mg
- Niacin - 4.58mg
- Folate-10mcg
- Vitamin A-1270 IU

Department of Food Science and Nutrition  
POSHAN MAAH 2023 (Nutrition month) Celebration  
21<sup>st</sup> September 2023  
TEST, TALK AND TREAT ANEMIA



### CAUSES OF ANEMIA

- Dietary deficiency
- Hookworm infestation
- Excess blood loss during menstruation or accidents
- Iron, Vitamin B12, Folate deficiency
- Infections that interfere with intake, absorption and assimilation of nutrients
- Use of nonsteroidal anti-inflammatory drugs
- Hypothyroidism
- Increased destruction of RBCs
- Insufficient production of RBCs or haemoglobin

## WEEK 3 - “Spices, its Health Benefits and Nutritional Composition”

## WEEK 4 - “Talk, Test and Treat Anemia”

My status  
Today, 8:49 AM

UG FSN 2023-2026 KAVYA SHREE  
Today, 1:18 pm

UG FSN 2023-2026 KEERTHANA P  
Today, 1:11 pm

UG FSN 2023-2026 BALASUSMITH  
Today, 1:05 pm

UG FSN 2023-2026 AKKSHATHA J  
Today, 1:04 pm

UG FSN 2023-2026 Fathima  
Today, 1:04 pm

Boopalan Sir Nss Motivation Talk S  
Today, 1:04 pm

Shwetha Yazhini UG 2021  
Today, 12:49 pm

IndhuPriya Ug 2021  
Today, 12:47 pm

Viewed by 65

Leela City  
11 minutes ago



## SOCIAL MEDIA AWARENESS



## Physical Activity for School Children

The impact of **POSHAN MAAH 2023** extends far beyond the month of September. We have ignited a spark of awareness and commitment to nutrition in our community. During Nutrition Month, a range of awareness programs were conducted to educate different groups within the community about nutrition and healthy living. These include a Parents Awareness Program to promote healthy eating for families, a Housekeeping Staff Awareness Program focusing on food safety and nutrition, Assembly talks for students emphasizing Nutrigarden, Social Media Awareness campaigns sharing nutrition tips online, and Physical Activity initiatives for school children to highlight the importance of fitness alongside nutrition. These programs aim to cultivate a culture of health-consciousness and encourage positive lifestyle choices among participants.





## **Avinashilingam Institute for Home Science and Higher Education for Women**

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD.

Re-accredited with A++ Grade by NAAC. CGPA 3.65/4, Category I by UGC) Coimbatore, Tamilnadu

### **Department of Food Science and Nutrition**

**Nutrition Association, Nutrition Society of India (Coimbatore Chapter)  
& Dr. Rajammal P. Devadas CHAIR**

**in collaboration with**

**Tamil Nadu Food Safety & Drug Administration Department,  
Coimbatore District  
& Indian Institute of Millet Research, Hyderabad**

**Cordially invite you for the**

**EAT RIGHT MILLETS MELA AND POSHAN MAAH CELEBRATIONS 2023**

**On**

**26<sup>th</sup> September 2023**

**Venue: Thiruchitrambalam Auditorium**



### CHIEF PATRON

**Dr. T.S.K. Meenakshisundaram**  
**Managing Trustee & Chancellor**

### PATRON

**Dr. V. Bharathi Harishankar**  
**Vice Chancellor**

### GUESTS OF HONOUR

**Dr. Dayakar Rao**  
**Principal Scientist & CEO,**  
**Nutrihub, IIMR,**  
**Hyderabad**

**Dr. JS Bhuvaneshwaran**  
**Professor & Director,**  
**PSG Super Speciality Hospital,**  
**Coimbatore**

**Dr. K. Tamil Selvan**  
**Designated Officer,**  
**Food Safety Wing,**  
**Coimbatore District**

### ADVISOR

**Dr. S Amsamani**  
**Dean,**  
**School of Home Science**

**Dr. S Kowsalya**  
**Registrar &**  
**Professor, FSN**  
**Joint Secretary, NSI**

### CONVENORS

**Dr. M. Sylvia Subapriya**  
**Professor & Head,**  
**Dept. of FSN,**  
**Co-Convenor,**  
**Dr. Rajammal P. Devadas**  
**CHAIR**

**Dr. A. Thirumani Devi**  
**Professor, Dept. of FSN**  
**Convenor,**  
**Nutrition Society of India,**  
**Coimbatore Chapter**

### ORGANIZING SECRETARY

**Dr.R.Balasasirekha,**  
**Asst. Prof**

### ORGANIZING COMMITTEE MEMBERS

**Dr.C.A.Kalpana,Professor**  
**Deputy Dean, School of Home Science**  
**Dr.S.Thilakavathy, Asst. Prof**  
**Dr.K.Sujatha, Asst. Prof**

**Dr.Pa.Raajeswari, Assoc. Prof**  
**Dr.K.Devi, Asst. Prof**  
**Dr.B.Habeeba Asst. Prof**  
**Dr.D.Radhapriya, Asst. Prof**

**Mr.R.Govindharajan, Food Safety**  
**Officer 553, Coimbatore**  
**Mr.R.Narasimman, Food Safety**  
**Officer 018, Coimbatore**  
**Mr.C.Adhigopalakrishnan, Food**  
**Safety Officer 012, Coimbatore**  
**Mr.K.Aruchamy, Food Safety**  
**Officer 402, Coimbatore**

Registration Link : <https://forms.gle/BihabZ1trGfs5kq98>

“EAT RIGHT MILLETS MELA AND POSHAN MAAH CELEBRATIONS, 2023” a collaborative program was organised by Department of Food Science and Nutrition, Nutrition Association, Nutrition Society of India, Coimbatore Chapter and Dr.Rajammal P.Devadas CHAIR, Avinashilingam Institute for Home Science and Higher Education for Women in association with Tamil Nadu Food Safety and Drug Administration Department, Coimbatore District and Indian Institute of Millet Research, Hyderabad on 26<sup>th</sup>, September, 2023.



Inaugural Address was delivered by Dr.J.S.Bhuvaneswaran, Professor and Director, Cardiology and Preventive Cardiology, PSG Hospitals, Coimbatore wherein he highlighted on the importance of millets in preventing life style diseases and emphasized on “You become what you eat”.



In the afternoon session, Dr. Dayakar Rao enlightened the participants on “Health benefits of millets and entrepreneurship in millet era’. Dr. Rao highlighted on the health benefits of millets and the relationship between regular consumption of millets and health of kidney, liver & immune system. He also mentioned about trends in millet production over the last 50 years, role of IIMR, Nutrihub and Centre of excellence in millet research – standardization of value added millet based products, innovations in millet processing machinery, Nutrition education for the community in popularising millet based products and promoting entrepreneurship with help of Govt. funding. He also mentioned about Nutrition Security and “SMART FOOD”.



As part of the programme, a millet based cookery competition, Yoga demonstration by physical education students and Millethon was organized in the campus .



For the final day of the Nutrition month celebration , e-poster presentation was organized by the Department of Food Science and Nutrition on 26<sup>th</sup> September and it was judged by

Dr.Thirumani Devi ,Professor, Department of FSN, Convenor, Nutrition Society of India , Coimbatore.

Chapter under three different theme :1) Nutri Garden for Income Generation, 2) Magic Millets for Health Benefits, 3) Eat Right Young India. Finalists of the e- poster presentation and cookery competition were awarded.

The Chief Guest for the valedictory function was Dr.K.Tamil Selvan, Designated Officer, Food Safety Wing, Coimbatore District.

Dr. S. Kowsalya, Registrar, Dr.A.Thirumani Devi, Professor, Dr. M. Sylvia Subapriya, Professor and Head were the convenors of the programme and The Dr.R.Baladasirekha, Assistant Professor, Department of Food Science and Nutrition was the Organising Secretary.



The convenors of the program were Dr. S. Kowsalya, Registrar, Dr.A.Thirumani Devi, Professor, Dr. M. Sylvia Subapriya, Professor and Head. The organising secretary was Dr.R.Baladasirekha Assistant Professor (SS) and the organising committee members Dr.C.A.Kalpna, Professor, Department of Food Science and Nutrition, Deputy Dean, School of Home Science, Dr. PA. Raajeswari, Associate Professor, Dr. K. Devi, Assistant Professor (SS), Dr.S. Thilakavathy, Assistant Professor (SG), Dr. K. Sujatha, Assistant Professor, Dr.B.Habeeba, Assistant Professor and Dr.D.Radhapriya, Department of Food Science and Nutrition and Mr.R.Govindharajan, Mr.R.Narasimman ,Mr.C.Adhigopalakrishnan and Mr. K.Aruchamy, Food Safety officers. Dr.A.Thirumani Devi, Professor, Department of Food Science and Nutrition, proposed the vote of thanks. Participants from School of Home Science and Biosciences presided over the inaugural session.



## Few other glimpses of the programme



Prize Distribution



Inaugural for competition



Evaluation of Cookery Competition



Yoga performance



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Coimbatore - 641 043, Tamil Nadu, India

### Department of Food Science and Nutrition

Nutrition Association, Nutrition Society of India, Coimbatore Chapter and

**Dr.Rajammal P.Devadas CHAIR**

in collaboration with

**Tamil Nadu Food Safety and Drug Administration Department, Coimbatore District**

**(Eat Right Phase III, Eat Right Millet Mela, Walkathon)**

**and Indian Institute of Millet Research, Hyderabad**

### ***EAT RIGHT MILLETS MELA AND POSHAN MAAH CELEBRATIONS 2023***

#### **Programme**

**Date: 26<sup>th</sup> September 2023**

**Venue: Thiruchitrambalam Auditorium**

|                     |   |   |
|---------------------|---|---|
| 10.00 – 11.30 am    | : | <b>Inauguration</b> of Eat Right Millets Mela and Valedictory Function of Poshan Maah Celebrations 2023   |
| 11.30 am – 11.45 am | : | Tea   |
| 11.45 am – 12.15 pm | : | <b>Millet Recipe Competition</b> (students and staff)<br>Venue: Multipurpose Hall and e-Poster Evaluation (Previous day 25.06.2023)   |
| 12.15 – 12.20 pm    | : | <b>Introducing the Expert</b><br><b>Dr.C.A.Kalpana</b><br>Deputy Dean, School of Home Science<br>Professor, Department of Food Science and Nutrition  |
| 12.20 – 1.00 pm     | : | <b>Expert Talk</b> on<br>“Health Benefits of Millets and Entrepreneurship in Millet Era”<br><b>Dr. B. Dayakar Rao</b><br>Principal Scientist, Nodal officer -ABI/ ZTMC;<br>PI, Centre of Excellence on Millets, CEO, Nutrihub-TBI,<br>ICAR-Indian Institute of Millets Research (IIMR), Hyderabad |
| 1.00 pm – 2.00 pm   | : | Lunch   |
| 2.00 pm – 3.00 pm   | : | <b>Yoga Demonstration</b> for Healthy Living (Sports Students)  |
| 3.00 pm – 4.00 pm   | : | <b>Walkathon</b> (inside the campus)<br>Route: Home Science Block – Health Centre – Guest House – Higher Secondary School – Research Block – 1 <sup>st</sup> Gate – Open Stage - Thiruchitrambalam Auditorium – Home Science Block  |
| 4.00 pm – 4.15 pm   | : | Tea   |
| 4.15 pm – 5.00 pm   | : | <b>Valedictory Function</b> of Eat Right Millets Mela (Encl: Program)<br>Chief Guest <b>Dr.K.Tamil Selvan</b><br>Designated Officer, Food Safety Wing, Coimbatore District<br>Prize distribution for e-poster and recipe competition  |

**Audience:** All Home Science students including NSS and NCC cadets

## **REPORT OF CHILDREN'S DAY CELEBRATIONS**

Department of Human Development, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and Sri Avinashilingam Play School, Coimbatore, Tamil Nadu celebrated Children's Day on 17<sup>th</sup> November, 2023 with great festive fervour, to commemorate the 130<sup>th</sup> birth anniversary of Pandit Jawaharlal Nehru. The programme began with prayer songs by the students, followed by a presidential address delivered by Dr. V. Bharathi Harishankar, our Vice Chancellor who vividly described the joyous world of kids.



The cultural programme by the children with a series of interesting and exciting events all planned meticulously for complete entertainment. There were speeches on Ayya (Avt), Padmabhusan, Dr. T. S Meenakshisundaram, Amma (Avt) Dr. Rajammal P. Devadas, Pandit Jawaharlal Nehru, Dr. APJ Abdul Kalam and Bharathiyar, recitations on "Potato and Nehru Mama" song by Pre-KG children, "Water Animal" song by LKG children and "We are the Birds in the Garden and Good Morning Good Morning" song by UKG children. Children belonging to Pre-KG, LKG, UKG, Primary School, High School and university students enthralled the audience with their energetic and graceful dance moves.





Then the event was marked by the gracious Childrens' Day address delivered by Dr. Gowri Ramakrishnan, Assistant Managing Trustee, Sri Avinashilingam Education Trust Institutions, Coimbatore. In her speech, she conveyed the message on appropriate parenting for ensuring wholesome development of children., Special greetings were conveyed by Dr. S Kowsalya, Registrar, Dr. N. Vasugi, Professor and Dean-Student Affair and Dr. S. Amsamani, Dean, School of Home Science, Avinashilingam Institute of Home Science and Higher Education for Women, Coimbatore. It was a day full of joy for the children as well as for the audience which included professors, parents and students.

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Coimbatore - 641 043, Tamil Nadu, India



***GOOD GOVERNANCE DAY 2024***  
***IN COMMEMORATION OF 100TH BIRTH ANNIVERSARY OF***  
***SHRI. ATAL BIHARI VAJPAYEE***

***REPORT***

***(18/12/2024)***



Avinashilingam Institute for Home Science and Higher Education for Women  
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Coimbatore - 641 043, Tamil Nadu, India



## **DEPARTMENT OF BUSINESS ADMINISTRATION**

cordially invites all to observe

# **GOOD GOVERNANCE DAY 2024**

THEME : "TRANSFORMING LIVES WITH CITIZEN-CENTRIC GOVERNANCE"



*"Our aim may be as high as the endless sky, but we should have a resolve in our minds to walk ahead, hand-in-hand, for victory will be ours."*

**-Shri. Atal Bihari Vajpayee**

Date: December 18, 2024

Time: 10:30 am

Venue: Academic Council Hall



## Good Governance Day

Good Governance Day is to foster a culture of good governance and empower citizens to actively engage in the decision-making process and to equip with the skills and knowledge to become responsible citizens. This Day was established in 2014 to honor Prime Minister Shri.Atal Bihari Vajpayee by fostering awareness among the Indian people of accountability in government.

With the guidance and support of **Dr.V.Bharathi Harishankar, the Vice Chancellor** and **Dr.H.Indu, the Registrar**, the **Department of Business Administration** of Avinashilingam Institute for Home Science and Higher Education for Women commemorated the 100th Birth Anniversary of Shri. Atal Bihari Vajpayee which is observed as Good Governance Day. The program was conducted on **18.12.2024** aimed at promoting transparency, accountability, and citizen participation. The **Special Address** was given by **Mr.V. Anith Prakash, IRTS**, on the theme of “**Transforming Lives with Citizen-Centric Governance**” who emphasized the importance of ethical leadership, effective public service delivery, and innovative governance practices.



**Dr.P. Santhi, Dean- Delivering the Presidential address**

The Presidential Address was delivered by **Dr. P. Santhi, Professor and Dean of the School of Commerce and Management.** She shared excerpts from the life of Shri. Atal Bihari Vajpayee and reiterated that effective governance must be rooted in integrity and guided by statesmanship.



**Dr.J.Arthi, Convener, Good Governance Day- Introducing the Guest**

The Guest introduction was given by **Dr.J.Arthi Professor, Department of Business Administration, Convener, Good Governance Day.**

The Profile of the Guest is presented below:

**Mr.V.Anith Prakash is a Senior Divisional Operations Manager in the Indian Railway Traffic Service (IRTS) at Salem, Southern Railway.** He holds a Bachelor of Engineering degree in Computer Science from the College of Engineering, Guindy, and a Post-Graduate Diploma in Management (PGDM) in General Management from the Indian Institute of Management, Bangalore.



**Mr.V. Anith Prakash , IRTS - Delivering the Special Address**

The Guest emphasized that Good Governance Day is a significant occasion to reflect upon the **principles of transparency, accountability, and citizen participation**. The chief guest highlighted that **digital platforms and technology interventions** are crucial for achieving good governance in our Country. He advocated for government initiatives that involve public participation through online platforms, enabling citizens to contribute suggestions and ideas in decision-making processes.



**Partial View of the audience**



He emphasized the critical role of citizen-centric services and the importance of active citizen engagement in governance. Acknowledging the challenges posed by poor governance, such as corruption, inefficiency, and social injustice, he stressed the urgent need to foster a culture of effective citizen participation. He gave a prelude on how self discipline leads to good governance and suggested how students may mould themselves as responsible future administrators. Implementing initiatives like waste recycling programs and financial incentive policies can encourage public participation but also contribute to environmental sustainability and economic growth.

By empowering citizens and fostering a culture of transparency, the foundation for a stronger and more sustainable future may be developed. By involving citizens in decision-making processes, it may be ensured that governance is responsive to the needs and aspirations of the people. Leveraging digital platforms and technology interventions can further enhance this inclusivity, creating a more responsive governance system.



### **The Dean Greeting The Guest with a Memento**

The event was concluded with Greetings by **Dr. K. Ramya, Associate Professor and Head of the Department of Business Administration**. The **Vote of Thanks** was proposed by **Ms.R.Abhirami, I-MBA, Secretary, Community Engagement and Social Responsibility**. The session ended with the National Anthem .

With active participation of Students and insightful deliberations, the event successfully underscored the significance of transparent, citizen-focused governance in transforming lives.

# Invitation & Agenda



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Coimbatore - 641 043, Tamil Nadu, India



## DEPARTMENT OF BUSINESS ADMINISTRATION

cordially invites all to observe

### GOOD GOVERNANCE DAY 2024

THEME : "TRANSFORMING LIVES WITH CITIZEN-CENTRIC GOVERNANCE"

#### Presidential Address

**Dr.P.Santhi**

Professor & Dean  
School of Commerce and Management

#### SPECIAL ADDRESS



**Mr.V. Anith Prakash , IRTS**

Senior Divisional Operations Manager  
Salem Division  
Southern Railways

#### Greetings

**Dr.K.Ramya**

Associate Professor & Head  
Department of Business Administration

DEC  
**WEDNESDAY 18 10:30 am**  
2024

**ACADEMIC COUNCIL HALL**



# AGENDA

## Prayer

**Ms.R.Abhirami I-MBA**  
**Ms.K.Shankari I-MBA**

## Welcome Address

**Ms.S. Vaishali**  
Assistant Professor  
Department of Business Administration

## Presidential Address

**Dr.P.Santhi**  
Professor & Dean  
School of Commerce & Management

## Introduction of Guest

**Dr.J.Arthi**  
Professor, Department of Business Administration  
Convenor, Good Governance Day

## Special Address

**"Transforming Lives with Citizen-Centric Governance"**

**Mr.V. Anith Prakash , IRTS**  
Senior Divisional Operations Manager  
Salem Division  
Southern Railways

## Elicitation

**Dr.K.Ramya**  
Associate Professor & Head  
Department of Business Administration

## Vote of Thanks

**Ms.R.Abhirami I-MBA**  
Secretary  
Community Engagement & Social Responsibility

## National Anthem

**"Indian democracy's greatest strength is that we have always put the nation above politics."**


**-Shri.Atal Bihari Vajpayee**

# Photo Gallery












**Aavinashilingam Institute for Home Science and Higher Education for Women**  
Chartered by the University of Madras, Act 1968, Category A by 1980 (New Mad)  
Re-accredited with an 'A' Grade by NAAC, COA, 2018, Category 1 by UGC  
Coimbatore - 641 002, Tamil Nadu, India

**Good governance day 2024 -18.12.2024**

**Invitation**



**Last Update :**  
 December 17, 2024,02:57 PM

**Quick Links**  
[Faculty List](#)  
[Anti-Ragging Cell](#)





# Avinashilingam Institute for Home Science and Higher Education for Women

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Coimbatore - 641 043, Tamil Nadu, India



*The Managing Trustee, Chancellor, Vice Chancellor, Faculty, Staff and Students*

*Cordially invite you for*

## **Gandhi Jayanthi Celebrations**

**Dr. T.S.K. Meenakshisundaram**

Chancellor

Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore

*will preside*

**Prof. S. Panneerselvam**

Formerly Professor & Head, Department of Philosophy

University of Madras, General Secretary, Indian Philosophical Congress

*will deliver the Gandhi Jayanthi address*

**Dr. V. Bharathi Harishankar**

Vice Chancellor

Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore

*will felicitate*

**Dr. S. Kowsalya**

Registrar

Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore

*will greet*

**Date**  
**02.10.2023**

**Venue**  
**Thiruchitrambalam Auditorium**

**Time**  
**10.00 a.m.**



அவினாசிலிங்கம் மனையியல், மகளிர் கல்வி நிறுவனத்தில் காந்தி ஜெயந்தி விழா

## அரசியலை மனிதநேயத்துடன் அணுகிய மாமனிதர் காந்தி

இந்திய தத்துவவியல் கழக பொதுச்செயலாளர் பேச்சு



கோவை, அக்ட.3

அரசியலை

மனிதநேயத்துடன் அணுகிய மாமனிதர் காந்தி என, கோவை அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் உயர் கல்வி நிறுவனத்தில் நடைபெற்ற காந்தியடிகளின் பிறந்த நாள் விழாவில் இந்திய தத்துவவியல் கழக பொதுச்செயலாளர் பேராசிரியர் எஸ்.பன்னீர் செல்வம் பேசினார்.

இவ்விழாவுக்கு சிறப்புக்கல்வி மற்றும் கணிதத்துறை உதவிப்பேராசிரியை மிருனாலினி வரவேற்றார். அவினாசிலிங்கம் நிறுவனத்தில் பல்பிரம் பன்னி,

கல்லூரி மாணவிகள் காந்தி டைகனின் வாழ்க்கையைப் பற்றி உரையாற்றினர்.

பல்கலைக்கழக முன்னாள் பதிவாளரும், இணை நிர்வாக அறங்காவலருமான கௌரி ராமகிருஷ்ணன் தலைமை வகித்து பேசுகையில், அவினாசிலிங்கம் அப்பா அவர்கள் காந்தியின் கொள்கைகளைப் பின்பற்றி வாழ்ந்தவர். காந்தியடிகளின் நினைவாக ஒவ்வொரு ஆண்டும் கடர் ஆடை அணித்து விழா கொண்டாடுவதில் பெருமை வடைகிறோம் என்றார்.

பல்கலைக்கழகத்தின் துணைவேந்தர் வைபரதி

ஹரிசங்கர், தேஜாஜி கபாஷ் சந்திரபோஸ், ஹிட்லருக்கு மகாத்மா காந்தி எழுதிய இரண்டு கடிதங்கள் குறித்து பேசினார்.

இந்திய தத்துவ கழக பொதுச் செயலாளரும், சென்னை பல்கலைக்கழக தத்துவவியல் துறை முன்னாள் தலைவருமான பேராசிரியர் எம்.பன்னீர் செல்வம் சிறப்பு விருந்தினராக கலந்து கொண்டு பேசியதாவது:

அவினாசிலிங்கம் அப்பா காந்தியடிகளின் கொள்கைகளை நம் வாழ்க்கையில் கடைப்பிடித்தார். அவர் கல்வி அமைச்சராக இருந்த போது அடிப்படைக்

கல்வித் திட்டத்தை உருவாக்கினார். தமிழிலக்கியத்துக்கு தொண்டாற்றினார். ஆன்மீக வாதிடாகவும் தேசப்பற்றுமிக்க தலைவராகவும் இருந்தார்.

காந்தியடிகள் தந்து வளரையும் இல்லை, சமயம் சார்ந்த மனிதகுயில்லை. இதற்கெல்லாம் அப்பாற்பட்டவர். நாட்டை மட்டுமின்றி உலகத்தையே உயர்த்தக்கூடிய அவரது கருத்துகள் மனித வாழ்க்கைக்கு மிகவும் அவசியமானது. காந்தியடிகள் சொல், செயல் இரண்டிலும் உண்மை உடையவர். அரசியலை

மனிதநேயத்துடன் அணுகிய மாமனிதர். இவரது சத்தியம், அகிம்சை மனித வாழ்க்கைக்குத் தேவைப்படும் இரு கண்களாகும். காந்தி டைகனின் கொள்கைகளை காலத்தோறும் பின்பற்றினால் உயர்வடைவோம். இவ்வாறு அவர் பேசினார்.

பல்கலைக்கழக பதிவாளர் க.கௌசல்யா வாழ்த்தி பேசினார். இதைத் தொடர்ந்து அனைவரும் சமாதான உறுதி மொழி ஏற்றுக்கொண்டனர். பொருளாதாரத்துறை தலைவர் காந்திமதி நன்றி கூறினார்.



**அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் உயர்கல்வி நிறுவனம்**  
**கோயம்புத்தூர்-641043.**

**பாரதியார் நினைவுநாள் விழா**

அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் உயர்கல்வி நிறுவனம் தமிழ்த்துறையின் சார்பாக 11.09.2023 அன்றுமுற்பகல் 10.00 மணியளவில் **பாரதியார் நினைவுநாள் விழா** நடைபெற்றது.

**“பாரதியின் கவித்திறம்”** என்னும் பொருண்மையில் குன்னூர்பிராவிடன்ஸ் மகளிர் கலைக்கல்லூரி, தமிழ்த்துறை, உதவிப்பேராசிரியர் முனைவர் பொ.அமுதாஅவர்கள் சிறப்புரையாற்றினார். அவர் தம் உரையில் உலகநாடுகளில் எங்கும் கொண்டாடப்படும் மிகச்சிறந்த கவிஞர் பாரதியார் என்றும் தேசியக் கல்விக் கொள்கை மற்றும் வாழ்க்கைக் கல்வித் தத்துவத்தை கொண்டு வந்த மகாகவிஞர் பாரதியார் என்றும் நாட்டுக்காகவும் பெண் விடுதலை மற்றும் பெண் கல்விக்கும் தன் கவித்துவத்தின் மூலம் போராடிய போராளி என்றும் தன் உயிர் போல் பிறையிர்களையும் பேணுகின்ற மானுடப்பண்பை வளர்த்தவன் பாரதி என்றும் “நின்னைச் சிலவரங்கள் கேட்பேன்” என்ற பாடல் வரியில் பாரசக்தியிடம் தனக்குத் தேவையானதை வேண்டும் பாரதியின் பக்தியினைக் கூறி தமது சிறப்புரையினை நிறைவுசெய்தார்.

கலை மற்றும் சமூகஅறிவியல் புல முதன்மையர் முனைவர் ஷோபனா கோக்கடன் அவர்கள் தலைமையுரையாற்றினார் அவர் தம் உரையில் நாட்டின் தேசிய எழுச்சிக்குதன் கவிதையின் மூலம் ஊக்குவித்தவர் பாரதியார் என்றும் பெண்ணியத்தை போற்றிய மாமனிதர் பாரதியார் என்று பலசெய்திகளைக் கூறி தன்னுரையை நிறைவுசெய்தார்.

தமிழ்த்துறையின் தலைவர் முனைவர் சுபரணி அவர்கள் அறிமுகவுரையாற்றி சிறப்பித்தார். வரவேற்புரையை தமிழ்த்துறையின் உதவிப்பேராசிரியர் முனைவர் மு.கவிதா அவர்களும் நன்றியுரையை தமிழ்த்துறையின் உதவிப்பேராசிரியர் முனைவர். த.நாகம்மாள் அவர்களும் இணைப்புரையை முனைவர் பொ.ரானி அவர்களும் வழங்கினார். பார்வையாளர்களாக தமிழ்த்துறையின் பேராசிரியர்கள் மற்றும் மாணவிகள் அனைவரும் கலந்துகொண்டனர். நாட்டுவாழ்த்தோடு விழா இனிதே நிறைவுபெற்றது.



## **Report of Kalai Vizha Celebrations**

DATE: 13.10.2023

VENUE: Thiruchitrambalam Auditorium

Avinashilingam Institute for Home Science and Higher Education for Women celebrated the annual Kalai Vizha on 13 th October. The celebrations began with the opening of different stalls and there was a meeting at 9.30 a.m. in the auditorium. Dr.K.Kulandaivelvel, Former Chancellor and Life time Trustee, The Avinashilingam Education Trust, inaugurated the flower decoration. Dr.T.S.K.Meenakshisundaram, Chancellor, Avinashilingam Institute for Home Science and Higher Education for Women inaugurated the Textiles Exhibition. Dr. V.Bharathi Harishankar, Vice Chancellor, inaugurated the Kolu. Dr.S.Kowsalya, Registrar, inaugurated the Club activities and Dr.M.Rajesh, Trustee, The Avinashilingam Education Trust, inaugurated the Food Expo and Canteen.

The Chancellor Dr.T.S.K.Meenakshisundaram, Avinashilingam Institute for Home Science and Higher Education for Women presided over the meeting and delivered the presidential address. His speech highlighted the significance of the values of our culture and Kalai Vizha.

The former Chancellor Dr.K.Kulandaivel who inaugurated the flower decoration recollected the vivid memories of the rich Indian cultural heritage remembered during the Kalai Vizha. They have made flower arrangements in different shapes. These are Oval arrangement, Vertical arrangement, Mass arrangement, Simple Mass arrangement, Japanese arrangement, Line arrangement, Circular arrangement, Triangular arrangement, Fan Arrangement, One sided Arrangement, Modern arrangement, L-Shaped Arrangement, Dry arrangement, Bouquet arrangement, Crescent Arrangement, Folliage Arrangement which brought out the creativity and critical abilities of the staff members and students. His speech also highlighted the importance Saraswathi, the goddess of knowledge, music, speech art, wisdom and learning. He encouraged the students to explore their knowledge in various forms of arts.

Dr. V.Bharathi Harishankar, Vice Chancellor, offered her greetings to the gathering. She gave a talk about the sustainability of Indian culture. In the Kolu, dolls from various states of India and different countries as well were kept. Many of the dolls were brought by the former Chancellor and the first Vice Chancellor of our institute Dr.Rajammal.P.Dedavadas during her visit to various countries. She shared her thoughts about the great luminaries like



Dr.T.S.Avinashilingam Ayya, founder, Avinashilingam Institute for Home Science and Higher Education for Women and Ramakrishna Mission Vidyalaya, Dr.Rajammal.P.Dedavadas Amma, Former Chancellor, Avinashilingam Institute for Home Science and Higher Education for Women. Dr. Gowri Ramakrishnan, Assistant Managing Trustee of Avinashilingam Education Trust, inaugurated the Kalai Vizha Cultural Events and talked on the importance Indian cultural values and appreciated the Food Expo and the Textile Exhibition. The Textile Exhibition depicted how different types of printing and dyes are used in the making of different designs and clothes. They have also exhibited fashion accessories and art work right from a small piece of cloth upto a table cloth. Dr.S.Kowsalya praised the efforts of the students and their club activities.

Dr.S.Amsamani, Dean, School of Home Science, Avinashilingam Institute for Home Science and Higher Education for Women welcomed the gathering. Dr. Vasuki Raja, Dean, Student Affairs, handed over the mementos to the dignitaries. Dr. A.Jayasree did the Master of Ceremony. Dr.S.Ayisha Begam, Associate Professor, Department of Science and Humanities, thanked the gathering. The Students had showcased their skills on the stage. The winners of the competitions were awarded with shields.



அகிலாசிரிங்கம் மலையியல் மற்றும் மகளிர் உயர்கல்வி திருவனம்  
கோயம்புத்தூர்-641043.

தமிழ்த்துறை மற்றும் இந்தித்துறை இணைத்து நடத்தும்  
**மகாகவி பாரதியாரின் பிறந்தநாள் விழா**

பாரத மொழிகளின் பெருவிழா  
Bharatiya Bhasha Utsav  
भाषाएँ अनेक, भाव एक

28th September to 11 December 2023



அன்புடையீர்,

வணக்கம். எமது பல்கலைக்கழகத்தில் 06.12.2023 புதன்விழமை அன்று  
பிற்பகல் 02.30 மணியளவில் கல்விக்குழுக் கூட்ட அரங்கில் பாரத  
மொழிகளின் பெருவிழா நடைபெற உள்ளது. அவ்விழாவில்,

**தலைமையுரை**

முனைவர் ந.வாசுனி அவர்கள்  
மாணவர் நலன் புலமுதன்மையர்

**வாழ்த்துரை**

முனைவர் சு.கௌசல்யா அவர்கள்  
பதிவாளர்

**சிறப்புரை**

முனைவர் எஸ்.கவிதா  
பேராசிரியர் மற்றும் புலமுதன்மையர்  
இந்திய மொழியியல் மற்றும் ஒப்பீலக்கியத்துறை  
தமிழ்ப்பல்கலைக்கழகம்

**தஞ்சாவூர்**

**“பாரதியாரின் மொழி ஆளுமை”**

என்றும் தலைப்பில் சிறப்புரையாற்ற அன்புடன் இசைந்துள்ளார். அனைவரும்  
இந்திகழுவில் பங்கேற்று விழாவினைச் சிறப்பிக்க வேண்டுகிறோம்.

**இவன்**

கற்போர், கற்பிப்போர்  
தமிழ்த்துறை மற்றும் இந்தித்துறை

அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் உயர்கல்விநிறுவனம்

கோயம்புத்தூர்-641043.

பாரதியார் பிறந்த நாள் விழா

அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் உயர் கல்வி நிறுவனம் தமிழ்த்துறையின் சார்பாக 06.12.2023 அன்று பிற்பகல் 2.30 மணியளவில்கல்விக் குழுக் கூட்ட அரங்கத்தில் பாரதியார் பிறந்த நாள் விழா நடைபெற்றது.

அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் உயர்கல்வி நிறுவனத்தின் மாணவியர் நலன் புலமுதன்மையர் முனைவர் ந.வாககி அவர்கள் தலைமையுரையாற்றினார். அவர் தம் உரையில் பெண்களுக்குப் படிப்பும் சொத்துரிமையும், சுதந்திரமும் தருவதற்கு உரிமைக்குரல் கொடுத்தவர் என்றும், சுதந்திர வீரத்தினை ஊக்குவிக்கும் பொருட்டு தீரம் மிகுந்த கவிதை பலவற்றை இயற்றினார் என்றும், சாதிப்பாகு இல்லாத பாரதி என்று பாரதியாரின் சமத்துவத்தை எடுத்துரைத்து தன்னுரையை நிறைவு செய்தார்.

“பாரதியாரின் மொழி ஆளுமை” என்னும் பொருண்மையில் தஞ்சாவூர், தமிழ்ப் பல்கலைக்கழகம், இந்திய மொழியியல் மற்றும் ஒப்பிலக்கியத்துறை பேராசிரியர் மற்றும் புலமுதன்மையர் முனைவர் எஸ்.கவிதா அவர்கள் சிறப்புரையாற்றினார். அவர் தம் உரையில் நாட்டின் தேசிய எழுச்சிக்கு தன் கவிதையின் மூலம் ஊக்குவித்தவர் பாரதியார் என்றும், பெண்ணியத்தை போற்றிய மாமணித்ர பாரதியார் என்றும், ஆணாதிக்கம் அதிகமாக இருந்த போது பெண் சுதந்திரத்திற்காக அரும்பாடுபட்டவர் என்றும், பெண்கள் படிக்கக்கூடாது என்பதை எதிர்த்தும், குழத்தை திருமணம், வரதட்சணை கொடுமை போன்றவற்றை எதிர்த்தும் தனது கவிதை மூலம் உலகக்கு எடுத்துச் சொன்னவர் என்றும், பாரதியாரின் மொழி பண்பாட்டுத் தன்மையினையும் மொழி ஆளுமைத் தன்மையினையும் கூறி தமது சிறப்புரையினை நிறைவு செய்தார்.

அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் உயர்கல்வி நிறுவனத்தின் பதிவாளர் முனைவர் க.கௌசல்யா அவர்கள் வாழ்த்துரையாற்றினார். அவர் தம் உரையில் எழுபத்தி ஐந்து நாட்கள் நடத்தப்பட்ட பாரதி மொழிகளின் பெருவிழா என்னும் பெருண்மையில் நடத்தப்பட்டு இன்று பாரதியாரின் பிறந்த நாள் விழாவாக மிகச் சிறப்பாக நடைபெற்றதை பாராட்டிப் பேசினார். மேலும் பாரதியாரின் பெருமைகளை எடுத்துக் கூறி தமது உரையை நிறைவு செய்தார்.

அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் உயர்கல்வி நிறுவனத்தின் கலை மற்றும் சமூக அறிவியல் புலமுதன்மையர் முனைவர் ஷோபனா கோக்கடன் அவர்கள் பாரதியார்

பிறந்த நாள் விழாவினையொட்டி 75 நாட்கள் நடைபெற்ற நிகழ்வு அறிக்கையினை வாசித்தார். இந்திகவில் வெற்றி பெற்ற மாணவிகளைப் பாராட்டிச் சான்றிதழ்கள் வழங்கப்பட்டன.

தமிழ்த்துறையின் தலைவர் முனைவர் சுபரணி அவர்கள் வரவேற்புரையும் தமிழ்த்துறையின் உதவிபேராசிரியர் முனைவர் மு.கவிதா அவர்கள் நன்றியுரையும் தமிழ்த்துறையின் உதவிபேராசிரியர் முனைவர் ச.குருஞானம்பிகா அவர்கள் இணைப்புரையும் வழங்கினர். பார்வையாளர்களாக தமிழ்த்துறையின் பேராசிரியர்கள் மற்றும் மாணவிகள் அனைவரும் கலந்து கொண்டனர். நாட்டுவாழ்த்தோடு விழா இவ்விதே நிறைவுபெற்றது.





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Lat 11.019488°

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GPS Map Camera



அவினாசிலிங்கம் மனைபரிபல் மற்றும் மகளிர் உயர்கல்வி  
நிறுவனம், கோயம்புத்தூர்-641043.

ஸ்ரீ.தி.சுதன்டபாளிச் செட்டியார் அறக்கட்டளை

மற்றும்

தமிழ்த்துறை

இணைத்து நடத்தும் பயிற்சி பட்டறை

தலைப்பு : பெண்களுக்கான மேம்பாட்டுத்திறன்

நாள் : 8.9.02.2024

நேரம் : முற்பகல் 10.00 - 11.00

தலைமைப்பதவிகள் :

முனைவர் தி.ச.கயிலாட்சி சுத்தரம் அவர்கள்

வேந்தர் மற்றும் நிர்வாக அறங்காவலர்,  
ஸ்ரீ அவினாசிலிங்கம் கல்வி அறக்கட்டளை நிறுவனங்கள்.

புரவர்கள் :

முனைவர் பாரதி ஹரிசங்கர் அவர்கள்  
துணைவேந்தர்

முனைவர் க.கௌசல்யா அவர்கள்  
பதிவரை

ஆலோசகர்கள் :

முனைவர் வேளாண் கோக்கன்  
முதன்மையர் - கலை மற்றும் சமூக அறிவியல் புரவ  
முனைவர் சு.பரணி  
தமிழ்த்துறைத் தலைவர் (பெ)

ஒழுங்கிணைப்பாளர் :

முனைவர் இரா.அனாபுரணி அவர்கள்  
ஸ்ரீ.தி.சுதன்டபாளிச் செட்டியார் அறக்கட்டளை  
சொற்பொறி,  
மேனார் பேராசிரியர், பொதுமொழித்துறை

பயிற்றுநர்கள் :

முனைவர் இரா.செல்வராஜ் அவர்கள்  
இணைப்பேராசிரியர், தமிழ்த்துறை  
முனைவர் துா.அனாமழிசௌக அவர்கள்  
உதவிப்பேராசிரியர், தமிழ்த்துறை,  
சௌக கலைக் கல்லூரி,  
கோயம்புத்தூர் - 18

இணை ஒழுங்கிணைப்பாளர்கள் :

முனைவர் ச.பிரியதர்சினி  
முனைவர் சு.பரணி  
உதவிப்பேராசிரியர், தமிழ்த்துறை

### பெண்கள் மேம்பாட்டுத்திறன் - பயிற்சிப் பட்டறை அறிக்கை.

ஸ்ரீ.தி.க.தண்டபாணிச் செட்டியார் அறக்கட்டளையும் தமிழ்த்துறையும் இணைந்து நடத்திய பெண்களுக்கான மேம்பாட்டுத்திறன் - பயிற்சிப் பட்டறை பிப்ரவரி மாதம் 08,09.02-2024 ஆகிய இரண்டு நாட்கள் இறைவாழ்த்துடன் இனிதே துவங்கியுள்ளது .பயிலரங்கின் பயிற்றுனர்களாக அரக்கலைக் கல்லூரி கோயம்புத்தூர், தமிழ்த்துறையின் இணைப்பேராசிரியர் முனைவர் இரா.செல்வராசு ஐயா அவர்களும், உதவிப் பேராசிரியர் முனைவர். ஜா.அமைதிஅரக ஐயா அவர்களும் கலந்து கொண்டனர் .தொடக்க விழாவில் கலை மற்றும் சமூக அறிவியல் புல முதன்மையர் முனைவர் சோபனாகோக்கடன் அம்மையார் அவர்கள் தலைமையுரை ஆற்றிச் சிறப்பித்தார். முனைவர் பட்ட ஆய்வாளர் செல்வி.ச.கல்பனா அவர்கள் வருகை புரிந்த அனைவரையும் வரவேற்றார். முனைவர். ஜா.அமைதிஅரக ஐயா அவர்கள் பயிலரங்கின் அறிமுகவுரை ஆற்றினார்.

பெண்கள் மேம்பாட்டிற்கான அடிப்படைக் கருகளான அறிவு, ஆற்றல், விழிப்புணர்வு ஆகியவற்றின் தேவை குறித்தும் பெண்கள் மேம்பாட்டிற்கான உரிமைகளை நாம் மறுபரிசீலனை செய்யவேண்டிய தேவை குறித்தும் உரையாற்றினார். முதுகலை இரண்டாமாண்டு மாணவிகளவ்யா இணைப்புரை வழங்கினார். முனைவர் பட்ட ஆய்வாளர் செல்வி.க.புரிநிதி நன்றியுரை ஆற்றினார். முதல் நாள் பயிலரங்கில் பெண்கள் விழிப்புணர்வுடன் இருப்பதற்கான பயிற்சிகள் அளிக்கப்பட்டன. குழு விளையாட்டுகளின் மூலம், விழிப்புணர்வுடன் இருப்பதற்கான தனிநபர் பயிற்சிகள் வழங்கப்பட்டன. தற்காலச் சூழலில் பெண்கள் தங்களின் அறிவுப் பரப்பை மேம்படுத்திக் கொள்வதற்கான ஆலோசனைகளும் கருத்துக்கேட்டும் நடைபெற்றது. இயற்கையின் சமஉயிர்களான ஆண்களும் பெண்களும் ஒன்றுபட்டுசெயல்படுவதன் முக்கியத்துவம் குறித்துமாணவர்களுடன் கலந்துரையாடினர். இயற்கையின் பரிணாம வளர்ச்சியில் அனைத்து உயிர்களும் ஒருமித்துச் செயல்படுவதே இயற்கைச் சமநிலைக்கு அடிப்படைத் தத்துவம் என்பது மாணவர்களுக்கு எடுத்துரைக்கப்பட்டது.

இரண்டாம் நாள் பயிலரங்கில் பெண்கள் உற்சாகத்துடன் செயல்படுவதற்கும், வரும்காலங்களில் பிறமாணவர்களை வழி நடத்துவதற்கான ஆலோசனைகள் வழங்கப்பட்டன. செயல்படும் போது பணி எளிதில் நிறைவுறும் என்பதை வலியுறுத்த பல குழு விளையாட்டுகள் கற்பிக்கப்பட்டன. மார்க்சியம், ஆன்மீகம், மெய்யியல், மனிதநேயம், உலகாய்தம் முதலிய கோட்பாடுகள் குறித்து பெண்கள் அறிவதன் தேவையும் அக்கோட்பாடுகளைப் பற்றிய அறிமுகமும் வழங்கப்பட்டது. பயிலரங்கின் நிறைவாக முதுகலை மாணவிகளும், முனைவர் பட்ட ஆய்வாளர்களும் பயிற்சி குறித்து பின்னாட்டத்தை வழங்கினர். நிறைவு விழாவில் தமிழ்த்துறையின் துறைத் தலைவர் மற்றும் புல முதன்மையர் அவர்கள் பங்கேற்பாளர்கள் அனைவருக்கும் சான்றிதழ்கள் வழங்கப்பட்டன சான்றுகளை வழங்கினார். முனைவர் பட்ட ஆய்வாளர் செல்வி.ச.கல்பனா இணைப்புரை வழங்கினார். முனைவர் பட்ட ஆய்வாளர் செல்வி.மோகனப்பிரியா நன்றியுரை ஆற்றினார். நாட்டுவாழ்த்துடன் பயிலரங்கு இனிதே நிறைவுற்றது.





## **REPORT on ANNAI VIZHA 12.01.2024**

Avinashilingam Institute for Home Science and Higher Education for Women celebrated 'Annai Vizha 2024' on Friday, 12<sup>th</sup> January 2024. Annai Sarada Devi is affectionately called "Holy Mother" by millions of people around the world. She was Ramakrishna's wife, spiritual counterpart and spiritual giant in her own right. Holy Mother lived a simple, humble and extraordinarily modest life, yet her life and teachings rang with the truth of the highest spiritual realization. Annai Sarada is aptly seen as the symbol of inspiration of women everywhere. Annai Vizha is celebrated to focus the quality of spiritual living of which Annai Sarada Devi was an ideal. The main aim of the celebration is to inculcate Annai's qualities like patience, spiritual thoughts, service and dedication among the students.

The day began with bajans and archana with flower and kumkum, from 6:00 a.m. Dr. T.S.K Meenakshisundaram Anna Avl., Chancellor & Managing Trustee, Shri Avinashilingam Educational Trust Institutions, Dr. Bharathi Harishankar, Vice Chancellor, Dr.S.Kowsalya, Registrar and Deans of Various Schools graced the occasion by participating in the early morning bhajan. Teaching, Non Teaching staffs and students of various majors have also participated in the prayer.

### **PHOTOGRAPH OF THE EVENT**





அகாடமி இலக்கம் மலையிடல் மற்றும் பல்கலைக் கழகம் உயர்கல்வி திருவனந்தபுரம் பல்கலைக்கழகம் மத்திய மனிதனா மேம்பாட்டுத்துறை அமைச்சகத்தின் 'A' தகுதியும், Extra's of UGC Act 1956 தேசிய தரமதிப்பீட்டுக் குழுவின் 'A++' தகுதியும், பல்கலைக்கழகம் மானியக்குறவின் 12B தகுதியும் பெற்றது  
கோயம்புத்தூர் - 641 043, தமிழ்நாடு, இந்தியா

இராபர்ட்சொக்கலிங்கம்  
அறக்கட்டளைச் சொற்பொழிவு



'மன்னில் நல்ல வண்ணம் வாழலாம்'  
தேசிய, ஆங்கில, இலக்கிய, நான்மயிக்கைச் சொற்பொழிவை  
பிசாசிலித் த. இராஜாராம் அமைச்சர்  
மேனாள் தமிழ்த்துறைத்தலைவர்  
சென்னை-11 நகர் கல்வாடி, மதுரை

நாள் : 11.03.2004

இடம் : திருச்சிற்றம்பலம் கலைகூடம்

**அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் உயர்கல்வி நிறுவனம்**

**கோயம்புத்தூர் - 641043**

**புத்திரிக்கைச் செய்தி**

**இராய. சொக்கலிங்கம் அறக்கட்டளைச் சொற்பொழிவு**

அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் உயர்கல்வி நிறுவனத்தின் உயர்தொழில் நுட்ப அரங்கில் 11.03.2024 அன்று காலை 10.30 மணியளவில் இராய. சொக்கலிங்கம் அறக்கட்டளைச் சொற்பொழிவு நடைபெற்றது. இந்திகழ்வானது தமிழ்த்தாய் வாழ்த்துடன் இனிதே தொடங்கப்பட்டது. தொடர்ந்து நிகழ்வின் ஒருங்கிணைப்பாளர் தமிழ்த்துறைத் தலைவர் உதவிப்பேராசிரியர் முனைவர்.க.பரணி அவர்கள் வரவேற்புரை வழங்கினார்.

அவினாசிலிங்கம் கல்வி அறக்கட்டளையின் துணைநிர்வாக அறங்காவலர் முனைவர். கௌரி இராமகிருஷ்ணன் அவர்கள் தலைமையுரை ஆற்றினார். அவர் தமது உரையில் இராய. சொக்கலிங்கம் அவர்களும் அவினாசிலிங்கம் ஐயா அவர்களும் நெருங்கிய நண்பர்கள். காந்தியடிகள் மீதும் கம்பன் மீதும் இருவரும் தீவிரப் பற்றுடையவர்கள். இராய. சொக்கலிங்கம் தமது எழுத்தின் மூலமாக தமிழ்க்கடல், சமய அறிஞர் என்று போற்றப்படுபவர். அவரின் தமிழ்ப்பணியை அறிந்து நன்முறையில் வாழ்வில் அனைத்துப் பயனையும் பெற்றுவாழ்வீர்களாக என்று அவர் தமது தலைமையுரையில் கூறினார்.

அவினாசிலிங்கம் மனையியல் மற்றும் மகளிர் உயர்கல்வி நிறுவனத்தின் பதிவாளர் முனைவர் க. கௌசல்யா அவர்கள் வாழ்த்துரை வழங்கினார். அவர் தமது உரையில் இராய. சொக்கலிங்கம் அவர்கள் ஆழமான தமிழ்ப்புலமை உடையவர். அவருடையதமிழ் ஆளுமை போற்றத்தகுந்தது. தமிழ்ப்பற்றுடன் நாட்டுப்பற்றும் கொண்டு காந்தியடிகளுடன் சுதந்திரப் போராட்டத்தில் பங்கேற்றவர் என்றும் அவினாசிலிங்கம் பல்கலைக்கழக வளர்ச்சிப் படிநிலைகள் குறித்தும் தமது வாழ்த்துரையில் எடுத்துரைத்தார்.

வெள்ளைநாடார் ஜானகியம்மாள் கலைக் கல்லூரியின் மேனாள் தமிழ்த்துறைத் தலைவர் முனைவர் த. இராஜாராம் அவர்கள் இராய. சொக்கலிங்கம் அறக்கட்டளைச் சொற்பொழிவின் சிறப்பு விருந்தினராகக் கலந்துகொண்டார். மண்ணில் நல்லவண்ணம் வாழலாம் எனும் பொருண்மையில் சொற்பொழிவாற்றினார். அவர் தமது உரையில் மிகஉயர்ந்த பண்பாளர், பாரதத்தை நேசித்தவர். இராமகிருஷ்ணர், விவேகானந்தர் மீதுபற்றுடைய அவினாசிலிங்கம் ஐயாவின் நெருங்கிய நண்பர் இராய. சொக்கலிங்கம். கல்வி என்பது இனிமையானது என்பதை உணர்ந்த அவர் கம்பன் மீதுபற்று கொண்டுபத்தாயிரம் கவிதைகளைப் பதியச் செய்தவர் என்றும் கம்பன் கண்ட சீதையின் சிறப்பினை அழகுற எடுத்துரைத்தார். சீதை பண்பாட்டின் அடையாளம் பெண்மையின் தனித்துவம் என்றும் தற்கால சீதையரின் நிலையையும் கூறினார். கம்பரின் சீதையை மாணவியருக்கு பாடல்கள் வழிக் காட்சிப்படுத்தினார். மாணவிகள் ஆசிரியர் உறவுமுறைகள் குறித்தும் பெற்றோரின் தூய அன்பியையும் வலியுறுத்தினார். ஆணுக்குவலிமைசேர்க்கவே இறைவன் பெண்மையைப் படைத்துள்ளான். வாழ்க்கையின் சோதனைகளை வென்று சாதனைபுரியும் பெண்மையைப் போற்றுவோம் என்று அவர் தமது சிறப்புரையில் மாணவியருக்கு எடுத்துரைத்தார்.

இந்திகழ்வில் தமிழ்த்துறை உதவிப்பேராசிரியர் முனைவர் குருஞானம்பிகா நன்றியுரை வழங்கினார். நாட்டுவாழ்த்துடன் இந்திகழ்வு இனிதே நிறைவடைந்தது.