



Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Under category 'A' By MHRD, Estd.u/s 3 of UGC Act 1956)
Re-accredited with 'A++' Grade By NAAC, Recognized by UGC Under Section 12 B
Coimbatore-641043, Tamil Nadu, India

Ph.D. Public Viva-Voce Examination - Notification

Name of the Scholar : **ESWARI. S**

Roll No. : **19PHPEP005**

Category of Registration : **Part-Time without M. Phil.**

Title of Thesis : **Effect of High Intensity Interval Training, Aerobic Training and Concurrent Training on Selected Physical, Physiological and Skill Performance variables among Football Players**

Date and Time of Viva-Voce Examination : **17.03.2026, 2:30 pm**

Venue : **Academic Council Hall**

Name and Address of the Supervisor : **Dr. T. SHANMUGAVALLI**
Associate Professor & Head,
Department of Physical Education,
School of Education,
Avinashilingam Institute for Home Science
and Higher Education for Women,
Coimbatore – 641 043

Name and Address of the Indian Examiner : **Dr. Rina Poonia**
Associate Professor Senior Scale,
Manipal University,
Jaipur- 303 007
(Online)

*A copy of the thesis is available in the Institute library for your kind perusal.
All are cordially invited to attend the Ph.D. Viva-voce Examination*

T. Shanmugavalli
26/2/26

Signature of the Supervisor

Bhuvani
26/2/26

Signature of the HoD

J. Rana
26/2/26

Signature of the Dean

Copy to:

1. P.A. to Vice Chancellor
2. P.A. to Registrar
3. The Dean, School of Education
4. The Controller of Examinations
5. The Director, Research and Development Cell
6. Subject Expert, Doctoral Committee Member
7. The Deans - All Schools
8. The HoDs - All Department

Best wishes to the candidate & her supervisor.
Shanmugavalli
03/03/2026