



**Avinuty Fitness Club**

**Rs 350  
/ Month**

**Campus II**

**3**



# Mastering Kalaripayattu

*To equip students & staff with practical self defence skills*



**Students' and Staff**

**School of**  
**Education**  
**Engineering**  
**Self Finance**

**3 Days a Week / Weekends**  
**Venue : Campus - II**

## Outcome

- Fit Physically & Mentally
- Mind-body Coordination
- Tactical Thinking
- Know fear avoid panic attacks
- Enhanced Discipline & Confidence



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**Registration**



**Payment**

**Classes begin on 27 Junary 2025**